

11b Osut Training Schedule



11B OSUT



Fort Benning, Home of the MCoE

- Pass the APFT with a minimum of 60 points in each event (waived only if Soldier passed diagnostic APFT).
- Participate in the weapons immersion program (safe handling and maintenance)
- Qualify with individual weapon.
- Complete ARM 1-6 training.
- Pass all end of cycle requirements.
- Complete obstacle and confidence courses
- Complete 22 hrs of combative (foundational and tactical) training.
- Throw two live hand grenades.
- Complete the protective mask confidence exercise.
- Complete 12 mile road march- with all equipment (total load not less than 35lbs) within 5 hours as a member of assigned platoon.
- Complete all tactical field training and the field training exercises (FTX).
- Complete WTBDs
- Complete a Mounted React to contact exercise (MRTC).
- Conduct urban operations 1-4 periods.
- Complete combat lifesaver training.
- Demonstrate proficiency of MOS specific critical tasks (Phases I, II and III phase testing).
- Prepared to contribute to the successful mission accomplishment of the first unit of assignment and operate effectively in a contemporary operating environment.
- Complete Eagle Run (5 miles in 45 minutes).
- Execute Night Infiltration Course
- Complete Global Assessment Tool (GAT) survey.

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11B OSUT Training Schedule: Your Guide to Becoming an Infantryman

Are you dreaming of becoming a US Army Infantryman? Embarking on the 11B OSUT (One Station Unit Training) journey is a significant commitment, and understanding the training schedule is crucial for success. This comprehensive guide breaks down the 11B OSUT training schedule, providing you with a clear picture of what to expect during this demanding but rewarding experience. We'll delve into the various phases, highlighting key training components and offering advice to help you navigate this intense period of your life. This post will be your ultimate resource for understanding the 11B OSUT training schedule and maximizing your chances of graduating as a confident and capable Infantry soldier.

Understanding the 11B OSUT Training Structure

The 11B OSUT is a combined basic combat training (BCT) and advanced individual training (AIT) program, lasting approximately 14 weeks. This condensed schedule streamlines the process, allowing you to quickly transition from recruit to qualified Infantryman. Unlike separate BCT and AIT, OSUT provides a more integrated and efficient training experience.

Phase 1: Initial Entry Training (Weeks 1-3)

This initial phase focuses on foundational skills and acclimation to military life. Expect a rigorous physical fitness regime, drill and ceremony training, and introduction to Army values and regulations. This period sets the tone for the entire OSUT program and is critical for developing discipline and teamwork.

Key Focus: Physical fitness, basic soldiering skills, military customs and courtesies, introduction to weapons.

Challenges: Adapting to military life, rigorous physical training, sleep deprivation.

Tips: Stay focused, listen attentively to your drill sergeants, and build strong relationships with your fellow trainees.

Phase 2: Basic Combat Training (Weeks 4-8)

BCT expands upon the initial training, emphasizing combat skills. You will receive extensive instruction in weapons training, land navigation, first aid, and field craft. Expect numerous field exercises, live-fire exercises, and challenging physical training sessions designed to push you to your limits.

Key Focus: Weapons training (M4 carbine, M249 SAW, M9 pistol), land navigation, combat first aid, fieldcraft, tactical movements, squad tactics.

Challenges: The physical and mental demands of field exercises, sleep deprivation, stress management.

Tips: Master the fundamentals, maintain a positive attitude, and focus on teamwork.

Phase 3: Advanced Individual Training (Weeks 9-14)

AIT builds upon the BCT foundation, specializing your training for the Infantry role. This phase delves into advanced infantry tactics, weapons systems, and leadership skills. Expect more advanced field exercises, including larger-scale simulations and potentially live-fire exercises in more complex scenarios.

Key Focus: Advanced infantry tactics, squad and platoon level operations, advanced weapons training (grenades, anti-tank weapons), leadership skills, communication skills.

Challenges: The complexity of advanced tactics, leadership responsibilities, managing stress under pressure.

Tips: Actively participate in training exercises, seek clarification when needed, and strive to be a leader within your squad.

What to Expect During Your 11B OSUT

The 11B OSUT schedule is demanding, requiring physical endurance, mental resilience, and unwavering dedication. You'll experience periods of intense physical and mental strain, but the camaraderie and shared experience with your fellow trainees will help you persevere. Successful completion will equip you with the skills and confidence to serve as a highly trained Infantry soldier.

Beyond the Schedule: Preparation is Key

While understanding the schedule is important, proper preparation before you even begin OSUT is crucial. Physical fitness is paramount. Begin a rigorous physical training regimen focusing on strength, endurance, and cardiovascular health. Familiarize yourself with Army regulations and values. The better prepared you are physically and mentally, the better you'll fare during this demanding training.

