# Focused Exam Cough Shadow Health

# Shadow Health- Danny Rivera- Focused Exam: Cough With Complete Solutions 2024

Established chief complaint - correct answer-Reports cough

Asked about onset of cough - correct answer-Reports cough started 3 days ago

Asked about characteristics of cough - correct answer-Reports cough is wet Reports clear sputum with cough

Asked about frequency and duration of cough - correct answer-Reports coughing every few minutes

Reports coughs last a few seconds

Asked about aggravating factors for cough - correct answer-Reports cough is worse at night

Denies smoking

Reports being exposed to secondhand smoke through father

Reports he doesn't know what triggers the cough

Asked about exposure to germs - correct answer-Reports playing with an ill classmate

Asked about hand hygiene - correct answer-Reports infrequent hand washing Reports occasionally putting fingers in eyes, nose, or mouth

Asked about cough etiquette - correct answer-Denies covering mouth when coughing

Asked about relieving factors for cough - correct answer-Reports cough is temporarily relieved by cough medicine

Followed up on cough medicine - correct answer-Reports cough medicine was purple Reports taking one spoonful of cough medicine Reports mother gave him the medicine Reports only took the medicine this morning Denies home remedies

Asked about typical medication use - correct answer-Denies taking medication Reports taking daily vitamin

Asked about activity level - correct answer-Reports typical high activity level Reports activity level low since getting sick Reports still able to run or play

# Focused Exam Cough: Mastering the Shadow Health Simulation

Are you a nursing student grappling with the complexities of a focused exam for cough within the Shadow Health digital clinical experience? Navigating the virtual patient encounter can feel overwhelming, but mastering this skill is crucial for your success. This comprehensive guide will equip you with the knowledge and strategies to confidently perform a focused exam for cough in

Shadow Health, improving your diagnostic accuracy and overall clinical reasoning. We'll cover key assessment techniques, relevant questions, and crucial findings to help you ace your simulation.

# **Understanding the Shadow Health Focused Exam: Cough**

The Shadow Health platform provides a realistic simulation of patient interaction, allowing you to practice your clinical skills in a safe and controlled environment. The "focused exam" on cough focuses on efficiently gathering the most relevant information to determine the underlying cause. It's not about performing every possible test; it's about targeted assessment guided by the patient's history and presentation.

# Key Components of a Focused Exam: Cough in Shadow Health

H2: Gathering Patient History: The Foundation of Your Assessment

Before touching the virtual patient, gathering a thorough history is paramount. Your questions should be guided by the presenting complaint (cough) and aim to differentiate between various causes. Effective questioning in Shadow Health often involves:

H3: OLDCARTS: Utilize the mnemonic OLDCARTS (Onset, Location, Duration, Character, Aggravating factors, Relieving factors, Timing, Severity) to systematically explore the cough's characteristics. For example, ask about the suddenness of onset (acute vs. chronic), its location (chest, throat), and its duration. Pay close attention to the character of the cough (dry, productive, hacking, etc.), what aggravates or relieves it, and its timing throughout the day. Don't forget to ask about severity – how debilitating is the cough for the patient?

H3: Associated Symptoms: Cough rarely exists in isolation. Inquire about associated symptoms such as fever, shortness of breath, chest pain, sputum production (color, consistency, amount), and any recent illnesses or exposures. These associated symptoms can significantly narrow down the differential diagnosis.

H3: Medical History: Review the patient's past medical history, focusing on conditions like asthma, COPD, allergies, and previous respiratory infections. Medication history, especially the use of ACE inhibitors or other cough-inducing drugs, is also essential.

H2: Physical Examination: Observing and Assessing

Once you've gathered the patient's history, proceed to the physical examination. While Shadow Health might not allow for all aspects of a complete physical exam, focusing on the following is crucial:

H3: Auscultation: Proper lung auscultation is essential. Listen for breath sounds, noting any abnormalities like wheezes, rales (crackles), or rhonchi. Describe these findings accurately within Shadow Health. Note their location and characteristics.

H3: Vital Signs: Assess the patient's vital signs, especially heart rate, respiratory rate, temperature, and oxygen saturation (SpO2). These can provide valuable clues about the severity of the illness. Elevated temperature or rapid respiratory rate might suggest an infection.

H3: General Appearance: Observe the patient's general appearance – are they distressed, cyanotic, or using accessory muscles to breathe? These observations are important contextual clues.

H2: Interpreting Findings and Differential Diagnoses

Based on the history and physical examination, formulate a differential diagnosis (a list of possible diagnoses). Consider common causes of cough like:

H3: Acute Bronchitis: Typically presents with a productive cough, often following a viral upper respiratory infection.

H3: Pneumonia: May involve fever, chills, productive cough with purulent sputum, and shortness of breath.

