Child Refuses Reunification Therapy



Child Refuses Reunification Therapy: Understanding Resistance and Finding Solutions

Is your child resisting reunification therapy? The process of reuniting families after separation can be emotionally charged, and a child's refusal to participate can be incredibly distressing for everyone involved. This comprehensive guide explores the reasons behind a child's resistance to reunification therapy, offering strategies for parents and therapists to navigate this challenging situation and foster a successful reunification. We'll delve into the emotional impact, potential underlying issues, and effective approaches to help your child heal and reconnect with their family.

Understanding the Roots of Resistance: Why a Child Might Refuse Therapy

A child's refusal to engage in reunification therapy isn't simply about being stubborn; it stems from deep-seated emotions and experiences. Understanding these underlying factors is crucial for effective intervention.

Trauma and Fear:

Perhaps the most significant reason is past trauma. Separation from a parent, even temporarily, can be traumatic for a child, leaving them feeling abandoned, betrayed, or deeply insecure. The therapy itself might trigger these feelings, causing resistance as a self-preservation mechanism. They may fear further hurt or disappointment.

Anger and Resentment:

Children might harbor anger towards the parent they've been separated from, particularly if the separation involved conflict, abuse, or neglect. This anger can manifest as refusal to participate in any process aimed at reconciliation. They might feel unfairly punished or resent the circumstances that led to the separation.

Loss of Trust:

A broken trust in adults, especially parents or authority figures, is a major obstacle. If a child feels betrayed or let down in the past, they may be hesitant to trust the therapist or the process of reunification, fearing further disappointment or manipulation.

Developmental Stage:

A child's developmental stage significantly impacts their ability to process and express complex emotions. Younger children might struggle to articulate their feelings, leading to behavioral resistance. Older children may exhibit more sophisticated forms of resistance, like passive aggression or outright refusal.

Lack of Understanding:

Sometimes, children simply don't understand the purpose or process of reunification therapy. A lack of clear and age-appropriate explanation can lead to anxiety and resistance. They need to grasp the goals and feel safe and empowered throughout the process.

Strategies for Addressing Child Resistance in Reunification Therapy

Navigating a child's refusal requires a multifaceted approach, emphasizing patience, understanding, and collaboration between parents and therapists.

Building Trust and Rapport:

The foundation of success lies in establishing a trusting relationship with the child. This requires patience, active listening, and creating a safe space where the child feels comfortable expressing their feelings without judgment. The therapist plays a crucial role in building this rapport.

Addressing Underlying Issues:

Therapy should focus on addressing the root causes of the resistance. This might involve individual therapy for the child to process trauma, anger, or grief. Family therapy can help address communication breakdowns and improve family dynamics.

Age-Appropriate Communication:

Explain the therapy process in a way that the child can understand. Use age-appropriate language, and avoid overwhelming them with complex details. Involve the child in decisions whenever possible to foster a sense of control and empowerment.

Gradual Introduction to Therapy:

Start with shorter sessions, and gradually increase the duration and intensity as the child becomes more comfortable. Focus on building positive experiences rather than pushing them into intense emotional work.

Parental Involvement and Cooperation:

Parents play a vital role in the success of reunification therapy. They need to actively participate in therapy sessions, follow the therapist's recommendations, and model healthy behaviors and communication. Consistency and cooperation are paramount.

Seeking Professional Help:

If the resistance persists, seeking help from a qualified child psychologist or psychiatrist specializing in family reunification is essential. They can provide a comprehensive assessment, develop an individualized treatment plan, and offer specialized support to both the child and the family.

Conclusion

A child's refusal of reunification therapy is a complex issue that requires patience, understanding, and a collaborative effort from parents, therapists, and other support systems. By addressing underlying emotional issues, building trust, and employing effective communication strategies, it's possible to overcome resistance and facilitate a successful reunification. Remember that progress takes time, and setbacks are a normal part of the process. Seek professional help when needed, and maintain hope throughout the journey.