Conclusion

The 11B OSUT training schedule is a demanding but rewarding pathway to becoming a US Army Infantryman. By understanding the different phases, focusing on your physical and mental preparation, and embracing the challenges, you can successfully complete this intensive program and embark on a fulfilling career in the Army. Remember, perseverance, teamwork, and a positive attitude are key ingredients to success.

FAQs

1. Is the 11B OSUT schedule fixed? While the overall duration is generally 14 weeks, minor variations can occur based on training needs and unforeseen circumstances.
2. What kind of physical fitness is required for 11B OSUT? A high level of physical fitness is essential, including strength, endurance, and cardiovascular health. Begin a rigorous training program well in advance.
3. Can I fail 11B OSUT? Yes, failure to meet standards in any phase can result in separation from the program. Consistent effort and dedication are crucial.
4. What happens after graduation from 11B OSUT? Upon successful completion, you'll be assigned

to a unit and begin your active duty career as a fully qualified Infantryman.

5. Where does 11B OSUT take place? The location varies depending on the specific Army installation. Check with your recruiter for precise location details.

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11b osut training schedule: TRADOC Pamphlet TP 600-4 The Soldier's Blue Book United States Government Us Army, 2019-12-14 This manual, TRADOC Pamphlet TP 600-4 The Soldier's Blue Book: The Guide for Initial Entry Soldiers August 2019, is the guide for all Initial Entry Training (IET) Soldiers who join our Army Profession. It provides an introduction to being a Soldier and Trusted Army Professional, certified in character, competence, and commitment to the Army. The pamphlet introduces Soldiers to the Army Ethic, Values, Culture of Trust, History, Organizations, and Training. It provides information on pay, leave, Thrift Saving Plans (TSPs), and organizations that will be available to assist you and your Families. The Soldier's Blue Book is mandated reading and will be maintained and available during BCT/OSUT and AIT. This pamphlet applies to all active Army, U.S. Army Reserve, and the Army National Guard enlisted IET conducted at service schools, Army Training Centers, and other training activities under the control of Headquarters, TRADOC.

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11b osut training schedule: Validating Future Force Performance Measures (Army Class) , 2009 The Army needs the best personnel to meet the emerging demands of the 21st century. Accordingly, the Army is seeking recommendations on new experimental predictor measures that could enhance entry-level Soldier selection and classification decisions, in particular, measures of non-cognitive attributes (e.g., interests, values, temperament). The U.S. Army Research Institute for the Behavioral and Social Sciences (ARI) is conducting a longitudinal criterion-related validation research effort to collect data to inform these recommendations. Data on experimental predictors were collected from about 11,000 Soldiers. Training criterion data were collected for differing subsets of the predictor sample in the first of three planned criterion measurement points. Soldiers were drawn from two samples: (a) job-specific samples targeting six entry-level Military Occupational Specialties (MOS) and (b) an Army-wide sample with no MOS-specific requirements. In the analyses reported here, the value of the experimental predictor measures to enhance new Soldier selection was examined. Overall, many of the experimental predictors significantly incremented the Armed Forces Qualification Test (AFQT) in predicting Soldier performance and retention during training. In addition, the experimental predictors generally exhibited smaller subgroup mean differences (by gender, race, and ethnicity) than the AFQT.

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11b osut training schedule: Sua Sponte Dick Couch, 2012-07-03 Sua Sponte Latin for "Of Their Own Accord" The 75th Ranger Regiment's Motto Army Rangers are not born. They are made. The modern 75th Ranger Regiment represents the culmination of 250 years of American soldiering. As a fighting force with our nation's oldest and deepest tradition, the Regiment traces its origins to Richard Rogers's Rangers during the prerevolutionary French and Indian War, through the likes of

Francis Marion and John Mosby, to the five active Ranger battalions of the Second World War, and finally, to the four battalions of the current Ranger regiment engaged in modern combat. Granted unprecedented access to the training of this highly restricted component of America's Special Operations Forces in a time of war, retired Navy captain Dick Couch tells the personal story of the young men who begin this difficult and dangerous journey to become Rangers. Many will try, but only a select few will survive to serve in the 75th Ranger Regiment. Sua Sponte follows a group of these aspiring young warriors through the crucible that is Ranger training and their preparation for direct-action missions in Afghanistan against America's enemies, anywhere, any time, and under any conditions. INCLUDES PHOTOGRAPHS

