Girlfriends Guide To Paris



A Girlfriend's Guide to Paris: Chic Adventures & Unforgettable Memories

Paris. The city of lights, love, and endless possibilities. Planning a girlfriends' getaway to this iconic city? This comprehensive guide is your passport to an unforgettable Parisian adventure, packed with insider tips, hidden gems, and chic experiences tailored for the ultimate girls' trip. We'll cover everything from the perfect Instagrammable spots to the most delightful patisseries, ensuring your Parisian escapade is as stylish and memorable as you are.

H2: The Perfect Parisian Itinerary: 3 Days of Chic Exploration

This itinerary balances iconic landmarks with hidden Parisian treasures, leaving ample room for spontaneity and relaxation.

H3: Day 1: Iconic Paris & Charming Montmartre

Morning: Start your day with a quintessential Parisian breakfast at a local boulangerie. Grab a pain au chocolat and a café au lait, and soak in the atmosphere of a charming Parisian street.

Afternoon: Visit the Eiffel Tower. Pre-book your tickets to avoid long queues and enjoy breathtaking panoramic views of the city. Afterwards, stroll along the Seine River, perhaps taking a romantic boat tour.

Evening: Head to Montmartre, the artistic heart of Paris. Explore the Place du Tertre, where artists showcase their work, and enjoy dinner at a traditional French bistro with live music.

H3: Day 2: Luxury & Hidden Gems

Morning: Indulge in a luxurious shopping experience on the Champs-Élysées, browsing high-end boutiques and designer stores.

Afternoon: Discover the hidden gem of the Musée Rodin, showcasing the masterpieces of the renowned sculptor. Afterwards, wander through the beautiful Luxembourg Gardens, a perfect spot for a picnic or a relaxing stroll.

Evening: Enjoy a sophisticated cocktail hour at a rooftop bar with stunning city views, followed by a delicious dinner in the trendy Le Marais district.

H3: Day 3: Culture, Coffee & Farewell

Morning: Immerse yourselves in art and history at the Louvre Museum. Focus on key masterpieces to avoid feeling overwhelmed. Pre-booking tickets is highly recommended.

Afternoon: Explore the charming Latin Quarter, browsing independent bookstores and enjoying a leisurely café au lait at a traditional Parisian café.

Evening: Enjoy a final Parisian dinner, perhaps trying a traditional French crepe from a street vendor before heading to the airport.

H2: Beyond the Tourist Trail: Secret Parisian Spots

Paris offers so much more than the Eiffel Tower and Louvre. Discover these hidden gems for a truly authentic Parisian experience:

H3: Hidden Courtyards and Passages:

Wander through the charming hidden courtyards and passages, often adorned with lush greenery and stunning architecture. These tranquil oases offer a welcome respite from the bustling city streets. Search online for maps highlighting these secret gems.

H3: Independent Boutiques and Concept Stores:

Escape the mainstream and discover unique boutiques and concept stores in neighborhoods like Le Marais and Saint-Germain-des-Prés. You'll find one-of-a-kind fashion, homeware, and souvenirs.

H3: Local Markets:

Immerse yourselves in the vibrant atmosphere of a local Parisian market. Browse fresh produce, artisanal cheeses, and delicious pastries, and grab a quick and delicious lunch.

H2: Practical Tips for a Smooth Trip:

Planning is key to a stress-free and enjoyable girlfriends' getaway.

H3: Transportation:

Paris boasts an excellent public transportation system. Purchase a Navigo Découverte pass for unlimited travel on the metro and bus. Walking is also a great way to explore the city, but wear comfortable shoes!

H3: Accommodation:

Choose accommodation that suits your budget and style. Consider staying in a charming boutique hotel in a central location or renting an apartment for a more authentic experience.

H3: Budgeting:

Paris can be expensive, so plan your budget accordingly. Take advantage of free activities like walking tours and exploring parks, and look for affordable dining options outside of the main tourist areas.