FAQs

- 1. How long does it typically take to overcome a child's resistance to reunification therapy? There's no set timeframe. It depends on the child's age, the severity of the underlying issues, and the effectiveness of the intervention. Progress can be gradual, and it's crucial to maintain patience and consistency.
- 2. What if my child refuses to even talk to the therapist? Start by building rapport outside the formal therapy setting. Engage in activities the child enjoys and create a safe and non-judgmental space for communication. The therapist can also use play therapy or other creative methods to engage the child.
- 3. Are there any specific techniques therapists use to help children overcome resistance? Therapists employ various techniques depending on the child's needs, including play therapy, art therapy, cognitive behavioral therapy (CBT), trauma-informed therapy, and family systems therapy.
- 4. Can medication help with a child's resistance to reunification therapy? In some cases, medication might be considered if the child has underlying mental health conditions contributing to their resistance. This should always be done under the guidance of a psychiatrist or other qualified medical professional.
- 5. What if reunification is ultimately unsuccessful despite therapy? While reunification is the goal, it's important to prioritize the child's well-being. If reunification isn't possible, alternative arrangements must be made to ensure the child's safety, stability, and access to ongoing support. This may involve other forms of ongoing therapeutic intervention for both the child and parents.

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child refuses reunification therapy: Overcoming Parent-child Contact Problems Abigail Judge, Robin M. Deutsch, 2016-10-18 Overcoming Parent-Child Contact Problems describes interventions for families experiencing a high conflict divorce impasse where a child is resisting contact with a parent.

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unique, evidence-based treatment manual for repairing parent-child relationships Childhood problems are often related to and worsened by the disintegration of the family structure, whether through parental separation and divorce, military service, or incarceration. Reunification therapy is a therapeutic process incorporating different empirically based methods (CBT, humanistic, and systemic) to help repair relationships between parents and children and restore not only physical contact but also meaningful social, emotional, and interpersonal exchanges between parents and children. This unique manual, bringing together the vast experience of the author, outlines the many situations numerous families currently face and why the need for reunification therapy exists. The therapist works firstly with the individual family members and then with all the family in conjoint sessions. The manual expertly guides clinicians through pretreatment decisions and processes to enable them to decide where, when, and in what form reunification therapy is appropriate, taking into account ethical, legal and special family issues. Detailed chapters outline the structure and issues for the individual and conjoint sessions, as well as a step-by-step treatment plan template. Additional tools in the Appendix enable clinicians to monitor and effectuate change

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child refuses reunification therapy: Rules of Estrangement Joshua Coleman, PhD, 2024-09-03 A guide for parents whose adult children have cut off contact that reveals the hidden logic of estrangement, explores its cultural causes, and offers practical advice for parents trying to reestablish contact with their adult children. "Finally, here's a hopeful, comprehensive, and compassionate guide to navigating one of the most painful experiences for parents and their adult children alike."—Lori Gottlieb, psychotherapist and New York Times bestselling author of Maybe You Should Talk to Someone Labeled a silent epidemic by a growing number of therapists and researchers, estrangement is one of the most disorienting and painful experiences of a parent's life. Popular opinion typically tells a one-sided story of parents who got what they deserved or overly entitled adult children who wrongly blame their parents. However, the reasons for estrangement are far more complex and varied. As a result of rising rates of individualism, an increasing cultural emphasis on happiness, growing economic insecurity, and a historically recent perception that parents are obstacles to personal growth, many parents find themselves forever shut out of the lives of their adult children and grandchildren. As a trusted psychologist whose own daughter cut off contact for several years and eventually reconciled, Dr. Joshua Coleman is uniquely qualified to guide parents in navigating these fraught interactions. He helps to alleviate the ongoing feelings of shame, hurt, guilt, and sorrow that commonly attend these dynamics. By placing estrangement into a cultural context, Dr. Coleman helps parents better understand the mindset of their adult children and teaches them how to implement the strategies for reconciliation and healing that he has seen

work in his forty years of practice. Rules of Estrangement gives parents the language and the emotional tools to engage in meaningful conversation with their child, the framework to cultivate a healthy relationship moving forward, and the ability to move on if reconciliation is no longer possible. While estrangement is a complex and tender topic, Dr. Coleman's insightful approach is based on empathy and understanding for both the parent and the adult child.