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Karen O. Moriarty, 2009 To meet the challenges facing the Army, the Army needs predictor measures that will enhance entry-level Soldier selection and classification. One of the purposes of the Army Research Institute for Behavioral and Social Sciences (ARI's) Army Class project is to provide the Army with recommendations on which predictor measures, in particular measures of non-cognitive attributes (e.g., interests, values, and temperament), demonstrate the greatest potential to inform entry-level Soldier selection and classification decisions. The present report documents the development of criterion measures to assist in these analyses. A second purpose of the Army Class project is to develop and pilot job knowledge tests (JKTs) that can be used to aid reclassification decisions. If Soldiers are shown to possess critical knowledge, skills, and attributes (KSAs) for their new jobs, this could reduce training requirements and increase force readiness. This report documents the development of reclassification JKT test items.

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J. Kirin, 1992 The U.S. Army will face demanding challenges to maintain a well-trained and ready force in the face of shrinking defense budgets. Given the extensive resources used to conduct individual training (i.e., personnel, facilities, and consumables), current training methods are facing especially intensive scrutiny. In response, the Army is developing several new training concepts that could reduce the cost of individual training. Such concepts include, for example, expanding the use of new training technologies, distributing training to field units, and substituting civilian for military training where this may be applicable. Current RAND research is developing and applying new

analytical tools for assessing alternative training approaches. The objective is to assess new strategies that modify current training approaches, considering resource inputs, costs, and consequences of training changes. Because major costs are incurred during specialized skill training, especially for enlisted personnel, the research focuses most heavily on alternative strategies for training enlisted entry-level Military Occupational Specialties (MOS). This Note documents the Army Military Occupational Specialty Database (MOS-D), which was prepared as part of the research. MOS-D contains data describing training-relevant characteristics of 317 Army MOS as of FY90. The data set contains information describing entry prerequisites, characteristics of job-holders and entry-level training courses, and the nature of the work performed. The data set can be analyzed to compare and contrast enlisted entry-level occupations in a number of ways related to how training is conducted. Such analyses can be used to guide more intensive research on alternative training strategies and methods for specific and related occupations. This document focuses on the 242 MOS in MOS-D considered entry-level, active-Army occupations. (43 tables, 8 figures, 32 refs.).

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11b osut training schedule: Chosen Soldier Dick Couch, 2008-03-25 An unprecedented view of Green Beret training, drawn from the year Dick Couch spent at Special Forces training facilities with the Army's most elite soldiers. In combating terror, America can no longer depend on its

conventional military superiority and the use of sophisticated technology. More than ever, we need men like those of the Army Special Forces—the legendary Green Berets. Following the experiences of one class of soldiers as they endure this physically and mentally exhausting ordeal, Couch spells out in fascinating detail the demanding selection process and grueling field exercises, the high-level technical training and intensive language courses, and the simulated battle problems that test everything from how well SF candidates gather operational intelligence to their skills at negotiating with volatile, often hostile, local leaders. Chosen Soldier paints a vivid portrait of an elite group, and a process that forges America's smartest, most versatile, and most valuable fighting force.

11b osut training schedule: A Historical Review and Analysis of Army Physical Readiness Training and Assessment Whitfield East, 2013-12 The Drillmaster of Valley Forge-Baron Von Steuben-correctly noted in his Blue Book how physical conditioning and health (which he found woefully missing when he joined Washington's camp) would always be directly linked to individual and unit discipline, courage in the fight, and victory on the battlefield. That remains true today. Even an amateur historian, choosing any study on the performance of units in combat, quickly discovers how the levels of conditioning and physical performance of Soldiers is directly proportional to success or failure in the field. In this monograph, Dr. Whitfield Chip East provides a pragmatic history of physical readiness training in our Army. He tells us we initially mirrored the professional Armies of Europe as they prepared their forces for war on the continent. Then he introduces us to some master trainers, and shows us how they initiated an American brand of physical conditioning when our forces were found lacking in the early wars of the last century. Finally, he shows us how we have and must incorporate science (even when there exists considerable debate!) to contribute to what we do-and how we do it-in shaping today's Army. Dr. East provides the history, the analysis, and the pragmatism, and all of it is geared to understanding how our Army has and must train Soldiers for the physical demands of combat. Our culture is becoming increasingly "unfit, due to poor nutrition, a lack of adequate and formal exercise, and too much technology. Still, the Soldiers who come to our Army from our society will be asked to fight in increasingly complex and demanding conflicts, and they must be prepared through new, unique, and scientifically based techniques. So while Dr. East's monograph is a fascinating history, it is also a required call for all leaders to better understand the science and the art of physical preparation for the battlefield. It was and is important for us to get this area of training right, because getting it right means a better chance for success in combat.

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