

Emt Medical Assessment Scenarios

Directions: Cut each row of the patient assessment and scramble the steps. Then rearrange the steps back into the correct order from memory. Review evaluation skill sheet if needed.

*Takes or verbalizes appropriate PPE precautions
SCENE SIZE-UP
Determines the scene/situation is safe
Determines the number of patients
Requests additional EMS assistance if necessary
Considers stabilization of spine
PRIMARY SURVEY/RESUSCITATION
Verbalizes general impression of the patient
Determines responsiveness/level of consciousness (AVPU) (Who? Where? Time? Events?)
Determines chief complaint/apparent life threats
Assesses airway and breathing
*Assesses (rate, rhythm, quality, depth)
*Assures adequate ventilation
*Initiates appropriate oxygen therapy
Assesses circulation
*Assesses/controls major bleeding
-Checks pulse (rate, rhythm, quality)
-Assesses skin (color, temperature, or condition)
*Identifies patient priority and makes treatment/transport decision
HISTORY TAKING
History of present illness- Signs and Symptoms
-Onset
-Provocation
-Quality
-Radiation
-Severity

EMT Medical Assessment Scenarios: Mastering the Art of Rapid Assessment

Introduction:

The world of Emergency Medical Services (EMS) demands split-second decisions based on rapid, accurate assessments. For Emergency Medical Technicians (EMTs), mastering the art of patient assessment under pressure is paramount. This post dives deep into crucial EMT medical assessment scenarios, providing practical examples and highlighting key considerations for effective triage and treatment. We'll explore various situations, examining the steps involved in forming a comprehensive picture of the patient's condition, from initial scene size-up to ongoing monitoring. Whether you're a seasoned EMT brushing up on your skills or a student preparing for the field, this guide offers invaluable insights into the critical thinking required for successful patient care.

Scenario 1: The Unresponsive Patient

This is arguably the most critical scenario EMTs face. An unresponsive patient presents numerous challenges, requiring immediate action and a systematic approach.

Initial Assessment:

Scene Safety: Always prioritize scene safety. Is the environment hazardous? Are there bystanders who can assist or pose a threat?

Check for Responsiveness: Use the AVPU scale (Alert, Verbal, Pain, Unresponsive) to assess the patient's level of consciousness.

ABCs: Immediately assess and address the airway, breathing, and circulation. Is the airway open? Are they breathing adequately? Do they have a pulse?

Rapid Physical Exam: A quick head-to-toe assessment looking for obvious injuries, bleeding, or deformities.

Further Assessment and Management:

Consider potential causes: Trauma, stroke, cardiac arrest, overdose, hypoglycemia – the differential diagnosis is vast.

Advanced Life Support: Depending on training and local protocols, this may involve CPR, defibrillation, or administration of medications.

Ongoing Monitoring: Continuous monitoring of vital signs is crucial.

Scenario 2: The Trauma Patient

Trauma patients present unique challenges due to the potential for multiple injuries.

Initial Assessment:

Mechanism of Injury (MOI): How did the injury occur? This significantly impacts the assessment and treatment plan. A high-speed motor vehicle collision suggests a higher likelihood of serious injuries than a low-impact fall.

Scene Size-Up: Assess the scene for hazards and the number of patients.

Rapid Trauma Assessment: This focuses on identifying life-threatening injuries, including airway compromise, significant bleeding, and spinal injury.

Further Assessment and Management:

Detailed Physical Exam: A thorough head-to-toe examination, including palpation of the spine, pelvis, and extremities.

C-Spine Precautions: Assume spinal injury until proven otherwise and immobilize the spine appropriately.

Shock Management: Assess for signs of hypovolemic shock (low blood volume) and initiate appropriate treatment.

Scenario 3: The Medical Patient

Medical emergencies can range from chest pain to allergic reactions, requiring a focused approach.

Initial Assessment:

Chief Complaint: What is the patient's main concern? This provides crucial information to guide the assessment.

SAMPLE History: Gather information about the patient's Symptoms, Allergies, Medications, Past medical history, Last meal, and Events leading up to the incident.

Vital Signs: Assess heart rate, respiratory rate, blood pressure, oxygen saturation, and temperature.

Further Assessment and Management:

Focused Physical Exam: Concentrate on the body systems relevant to the chief complaint. For example, a patient with chest pain will require a focused cardiac assessment.

Differential Diagnosis: Consider various possible causes for the patient's symptoms.

Treatment based on findings: Administer oxygen, medications, or other interventions as indicated by the assessment.

Scenario 4: Pediatric Patient Assessment

Pediatric patients present unique challenges due to their smaller size and developmental differences.

Specific Considerations:

Communication: Adapt communication techniques to the child's age and developmental stage.

Parental/Guardian Involvement: Involve parents or guardians whenever possible to gain valuable

information and provide comfort to the child.

Physical Assessment: Adjust examination techniques to the child's size and age. Vital sign parameters differ from adults.

Conclusion:

Mastering EMT medical assessment scenarios requires consistent practice, continuous learning, and a deep understanding of patient physiology and pathophysiology. By employing a systematic approach, prioritizing scene safety, and adapting techniques to specific situations, EMTs can provide the highest quality of pre-hospital care. Remember, ongoing education and experience are crucial for refining your assessment skills and ensuring the best possible outcomes for your patients.

FAQs:

1. How do I improve my EMT medical assessment skills? Regular practice through simulations, case studies, and continuing education courses are essential. Seek feedback from experienced EMTs and preceptors.
2. What are the most common mistakes made during EMT medical assessments? Rushing the assessment, failing to adequately assess the scene, neglecting to obtain a thorough history, and overlooking subtle signs and symptoms are common errors.
3. What role does communication play in EMT medical assessment? Effective communication with the patient, bystanders, and other healthcare professionals is crucial for gathering information, providing reassurance, and coordinating care.
4. How do I handle stressful situations during an EMT medical assessment? Practice stress management techniques, such as deep breathing and mindfulness. Remember to follow your protocols and seek assistance from colleagues when needed.
5. What resources are available for EMTs to improve their assessment skills? Numerous online courses, textbooks, and simulation programs offer opportunities for ongoing learning and skill development. Your local EMS agency likely offers continuing education opportunities as well.

emt medical assessment scenarios: *Patient Assessment Practice Scenarios* American Academy of Orthopaedic Surgeons (AAOS), Les Hawthorne, 2010-03-26 Patient assessment may be the most challenging subject for EMS students to grasp, and there never seems to be enough time in the classroom for practice. Patient Assessment Practice Scenarios allows students to fine-tune their understanding of the patient assessment process. This BLS- and ALS-level text includes 150 EMS practice scenarios (75 trauma and 75 medical) that focus on the assessment process as dictated by the National Registry medical assessment and trauma assessment skill sheets. Each case is a script of an emergency call. The student and proctor (who may or may not be an instructor) may read through the case for rote practice of the assessment process, or the student may verbally work through the assessment process, with cues from the book read by the proctor. Cases may also be used as homework, in the classroom, or for self-study! This book is for BLS or ALS students who

want to successfully learn patient assessment inside and out before actually working in the field, and any EMS provider who wants to refresh his or her assessment skills.

emt medical assessment scenarios: *Patient Assessment Practice Scenarios* Les Hawthorne, 2010-10-22 Proficiency with the trauma and medical patient assessments are without a doubt the most difficult task for the student to understand and accomplish. It seems as though there is never enough time in the classroom for the student to get the practice time that they really want. Patient Assessment Practice Scenarios includes 200 EMS practice scenarios (100 trauma and 100 medical) that focus on the assessment process. The cases are scripted with color-coded scripts for the student and the proctor, allowing any willing participant to become the proctor of the scenarios. The book has many applications in the classroom, as homework, in a study group, and in a one-on-one setting. The practice scenarios are appropriate for ALS and BLS students and providers. The approach is similar to the National Registry Practical Skills examination process and allows students to talk through situations they will face in the field. The goal if this book is to provide cases varying in difficulty and nature to help the student become the best EMS provider possible.

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emt medical assessment scenarios: Medical Case Studies for the Paramedic American Academy of Orthopaedic Surgeons (AAOS), Stephen J. Rahm, 2009-04-06 Paramedics must perform a systematic assessment of the patient, determine appropriate treatment, and give it. While assessment and management principles are learned in initial training, they are not practiced until training is completed. Now, paramedic students can apply these principles with Medical Case Studies for the Paramedic. Medical Case Studies for the Paramedic presents 20 case studies on the most important medical emergencies for the ALS-level reader. A superb supplement to classroom and textbook learning, this book allows the reader to practice applying knowledge to cases before actually going on an emergency call. The types of emergencies include a range of presentations such as semiconsciousness, unconsciousness, difficulty breathing, weakness, nausea, headache, slurred speech, chest pain, allergic reaction, seizure, and anxiety. Each case study is presented in full, poses questions to the reader, and is followed by a summary of the case, including answers to the questions posed.

emt medical assessment scenarios: Mosby's Paramedic Refresher and Review Alice Dalton, Richard A. Walker, 2006-10-25 This revised reprint is now updated to reflect the new 2005 emergency cardiac care guidelines. Using a case-based approach, it offers the most realistic view of prehospital emergency care. This unique text is the only case-based text available covering all of the information needed for paramedic refresher and certification preparation and review. In a concise, user-friendly format, the text features basic concepts of patient assessment and treatment, incorporating anatomy, physiology, and pathophysiology in the context of actual patient encounters. Each chapter presents several real-life emergency scenarios. Questions and answers follow for immediate feedback. Unique! The only case-based text on the market today for paramedics who are recertifying or taking the National Registry exam for the first time. The case-based approach uses actual patient encounters for realistic learning and increased retention to make information more easily applicable in the field. The text relates anatomy, physiology, and pathophysiology to patient signs and symptoms to promote understanding at the most basic levels, which means a more thorough grasp of the topic and better performance in the field. Content overviews! Each chapter provides a brief summary of the subject matter and integrates the content into patient scenarios to maximize comprehension. Each case includes the final diagnosis and outcomes based on actual patient situations. Questions, Answers, and Outcomes in each chapter encourage critical thinking skills and help the reader appreciate the consequences of decisions. A concise, one-column design provides a user-friendly format. Updated to reflect the new 2005 emergency cardiac care guidelines. Two new chapters - Scene Management and Weapons of Mass Destruction. Updated throughout to reflect the most current research, updated pharmacologic interventions, and new treatment standards. Chapters have been organized in the order of the National Standard Curriculum (NSC).

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Braunworth, Albert L. Howe, 1994 This is a series of practical scenarios that are designed for the student EMT or paramedic, as well as the seasoned EMT or paramedic to learn and maintain cognitive, psychomotor and affective behaviors. It is complete with a scene description, a thorough list of primary and secondary assessment findings, a scenario analysis, the suggested treatment with scenario direction, additional problems and a summary.

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emt medical assessment scenarios: Student Workbook for Emergency Care and Transportation of the Sick and Injured, Tenth Edition, 2010-12-31 This Student Workbook contains exercises to reinforce what you will learn in both Emergency Care and Transportation of the Sick and Injured, Tenth Edition and the classroom. The exercises cover the new National EMS Education Standards and are designed to test your general knowledge, encourage critical thinking, and aid comprehension of assessment and treatment skills. Each chapter includes a variety of exercises to reinforce material learned, including: Multiple Choice—Numerous multiple-choice questions prepare you for examinations. Ambulance Calls—Scenarios help you develop your decision-making skills by describing emergencies and challenging you to come up with solutions. Fill-in-the-Patient Care Report—Gain practical experience filling in patient care reports based on detailed scenarios. Skill Drills—Test your skills with photo jumbles and caption fill-ins. Labeling—Reinforce your mastery of difficult concepts with illustration and photo labeling activities. And more—True/false, matching, short answer, fill-in-the-blank, and fill-in-the-table activities cover the topics presented throughout the chapter. Page references to Emergency Care and Transportation of the Sick and Injured, Tenth Edition are provided for every question in the Student Workbook. Perforated pages make it easier for you to hand in homework assignments.

emt medical assessment scenarios: Trauma Case Studies for the Paramedic Stephen J. Rahm, 2005 This text is intended to reinforce the importance of a systematic patient assessment and management approach to paramedic students by presenting them with 20 case studies on the most important trauma emergencies they are likely to encounter in the field. emergencies

emt medical assessment scenarios: Simulation Scenarios for Nursing Educators Suzanne Hetzel Campbell, PhD, APRN-C-IBC, Karen Daley, PhD, RN, 2017-10-28 Second Edition was a winner of the AJN Award! Unique to this book, and what sets it apart from other books on simulations and clinical scenarios, are the personal experiences...that the authors bring to the chapters. The authors' passion, enthusiasm, and inspiration are truly reflected and demonstrated in each chapter. Authors talk about lessons learned, teaching strategies, and in-depth research... Key highlights in the book include the practice application of how to develop, implement, and evaluate clinical simulations in your nursing program. The authors make understanding simulation pedagogy an easy journey and one that is exciting that educators will want to try and embrace even when there is hesitation and uncertainty. -Pamela R. Jeffries, PhD, RN, FAAN, ANEF; Professor, Dean; George Washington

University School of Nursing; From the Foreword When employed as a substitute for real clinical time, simulation scenarios have proven effective in bridging the gap between theory and practice. Written by educators for educators, this book provides all the knowledge, skills, and tools needed to make simulation feasible, enjoyable, and meaningful for students. In this edition, there are 25 new chapters, 20 of them scenarios for all levels and specialties, and 11 of those representing interprofessional education and team training. This acclaimed text for nursing faculty provides detailed, step-by-step guidance on all aspects of clinical simulation. Each scenario is broken down into objectives, pre-scenario checklists, implementation plans, evaluation criteria, debriefing guidelines, and recommendations for further use. Replete with diverse scenarios, this comprehensive resource covers geriatric, pediatric, trauma, obstetric, and community-based patient scenarios. Chapters cover all levels of nursing students from pre-licensure to doctoral level, and contain the authors' own advice and experiences working in simulation around the globe. All scenarios have been updated to adhere to the new best practice simulation standards for design, facilitator and participant criteria, interprofessional criteria, and debriefing processes. A template for creating scenarios spans the text and includes student preparation materials, forms to enhance the realness of the scenario, and checklists for practice assessment and evaluation. The revised edition now includes scenarios easily adaptable to an instructor's own lab, an international perspective, and a section on graduate nursing education and eleven new interdisciplinary clinical scenarios. New to the third edition: 20 brand-new scenarios in anesthesia, midwifery, pediatric, disaster, and other specialty focused situations, plus five new chapters Updated to encompass new simulation pedagogy including best practice standards New scenarios easily adapted to an instructor's own lab Integrating disability into nursing education with standardized patients and the use of IV simulations Interprofessional and international scenarios focused on areas of global concern: obstetric hemorrhage, neonatal hypoglycemia, deteriorating patients A new section on how to write like a nurse in clinical simulation environments Teaching and evaluating therapeutic communication with a review of instruments for assessment Key Features: Includes information on how to integrate simulation into curricula Addresses conceptual and theoretical foundations of simulation in nursing education, including an expanded chapter on the Framework for Simulation Learning in Nursing Education Includes a wide variety of practical scenarios in ready-to-use format with instructions Provides a template for scenario development Delivers recommendations for integration of point-of-care decision-making tools Offers opportunities for enhancing complexity, incorporating interprofessional competencies, and debriefing guidelines Provides insight into pedagogical intergration of simulation throughout every aspect of the nursing curriculum with scenarios mapped to North American standards and the NCLEX-RN Blueprint Includes details on: learning lab and staff development from fundraising and building a lab (Ch. 6), to placement of AV (Ch. 7) to faculty development (Ch. 5) and self-assessment for certification and accreditation (Ch. 54). A trauma-informed approach to women's health (Ch. 33) Scenarios with authors from North America (USA & Canada), Brazil, and Hong Kong

emt medical assessment scenarios: CliffsNotes EMT-Basic Exam Cram Plan Northeast Editing, Inc., 2011-07-15 It's EMT-Basic Exam Crunch Time! Get a plan to ace the exam—and make the most of the time you have left. Whether you have two months, one month, or even just a week left before the exam, you can turn to the experts at CliffsNotes for a trusted and achievable cram plan to ace the EMT-Basic Exam—without ever breaking a sweat! First, you'll determine exactly how much time you have left to prepare for the exam. Then, you'll turn to the two-month, one-month, or one-week cram plan for week-by-week and day-by-day schedules of the best way to focus your study according to your unique timeline. Each stand-alone plan includes: Diagnostic test—helps you pinpoint your strengths and weaknesses so you can focus your review on the topics in which you need the most help Subject reviews—cover everything you can expect on the actual exam: preparatory, airway, patient assessment, medical emergencies, trauma, infants and children, operations, advanced airway, practical skills, and anatomy and physiology Full-length practice test with answers and detailed explanations—a simulated EMT-Basic Exam gives you an authentic

test-taking experience Test-prep essentials from the experts at CliffsNotes® ??? 2 months to ace the test... ??? 1 month to ace the test... ??? 1 week to ace the test!

emt medical assessment scenarios: *Sick/Not Sick: A Guide to Rapid Patient Assessment* American Academy of Orthopaedic Surgeons (AAOS),,, Mike Helbock, John M. Jerin, 2010-07-14 Completely updated with new case studies throughout, *Sick/Not Sick*, Second Edition is designed to help EMS personnel develop rapid patient assessment skills. This resources distills years of field experience into a workable formula that both inexperienced and experienced providers can use. *Sick/Not Sick* teaches EMS personnel how to quickly collect information and discern what details are important in order to provide immediate initial care. After all, in EMS it comes down to whether the patient is SICK or NOT SICK. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

emt medical assessment scenarios: *Sick/Not Sick* Mike Helbock, John Jerin, 2010-10-22 The Complete Fire Inspector I and II Training Solution! Fire inspectors need to know how to interpret and apply national and local codes and standards in the office and in the field. *Fire Inspector: Principles and Practice* is designed to prepare fire inspectors to ensure the highest standards of fire and life safety in their communities. The National Fire Protection Association (NFPA) and the International Association of Fire Chiefs (IAFC) are pleased to bring you *Fire Inspector: Principles and Practice*, a modern integrated teaching and learning system for the fire inspector. This textbook meets and exceeds the job performance requirements for level I and II fire inspectors from Chapters 4 and 5 of NFPA 1031, Standard for Professional Qualifications for Fire Inspector and Plan Examiner, 2009 Edition. *Fire Inspector: Principles and Practice* is built on a solid foundation of the basics: building construction, fire growth, and types of occupancies. This fundamental knowledge is presented in a concise, understandable writing style that is easy to digest and recall. The solid foundation of fire and building knowledge then branches out to show the fire inspector how abstract concepts and codes will be concretely applied on a daily basis. This is the text that truly prepares fire inspectors for the real world.

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emt medical assessment scenarios: *EMT Flashcard Book, 4th Ed.* Jeffrey Lindsey, 2019-01-15 REA's *EMT Flashcard Book*, 4th Edition Raise your score with 400 must-study test questions! REA's flashcard book for the EMT exam helps you check your test-readiness and get a high score. Our flashcard book is the perfect refresher and offers a quick and convenient way to practice answering questions while pinpointing your strengths and weaknesses. Written by an expert with nearly 30 years of experience in the fire and EMS arenas, our flashcards give you full scenarios to evaluate in a multiple-choice format, just like the actual test. The book contains 400 must-study questions that cover all the test categories on the EMT exam: airway and breathing, cardiology, medical, obstetrics and pediatrics, and trauma. Handy icons help you locate questions by subject, so you can review and test your knowledge in specific areas. The book also includes fun facts about the medical/EMT profession and its history. Unlike most flashcards that come loose in a box, our flashcards are bound in an organized, portable book that makes studying a breeze. Our concise question and answer format makes it easy to find the right answer, and we give details explaining why the answer is correct. REA's EMT flashcards are perfect for on-the-go review and ideal for individual, classroom,

or group study.