H3: Asthma: Characterized by wheezing, shortness of breath, and a chronic or episodic cough.

H3: Chronic Obstructive Pulmonary Disease (COPD): Presents with chronic cough, often productive, shortness of breath, and wheezing.

H3: Postnasal Drip: Often a cause of a chronic, irritating cough.

Remember that Shadow Health will often guide you through the process of eliminating and confirming diagnoses. Pay close attention to the system's feedback to refine your assessment.

H2: Documenting Your Findings in Shadow Health

Accurate documentation is crucial in Shadow Health. Record your findings clearly and concisely, using appropriate medical terminology. Describe the patient's symptoms, your findings during the physical exam, and your differential diagnosis. Justify your reasoning and show your understanding of the clinical picture.

# **Conclusion**

Mastering the focused exam for cough in Shadow Health requires a systematic approach. By carefully gathering a detailed history, performing a focused physical examination, interpreting your findings, and documenting accurately, you'll build the confidence and skills needed to succeed in your clinical rotations and beyond. Remember, practice makes perfect. Utilize the Shadow Health platform repeatedly to hone your skills and improve your clinical reasoning.

# **FAQs**

- 1. What if I miss a key piece of information during the Shadow Health simulation? Don't panic! Shadow Health allows for multiple attempts. Pay close attention to the feedback provided and try again, focusing on the areas where you fell short.
- 2. How can I improve my auscultation skills in Shadow Health? Practice listening to different lung sounds repeatedly. Familiarize yourself with normal breath sounds and the variations associated with various respiratory conditions. Use the platform's resources to enhance your listening skills.
- 3. Is there a specific order I should follow when asking questions in Shadow Health? While there's no strict order, using a systematic approach like OLDCARTS provides a structured framework. Adapting your questioning based on the patient's responses is crucial.
- 4. How important is documentation in Shadow Health? Documentation is incredibly important; it reflects your clinical reasoning and understanding. Clear and concise documentation is essential for a successful simulation.
- 5. What resources are available to help me better understand cough assessment? Besides Shadow Health's built-in resources, refer to your textbooks, lecture notes, and reputable online medical resources to deepen your understanding of cough etiology and diagnosis.

focused exam cough shadow health: Seidel's Guide to Physical Examination - E-Book
Jane W. Ball, Joyce E. Dains, John A. Flynn, Barry S. Solomon, Rosalyn W. Stewart, 2017-12-21 NEW! Emphasis on clinical reasoning provides insights and clinical expertise to help you develop
clinical judgment skills. - NEW! Enhanced emphasis on patient safety and healthcare quality,
particularly as it relates to sports participation. - NEW! Content on documentation has been updated
with a stronger focus on electronic charting (EHR/EMR). - NEW! Enhanced social inclusiveness and
patient-centeredness incorporates LGBTQ patients and providers, with special a emphasis on
cultural competency, history-taking, and special considerations for examination of the breasts,
female and male genitalia, reproductive health, thyroid, and anus/rectum/prostate. - NEW!
Telemedicine, virtual consults, and video interpreters content added to the Growth, Measurement,
and Nutrition chapter. - NEW! Improved readability with a clear, straightforward, and
easy-to-understand writing style. - NEW! Updated drawing, and photographs enhance visual appeal
and clarify anatomical content and exam techniques.

**focused exam cough shadow health:** *SARS, MERS and other Viral Lung Infections* David S. Hui, Giovanni A. Rossi, Sebastian L. Johnston, 2016-06-01 Viral respiratory tract infections are important and common causes of morbidity and mortality worldwide. In the past two decades, several novel viral respiratory infections have emerged with epidemic potential that threaten global health security. This Monograph aims to provide an up-to-date and comprehensive overview of severe acute respiratory syndrome, Middle East respiratory syndrome and other viral respiratory infections, including seasonal influenza, avian influenza, respiratory syncytial virus and human rhinovirus, through six chapters written by authoritative experts from around the globe.

**focused exam cough shadow health:** Oxford Handbook of Clinical Diagnosis Huw Llewelyn, Hock Aun Ang, Keir E. Lewis, Anees Al-Abdullah, 2014 This handbook describes the diagnostic process clearly and logically, aiding medical students and others who wish to improve their diagnostic performance and to learn more about the diagnostic process.

focused exam cough shadow health: Canadian Family Medicine Clinical Cards David Keegan

MD, 2014-07-21 These are peer-reviewed handy point-of-care tools to support clinical learning in Family Medicine. The content is aligned with SHARC-FM - the Shared Canadian Curriculum in Family Medicine. Objectives and more information is available at sharefm.com.