H2: Instagrammable Moments: Capture Your Parisian Memories

Paris is a photographer's dream. Here are some of the most Instagrammable spots:

Eiffel Tower at Sunset: Capture the iconic tower bathed in the golden light of the setting sun. The Louvre Pyramid: A stunning architectural masterpiece that makes for a great photo opportunity. Charming Parisian Streets: Wander through the picturesque streets and find hidden corners with colorful buildings and charming details.

Flower Markets: The vibrant colors and fragrances of Parisian flower markets provide a beautiful backdrop for your photos.

Cafés and Patisseries: Enjoy a delicious pastry and capture the quintessential Parisian café

experience.

Conclusion:

Planning a girlfriends' trip to Paris is an exciting endeavor. With careful planning and this guide as your companion, you're guaranteed a trip filled with unforgettable memories, chic experiences, and plenty of Instagram-worthy moments. Remember to embrace the spontaneity, savor every moment, and create lasting memories with your best friends in the City of Lights.

FAQs:

- Q1: What's the best time of year to visit Paris? Spring and autumn offer pleasant weather and fewer crowds than the summer months.
- Q2: How much should I budget for a 3-day trip to Paris? This depends on your spending habits, but a realistic budget for a comfortable trip would be around €1000-€1500 per person, excluding flights.
- Q3: Is Paris safe for female travelers? Paris is generally safe, but it's always wise to be aware of your surroundings and take precautions against petty theft, especially in crowded areas.
- Q4: What are some good apps for navigating Paris? The Citymapper app is excellent for public transportation, while Google Maps is useful for walking directions and finding points of interest.
- Q5: What's the best way to learn some basic French phrases before my trip? Use language learning apps like Duolingo or Memrise to learn basic greetings and phrases. Even a few words will enhance your experience.

girlfriends guide to paris: A Busker's Guide To Paris Sean McCabe, 2012-04-02 Jimmy Devine (guitarist) and Gideon (fiddler) travel to Paris on a short busking tour. Upon arriving, they bump into old friend Johnny Farraway (fiddler), who spends his days sitting on the platform of the Odeon metro station waiting for fellow busker Rob (guitarist), who never shows...They bump into Boru McInerny (singer supreme), who spends most of his days perched on a barstool in the Happy Irishman Pub, near the Louvre. They bump into Celine, an old flame of Jimmy's, who invites the duo to come stay at her place. However, they are staying at Eduard Malvonde's house. Eduard (infamous blacklisted writer) loves chatting over dinner about his favourite French authors, and his food ain't bad either. Jimmy is inclined to lodge with Eduard, but when Gideon suggests that he go and stay with Celine (at her invitation), Jimmy has a change of heart. Suddenly jealous, Jimmy finds himself wanting to stay forever in Paris, in his old girlfriend's place, of course. Love conquers literature, but is it too late...'

girlfriends guide to paris: The Fashion Insiders' Guide to Paris Carole Sabas, 2013-05-07 The Fashion Insiders' Guides are carefully curated compendiums of the current hotspots, classic haunts, and hidden gems of the world's greatest fashion destinations. A former Parisian living in New York,

French Vogue correspondent Carole Sabas was often approached by friends and colleagues on their way to Paris for Fashion Week, looking for the best place for a quick facial, early morning yoga, or to meet a friend for a drink. So many people asked, in fact, that she produced a small guide filled with advice, which she gave out for free. Requests for more information and other cities came pouring in. Abrams is now making Sabas's Paris and New York guides available to everyone, with expanded content including chapters such as "Eating and Drinking," "Beauty," "Health," "Shopping," "Art," and an eclectic selection of odds and ends called "Might Be Useful One Day." Written with a light touch and in a friendly tone, each entry includes a description of the recommended spots with hints about when to go, who to ask for, and what to get, as well as location and contact information. The inclusion of additional advice from local fashion celebrities on their favorite places to frequent puts readers confidently in-the-know. Peppered throughout with drawings by a noted and local fashion illustrator, these beautifully designed guides will be the must-have accessories of the season.

girlfriends guide to paris: The Companion Guide to Paris Anthony Glyn, Susan Glyn, 2000 `An exuberant performance' THE TIMES Highly praised on its first appearance, this new edition of the Companion Guide to Paris, fully revised by Anthony Glyn's widow, preserves his vivid evocation of Paris - its foundation and history, ancient churches, wide boulevards and narrow streets, architecture, and philosophy - while bringing the book up to date. Special attention is paid to the completed Grand Louvre with its Pyramid, the d'Orsay and Picasso Museums and the refurbished Centre Pompidou; the changes to the Eiffel Tower and the Panthéon; and the restoration of the footpaths along the Seine. Informed and amusing, the book captures the changing moods of this fascinating city.

girlfriends guide to paris: A Hedonist's Guide to Paris Nina Vlotides, 2006 Described by Harpers & Queen as a chic insider's guide for sophisticated travellers, these sleek, black city guides are aimed at the more discerning traveller looking to sidestep the usual tourist traps and penetrate the skin of each city. The Hedonist's Guide To series offers a definitive view of the finest restaurants, the most stylish hotels, the chicest bars, the best shopping, the most luxurious spas and the cultural highlights in each city. Individually tried and tested, every bar, restaurant, hotel, cafe and nightclub is accompanied by a photograph.

girlfriends guide to paris: The Unofficial Guide to Paris David Applefield, 2008-01-10 A comprehensive travel guide to Paris, France, with maps and information on hotels and over sixty restaurants, cultural and historic sights, and shopping and entertainment venues.

girlfriends guide to paris: My Stylish French Girlfriends Sharon Santoni, 2015 Meet 20 beautiful, creative French women who live with passion; work every day; and love to take care ot their homes and families. Visit them in their grand chateaux or charming little country cottages or Parisian apartments. Learn where they shop, where they work, where they play, how they dress, and how they entertain. Absorb each girlfriend's style and joie de vivre. Santoni's affectionate writing, along with gorgeous photography, tells each woman's story with an intimacy usually reserved for the closest of girlfriends. SHARON SANTONI-SMITH grew up in England but married a Frenchman and has raised her family in Normandy, France. Her blog, My French Country Home, is read daily by thousands all over the world. She writes about life in rural France; the ups and downs of family life; her inspiring French girlfriends; the intricacies of village life; and her love of searching for brocante treasure in the flea markets of Paris and the countryside.

girlfriends guide to paris: Every Woman's Guide to Romance in Paris Caroline O'Connell, 1997-12 For every woman traveling with a companion, hoping to meet one, or just wanting to indulge herself, this handy and informative guide describes where to go for fun-filled days and romantic nights in Paris. 15 photos. Maps.

girlfriends guide to paris: The Girls' Guide to Elvis Kim Adelman, 2002-07-09 Can't get enough of the King? A lively romp through all things Presley, this sassy guide covers what you really want to know about the man who continues to leave generations of females "All Shook Up." "It's just like being in junior high again. This book offers the scoop on Elvis's way with women-the wives, the girlfriends, the screaming fans-and leaves plenty of room for ever important hair and wardrobe

discussions...[and] films and concert highlights too."-Time The first book explicitly fashioned for Elvis Presley's largest fan base, The Girls' Guide to Elvis offers a fabulously fun look at the man who begged us to love him tender. This kitschy, dishy, gossip-filled guidebook is packed with never-before-seen photographs and tasty tidbits about the King of Rock and Roll and his insatiable appetite for females, finery, and good old down-home food. Discover Elvis's bedroom do's and don'ts. Dig into details about his relationships with Priscilla, Ann-Margret, and Nancy Sinatra. Peek at snapshots of Presley on dates with local girls we never even knew about. Delve into his infamous shopping sprees and analyze his predilection for jewel-encrusted jumpsuits. Get the skinny on how Elvis felt about his weight-and even learn to cook low-fat versions of his favorite foods. Plus much, much more. For Elvis fans of all ages--from those who screamed at Elvis the Pelvis in concert to those who know the immortal icon from CDs and DVDs--The Girls' Guide to Elvis is a must-have keepsake.

girlfriends guide to paris: The Girlfriends' Guide to Surviving the First Year of Motherhood Vicki Iovine, 1997-10-01 When it comes to your new baby, everyone from Dr. Spock to Dr. Brazleton has an armful of advice. But no one's delivering any tips on how you can care for yourself. Now, four-time delivery room veteran Vicki Iovine answers your questions, calms your fears, and cracks you up as only a girlfriend can, with straight advice and hilarious observations on... Baby euphoria: Is it a mind-altering drug? Husband? What Husband?: Taking care of the big baby, as well as the little baby I Want My Old Body Back!: What you can fix and what you can't The Droning Phenomenon: The inability to discuss anything but your baby for more than thirty seconds Do I Have to Become Carol Brady?: Conquering your fear of being a less-than-perfect mother Competitive Mothering: Coping with know-it-alls, finger-pointers, and others who try to Out-Mom you NOTE: Pausing to read this book may be the only selfish thing you do all year, since you'll have time for nothing else!

girlfriends guide to paris: Paris Tour Guide Top 3 Wander Stories, 2016-06-06 Dear Traveler, Welcome to the WanderStories[™] tour of the top 3 sights in Paris: the Eiffel Tower, the Louvre, and Notre-Dame. We are now ready to take you on your personal tour of these world famous landmarks. We will also tell you the brief history of Paris and several additional stories about French cuisine, traditions and customs, holidays and celebrations, humor, and what makes the French so French. We, at WanderStories™, are storytellers. We don't tell you where to eat or sleep, we don't intend to replace a typical travel reference guide. Our mission is to be the best local guide that you would wish to have by your side when visiting the sights. So, we meet you at the sight and take you on a tour. WanderStories[™] travel guides are unique because our storytelling style puts you alongside the best local guide who tells you fascinating stories and unusual facts recreating the passion and sacrifice that forged the beauty of these places right here in front of you, while a wealth of high quality photos, historic pictures, and illustrations brings your tour vividly to life. Our promise: • when you visit these top sights in Paris with this travel guide you will have the best local guide at your fingertips • when you read this travel guide in the comfort of your armchair you will feel as if you are actually visiting these top sights in Paris with the best local guide Paris is considered to be one of the best-loved and most beautiful cities in the world. With a history riddled with intrigue, war, revolution and scandal, its attraction is irresistible to the traveler. Paris has a glamorous image as one of the world's major tourist destinations and as a center for culture, fashion, luxury goods, and of course everything romantic. With its ancient and more recent history, fabulous architecture and marvelous heritage, visiting Paris is definitely an unforgettable experience. There is only one thing to do now - visit! Let's go! Your guide, WanderStories

girlfriends guide to paris: My French Country Home Sharon Santoni, 2017-08-08 Entertaining at home in gracious French style. Born from her experience of everyday living in France, Sharon Santoni reveals the gracious, easy French way of entertaining guests at her countryside home, year-round. Personal stories evoke the spirit of the French lifestyle, while gorgeous photos make us feel right at home. Santoni creates lush bouquets from her garden and utilizes resources from surrounding nature to lay gorgeous tables both indoors and outdoors. Venues

range from a Sunday morning breakfast on the patio, to a ladies lunch in her lush garden, a formal dinner in her dining room, and a picnic by the river. Santoni also shares 15 favorite recipes utilizing seasonal foods. Find inspiration for your tables throughout the seasons, and discover the simple pleasure of entertaining friends and family. Sharon Santoni writes the popular blog My French Country Home. She is the author of My Stylish French Girlfriends (Gibbs Smith). She resides in Normandy, France.

girlfriends guide to paris: The Streets of Paris Susan Cahill, 2017-06-06 From the author of Hidden Gardens of Paris, The Streets of Paris is Susan Cahill's wonderfully unique guide to present-day Paris following in the footsteps of famous Parisians through the last 800 years. For hundreds of years, the City of Light has set the stage for larger-than-life characters—from medieval lovers Héloïse and Abelard to the defiant King Henri IV to the brilliant scientist Madame Curie, beloved chanteuse Edith Piaf, and the writer Colette. In this beautifully illustrated book, Susan Cahill recounts the lives of twenty-two famous Parisians and then takes you through the seductive streets of Paris to the quartiers where they lived and worked: their homes, the scenes of their greatest triumphs and tragedies, their favorite cafes, bars, and restaurants, and the off-the-beaten-track places where they found inspiration and love. From Sainte-Chapelle on the Ile de la Cite to the cemetery Pere Lachaise to Montmartre and the Marais, Cahill not only brings to life the bold characters of a tumultuous history and the arts of painting, music, sculpture, film, and literature, she takes you on a relaxed walking tour in the footsteps of these celebrated Parisians. Each chapter opens with a beautiful four-color illustration by photographer Marion Ranoux, and every tour begins with a Metro stop and ends with a list of Nearbys—points of interest along the way, including cafes, gardens, squares, museums, bookstores, churches, and, of course, patisseries.

girlfriends guide to paris: Paris 1944 Patrick Bishop, 2024-08-06 A moving, dramatic social history of the liberation of Paris in 1944, one of the most inspiring and momentous events of the twentieth century. The fall of Paris to the Nazis on June 14th, 1940, was one of the darkest days of World War II. And the liberation of the city on August 25th, 1944, felt like the brightest. The liberation was also the biggest party of the century: champagne flowed freely, total strangers embraced—it was a celebration of life renewed against the backdrop of the world's favorite city, as experienced by the likes of Ernest Hemingway, J. D. Salinger, Pablo Picasso, and Robert Capa. But there was nothing preordained about this happy ending. Had things transpired differently, Paris might have gone down as a ghastly monument to Nazi nihilism. Paris 1944—timed for the eightieth anniversary of the liberation of Paris—tells the story of those iridescent days in a startling new way. Cutting through decades of myth-making, the reader watches the city's fate hanging in the balance against the drama, heroism, joy, and suspense of one of the most explosive moments of the twentieth century.

girlfriends guide to paris: The Golden Moments of Paris John Baxter, 2014-03-01 In The Golden Moments of Paris, John Baxter uncovers fascinating true stories about the characters that gave Paris its &"character&" in the years between World War I and World War II. Explore one of the world's most beautiful and loved cities in 26 fact-filled, humorous, and dramatic stories about the famed Années Folles—the Crazy Years—at the turn of the 20th century in Paris. Learn about Gertrude Stein and her famous writers' salon, Salvador Dali and the Surrealists, the birth of Chanel No. 5, and the antics of Ernest Hemingway, F. Scott Fitzgerald, and the &"lost generation.&" Then see what these areas look like today by following along on the guided walking tours of Paris's historic neighborhoods and the cafes, clubs, and brothels that were home to the intellectuals, artists, and Bohemians, illustrated with color photographs and period maps.

girlfriends guide to paris: Paris '44 Patrick Bishop, 2024-07-25 ** THE INSTANT SUNDAY TIMES BESTSELLER ** 'Extraordinary' DOMINIC SANDBROOK, SUNDAY TIMES • 'An epic thriller . . . droll, moving, with a cinematic eye and not a boring line in it' OBSERVER • 'Fascinating . . . gripping' SUNDAY TELEGRAPH • 'Excellent . . . a fresh, unexpected take on the liberation of Paris' JULIAN JACKSON, author of France on Trial From the Sunday Times-bestselling Patrick Bishop comes a heart-stopping countdown narrative recreating the liberation of Paris in 1944, one of the

great and most dramatic hinge moments of WW2. When the Germans marched in and the lamps went out in the City of Light the millions who loved Paris mourned. Liberation, four years later, triggered an explosion of joy and relief. It was the party of the century and everybody who was anybody was there. General Charles de Gaulle seized the moment to create an instant legend that would take its place alongside the great moments in French history. After years of oppression and humiliation Parisians had risen to reclaim their city and drive out the forces of darkness - or so the story went. This fresh new account of the liberation, packed with revelation, tells the story of those heady days of suspense, danger, exhilaration - and vengeance - through the eyes of a range of participants, reflecting all sides of the conflict: Americans, French and Germans; resisters and collaborators. Among them are famous names like Ernest Hemingway, J.D. Salinger and Pablo Picasso, but also some fascinating unknowns including a medic turned Resistance gunwoman, an androgynous Hungarian sculptor and a French bluestocking who quietly set about saving the nation's art treasures from the Nazi looters. Paris '44 looks behind the mythology to tell the real story of the liberation and expose the conflicts and contradictions of France under the occupation the shame as well as the glory. This gripping war-time narrative will enthral anyone who has a place for Paris in their hearts.

girlfriends guide to paris: Best Girlfriends Getaways Worldwide Marybeth Bond, 2008-03-18 Women's travel is a thriving niche, as our first book by travel expert Marybeth Bond amply showed. To continue serving that eager market of traveling women, National Geographic presents Best Girlfriends Getaways Worldwide. Each chapter takes off with stories of women who traveled with girlfriends to celebrate, grow, challenge themselves, or simply enjoy every moment to its fullest. They ran marathons to support favorite causes, cycled through Ireland, volunteered in Montana, overnighted at a French chateau. One woman recounts how she broke through her culinary comfort zone, telling behind-the-scenes stories of a weeklong cooking class in Tuscany. An altruistic adventurer describes her life-affirming volunteer vacation with a close friend, delivering books to schools in rural Nepal. The information-packed chapters suggest once-in-a-lifetime exotic escapes, trips to the world's best cities, cultural hot spots, places to learn and stretch your mind, canal and river trips, and great culinary getaways. Each concludes with a targeted how-to section featuring websites and contact information to help readers set off on their own adventures. Female baby boomers are not going quietly over the hill—they are roaring along the roads, waterways, and paths with style and humor. This is the book to quide them.

girlfriends guide to paris: Normandiefront Vince Milano, Bruce Conner, 2011-10-21 In the cold morning of June 6, 1944, thousands of German soldiers are in position from Port en Bessin eastwards past Colleville on the Normandy coast, aware that a massive invasion force is heading straight for them. According to Allied Intelligence, they shouldn't be there. 352 infantry division would ensure the invaders would pay a massive price to take OMAHA beach. There were veterans from the Russian front amongst them and they were well trained and equipped. The presence of 352 Division meant that the number of defenders was literally double the number expected – and on the best fortified of all the invasion beaches. What makes this account of the bloody struggle unique is that it is told from the German standpoint, using firsthand testimony of German combatants. There are not many of them left and these accounts have been painstakingly collected by the authors over many years.

girlfriends guide to paris: Je T'Aime, Me Neither April Lily Heise, 2013-05-30 Is Paris really the eternal City of Love? Dumped suddenly by her Parisian boyfriend, sultry expat Lily is left wondering if je t'aime still exists. Instead of crying into her glass of wine, she decides to heal her bruised ego and quash her romantic doubts with a carefree summer fling . . . or as the French call it: une aventure. Supported by her faithful friends and trusty Saint Amour wine, Lily embarks on her presumably easy quest. Little does she know what-or whom-this adventure has in store! Rather than guide her into the arms of a perfect summer amoureux, the sexy streets of Paris lead her from one impossible candidate to another: disappearing foxy Frenchmen, unavailable Latino heartthrobs, overly-mysterious world travelers, mistress-hunting married men, and not-so-single amnesiacs-oh la

la! As her amorous mishaps accumulate, Lily gradually re-evaluates her strategy. But will her good intentions be enough to lead her to the right homme . . . one who might last out the summer-and maybe even beyond? Or will she continue to get embroiled in more mesaventure? This novelized memoir tells the tantalizingly true romantic odyssey of a 21st-Century young woman caught in the mire of desires-which is only intensified by the passion of Paris.

