

Choose Or Die Parents Guide



Choose or Die Parents Guide: A Comprehensive Overview for Concerned Parents

Are you a parent considering letting your teen or young adult watch Netflix's "Choose or Die"? This interactive horror film presents a unique challenge – its unsettling content and intense situations demand a careful assessment before viewing. This comprehensive parents' guide delves into the film's themes, violence, language, and overall suitability, providing you with the information you need to make an informed decision about whether or not it's appropriate for your child. We'll cover everything from the plot's disturbing elements to its potential impact, ensuring you're equipped to navigate this viewing choice with confidence.

What is "Choose or Die" About?

"Choose or Die" centers on Kayla, a young woman struggling financially who stumbles upon an obscure 1980s video game promising a large cash prize. However, this seemingly innocent game comes with deadly consequences. As Kayla progresses through the game, she and her friend Isaac find themselves targeted by terrifying and increasingly violent supernatural events. The film's premise hinges on the interactive element; viewers can influence the narrative by choosing the options presented onscreen. These choices directly impact the outcome of the story, and in turn, the intensity of the horror.

Content Concerns for Parents: A Detailed Breakdown

This section will dissect the aspects of "Choose or Die" most likely to concern parents:

Violence:

The film contains significant violence, both physical and psychological. There are scenes depicting brutal murders, blood, and gore, some of which are quite graphic and disturbing. The violence isn't gratuitous, but it's integral to the plot and undeniably intense. Expect depictions of stabbing, dismemberment, and other violent acts. The level of violence varies depending on the choices made during the interactive segments, adding another layer of parental consideration.

Language:

While not excessively profane, "Choose or Die" does utilize strong language, including several instances of cursing and offensive terms. This language is consistent with the characters and setting, but parents should be aware of its presence.

Mature Themes:

Beyond the violence and language, the film touches upon mature themes such as financial desperation, the consequences of poor choices, and the disturbing power of technology. These themes are woven into the narrative and may be unsettling for younger viewers. The psychological horror aspects, particularly the unnerving sense of dread and impending doom, could also be quite frightening for sensitive individuals.

Fear Factor:

The film's primary genre is horror, and it delivers on that promise. The jump scares are frequent, and the overall atmosphere is designed to create suspense and fear. The unsettling imagery and the unpredictable nature of the game's consequences contribute to a high level of tension throughout.

Is "Choose or Die" Appropriate for Your Child?

The appropriateness of "Choose or Die" depends heavily on your child's maturity level and tolerance for horror. While the film's rating may offer guidance, it's crucial to consider your child's individual sensitivities. If your child is easily frightened or disturbed by violence and gore, this film is likely unsuitable. Even older teens with a high tolerance for horror might find certain scenes upsetting. Open communication with your child about their comfort level with such content is highly recommended. Pre-viewing discussions about the themes explored in the movie can also help prepare them for the experience.

Alternative Viewing Options and Parental Controls

If you're unsure about letting your child watch "Choose or Die" unaccompanied, consider watching it together. This allows for real-time discussion and the opportunity to pause or stop the film if necessary. Netflix also offers parental control features that allow you to restrict access to specific content based on age ratings. Utilizing these controls can help ensure that your child only accesses appropriate material.

Conclusion: Making the Right Choice

"Choose or Die" presents a unique viewing challenge for parents. Its interactive nature and disturbing content demand careful consideration. By understanding the film's violence, language, mature themes, and overall intensity, you can make an informed decision about whether it's appropriate for your child. Remember, open communication and utilizing parental controls are crucial tools in navigating the complexities of media consumption for young people.

FAQs

Q1: Is "Choose or Die" suitable for children under 16?

A1: No, "Choose or Die" is not suitable for children under 16 due to its graphic violence, mature themes, and disturbing imagery.

Q2: Does the interactive element significantly change the violence level?

A2: Yes, some choices made during the interactive segments can lead to more graphic or intense violent scenes.

Q3: Can I prevent my child from accessing the film on Netflix?

A3: Yes, Netflix provides parental controls allowing you to restrict access to content based on age ratings and other criteria.

Q4: What are the key themes explored in the film?

A4: The film explores themes of financial desperation, the consequences of choices, the dark side of technology, and the power of superstition.

Q5: Is there a significant amount of jump scares?