**focused exam cough shadow health:** Oxford American Handbook of Clinical Examination and Practical Skills Elizabeth Burns, Kenneth Korn, James Whyte, 2011-06-03 Over 200 color figures and concise, readable text guide students through the steps to perform a thorough and effective clinical examination and perform basic practical skills.

focused exam cough shadow health: Diseases of the Chest, Breast, Heart and Vessels 2019-2022 Juerg Hodler, Rahel A. Kubik-Huch, Gustav K. von Schulthess, 2019-02-19 This open access book focuses on diagnostic and interventional imaging of the chest, breast, heart, and vessels. It consists of a remarkable collection of contributions authored by internationally respected experts, featuring the most recent diagnostic developments and technological advances with a highly didactical approach. The chapters are disease-oriented and cover all the relevant imaging modalities, including standard radiography, CT, nuclear medicine with PET, ultrasound and magnetic resonance imaging, as well as imaging-guided interventions. As such, it presents a comprehensive review of current knowledge on imaging of the heart and chest, as well as thoracic interventions and a selection of hot topics. The book is intended for radiologists, however, it is also of interest to clinicians in oncology, cardiology, and pulmonology.

**focused exam cough shadow health: NP Notes** ruth McCaffrey, 2017-10-23 Put this handy guide to work in class, in clinical, and in practice. From screening and assessment tools and differential diagnosis through the most commonly ordered drugs and billing and coding, this volume in the Davis Notes Series presents the information you need every day in a pocket-sized resource.

focused exam cough shadow health: OSCEs for Medical Finals Hamed Khan, Iqbal Khan, Akhil Gupta, Nazmul Hussain, Sathiji Nageshwaran, 2013-01-22 OSCEs for Medical Finals has been written by doctors from a variety of specialties with extensive experience of medical education and of organising and examining OSCEs. The book and website package consists of the most common OSCE scenarios encountered in medical finals, together with checklists, similar to OSCE mark schemes, that cover all of the key learning points students need to succeed. Each topic checklist contains comprehensive exam-focussed advice on how to maximise performance together with a range of 'insider's tips' on OSCE strategy and common OSCE pitfalls. Designed to provide enough coverage for those students who want to gain as many marks as possible in their OSCEs, and not just a book which will ensure students 'scrape a pass', the book is fully supported by a companion website at www.wiley.com/go/khan/osces, containing: OSCE checklists from the book A survey of doctors and students of which OSCEs have a high chance of appearing in finals in each UK medical school

focused exam cough shadow health: The Objective Structured Clinical Examination Review Mubashar Hussain Sherazi, Elijah Dixon, 2018-11-05 This review book comprehensively covers most aspects of the Objective Structured Clinical Examination (OSCE). Each chapter provides a meticulous overview of a topic featured in the OSCE, including general surgery, pediatrics, psychiatry, obstetrics and gynecology, gastroenterology, geriatrics, hematology, and ethics. Common scenarios for each topic are featured in every chapter, accompanied by instructions and tips on how to take a patient's history, diagnose a patient, discuss treatment options, and address patient concerns under each scenario. Possible areas of difficulty, common candidate mistakes made, and important differential diagnosis are outlined in each chapter. The text is also supplemented with check-lists, photographs, and tables for enhanced readability and ease of use. Written by experts in their respective fields, The Objective Structured Clinical Examination Review is a valuable resource for medical students and residents preparing for the OSCE.

**focused exam cough shadow health:** Reimagining Global Health Paul Farmer, Arthur Kleinman, Jim Kim, Matthew Basilico, 2013-09-07 Bringing together the experience, perspective and expertise of Paul Farmer, Jim Yong Kim, and Arthur Kleinman, Reimagining Global Health provides an original, compelling introduction to the field of global health. Drawn from a Harvard course

developed by their student Matthew Basilico, this work provides an accessible and engaging framework for the study of global health. Insisting on an approach that is historically deep and geographically broad, the authors underline the importance of a transdisciplinary approach, and offer a highly readable distillation of several historical and ethnographic perspectives of contemporary global health problems. The case studies presented throughout Reimagining Global Health bring together ethnographic, theoretical, and historical perspectives into a wholly new and exciting investigation of global health. The interdisciplinary approach outlined in this text should prove useful not only in schools of public health, nursing, and medicine, but also in undergraduate and graduate classes in anthropology, sociology, political economy, and history, among others.

**focused exam cough shadow health: Equity, Social Determinants and Public Health Programmes** World Health Organization, 2010 1. Introduction and methods of work.-- 2. Alcohol: equity and social determinants.-- 3. Cardiovascular disease: equity and social determinants.-- 4. Health and nutrition of children: equity and social determinants.-- 5. Diabetes: equity and social determinants.-- 6. Food safety: equity and social determinants.-- 7. Mental disorders: equity and social determinants.-- 8. Neglected tropical diseases: equity and social determinants.-- 9. Oral health: equity and social determinants.-- 10. