

# Do Women Get Prostate Exams



## **Do Women Get Prostate Exams? Understanding the Female Anatomy and Prostate Health**

### **Introduction:**

The prostate gland – a word often associated with men's health – might leave you wondering: do women get prostate exams? The short answer is a little more nuanced than a simple yes or no. While women don't possess a prostate gland in the same way men do, they do have analogous structures that can sometimes present similar health concerns. This comprehensive guide will delve into the female anatomy, explore the potential for prostate-related issues in women, and clarify the types of examinations that might be relevant. We'll dispel common myths and provide a clear understanding of women's reproductive health in relation to prostate-like tissues.

## **Understanding the Female Anatomy: The Absence of the Prostate**

Men's prostates are easily identifiable walnut-sized glands located below the bladder. They play a crucial role in producing seminal fluid. Women, however, lack this specific gland. The very structure and function of the male reproductive system differ significantly from the female system. This fundamental anatomical difference is the primary reason why the standard prostate exam, involving digital rectal examination (DRE), is not applicable to women.

# **The Paraurethral Glands (Skene's Glands): The Female Counterpart?**

While women don't have a prostate, they possess the paraurethral glands, also known as Skene's glands. These are small glands located within the urethra, the tube that carries urine from the bladder out of the body. These glands, situated near the opening of the urethra, sometimes are referred to as the "female prostate" due to their anatomical location and the secretion of a fluid that shares some similar properties to prostate fluid in men. However, it's crucial to understand they are not functionally equivalent.

## **Can Women Experience Prostate-Related Issues?**

While women don't develop prostate cancer, they can experience conditions affecting the paraurethral glands. These conditions are rare and often present with different symptoms than prostate problems in men. Potential issues could include:

**Infection:** Skene's glands, like other glands, are susceptible to infection, which can cause pain, discomfort, and discharge.

**Inflammation:** Inflammation of Skene's glands can also occur and lead to similar symptoms as infection.

**Cysts and Abscesses:** In rare cases, cysts or abscesses can form within the glands, necessitating medical intervention.

## **What Types of Exams Might Be Relevant for Women with Paraurethral Gland Concerns?**

Diagnosis of paraurethral gland issues usually involves a physical examination. This might include:

**Pelvic Exam:** A standard pelvic exam can help a healthcare professional assess the area around the urethra for any abnormalities.

**Ultrasound:** Ultrasound imaging can provide a more detailed view of the glands and surrounding tissues.

**Urine Culture:** A urine culture is used to detect the presence of infection.

It is important to note that these exams are used to investigate concerns related to the urethra and surrounding tissues, not as a direct equivalent of a male prostate exam.

# Dispelling Myths About the "Female Prostate"

It's crucial to dispel some common myths surrounding the "female prostate." The term is often misused and can lead to confusion. There is no direct counterpart to the male prostate in women; the paraurethral glands are distinct structures with different functions. While they may share some superficial similarities, emphasizing the differences is crucial for accurate medical understanding and communication.

## Seeking Medical Advice: When to See a Doctor

If you experience any discomfort, pain, or unusual discharge related to your urethra or the surrounding area, it's essential to consult a healthcare professional. Self-diagnosing can be dangerous, and early detection of any potential issues is crucial for optimal health outcomes. Your doctor can properly assess your symptoms and recommend the appropriate course of action.

### Conclusion:

While women do not possess a prostate gland in the same way men do, they do have paraurethral glands (Skene's glands) that are sometimes referred to, albeit inaccurately, as a female prostate. These glands can be affected by various conditions such as infection and inflammation. Women do not undergo prostate exams as men do, but specific examinations, such as pelvic exams and ultrasounds, might be necessary to diagnose and treat any problems related to the paraurethral glands. It's essential to seek professional medical advice if you experience any concerns related to your reproductive health. Remember, accurate information and open communication with your doctor are key to maintaining optimal well-being.

### FAQs:

1. Can I get prostate cancer if I'm a woman? No, women cannot get prostate cancer because they do not have a prostate gland.
2. What are the symptoms of a paraurethral gland infection? Symptoms can include pain during urination, discharge from the urethra, and pelvic discomfort.
3. Are there any specific tests to diagnose issues with Skene's glands? A pelvic exam, ultrasound, and urine culture are some of the tests that might be utilized.
4. How are paraurethral gland infections treated? Treatment typically involves antibiotics to combat infection, along with other measures to manage symptoms.
5. Should I be worried if my doctor mentions Skene's glands during a pelvic exam? Not necessarily. Mentioning Skene's glands is often a normal part of a comprehensive pelvic exam. However, any concerns should be discussed directly with your physician.

**do women get prostate exams: Should I Be Tested for Cancer?** H. Gilbert Welch, 2006-03-06 In this thought-provoking volume, a physician and public health expert challenges the notion that detecting cancer early always saves lives.

**do women get prostate exams: Colorectal Cancer Screening** Joseph Anderson, MD, Charles Kahi, MD, 2011-04-23 Colorectal Cancer Screening provides a complete overview of colorectal cancer screening, from epidemiology and molecular abnormalities, to the latest screening techniques such as stool DNA and FIT, Computerized Tomography (CT) Colonography, High Definition Colonoscopes and Narrow Band Imaging. As the text is devoted entirely to CRC screening, it features many facts, principles, guidelines and figures related to screening in an easy access format. This volume provides a complete guide to colorectal cancer screening which will be informative to the subspecialist as well as the primary care practitioner. It represents the only text that provides this up to date information about a subject that is continually changing. For the primary practitioner, information on the guidelines for screening as well as increasing patient participation is presented. For the subspecialist, information regarding the latest imaging techniques as well as flat adenomas and chromoendoscopy are covered. The section on the molecular changes in CRC will appeal to both groups. The text includes up to date information about colorectal screening that encompasses the entire spectrum of the topic and features photographs of polyps as well as diagrams of the morphology of polyps as well as photographs of CT colonography images. Algorithms are presented for all the suggested guidelines. Chapters are devoted to patient participation in screening and risk factors as well as new imaging technology. This useful volume explains the rationale behind screening for CRC. In addition, it covers the different screening options as well as the performance characteristics, when available in the literature, for each test. This volume will be used by the sub specialists who perform screening tests as well as primary care practitioners who refer patients to be screened for colorectal cancer.

**do women get prostate exams: Ebony**, 2004-10 EBONY is the flagship magazine of Johnson Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

**do women get prostate exams: The Grumpy Guide To Radical Feminism** Andreia Nobre, 2020-11-30 Tired of explaining reality to fiercely obstinate men about why women need feminism, Journalist Andreia Nobre took the task to clarify some of the misconceptions widely spread about the radical feminism and the feminist theory. The author would like to make it very clear that feminists don't hate all men - but you can, if you want to.

**do women get prostate exams: Ebony**, 2004-10 EBONY is the flagship magazine of Johnson Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

**do women get prostate exams: Prostate Cancer Prevention** Jack Cuzick, Mangesh A. Thorat, 2014-02-15 Prostate cancer is by far the most common cancer in men and the second leading cause of death due to cancer. It comprises a mixed group of tumours displaying varying clinical behaviour: while some have a very aggressive course, others are rather indolent. Prevention of prostate cancer and discrimination between aggressive and indolent forms are important clinical goals and the acquisition of significant new evidence on means of achieving these aims makes this book particularly timely. A wide range of topics are covered by leading authorities in the field. The biology and natural history of prostate cancer are reviewed and the role of lifestyle and dietary factors, assessed. Detailed attention is paid to risk prediction biomarkers and to the role of novel high-throughput nucleic acid-based technologies in improving risk prediction and thereby allowing tailored approaches to cancer prevention. Potential means of chemoprevention of prostate cancer are also reviewed in depth, covering the very positive new data on the impact of aspirin as well as evidence regarding 5 $\alpha$ -reductase inhibitors, DFMO and lycopene. Guidance is provided on the differentiation of aggressive from indolent disease and the policy and research implications of recent findings are examined. This book will be of interest to both clinicians and researchers.

**do women get prostate exams: Sexual and Gender Minority Health** Brea L. Perry, Allen J.

LeBlanc, 2021-01-15 This volume of *Advances in Medical Sociology* showcases rich theoretical and empirical contributions on SGM health and wellbeing. The chapters address a variety of topics, drawing from classic and contemporary sociological frameworks and constructs, and reflecting intersecting interdisciplinary approaches to SGM health.

**do women get prostate exams: Take Control of Your Cancer Risk** John Whyte, , MPH, 2023-05-30 From WebMD, the world's largest provider of trusted health information, learn how to reduce your cancer risk, and change your mindset from I hope I don't get cancer to I can prevent cancer.

**do women get prostate exams: How Can I Get Better?** Richard Horowitz, 2017-02-14 AN INSTANT NATIONAL BESTSELLER! "Horowitz is one of the most prominent 'Lyme literate' physicians...patients wait for months to see him, and several told me that he had essentially cured them of a disease that nobody else seemed able to treat." —The New Yorker "If you have suffered from unexplained, chronic or hard-to-treat illness, this book is your pathway to health." —Mark Hyman, #1 New York Times bestselling author of *The Blood Sugar Solution* on Why Can't I Get Better? From Dr. Richard I. Horowitz, one of the country's foremost doctors, comes a ground-breaking book about diagnosing, treating and healing Lyme, and peeling away the layers that lead to chronic disease. Are you sick, but can't find any answers why? Do you have a seemingly unconnected collection of symptoms that leave doctors guessing? Or have you been diagnosed, but found that none of the treatments seems to make a difference? You may have Lyme disease and not even know it. Known as "the great imitator," Lyme disease and its associated co-infections can mimic the symptoms of and often be misdiagnosed as Chronic Fatigue Syndrome, fibromyalgia, rheumatoid arthritis, lupus, multiple sclerosis, and even depression, anxiety, obsessive-compulsive disorder, and psychosis. In his landmark book, *Why Can't I Get Better?: Solving the Mystery of Lyme & Chronic Disease*, renowned internist and leading world expert Dr. Horowitz introduced his revolutionary plan for treating Lyme disease, and chronic diseases in general. Now, in this new handbook *How Can I Get Better?*, Dr. Horowitz updates his research and offers a direct, actionable step-by-step plan for implementing his 16 MSIDS Diagnostic Map. You will find: \*The latest pertinent information on the most important scientific discoveries \*Emerging research on bacterial "persisters"—bacteria that can survive antibiotics—and new therapies to get rid of them \*A seven-step action plan that patients and doctors can follow to ensure better health.

**do women get prostate exams: Explaining Divergent Levels of Longevity in High-Income Countries** National Research Council, Division of Behavioral and Social Sciences and Education, Committee on Population, Panel on Understanding Divergent Trends in Longevity in High-Income Countries, 2011-06-27 During the last 25 years, life expectancy at age 50 in the United States has been rising, but at a slower pace than in many other high-income countries, such as Japan and Australia. This difference is particularly notable given that the United States spends more on health care than any other nation. Concerned about this divergence, the National Institute on Aging asked the National Research Council to examine evidence on its possible causes. According to *Explaining Divergent Levels of Longevity in High-Income Countries*, the nation's history of heavy smoking is a major reason why lifespans in the United States fall short of those in many other high-income nations. Evidence suggests that current obesity levels play a substantial part as well. The book reports that lack of universal access to health care in the U.S. also has increased mortality and reduced life expectancy, though this is a less significant factor for those over age 65 because of Medicare access. For the main causes of death at older ages—cancer and cardiovascular disease—available indicators do not suggest that the U.S. health care system is failing to prevent deaths that would be averted elsewhere. In fact, cancer detection and survival appear to be better in the U.S. than in most other high-income nations, and survival rates following a heart attack also are favorable. *Explaining Divergent Levels of Longevity in High-Income Countries* identifies many gaps in research. For instance, while lung cancer deaths are a reliable marker of the damage from smoking, no clear-cut marker exists for obesity, physical inactivity, social integration, or other risks considered in this book. Moreover, evaluation of these risk factors is based on observational studies,

which-unlike randomized controlled trials-are subject to many biases.

**do women get prostate exams: *Feeling Medicine*** Kelly Underman, 2020-08-18 Honorable Mention, Sociology of the Body and Embodiment Best Publication Award, given by the Body and Embodiment Section of the American Sociological Association The emotional and social components of teaching medical students to be good doctors The pelvic exam is considered a fundamental procedure for medical students to learn; it is also often the one of the first times where medical students are required to touch a real human being in a professional manner. In *Feeling Medicine*, Kelly Underman gives us a look inside these gynecological teaching programs, showing how they embody the tension between scientific thought and human emotion in medical education. Drawing on interviews with medical students, faculty, and the people who use their own bodies to teach this exam, Underman offers the first in-depth examination of this essential, but seldom discussed, aspect of medical education. Through studying, teaching, and learning about the pelvic exam, she contrasts the technical and emotional dimensions of learning to be a physician. Ultimately, *Feeling Medicine* explores what it means to be a good doctor in the twenty-first century, particularly in an era of corporatized healthcare.

**do women get prostate exams: *Heart 411*** Marc Gillinov, M.D., Steven Nissen, M.D., 2012-01-31 The definitive guide to heart health from two of America's most respected doctors at Cleveland Clinic, the #1 hospital for heart health in America. Are you one of the eighty-two million Americans currently diagnosed with cardiovascular disease—or one of the millions more who think they are healthy but are at risk? Whether your goal is to get the best treatment or stay out of the cardiologist's office, your heart's health depends upon accurate information and correct answers to key questions. In *Heart 411*, two renowned experts, heart surgeon Marc Gillinov and cardiologist Steven Nissen, tackle the questions their patients have raised over their decades of practice: Can the stress of my job really lead to a heart attack? How does exercise help my heart, and what is the right amount and type of exercise? What are the most important tests for my heart, and when do I need them? How do symptoms and treatments differ among men, women, and children? Backed by decades of clinical experience and up-to-the-minute research, yet written in the accessible, down-to-earth tone of your trusted family doctor, *Heart 411* cuts through the confusion to give you the knowledge and tools you need to live a long and heart-healthy life.

**do women get prostate exams: *Fulfilling the Potential of Cancer Prevention and Early Detection*** National Research Council, Institute of Medicine, National Cancer Policy Board, 2003-05-07 Cancer ranks second only to heart disease as a leading cause of death in the United States, making it a tremendous burden in years of life lost, patient suffering, and economic costs. *Fulfilling the Potential for Cancer Prevention and Early Detection* reviews the proof that we can dramatically reduce cancer rates. The National Cancer Policy Board, part of the Institute of Medicine, outlines a national strategy to realize the promise of cancer prevention and early detection, including specific and wide-ranging recommendations. Offering a wealth of information and directly addressing major controversies, the book includes: A detailed look at how significantly cancer could be reduced through lifestyle changes, evaluating approaches used to alter eating, smoking, and exercise habits. An analysis of the intuitive notion that screening for cancer leads to improved health outcomes, including a discussion of screening methods, potential risks, and current recommendations. An examination of cancer prevention and control opportunities in primary health care delivery settings, including a review of interventions aimed at improving provider performance. Reviews of professional education and training programs, research trends and opportunities, and federal programs that support cancer prevention and early detection. This in-depth volume will be of interest to policy analysts, cancer and public health specialists, health care administrators and providers, researchers, insurers, medical journalists, and patient advocates.

**do women get prostate exams: *Prostate Enlargement*** , 1998

**do women get prostate exams: *Ethical Issues in Women's Healthcare*** Lori D'Agincourt-Canning, Carolyn Ells, 2019 Numerous issues confront women's healthcare today, among them the medicalization of women's bodies, cosmetic genital surgery, violence against

women, HIV, perinatal mental health disorders. This volume uniquely explores such difficult topics and others at the intersection of clinical practice, policy, and bioethics in women's health care through a feminist ethics lens. With in-depth discussions of issues in women's reproductive health, it also broadens scholarship by responding to a wider array of ethical challenges that many women experience in accessing health care. Contributions touch on many themes previously tackled by feminist ethics, but in new, contemporary ways. Some chapters expand into new fields in the bioethics literature, such as the ethical issues related to the care of Indigenous women, uninsured refugees and immigrants, women engaged in sex work, and those with HIV at different life stages and perinatal mental health disorders. Authors seek to connect theory and practice with users of the health system by including women's voices in their research. Bringing to bear their experience in active clinical practice in medicine, nursing, and ethics, the authors contemplate new conceptual approaches to important issues in women's healthcare, and make ethical practice recommendations for those grappling with these issues. Topical and up-to-date, this book provides a valuable resource for physicians, nurses, clinical ethicists, and researchers working in some of the most critical areas of women's health and applied ethics today.

**do women get prostate exams: Does Your Man Have the Blues?** David Hawkins, 2004-08-01 Depression in men—even Christian men—has reached epidemic proportions. Though clouded by secrecy and denial, depression can powerfully shape a man's personality. He may talk and act in ways that baffle the woman in his life and leave her feeling unable to connect with him and powerless to help. But help is available. Licensed clinical psychologist Dr. David Hawkins brings this problem out into the open with unusual compassion and clarity. He describes the telltale signs of male depression, pinpoints some of the causes, and offers suggestions to those who would help. Married women will readily connect with this frank discussion as they recognize familiar scenarios and learn how to determine if their man has the blues.

**do women get prostate exams: Green Health** Oladele Ogunseitan, 2011-06-28 Colorful bracelets, funky brooches, and beautiful handmade beads: young crafters learn to make all these and much more with this fantastic step-by-step guide. In 12 exciting projects with simple steps and detailed instructions, budding fashionistas create their own stylish accessories to give as gifts or add a touch of personal flair to any ensemble. Following the successful Art Smart series, Craft Smart presents a fresh, fun approach to four creative skills: knitting, jewelry-making, papercrafting, and crafting with recycled objects. Each book contains 12 original projects to make, using a range of readily available materials. There are projects for boys and girls, carefully chosen to appeal to readers of all abilities. A special techniques and materials section encourages young crafters to try out their own ideas while learning valuable practical skills.

**do women get prostate exams: Enhancing Fertility** Chris D. Meletis, Chris D. Meletis N. D., Liz Brown, 2010 Pregnancy and birth.

**do women get prostate exams: Generation Roe** Sarah Erdreich, 2013-04-02 Strong support among women was key to Obama's reelection. At the start of his second term, it is time for Barack Obama, forty years after Roe v. Wade, to finally help lead us to demystify abortion. One-third of all American women will have an abortion by the time they are 45, and most of those women are already mothers. Yet, the topic remains taboo. In this provocative book on the heels of the Planned Parenthood controversy, Sarah Erdreich presents the antidote to the usual abortion debates. Inextricably connected to issues of autonomy, privacy, and sexuality, the abortion debate remains home base for the culture wars in America. Yet, there is more common ground than meets the eye in favor of choice. Generation Roe delves into phenomena such as abortion-recovery counseling, crisis pregnancy centers, and the infamous anti-choice black children are an endangered species billboards. It tells the stories of those who risk their lives to pursue careers in this stigmatized field. And it outlines the outrageous legislative battles that are being waged against abortion rights all over the country. With an inspiring spirit and a forward-looking approach, Erdreich holds abortion up, unabashedly, as a moral and fundamental human right.

**do women get prostate exams: Early Detection of Breast Cancer** S. Brünner, B. Langfeldt,

P. E. Andersen, 2012-12-06 The enormous expansion seen over the last decade in the mammo graphic detection of breast cancer lesions, especially the use of screen ing procedures for the early detection of clinically unsuspected tumors, has made it necessary to summarize the experience made by various centers in the world. The 2nd International Copenhagen Symposium on Detection of Breast Cancer afforded an opportunity of gathering scientists from all over the world to discuss the various problems of early breast cancer detection with special reference to screening procedures. This book forms a synthesis of the information presented by leading scientists from many of the world's mammo graphic centers, particularly those in Sweden and the USA. Hence, the reader will have the opportunity to study the outstanding work carried out by various institutes and centers of breast cancer screening. It is our sincere hope that a study of this volume will encourage other scientists to join in the work on screening procedures. S. Brunner B. Langfeldt P. E. Andersen Contents S. A. Feig: 1 Hypothetical Breast Cancer Risk from Mammography S. A. Feig: Benefits and Risks of Mammography 11 R. L. Egan and M. B. McSweeney: Multicentric Breast Carcinoma . . . . . 28 M. B. McSweeney and R. L. Egan: Breast Cancer in the Younger Patient: A Preliminary Report 36 M. B. McSweeney and R. L. Egan: Bilateral Breast Carcinoma . . . . . ' 41 N. Bjurstam: The Radiographic Appearance of Normal and Metastatic Axillary Lymph Nodes . . . . . 49 M. Moskowitz, S. A. Feig, C. Cole-Beuglet, S. H.

**do women get prostate exams: Prescription for Natural Cures** James F. Balch, Mark Stengler, Robin Young-Balch, 2011-01-31 The revised and updated edition of the bestselling natural health bible-more than 500,000 copies sold to date! Hundreds of thousands of readers have relied on Prescription for Natural Cures as the source for accurate, easy-to-understand information on natural treatments and remedies for a host of common ailments. The new edition of this invaluable guide has been thoroughly updated to reflect the very latest research and recommendations. This revised edition prescribes remedies for almost 200 conditions, including new entries such gluten sensitivity and MRSA. You'll find easy-to-understand discussions of the symptoms and root causes of each health problem along with a proven, natural, customized prescription that may include supplements, herbal medicine, homeopathy, aromatherapy, Chinese medicine, hydrotherapy, bodywork, natural hormones, and other natural cures in addition to nutritional advice. Comprehensive reference of natural remedies for almost 200 common health ailments organized by problem from A to Z This revised edition features scores of new supplements and many new conditions Up-to-date information reflecting the latest natural health research and treatment recommendations Clear, authoritative guidance on dietary changes, healing foods, nutritional supplements, and recommended tests Down-to-earth descriptions of each health problem and natural remedy If you and your family want to get better naturally, Prescription for Natural Cures is an essential health resource you can't afford to be without.

**do women get prostate exams: Women Aren't Supposed to Fly** Harriet Hall, 2008-03 This irreverent romp through the worlds of medicine and the military is part autobiography, part social history, and part laugh-out-loud comedy. When the author graduated from medical school in 1970, only 7% of America's doctors were women, and very few of those joined the military. She was the second woman ever to do an Air Force internship, the only woman doctor at David Grant USAF Medical Center, and the only female military doctor in Spain. She had to fight for acceptance: even the 3 year old daughter of a patient told her father, Oh, Daddy! That's not a doctor, that's a lady. She was refused a radiology residency because they subtracted points for women. She couldn't have dependents: she was paid less than her male counterparts, she couldn't live on base, and her civilian husband was not even covered for medical care or allowed to shop on base. After spending six years as a General Medical Officer in Franco's Spain, she became a family practice specialist and a flight surgeon, doing everything from delivering babies to flying a B-52. Along the way, she found time to buy her own airplane and learn to fly it (in that order) and to have two babies of her own. She retired as a full colonel. As a rare woman in a male-dominated field, she encountered prejudice, silliness, and even frank disbelief. Her sense of humor kept her afloat; she enlivened the solemnity of



her job with antics like admitting a spider to the hospital and singing The Mickey Mouse Club March on a field exercise. This book describes her education and career. She tells an entertaining story of what it was like to be a female doctor, flight surgeon, pilot, and military officer in a world that wasn't quite ready for her yet. The title is taken from her first cross-country solo flight: when she closed out her flight plan, the man at the desk said, Didn't anybody ever tell you women aren't supposed to fly?

**do women get prostate exams:** *Natural Health for African Americans* Marcellus A. Walker, Kenneth B. Singleton, 2008-12-14 Natural approaches to maintaining or restoring overall well being. Chapters are devoted to the health concerns of particular importance to African-Americans such as heart disease & diabetes.

**do women get prostate exams:** *Horizons of Cancer Research* , 1988

**do women get prostate exams:** *Interviewing Clients Across Cultures* Lisa Aronson Fontes, 2009-07-01 Psychology.

**do women get prostate exams:** *Green Medicine* Larry Malerba, D.O., 2011-03-15 According to Dr. Larry Malerba, modern medicine has perfected the short-term technical repair of the physical body at the expense of the long-term psychological and spiritual well-being of the whole person. In *Green Medicine* he examines this issue and provides a realistic blueprint for wellness and a valuable guide for those seeking deeper and more lasting healing. Written in an accessible style, the book draws on a rich range of fields—physics, philosophy, Jungian thought, shamanism, alchemy, Eastern thought, Western esotericism, sustainability, orthodox medicine—to create a green medical paradigm that represents a powerful integrative medical perspective. Dr. Malerba interweaves case histories from his own practice with innovative concepts from alternative and Western medicine in order to address a number of crucial questions: • What are the personal and environmental costs to the overuse of pharmaceutical drugs? • Is conventional medicine as scientific as it claims to be? • How can conventional doctors and alternative healers begin to work together? • How can individuals transform medicine and become participants in their own healthcare? *Green Medicine* offers a practical and philosophical basis for building a viable green alternative that draws on the inherent unity of body, heart, mind, soul, and nature.