A5: Yes, the film utilizes jump scares frequently to enhance the horror experience. Be prepared for these sudden moments of fright.

choose or die parents guide: We All Looked Up Tommy Wallach, 2015-03-24 The lives of four high school seniors intersect weeks before a meteor is set to pass through Earth's orbit, with a 66.6% chance of striking and destroying all life on the planet.

choose or die parents guide: Picky Parent Guide : Choose Your Child's School with Confidence Bryan C. Hassel, Emily Ayscue Hassel, 2004 A comprehensive manual and reference guide for choosing the best elementary school for your child to attend.

choose or die parents guide: The Ordinary Parent's Guide to Teaching Reading (The Ordinary Parent's Guide) Jessie Wise, Sara Buffington, 2004-10-17 A plain-English guide to teaching phonics. Every parent can teach reading—no experts need apply! Too many parents watch their children struggle with early reading skills—and don't know how to help. Phonics programs are too often complicated, overpriced, gimmicky, and filled with obscure educationalese. The Ordinary Parent's Guide to Teaching Reading cuts through the confusion, giving parents a simple, direct, scripted guide to teaching reading—from short vowels through supercalifragilisticexpialidocious. This one book supplies parents with all the tools they need. Over the years of her teaching career, Jessie Wise has seen good reading instruction fall prey to trendy philosophies and political infighting. Now she has teamed with dynamic coauthor Sara Buffington to supply parents with a clear, direct phonics program—a program that gives them the know-how and confidence to take matters into their own hands.

choose or die parents guide: The Parent's Guide to Birdnesting Ann Gold Buscho, 2020-09-01 Take coparenting to the next level and provide a stable environment for your children as you and your spouse begin tackling your separation or divorce. For parents who are separating and want to put their children first, birdnesting could be the interim custody solution you've been looking for. Instead of the children splitting their time being shuttled between mom and dad's separate homes, birdnesting allows the children to stay in the "nest" and instead, requires mom and dad to swap, allowing each parent to stay elsewhere when not with the children. Initially popularized by celebrities, this method of coparenting is now becoming more mainstream as a way to help ease children into a new family dynamic. Birdnesting takes work and commitment but with Dr. Ann Gold Buscho's guidance, you'll learn everything you need to know about this revolutionary method. In *The Parent's Guide to Birdnesting*, you will discover the pros and cons, the financial and interpersonal considerations, and if it's the right decision for you and your family.

choose or die parents guide: The Conscious Parent's Guide to Gender Identity Darlene Tando, 2016-07-01 If your child is questioning their gender identity, you may have questions of your own. *The Conscious Parent's Guide to Gender Identity* helps answer those questions, providing a relationship-oriented approach to supporting your child's journey. Conscious parenting means being present with your children and taking the time to understand their point of view. Using this mindful method, you can support and guide your children as they discover their authentic selves. With this easy-to-navigate guide, you'll learn how to... Communicate openly with your child about gender identity Empower your child to make their own decisions Create a welcoming environment at home Guide your child through social and medical transitions Help your child feel comfortable with friends, at school, and in your community Deal with others' opinions about your parenting choices Plan a happy, successful future for you and your child This mindful method of parenting will allow you and your children to strengthen your bond while allowing them to be who they truly are.

choose or die parents guide: The Perfect Parents Handbook Jennifer Conlin, 2013-09-24 With a classification system that has every parenting style down to a 't', *The Perfect Parents Handbook* is unputdownable reading for anyone who's ever forked over major three figures for the

must have stroller or agonized over what their children's school says about them as parents. The real facts and details in this book gently skewer modern mothers and fathers and will at the same time delight them with dead-on accuracy in describing the habits and accouterments of nine types, including: --The Neo-Trads: Dad makes the cupcakes and kids' artwork is everywhere (not just on the fridge); the family's taste always exceeds its wallet --The Martyr Parents: They've sacrificed so much for the kids that the kids have taken over the asylum --The Power Parents: The IV sessions that led to triplets were coordinated on mom and dad's Blackberries and the real British nanny swabs the babies' Burberry button-downs on the way to their five bedroom Park Avenue apartment --The Classic Parents: Everybody's in LL Bean and their 2.3 children all climb into a little red wagon to get to the SUV Laced with titillating facts about our child-centric culture (unique baby announcements! nursery decorators! mandatory volunteering at preschool!), The Perfect Parents Handbook decodes the complex and terrifying (smothering doulas! educational vacations to the rainforest!) world of raising kids.,

choose or die parents guide: The Everything Parent's Guide to the Defiant Child Jesse Jayne Rutherford, Kathleen Nickerson, 2010-03-18 Dealing with defiant children can be frustrating, time-consuming, and emotionally exhausting for parents and kids alike. But with this practical, reassuring handbook, you no longer have to feel helpless. You'll learn how to defuse the negativity, hostility, antagonism, and explosive anger that can ruin your child's relationships with family, friends, teachers, and other authority figures. This book helps you to: Choose which battles to fight Follow thorough Be consistent Communicate clear expectations and consequences (without yelling) Give your child some power over his life Reinforce positive changes Most important, you'll learn why defiance happens and how to react when it does. You will adopt the parenting and anger-management skills you need to make a real difference in your child's life. You'll help your child control his emotions--and grow up to be healthy, well-rounded adult.

choose or die parents guide: The Everything Parent's Guide to Raising Your Adopted Child Corrie Lynn Player, Brette Sember, Mary C Owen, 2008-08-17 Domestic or international? Baby or older child? A child with special needs? The number of decisions you will need to make when deciding to adopt can at times seem overwhelming. The Everything® Parent's Guide to Raising Your Adopted Child offers all the information any potential or newly adoptive parent might need. Parenting expert and adoptive parent Corrie Lynne Player has interviewed hundreds of adoptive parents and presents a cross-section of age, ethnicity, and cultural backgrounds to help you make the most informed decisions. This essential guidebook is packed with reassuring advice on how to handle the most common issues, including: -Questions to ask before adopting -Bonding techniques for each age group—from newborn to teenager -Adopting children with physiological or psychological special needs -Adopting outside your ethnic group -Navigating international adoptions -Fielding difficult questions about your adopted child's birth parents -Helping your adopted child cope with feelings of loss and abandonment With this book by your side, you will bond with your child for a lifetime!

choose or die parents guide: A Parent's Guide to Gifted Children Edward R. Amend, Psy.D., Emily Kircher-Morris, M.Ed., LPA, Janet L. Gore, M.Ed., 2023-04-11 A Parent's Guide to Gifted Children (2007), the quintessential compendium of raising gifted children, has been revised! In this new edition, coauthors Edward R. Amend Psy.D., Emily Kircher-Morris, LPC, and Janet Gore, M.Ed. reinforce the reliable approaches originally explored in the first edition, while drawing extensively on the wealth of research and information developed over the last 15 years in the areas of neuroscience, psychology, and education. Our children are navigating a world that in many crucial ways is quite different from the one that existed in 2007. The new Parent's Guide to Gifted Children includes issues of social media, screen time, LGBTQ, and bullying. For gifted children however, many of the needs remain the same- advocacy, educational planning, access to true peers, and more. Rich in information and strategies, this edition will be referred to time and time again whether you are entirely new to gifted, completing your "active" parenting days, or supporting a gifted grandchild, student, or client.

choose or die parents guide: A Parent's Guide to Instagram Axis, 2018-08-01 As a must-have in every teen's arsenal of social media profiles, we need to understand Instagram's pros, cons, risks, and impacts. More importantly, we must converse with our teens about these topics in order to help them be healthy, loving followers of Christ, even in the digital world. Parent Guides are your one-stop shop for biblical guidance on teen culture, trends, and struggles. In 15 pages or fewer, each guide tackles issues your teens are facing right now—things like doubts, the latest apps and video games, mental health, technological pitfalls, and more. Using Scripture as their backbone, these Parent Guides offer compassionate insight to teens' world, thoughts, and feelings, as well as discussion questions and practical advice for impactful discipleship.

choose or die parents guide: The Parent's Guide to Down Syndrome Jen Jacob, Mardra Sikora, 2015-12-04 Help your child succeed and thrive! As a parent of a child diagnosed with Down syndrome, you may be feeling unsure of what to do next or where your child's journey will take you. In this book, authors Jen Jacob and Mardra Sikora share their experiences and guide you through life with Ds with expert advice from diagnosis to adulthood. Each page teaches you ways to support your child through major milestones; nurture their development; and ensure that they succeed behaviorally, socially, and cognitively. You'll also find valuable information on: Sharing the news with loved ones Transitioning into primary school Developing your child's social skills Discussing future opportunities, including employment and housing options With The Parent's Guide to Down Syndrome, you will have the tools you need to raise a happy, healthy, and thriving child.

choose or die parents guide: Parent's Guide to Coping with Autism Sarah Ziegel, 2016-07-31 This is an essential guide for parents and carers coping with children with autism. When Sarah Ziegel's twin boys were diagnosed with autism, aged almost three, she realized that there was very little practical information about what to do. When her next two children were also diagnosed with the condition, she was even more determined to put that lack of information right. This book is the result of Sarah's experiences of dealing with autism in the family. While covering personal aspects such as coping emotionally with a diagnosis, the book also tackles practical matters, such as education and the EHCP process, how to get help and support, and also considers the medical side of autism. Written by a former nurse, and full-time mother and carer, A Parent's Guide to Coping with Autism is a highly sensitive and professional guide and is the book you will want to reach for when faced with a diagnosis, or if you simply want to find out more about the condition.

choose or die parents guide: The Adoptive Parents' Handbook Barbara Cummins Tantrum, 2020-09-01 The essential guide to parenting adopted and foster kids--learn to create felt safety, heal attachment trauma, and navigate challenging behaviors and triggers Children who have been adopted and/or shuttled through the foster-care system experience trauma at a much higher rate than other kids, which can make it difficult for them to trust, relax, regulate their emotions, and connect with their new families. As a parent, learning how to heal attachment trauma, attune to your child's needs, identify triggers, and create felt safety is essential to providing the loving, supportive, and stable home they need to thrive. Written for parents of adopted and foster kids of all ages, this book offers resources for handling common concerns like sleep issues, food sensitivities, anger, fear, and reactivity. It also provides guidance on navigating transracial adoptions, working through parents' own hang-ups, and recognizing signs of developmental and psychological conditions. The book highlights practical strategies and provides real-life examples to address questions like: How do I help my adopted child adjust? Is this kind of behavior normal? How do I help my child live, heal, and thrive with PTSD?

choose or die parents guide: A Parent's Guide Bundle for Social Media Axis, 2018-09-14 Parent Guides are your one-stop shop for biblical guidance on teen culture, trends, and struggles. As parents of teens, we know the digital landscape and social media are always changing, and our teens can't seem to get enough. In this Parent Guide Bundle, we've combined three of our most popular guides to help you understand and talk with your teen about these different platforms and how they can be used and enjoyed wisely. In this bundle you'll get: A Parent's Guide to Instagram: As a must-have in every teen's arsenal of social media profiles, we need to understand Instagram's pros,

cons, risks, and impacts. More importantly, we must converse with our teens about these topics in order to help them be healthy, loving followers of Christ, even in the digital world. A Parent's Guide to YouTube: If you've ever wondered how teens can spend hours upon hours watching videos on YouTube, you're not alone! YouTube is a phenomenon that has bypassed many adults to win over Gen Z. As the social network they "can't live without," we need to know all about it so we can help them think about it biblically. A Parent's Guide to Snapchat: Why are teens so obsessed with Snapchat? And what do they even do on it? This guide will help you better understand the app itself, why it's appealing, and how to have conversations about it with your teens. Using Scripture as their backbone, these Parent Guides offer compassionate insight to teens' world, thoughts, and feelings, as well as discussion questions and practical advice for impactful discipleship.

choose or die parents guide: Parent Guide: Parent Guide: Handling and Preventing Conflicts Robert Myers, PhD, 2024-04-13 Parenting is both rewarding and challenging. All first-time parents are only partially prepared to embrace the joys and struggles of parenting. Also, each child, no matter where they are in the birth order in a family, is a unique being, requiring parents to adapt their parenting style to meet the needs and navigate the challenges of each child. The book's information and suggestions are based on the latest research and best practice recommendations in child development and clinical child and adolescent psychology. They also come from the author's experience as a child, adolescent, father, grandfather, clinical child and adolescent psychologist, and educator for child psychology doctoral students and child psychiatry fellows. The first three chapters cover what to expect in each stage of normal development, which provides perspective on what to expect as a child moves from toddler to high schooler. Knowing what to expect provides guidelines for providing appropriate nurturing and structure for each stage of development. Human behavior is all about the brain. Once parents understand the basics of neurodevelopment, they can encourage and support the healthy development of critical executive functions that enable children to learn, adapt to change, interact appropriately with others, and navigate the challenges and disappointments in life. Also, continuously focusing on building and growing connectedness and supporting a healthy lifestyle for all family members substantially contributes to each member's general well-being and for the family unit's good. Chapters four through eight help parents and children develop skills for mutually beneficial interaction. These skills will allow you to avoid and work through conflicts when necessary. Chapters nine through eleven provide how-to guides for handling common parent-child conflict scenarios. Each chapter provides examples and easy-to-follow steps to implement the suggestions for each stage of development: toddler, preschool, school-age, middle school, and high school. The appendix provides guidance on when to seek professional help, links to valuable resources, and directions and charts for implementing evidence-based solutions for parent-child and family problems and promoting positive relationships.