child refuses reunification therapy: UNDERSTANDING PARENTAL ALIENATION Karen Woodall, Nick Woodall, 2017-08-08 Understanding Parental Alienation is intended for parents who are living through a nightmare—the loss of their relationship with a child—which seems impossible to understand and extremely frustrating to turn around. This book, written by two leading experts in the field, provides a balance of theoretical background and practical hands-on information to guide both parents and practitioners through this devastating phenomenon. The authors∏f many years of experience have shaped their understanding of the causes of parental alienation, the manifestations of this serious mental health condition, and interventions that are likely to be helpful in the short-term and the long-term. The book is written in a readable, engaging manner interspersed with interesting case vignettes. As well as introducing some new theoretical concepts, such as the transition bridge, and helping the reader to understand the unique dynamics of the child's rejection, perhaps the most original parts of the book focus on taking action to deal with the problem and strategies for healing. The authors provide practical advice on preparing for court including how to develop a chronology of events and how to prepare a written submission, even down to choosing a writing style that is most likely to be read by the judge. Specific guidance is also provided on how to help alienated children heal through reunification. Understanding Parental Alienation is a highly valuable resource for parents and a must-read book for every mental health professional, social worker or legal professional working with families in divorce.

child refuses reunification therapy: Parental Alienation, DSM-5, and ICD-11 William Bernet, 2010 Parental alienation is an important phenomenon that mental health professionals should know about and thoroughly understand, especially those who work with children, adolescents, divorced adults, and adults whose parents divorced when they were children. In this book, the authors define parental alienation as a mental condition in which a child - usually one whose parents are engaged in a high-conflict divorce - allies himself or herself strongly with one parent (the preferred parent) and rejects a relationship with the other parent (the alienated parent) without legitimate justification. This process leads to a tragic outcome when the child and the alienated parent, who previously had a loving and mutually satisfying relationship, lose the nurture and joy of that relationship for many years and perhaps for their lifetimes. We estimate that 1 percent of children and adolescents in the U.S. experience parental alienation. When the phenomenon is properly recognized, this condition is preventable and treatable in many instances. The authors of this book believe that parental alienation is not simply a minor aberration in the life of a family, but a serious mental condition. Because of the false belief that the alienated parent is a dangerous or unworthy person, the child loses one of the most important relationships in his or her life. This book contains much information about the validity, reliability, and prevalence of parental alienation. It also includes a comprehensive international bibliography regarding parental alienation with more than 600 citations. In order to bring life to the definitions and the technical writing, several short clinical vignettes have been included. These vignettes are based on actual families and real events, but have been modified to protect the privacy of both the parents and children.

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child refuses reunification therapy: Children Who Resist Post-Separation Parental

Contact Barbara Jo Fidler, Nicholas Bala, Michael A. Saini, 2012-09-13 Interest in the problem of children who resist contact with or become alienated from a parent after separation or divorce is growing, due in part to parents' increasing frustrations with the apparent ineffectiveness of the legal system in handling these unique cases. There is a need for legal and mental health professionals to improve their understanding of, and response to, this polarizing social dynamic. Children Who Resist Post-Separation Parental Contact is a critical, empirically based review of parental alienation that integrates the best research evidence with clinical insight from interviews with leading scholars and practitioners. The authors - Fidler, Bala, and Saini - a psychologist, a lawyer and a social worker, are an multidisciplinary team who draw upon the growing body of mental health and legal literature to summarize the historical development and controversies surrounding the concept of alienation and explain the causes, dynamics, and differentiation of various types of parent-child relationship issues. The authors review research on prevalence, risk factors, indicators, assessment, and measurement to form a conceptual integration of multiple factors relevant to the etiology and maintenance of the problem of strained parent-child relationships. A differential approach to assessment and intervention is provided. Children's rights, the role of their wishes and preferences in legal proceedings, and the short- and long-term impact of parental alienation are also discussed. Considering legal, clinical, prevention, and intervention strategies, and concluding with recommendations for practice, research, and policy, this book is a much-needed resource for mental health professionals, judges, family lawyers, child protection workers, mediators, and others who work with families dealing with divorce, separation, and child custody issues.

child refuses reunification therapy: Parenting Plan Evaluations Kathryn Kuehnle, Leslie Drozd, 2012 When conducting parenting plan evaluations, mental health professionals need to be aware of a myriad of different factors. More so than in any other form of forensic evaluation, they must have an understanding of the most current findings in developmental research, behavioral psychology, attachment theory, and legal issues to substantiate their opinions. With a number of publications on child custody available, there is an essential need for a text focused on translating the research associated with the most important topics within the family court. This book addresses this gap in the literature by presenting an organized and in-depth analysis of the current research and offering specific recommendations for applying these findings to the evaluation process. Written by experts in the child custody arena, chapters cover issues associated with the most important and complex issues that arise in family court, such as attachment and overnight timesharing with very young children, dynamics between divorced parents and children's potential for resiliency, co-parenting children with chronic medical conditions and developmental disorders, domestic violence during separation and divorce, gay and lesbian co-parents, and relocation, among others. The scientific information provided in these chapters assists forensic mental health professionals to proffer empirically-based opinions, conclusions and recommendations. Parenting Plan Evaluations is a must-read for legal practitioners, family law judges and attorneys, and other professionals seeking to understand more about the science behind child custody evaluations.

child refuses reunification therapy: Parental Alienation and Family Reunification Pearl S. Berman, Ethan M. Weisinger, 2024-02-01 This book on parental alienation and family reunification provides family court professionals with critical background in child development, dynamics present in violent families, and how to evaluate the testimony of experts to ensure it values children's views, best interests of the children, and follows evidence-based practice. As laid out in the Child Welfare Information Gateway report, 2020, Family court judges should make decisions per the best interests of the child standard. High conflict custody cases make this complicated, especially when reunification services are requested. In the middle of contentious proceedings, judges oftentimes receive conflicting information from parents. Judges and family law professionals can be lead astray, relying on unproven constructs and instruments not meeting the criteria of reliability and validity. Mandating victimized children into reunification programs that are neither evidence-based nor trauma informed can cause further harm to the children. This book will be of

interest to those working in the family courts, particularly expert witnesses, clinical psychologists, therapists, children's services workers including social workers, child protection court workers, mental health professionals involved in child custody decisions, and researchers with an interest in parental alienation. The chapters in this book were originally published as a special issue of Journal of Family Trauma, Child Custody & Child Development.

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that it begs to be read in a single setting, The Sense of an Ending has the psychological and emotional depth and sophistication of Henry James at his best, and is a stunning achievement in Julian Barnes's oeuvre. Tony Webster thought he left his past behind as he built a life for himself, and his career has provided him with a secure retirement and an amicable relationship with his ex-wife and daughter, who now has a family of her own. But when he is presented with a mysterious legacy, he is forced to revise his estimation of his own nature and place in the world.

child refuses reunification therapy: Adolescent Psychotherapy Homework Planner Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2024-01-04 Evidence-based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of The Adolescent Psychotherapy Homework Planner, a team of distinguished practitioners delivers a time-saving and hands-on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems. The Homework Planner addresses common and less-common disorders—including anxiety, depression, substance use, eating, and panic—allowing the client to work between sessions on issues that are the focus of therapy. This book provides evidence-based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of The Adolescent Psychotherapy Treatment Planner. They are easily photocopied, and a digital version is provided online for the therapist who would prefer to access them with a word processor. The Homework Planner also offers: Cross-referenced lists of suggested presenting problems for which each assignment may be appropriate (beyond its primary designation) Several brand-new assignments, as well as adapted assignments that have been shortened or modified to make them more adolescent-client-friendly Homework assignments for the parents of adolescents in treatment, assignments for the adolescents themselves, and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents, The Adolescent Psychotherapy Homework Planner, Sixth Edition will benefit social workers, psychologists, psychiatrists, and other clinicians seeking efficient and effective homework tools for their clients.

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foundation for the assessment, identification, and intervention in cases of parental alienation (PA). For attorneys, judges, and family law professionals, this book explains in detail the scientific basis for testimony and legal decisions that relate to PA. There are two complementary features for most of the chapters. First, the chapter authors address how evidence regarding PA meets the criteria of the Frye, Daubert, and Mohan cases as well as the Federal Rules of Evidence for testimony by experts. The second feature is to refute common misinformation. There is debate and disagreement about some aspects of PA theory. The editors of this book are concerned that some of the discourse regarding PA has spun out of control, into pervasive misinformation. This book provides plenty of evidence for overcoming that hurdle. The editors of this book and the chapter authors have extensive experience with both clinical and legal aspects of divorce, child custody, parenting time evaluations, PA, and related topics. The editors and chapter authors include six psychologists, three physicians, two social workers, four attorneys, and one judge. Collectively, these mental health professionals have testified as expert witnesses hundreds of times regarding family law topics. As an additional feature, the book contains four appendices and three indexes. Appendix A defines the concepts used in this book, so that the chapter authors and readers will use terminology in a consistent manner. Appendix B lists more than one thousand trial and appellate cases in the U.S. involving PA, organized by state. Appendix C presents twenty rather dramatic vignettes involving PA. Finally, Appendix D, Sample Motion and Brief for Extended Voir Dire, provides a motion and supporting brief asking the court to allow extended time to examine the competency of a proposed expert--

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child refuses reunification therapy: Prosecuted But Not Silenced Maralee McLean, 2018-07-24 Prosecuted But Not Silenced is a powerful documentary about a mother and daughter's tragic involvement with the judicial system when there were allegations of child sexual abuse—a human rights and civil rights issue for women and children. It is an important educational tool for judges, lawyers, social workers, therapists, politicians, and the general public so that people realize what still occurs today. A National Health Crisis, Maralee's story reveals the last taboo and a crime that needs the public's attention, and emphasizes the need for training in the dynamics of maltreatment so that no more mothers have to suffer what happened to Maralee and her daughter.

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effectively and seeing children relieved of the burden of picking sides, devour this book and get to work

child refuses reunification therapy: Treating Families and Children in the Child Protective System Wes Crenshaw, 2004-06 Crenshaw proposes a new integration of many of the existing theories and practices of family and child counselling with those of the welfare, child protection, and social services programs.

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child refuses reunification therapy: Inside the Criminal Mind (Newly Revised Edition) Stanton Samenow, 2014-11-04 A brilliant, no-nonsense profile of the criminal mind, newly updated in 2022 to include the latest research, effective methods for dealing with hardened criminals, and an urgent call to rethink criminal justice from expert witness Stanton E. Samenow, Ph.D. "Utterly compelling reading, full of raw insight into the dark mind of the criminal."—John Douglas, author of the #1 New York Times bestseller Mind Hunter Long-held myths defining the sources of and remedies for crime are shattered in this groundbreaking book—and a chilling profile of today's criminal emerges. In 1984, Stanton Samenow changed the way we think about the workings of the criminal mind, with a revolutionary approach to "habilitation." In 2014, armed with thirty years of additional knowledge and insight, Samenow explored the subject afresh, explaining criminals' thought patterns in the new millennium, such as those that lead to domestic violence, internet victimization, and terrorism. Since then the arenas of criminal behavior have expanded even further, demanding this newly updated version, which includes an exploration of social media as a vehicle for criminal conduct, new pharmaceutical influences and the impact of the opioid crisis, recent genetic and biological research into whether some people are "wired" to become criminals, new findings on the effectiveness of cognitive behavioral therapy, and a fresh take on criminal justice reform. Throughout, we learn from Samenow's five decades of experience how truly vital it is to know who the criminals are and how they think. If equipped with that crucial understanding, we can reach reasonable, compassionate, and effective solutions. From expert witness Dr. Stanton E. Samenow, a brilliant, no-nonsense profile of the criminal mind, updated to include new influences and effective methods for dealing with hardened criminals

child refuses reunification therapy: *The Child Survivor* Joyanna L. Silberg, 2021-08-18 In this second edition of Joyanna Silberg's classic The Child Survivor, practitioners who treat dissociative children will find practical tools that are backed up by recent advances in clinical research. Chapters are filled with examples of clinical dilemmas that can challenge even the most expert child trauma clinicians, and Silberg shows how to handle these dilemmas with creativity, attunement, and sensitivity to the adaptive nature of even the most complex dissociative symptoms. The new edition addresses the impact of the Covid-19 pandemic on children and provides tips for working with traumatized children in telehealth. A new chapter on organized abuse explains how children victimized by even the most sadistic crimes can respond well to therapy. Clinicians on the front lines of treatment will come away from the book with an arsenal of therapeutic techniques that they can put into practice right away, limiting the need for restrictive hospitalizations or out-of-home placements for their young clients.

child refuses reunification therapy: Little Soldiers Lenora Chu, 2017-09-19 New York Times Book Review Editor's Choice; Real Simple Best of the Month; Library Journal Editors' Pick In the spirit of Battle Hymn of the Tiger Mother, Bringing up Bébé, and The Smartest Kids in the World, a hard-hitting exploration of China's widely acclaimed yet insular education system that raises important questions for the future of American parenting and education When students in Shanghai

rose to the top of international rankings in 2009, Americans feared that they were being out-educated by the rising super power. An American journalist of Chinese descent raising a young family in Shanghai, Lenora Chu noticed how well-behaved Chinese children were compared to her boisterous toddler. How did the Chinese create their academic super-achievers? Would their little boy benefit from Chinese school? Chu and her husband decided to enroll three-year-old Rainer in China's state-run public school system. The results were positive—her son quickly settled down, became fluent in Mandarin, and enjoyed his friends—but she also began to notice troubling new behaviors. Wondering what was happening behind closed classroom doors, she embarked on an exploratory journey, interviewing Chinese parents, teachers, and education professors, and following students at all stages of their education. What she discovered is a military-like education system driven by high-stakes testing, with teachers posting rankings in public, using bribes to reward students who comply, and shaming to isolate those who do not. At the same time, she uncovered a years-long desire by government to alleviate its students' crushing academic burden and make education friendlier for all. The more she learns, the more she wonders: Are Chinese children—and her son—paying too high a price for their obedience and the promise of future academic prowess? Is there a way to appropriate the excellence of the system but dispense with the bad? What, if anything, could Westerners learn from China's education journey? Chu's eye-opening investigation challenges our assumptions and asks us to consider the true value and purpose of education.

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child refuses reunification therapy: In the Name of the Child Janet R. Johnston, PhD, Vivienne Roseby, PhD, Kathryn Kuehnle, PhD, 2009-04-06 Johnston, Roseby, and Kuehnle take you behind the child's eyes, into their heads...[they] flesh out the familial context, and bring it all back into the larger social world....When you are done reading, you know who these families are, what the children need, and -- as a clinician -- how you can help them. --Marsha Kline Pruett, PhD, MSL Maconda Brown O'Connor Professor Smith College School for Social Work This book addresses problems that arise for children of conflicted and violent divorceÖ.It provides a good base for beginning to treat children in this situation as well as good information for understanding the legal and community services available. --Doody's The fully updated and revised edition of In the Name of the Child examines both the immediate and long-term effects of high-conflict divorce on children. By combining three decades of research with clinical experience, the authors trace the developmental problems affecting very young children through adolescence and adulthood, paying special attention to the impact of family violence and the dynamics of parental alienation. The authors present clinical interventions that have proven to be most effective in their own clinical work with families. With a

new emphasis on the need for prevention and early intervention, this edition examines how defensive strategies and symptoms of distress in children can consolidate into immutable, long-standing psychopathology in their adult lives. This book contains the policies and procedures that can preempt these high-conflict outcomes in divorcing families. Key Features: Contains a new chapter examining the effects of violent divorce on a sample of young adults, tracking their developmental changes from adolescence through adulthood Discusses the developmental threats to both boys and girls of different ages and stages, along with therapeutic interventions and guidelines for parenting plans Proposes principles and criteria for decision-making about custody, visitation, and parenting plans based on individual assessment of the developing child within his or her family Mental health professionals, educators, family lawyers, judges, and court administrators will find this book to be an essential read, with all the knowledge and insight needed to understand the short-and long-term effects of violent divorce on children.

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child refuses reunification therapy: You Can Survive Divorce Jen Grice, 2017-06-17 You can survive divorce and even thrive! Do you feel like you are emotionally bleeding but no hospital can make it stop? Like you are a dead woman walking? Like you'll never be able to climb your way out of this heavy, suffocating place? Know this: With Jesus, you'll make it out, and you'll be okay. Jen Grice had to stop fighting for a marriage that had been dead for years and then had to work through the trauma of divorce proceedings and life thereafter. It wasn't easy, just as your own struggle isn't. But now Jen is healing and whole, as you can be. In this book, Jen holds your hand as you walk through

the pain. - See a way out of the darkness of divorce-into the light. - Discover a hope-filled, fully redeemed future ahead. - Find hope in a devastating time. There is no roadmap through this foreign territory we call divorce, but here are those who have gone before us to light the way. As Jen shares her personal healing story, she points out God's promises and His healing and protection that will help you not only survive this difficult time but eventually thrive.

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