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emt medical assessment scenarios: Comprehensive Healthcare Simulation: Operations, Technology, and Innovative Practice Scott B. Crawford, Lance W. Baily, Stormy M. Monks, 2019-07-17 This practical guide provides a focus on the implementation of healthcare simulation operations, as well as the type of professional staff required for developing effective programs in this field. Though there is no single avenue in which a person pursues the career of a healthcare simulation technology specialist (HSTS), this book outlines the extensive knowledge and variety of skills one must cultivate to be effective in this role. This book begins with an introduction to healthcare simulation, including personnel, curriculum, and physical space. Subsequent chapters address eight knowledge/skill domains core to the essential aspects of an HSTS. To conclude, best practices and innovations are provided, and the benefits of developing a collaborative relationship with industry stakeholders are discussed. Expertly written text throughout the book is supplemented with dozens of high-quality color illustrations, photographs, and tables. Written and edited by leaders in the field, Comprehensive Healthcare Simulation: Operations, Technology, and Innovative Practice is optimized for a variety of learners, including healthcare educators, simulation directors, as well as those looking to pursue a career in simulation operations as healthcare simulation technology specialists.

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emt medical assessment scenarios: EMS Medicine Derek R. Cooney, 2015-12-08 Written exclusively for EMS physicians with everything you need to know for certification A Doody's Core Title for 2021! In 2010 the American Board of Emergency Medicine (ABEM) began certifying emergency physicians in the subspecialty of Emergency Medical Services (EMS). Every EMS agency and system must have a physician available to provide medical direction of the service, in-the-moment consultation, and oversight of training and quality improvement. Whether they are working in the ambulance, on the streets, out in the wilderness, or in the skies, EMS physicians play a pivotal role as part of the EMS team. EMS Medicine is the most concise textbook written specifically for EMS physicians. While there are EMS books available for EMTs and EMS managers, only a fraction of their content covers what EMS physicians need to know. This well-written and concise textbook details current EMS physician practice and provides precisely the information you need to successfully prepare for board certification. It covers operations and oversight, legal issues, business practices, disaster preparation and response, special operations, field procedures, transportation issues, and more.

emt medical assessment scenarios: Basic Emergency Care: Approach to the Acutely Ill and Injured World Health Organization, 2018-12-17 Developed by WHO and the International Committee of the Red Cross, in collaboration with the International Federation for Emergency Medicine, Basic Emergency Care (BEC): Approach to the acutely ill and injured is an open-access training course for frontline healthcare providers who manage acute illness and injury with limited resources. BEC teaches a systematic approach to the initial assessment and management of time-sensitive conditions where early intervention saves lives. It includes modules on: the ABCDE and SAMPLE history approach, trauma, difficulty in breathing, shock, and altered mental status. The practical skills section covers the essential time-sensitive interventions for these key acute presentations. The BEC package includes a Participant Workbook and electronic slide decks for each module. BEC integrates the guidance from WHO Emergency Triage, Assessment and Treatment (ETAT) for children, WHO Pocket Book of Hospital Care for Children, WHO Integrated Management of Pregnancy and Childbirth and the Integrated Management of Adult/Adolescent Illness (IMAI).

emt medical assessment scenarios: An Introduction to Medical Teaching Kathryn N. Huggett, Kelly M. Quesnelle, William B. Jeffries, 2022-03-16 This is an introductory text designed to provide medical teachers with a comprehensive introduction to the core concepts of effective teaching practice. It contains introductory-level information about innovations for curriculum design, delivery, and assessment, all in a singular text. The work offers brief, focused chapters with content that can be easily assimilated by the reader. The topics are relevant to basic science and clinical teachers, and the work does not presume readers possess prerequisite knowledge of education theory or instructional design. The book builds upon and extends the content of the second edition by incorporating additional content to reflect advances in cognitive science and by updating existing chapters to keep pace with modern educational trends and technologies.

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emt medical assessment scenarios: Paramedic Care: Patient assessment Bryan E. Bledsoe, Robert S. Porter, Richard A. Cherry, 2005 Written by the best-selling author team of Bryan E. Bledsoe D.O., F.A.C.E.P., EMT-P, Robert S. Porter M.A., NREMT-P, and Richard A. Cherry, M.S., NREMT-P, this student-friendly easy to understand series covers the DOT National Standard Curriculum. The second of 5 titles in the Brady Paramedic Care Principles and Practice series, Volume 2 - Patient Assessment - covers history, physical exam, field assessment, clinical decision-making, communications, and documentation. Paramedic Level Emergency Responders or Intermediate level responders training to enter into Paramedic.

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