girlfriends guide to paris: The Riches of Paris Maribeth Clemente, 2014-04-22 Long considered the epitome of all that is chic, glamorous, and desirable, Paris is every shopper's dream. But even the most indefatigable shopper is sure to be overwhelmed by the embarras de richesses. In The Riches of Paris, Maribeth Clemente shares her insider's knowledge of the choicest boutiques, restaurants, wine cellars, and auctions to help you find endless treasures. Whether you're looking for designer fashions, Limoges china, the finest perfumes, the best Bordeaux, or just browsing, The Riches of Paris is an indispensable guide for making your visit to Paris enjoyable and unforgettable.

girlfriends guide to paris: The New Paris Lindsey Tramuta, 2017-04-18 "[Tramuta] draws back the curtain on the city's hipper, more happening side—as obsessed with coffee, creativity, and brunch as Brooklyn or Berlin." —My Little Paris The city long-adored for its medieval beauty, old-timey brasseries, and corner cafés has even more to offer today. In the last few years, a flood of new ideas and creative locals has infused a once-static, traditional city with a new open-minded sensibility and energy. Journalist Lindsey Tramuta offers detailed insight into the rapidly evolving worlds of food, wine, pastry, coffee, beer, fashion, and design in the delightful city of Paris. Tramuta puts the spotlight on the new trends and people that are making France's capital a more whimsical, creative, vibrant, and curious place to explore than its classical reputation might suggest. With hundreds of striking photographs that capture this fresh, animated spirit—and a curated directory of Tramuta's favorite places to eat, drink, stay, and shop—The New Paris shows us the storied City of Light as never before. "The author's vibrant and precise command of English frames this lively collection of insights about cultural change and stories regarding multiple chefs and merchants." —Forbes "As the culinary scene in Paris evolves, a new palate of flavors and styles of eating have emerged, redefining what is 'French cuisine.' The New Paris documents these changes through the lens of bakers, coffee roasters, ice cream makers, chefs, and even food truck owners. A thoughtful, and delicious, look at how Paris continues to delight and excite the palates of visitors and locals." -David Lebovitz, author of My Paris Kitchen

girlfriends guide to paris: Grown: The Black Girls' Guide to Glowing Up Melissa Cummings-Quarry, Natalie A Carter, 2021-09-30 SHORTLISTED FOR CHILDREN'S NON-FICTION BOOK OF THE YEAR AT THE BRITISH BOOK AWARDS 2022 'Thank you for being the baddest in the literary game, knowing and loving us Black girls' CANDICE CARTY-WILLIAMS, author of Queenie 'Such a loving and warm guide and ode to black girls, I am so happy the younger generation have this in their lives' BOLU BABALOLA, author of Love in Colour Your big sis in book form, Grown is the ultimate fully illustrated guide to navigating life as a Black teenage girl. With a foreword from the inimitable Spice Girl Melanie Brown and contributions from inspirational Black women such as Diane Abbott MP, Dorothy Koomson and Candice Carty-Williams and illustrations from Dorcas Magbadelo, Grown is a celebration of Black British girlhood that will empower teens everywhere. Being a teenager and trying to understand who you are and what you stand for is hard. Period. But if you're a Black girl and don't always see yourself represented in the books you read, the films you watch, the adverts you see or the history you're taught, it can be even tougher. Grown: The Black Girls' Guide to Glowing Up was written with one thing in mind sis. You. From understanding identity to the politics of hair to maintaining squad goals to dealing with microaggressions to consent to figuring out what career you might want, Grown has got your back. Natalie A. Carter and Melissa Cummings-Quarry, founders of Black Girls' Book Club, share stories - the wins and the Ls - and offer honest, practical advice that will show you how to own your choices. To live your truth without fear. To be grown on your own terms without limits or apologies. Grown. It's a mood. It's a mindset. It's a mantra. It's a lifestyle. It embodies everything that makes us who we are.