**do women get prostate exams:** *How to Be a Man* Harold D. Edmunds, 2013-07-16 *How to Be a Man* is a self-help guide for men. It speaks to men giving them advice on love, divorce, childrearing, and dress and grooming. It offers sound advice on many subjects such as dating and premarital sex. This book will help men to improve their lives by giving them simple but very important suggestions that will improve the quality of their lives. Many men grew up without a father in their home. This book is geared toward such men who may not have been taught the valuable life lessons that only a father can share. The book addresses many subjects that affect men today. Men have to get an education. How can men succeed in school? Many men are unemployed? How can they find and keep a job? What is the appropriate attire for a job interview? So many people are getting into driving accidents. How can a man avoid getting in to such accidents? *How to Be a Man* also gives tips on cooking, cleaning, and the proper etiquette. Is it okay to eat before your dinner guests? How can you save money when you are on a tight budget? How can you maintain good credit and repair damaged credit? How can you earn the respect of others? How can you assert yourself when disrespected? How can you get a woman to notice you? Is it okay to have sex on the first date? What is the proper way to put on a condom? How can you find the right woman? What is the best way to handle a divorce? *How to Be a Man* touches on many of these topics and more. Read *How to Be a Man* so that you can be the best man that you can be.

**do women get prostate exams:** *Use of Imaging Services* United States. Congress. House. Committee on Energy and Commerce. Subcommittee on Health, 2006

**do women get prostate exams:** *Just Don't Get Sick* Karen Seccombe, Kim A. Hoffman, 2007-08-20 The ability to obtain health care is fundamental to the security, stability, and well-being of poor families. Government-sponsored programs provide temporary support, but as families leave welfare for work, they find themselves without access to coverage or care. The low-wage jobs that individuals in transition are typically able to secure provide few benefits yet often disqualify

employees from receiving federal aid. Drawing upon statistical data and in-depth interviews with over five hundred families in Oregon, Karen Seccombe and Kim Hoffman assess the ways in which welfare reform affects the well-being of adults and children who leave the program for work. We hear of asthmatic children whose uninsured but working mothers cannot obtain the preventive medicines to keep them well, and stories of pregnant women receiving little or no prenatal care who end up in emergency rooms with life-threatening conditions. Representative of poor communities nationwide, the vivid stories recounted here illuminate the critical relationship between health insurance coverage and the ability to transition from welfare to work.

**do women get prostate exams: *The Nurse's Role in Promoting Optimal Health of Older Adults*** Jean W Lange, 2011-09-02 Awarded a 2012 AJN Book of the Year Award! Why focus on the negative aspects of growing old while most older adults are leading positive, fulfilling, and active lives even while dealing with the changes associated with aging and chronic illnesses? Promote healthy aging; learn what it means to age successfully; and develop the tools and resources that can optimize well-being during the later years in life with the guidance you'll find inside. The author, a nationally recognized expert in the field of gerontology addresses the physical, psychosocial, and spiritual needs of older adults based on a holistic, mid-range nursing theory of successful aging. Contributions from healthcare professionals in exercise physiology, nutrition, pharmacy and elder law help you understand how these disciplines work together to benefit patients.

**do women get prostate exams: *Counseling About Cancer*** Katherine A. Schneider, 2011-12-08 Important scientific discoveries and ever-changing guidelines for how to identify and manage patients with hereditary cancer syndromes are constantly evolving. This Third Edition of *Counseling About Cancer* is completely updated and expanded to feature five entirely new chapters on breast cancer, colon cancer, other solid tumors, clients and families, and genetic test results and follow-up. This is the only reference and clinical book on the market for cancer genetics counselors and other healthcare providers who must quickly assimilate complex and ever-changing data on the hereditary risk for cancer.

**do women get prostate exams: *Traversing Gender*** Lee Harrington, 2016-05-01 In the current age of gender identity and transgender awareness, many questions are coming to light for everyone. Whether brought about by media and cultural attention or personal journeys, individuals who have never heard of transgender, transsexual, or gender variant people can feel lost or confused. Information can be hard to find, and is often fragmented or biased. Meanwhile, trans people are getting a chance to dialogue with each other and finally be heard by the world at large. In *Traversing Gender: Understanding Transgender Realities*, author Lee Harrington helps make the intimate discussions of gender available for everyone to understand. Topics include: What the words trans transgender mean, differences (and crossovers) between sex, gender, and orientation, the wide array and types of trans experiences, social networking and emotional support systems for trans people, navigating medical care, from the common cold to gender-specific procedures, what transitioning looks like, from a variety of different approaches, how legal systems interplay with gender and trans issues, extra challenges based on gender, race, class, age and disability, skills and information on being a successful trans ally. Bringing these personal matters into the light of day, this reader-friendly resource is written for students, professionals, friends, and family members, as well as members of the transgender community itself.