choose or die parents guide: Paranoid Parents' Guide to Summer Beach Safety Tips for On-the-Go Kids and Their Busy Parents ,

choose or die parents guide: *The Everything Parent's Guide To Children With Asperger's Syndrome* William Stillman, 2004-12-06 With *The Everything Parent's Guide to Children with Asperger's Syndrome* at your side, you'll take the first steps toward understanding this pervasive development disorder and how it may impact your child. This complete handbook for coping with daily life helps you: Get a diagnosis and understand the results Discover the best options for education and learning Work to improve your child's social skills Identify triggers that lead to sensory overload, such as sounds, bright lights, or certain textures and fabrics Recognize symptoms of meltdowns and work with your child to prevent them Educate family and friends about Asperger's to provide a supportive and loving environment Explore other resources, including reading lists, Web sites, and support groups *The Everything Parent's Guide to Children with Asperger's Syndrome* shows you how you can maintain a positive attitude, honor your child's unique experience, and strengthen the bond between you and your child.

choose or die parents guide: *A Parent's Guide to Gifted Children* James T. Webb, 2007 Practical guidance in key areas of concern for parents, such as peer relations, siblings, motivation

and underachievement, discipline, intensity and stress, depression, education planning, and finding professional help.

choose or die parents guide: The Road to Positive Discipline: A Parent's Guide James C. Talbot, 2009-02-03 By using positive methods of discipline parents have the opportunity to provide their children with an optimal home environment for healthy emotional growth and development.

choose or die parents guide: A Parent's Guide to Autism Ron Sandison, 2016-04-05 This guide will help readers have an in-depth understanding of autism, and provide a plan for parents to raise happy, healthy children. All children can flourish and mature through love.

choose or die parents guide: Bedtiming: The Parent's Guide to Getting Your Child to Sleep at Just the Right Age Isabela Granic, Marc D. Lewis, 2010-01-12 When it comes to getting your baby or toddler to sleep through the night, discover why when matters more than how Are you tired of endless hours spent rocking your baby to sleep? Have you "hit the wall" when it comes to sleepless nights? Teaching your baby or toddler to sleep through the night can be a bewildering and frustrating experience. Developmental psychologists Marc D. Lewis and Isabela Granic reveal that the key to your child's sleep habits is not which method you choose to help your child sleep, but when you use it. Timing is everything, and Bedtiming walks you through the stages of child development, offering helpful advice on such topics as: • time windows when sleep-training will be most effective and when it will stand the least chance of success • the pros and cons of several popular sleep-training techniques—including the "cry-it-out," "no-cry," and Ferber methods • common sleep setbacks and how to handle them • how to successfully transition your child from your bed to his or her own crib or bed. Bedtiming is a simple, sensible, and reassuring guide that will help children—and parents—get a good night's sleep.

choose or die parents guide: The Go-To Mom's Parents' Guide to Emotion Coaching Young Children Kimberley Blaine, 2010-07-15 From the producer of the popular on line The Go-To Mom.TV, comes a handy guide filled with practical tips that reject old-fashioned discipline and instead use empathy and emotion coaching, a more effective, open-hearted method of support and positive change. Blaine shows how to put in place life-changing solutions and access previously untapped resources. This book is written for parents who struggle to solve the day-to-day problems of raising kids. She offers emotion coaching solutions for dealing with tantrums, nightmares, hitting, bedtime, whining, bedwetting potty training, shyness, and anger.

choose or die parents guide: The Everything Parent's Guide to Raising Boys Cheryl L Erwin, 2010-11-18 Potty training. Violent video games. Dating! Raising a son is a wonderful adventure--but it can also be a challenge. You worry about your son's self-image, his values, his relationship with them--and with others. You want your son to succeed and grow into a capable young man, but how can you make sure that happens? This comprehensive guide shows you how to help your son: Strengthen his self-image and resist peer pressure Identify and exhibit acceptable behaviors Build friendships and relationships Succeed in school--and beyond Raising a son is no easy task. But with patience, perseverance, and this guide, you can see your son through challenging times and take pride in his successful transition from boy to man.