girlfriends guide to paris: Love in the New Millennium Can Xue, 2018-11-20 The most

ambitious work of fiction by a writer widely considered the most important novelist working in China today In this darkly comic novel, a group of women inhabits a world of constant surveillance, where informants lurk in the flowerbeds and false reports fly. Conspiracies abound in a community that normalizes paranoia and suspicion. Some try to flee—whether to a mysterious gambling bordello or to ancestral homes that can only be reached underground through muddy caves, sewers, and tunnels. Others seek out the refuge of Nest County, where traditional Chinese herbal medicines can reshape or psychologically transport the self. Each life is circumscribed by buried secrets and transcendent delusions. Can Xue's masterful love stories for the new millennium trace love's many guises—satirical, tragic, transient, lasting, nebulous, and fulfilling—against a kaleidoscopic backdrop drawn from East and West of commerce and industry, fraud and exploitation, sex and romance.

girlfriends guide to paris: Sitting Pretty Laurie Goldey MFT, 2017-08-21 What does it take to love your life more fully, to feel more focused and productive, and to have deeper, more satisfying relationships with everyone in your life? All it takes is being more mindful and more attuned to your life and what is happening in the moment, whether youre sipping your morning latte, helping your kid with homework, or stuck in traffic on the way to work. Thats what Marriage and Family Therapist and mindfulness practitioner Laurie Goldey discovered more than a decade ago, when, skeptically, she began taking baby steps toward living a more mindful life. What she found was, making tiny changes are all it takes to incorporate noticing into your daily routine, whatever you happen to be doing. Focusing on the task at hand (whether mundane or exceptional) can help you find joy in the most routine or habitual tasks and can bring out your best self, impacting your family, your job, and all of your relationships (especially the one with yourself). If you follow the week-by-week suggestions in this book, you will feel less overwhelmed, less anxious, less likely to spend early-morning hours in bed wide awake, ticking off your to-do list. And thats just the start of the new life ahead of you. Before you know it, youll be sitting pretty.

girlfriends guide to paris: The Girlfriend's Guide to Gods Maria Dahvana Headley, 2020-02-19 From the New York Times bestselling author of The Mere Wife comes Maria Dahvana Headley's Tor.com Original short story The Girlfriend's Guide to Gods Gods won't save you. Gods will break you. Nevertheless, you will persist. And become anew. This is the first myth: that your boyfriend from when you were fifteen will come and get you out of hell. He might come, but he won't get you. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

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after the grief of a loss so difficult. Long-time friends and authors Barbara Ballinger and Margaret Crane have a lot in common. Both lived in the same city for years. Both are writers. Both married their husbands right out of college. Both are mothers of grown children who have left home. And both had aging parents when these difficult journeys began. Both found themselves alone, husbands lost to divorce and death, two separate situations that were equally traumatic—for Barbara, a divorce that took four years to end, and for Margaret, a five-year, gut-wrenching siege of myriad cancers that ended in death. Barbara and Margaret struggled but discovered not only that their new lives were, indeed, worth living, but that the insight gleaned from their experiences could help other people in similar straits. The result is Suddenly Single After 50, an honest and riveting, yet funny and poignant guide that provides advice for those who find themselves divorced, widowed, or otherwise suddenly single just about the time they start getting those AARP cards in the mail and while many of their friends are gleefully discussing retirement plans and toasting milestone wedding anniversaries. Suddenly Single After 50 is told with authenticity, wit, and compassion. They discuss living alone, attending social events alone, eating by themselves, sleeping alone, walking and traveling alone, then how they also came to feel they were not alone, not really, with loyal friends and family. They share how their once right-sized houses suddenly felt empty, too big, and too full of stuff that no longer made sense. They write about all the legal and accounting woes that befell them. And they tell readers what it's like to be over 50 and dating again—after decades out of that scene, which had changed in unfathomable yet often hilarious ways. Suddenly Single After 50 addresses what life is really like when it's suddenly shaped as single. It helps readers understand the grief, frustration, and sadness alongside reawakening into the world. Anyone who finds themselves suddenly single in middle age and beyond--or knows someone who is--will find in these pages both advice and reflection, support, and a way forward.

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