**do women get prostate exams: *An Introduction to Community Health*** James McKenzie, Robert Pinger, Jerome Kotecki, 2008 In an effort to effectively address the health issues facing today's communities, *An Introduction to Community Health*, Sixth Edition, has been updated to reflect the latest trends and statistics in community health. With an emphasis on developing the knowledge and skills necessary for a career in health education, this best-selling introductory text covers such topics as epidemiology, community organization, program planning, minority health, health care, mental health, environmental health, drugs, safety, and occupational health. Short scenarios, key terminology, marginal definitions, and web activities found in each chapter make this an accessible and reader-friendly resource for the beginning community health student. The book

also features helpful instructor resources, including an Instructor's Toolkit CD-ROM and Student Note-Taking Guide.

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**do women get prostate exams: *Saving Women's Lives*** National Research Council, Institute of Medicine, Policy and Global Affairs, Board on Science, Technology, and Economic Policy, National Cancer Policy Board, Committee on New Approaches to Early Detection and Diagnosis of Breast Cancer, 2005-03-18 The outlook for women with breast cancer has improved in recent years. Due to the combination of improved treatments and the benefits of mammography screening, breast cancer mortality has decreased steadily since 1989. Yet breast cancer remains a major problem, second only to lung cancer as a leading cause of death from cancer for women. To date, no means to prevent breast cancer has been discovered and experience has shown that treatments are most effective when a cancer is detected early, before it has spread to other tissues. These two facts suggest that the most effective way to continue reducing the death toll from breast cancer is improved early detection and diagnosis. Building on the 2001 report *Mammography and Beyond*, this new book not only examines ways to improve implementation and use of new and current breast

cancer detection technologies but also evaluates the need to develop tools that identify women who would benefit most from early detection screening. *Saving Women's Lives: Strategies for Improving Breast Cancer Detection and Diagnosis* encourages more research that integrates the development, validation, and analysis of the types of technologies in clinical practice that promote improved risk identification techniques. In this way, methods and technologies that improve detection and diagnosis can be more effectively developed and implemented.

**do women get prostate exams: Acute Care and Emergency Gynecology** David Chelmow, Christine R. Isaacs, Ashley Carroll, 2014-10-30 Presents almost 100 common and uncommon gynecologic problems encountered in urgent and emergency settings with an emphasis on practical management.

**do women get prostate exams: Natural Causes** Barbara Ehrenreich, 2018-04-12 We tend to believe we have agency over our bodies, our minds and even our deaths. Yet emerging science challenges our assumptions of mastery: at the microscopic level, the cells in our bodies facilitate tumours and attack other cells, with life-threatening consequences. In this revelatory book, Barbara Ehrenreich argues that our bodies are a battleground over which we have little control, and lays bare the cultural charades that shield us from this knowledge. Challenging everything we think we know about life and death, she also offers hope - that we find our place in a natural world teeming with animation and endless possibility.

**do women get prostate exams: Handbook of the Psychology of Women and Gender** Rhoda K. Unger, 2004-04-21 A lively, thought-provoking exploration of the latest theory and practice in the psychology of women and gender Edited by Rhoda Unger, a pioneer in feminist psychology, this handbook provides an extraordinarily balanced, in-depth treatment of major contemporary theories, trends, and advances in the field of women and gender. Bringing together contributions from leading U.S. and international scholars, it presents integrated coverage of a variety of approaches-ranging from traditional experiments to postmodern analyses. Conceptual models discussed include those that look within the individual, between individuals and groups, and beyond the person-to the social-structural frameworks in which people are embedded as well as biological and evolutionary perspectives. Multicultural and cross-cultural issues are emphasized throughout, including key variables such as sexual orientation, race/ethnicity, and social class. Researchers and clinicians alike will appreciate the thorough review of the latest thinking about gender and its impact on physical and mental health-which includes the emerging trends in feminist therapy and sociocultural issues important in the treatment of women of color. In addressing developmental issues, the book offers thought-provoking discussions of new research into possible biological influences on gender-specific behaviors; the role of early conditioning by parents, school, and the media; the role of mother and mothering; gender in old age; and more. Power and gender, as well as the latest research findings on American men's ambivalence toward women, sexual harassment, and violence against women, are among the timely topics explored in viewing gender as a systemic phenomenon. *Handbook of the Psychology of Women and Gender* is must reading for mental health researchers and practitioners, as well as scholars in a variety of disciplines who want to stay current with the latest psychological/psychosocial thinking on women and gender.

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