choose or die parents guide: The Conscious Parent's Guide to Raising Boys Cheryl L Erwin, Jennifer Costa, 2017-01-01 The tools you need to foster a positive, supportive relationship with your son! Concerns about self-esteem, peer pressure, and behavior can make raising healthy, happy boys seem overwhelming--but it doesn't have to be. With the help of The Conscious Parent's Guide to Raising Boys, you can encourage open communication with your son. With patience and everyday mindfulness, you can guide your boys from childhood through those challenging developmental years. This easy-to-use guide explains how you can help your son: Communicate effectively with others Strengthen self-image and resist peer pressure Define and exhibit acceptable behavior Keep their commitments to family, community, and themselves Family therapist Jennifer Costa provides you with the information and support you need for parenting with flexibility, resilience, and love so you can create a calm, happy environment for raising well-adjusted, confident boys.

choose or die parents guide: Growing Health Kids: A Parents' Guide to Infant and Child

Nutrition ,

choose or die parents guide: The Everything Parent's Guide To Raising Girls Erika V Shearin Karres, Rebecca Rutledge, 2007-04-02 A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

choose or die parents guide: The Student's Advantage - Parents' Guide Wyne Ince, Jessi Hoffman, 2012-06-21 Dear Parent: This guide will explain what you can expect from the book, how it is structured, and the educational principles on which it is based. It will also walk you through the book's major components and how to implement them. As the parent, you will need to provide certain things for your teen or preteen to gain the book's full value. The Parent's Role in Fostering Good Studentship Every conscientious parent wants their child to do well in school, but not all parents know how to make that happen. They tell their child to study hard and to take school seriously, but that usually isn't enough. They then may resort to nagging, scolding, or threatening, which only makes things worse. Many loving parents had trouble in school themselves and really don't know the solution to their child's problems. Kids need three things to turn around a losing streak in the classroom: 1) They need to be motivated, to be given reasons why they should study and work hard. 2) They need to be shown that they can be successful if they do this. 3) And they need to be shown how to do it: what studying and working hard in school actually means. This book will address all three issues. But by itself, it is only a book, a bunch of information buried between two pieces of cardboard. To get the knowledge out of the book and into the head and heart of your student, a facilitator is needed. That facilitator is you. (Or it could be another adult whom your child respects acting in the role of a mentor. The Student's Advantage: Your Guide to Getting the Most out of School and Creating a Fabulous Future will empower students who have been struggling in middle and high school to maximize their capabilities and will inspire good students to transform themselves into great students. All too often students do not really understand why they need to learn. With US academic performance in decline, particularly in science and math, the time has come to tackle the question of why students are not doing better, and to emphasize to students the why of learning, making clear to them how education will affect their adult lives. The Student's Advantage: Your Guide to Getting the Most out of School and Creating a Fabulous Future is a practical guide that will motivate middle and high school students by providing a vital understanding of the keys to succeeding in school, the importance of investigating potential career interests, and the need to take an active role in preparing for the years ahead. The Student's Advantage demonstrates through dramatic examples the indisputable power of motivation and commitment. The Student's Advantage is not exclusively a goal-setting workbook, merely a manual of study habits, or just a career-search guidebook. It draws together all of these crucial areas in a highly interactive and engaging manner, yet remains a straightforward reference that will inspire and motivate. The Student's Advantage aims to give students momentum on the road to academic success. Each comprehensive chapter is easily referenced, with the Student's Success Roadmap offering corresponding exercises. Practical devices like the Seven Learning Secrets and overviews of various careers are presented in a candid and accessible fashion. Thanks.

choose or die parents guide: A Parent's Guide to Defeating Eating Disorders Ahmed Boachie, Karin Jasper, 2011-08-15 Building a supportive and open relationship with young people suffering from eating disorders is key to assisting the recovery process. This book is packed with metaphorical explanations that will allow parents and caregivers to ally themselves with treatment rather than the eating disorder, and take positive steps with their child towards a full and lasting recovery. Written by experienced eating disorder specialists, the book will help caregivers to reach out to young people having difficulty cooperating with treatment. Its effective use of analogies and metaphors helps to crystallize a practical understanding of eating disorders and the crucial aspects of the treatment process. Integrating medical, psychological, and narrative aspects, as well as the visual (with illustrations), it encourages the reader, and by extension the sufferer, to conceptualize each step towards health. This book will be an invaluable tool for families, friends, and those working with young people suffering from eating disorders. The fresh perspective will also appeal to

mental health professionals and anyone else working in the field.

choose or die parents guide: The Neurotic Parent's Guide to College Admissions J.D. Rothman, 2012-04-01 Admissions rates of 6 percent? Kids applying to thirty-two colleges? Sixteen-year-olds with more impressive resumes than Fortune 500 CEOs? Has the nation lost its mind? Why yes, it has! J.D. Rothman, the Neurotic Parent of blog fame, takes readers on a hilarious satiric journey through today's insane college admissions process. The vividly illustrated book takes you from the Itsy-Bitsy Fiske Guide and Junior Kumon Tips for Preschoolers through Rejection Letters from the Heart and Bed Bath & Bye-Bye.

choose or die parents guide: A Parents' Guide to the Middle School Years Joe Bruzzese, 2011-05-18 OMG PAW G2G. Oh my god, parents are watching, got to go. Today's text-messaging middle schoolers may seem like a different species from how parents remember themselves as sixth, seventh, and eighth graders. Children are often forced to confront serious issues like drugs, violence, sexuality, and technology at an age that would have been unthinkable even a decade ago. So it's natural for parents to worry about these crucial years. Still, educator Joe Bruzzese believes that this time can be full of positive transformation as your child gains independence and your parental role shifts from omnipresent manager to supportive coach. Timely topics include cyberbullying, depression, and choosing realistic and rewarding extracurricular activities. The middle school years can and should be a time of exciting change and opportunity; A Parents' Guide to the Middle School Years presents what you need to know to survive and thrive as a family.

choose or die parents guide: The Parent's Guide to Eating Disorders Marcia Herrin, Nancy Matsumoto, 2010-02-01 The Parent's Guide to Eating Disorders shows that effective solutions begin at home and cost little more than a healthy investment of time, effort, and love. Based on exciting new research, it differs from similar books in several key ways. Instead of concentrating on the grim, expensive hospital stays of patients with severe disorders, the authors focus on the family, teaching parents how to examine and understand their family's approach to food and body-image issues and its effect their child's behavior. Parents learn to identify an eating disorder early, to establish healthy attitudes toward food at a young age, and to intervene in a nonthreatening, nonjudgmental way. The authors concentrate on teens, the age group most often affected by eating disorders, as well as younger children. Individual chapters cover boys at risk, relapse training, dealing with friends, school, and summer camp, and much more. The book includes an appendix and sections on further reading, organizations and websites, residential and hospital programs, and references.

choose or die parents guide: A Parent'S Guide To Autism Charles Hart, 1993-06 Given in memory of Pete Palasota by The ARC of Bryan/College Station.

choose or die parents guide: They Both Die at the End Adam Silvera, 2017-09-05 Adam Silvera reminds us that there's no life without death and no love without loss in this devastating yet uplifting story about two people whose lives change over the course of one unforgettable day. #1 New York Times bestseller * 4 starred reviews * A School Library Journal Best Book of the Year * A Kirkus Best Book of the Year * A Booklist Editors' Choice * A Bustle Best YA Novel * A Paste Magazine Best YA Book * A Book Riot Best Queer Book * A BuzzFeed Best YA Book of the Year * A BookPage Best YA Book of the Year On September 5, a little after midnight, Death-Cast calls Mateo Torrez and Rufus Emeterio to give them some bad news: They're going to die today. Mateo and Rufus are total strangers, but, for different reasons, they're both looking to make a new friend on their End Day. The good news: There's an app for that. It's called the Last Friend, and through it, Rufus and Mateo are about to meet up for one last great adventure—to live a lifetime in a single day. In the tradition of *Before I Fall* and *If I Stay*, *They Both Die at the End* is a tour de force from acclaimed author Adam Silvera, whose debut, *More Happy Than Not*, the New York Times called “profound.” Plus don't miss *The First to Die at the End*: #1 New York Times bestselling author Adam Silvera returns to the universe of international phenomenon *They Both Die at the End* in this prequel. New star-crossed lovers are put to the test on the first day of Death-Cast's fateful calls.

choose or die parents guide: The Everything Parent's Guide to the Overweight Child Paula Ford-Martin, 2005-04-01 A Simon & Schuster eBook. Simon & Schuster has a great book for every

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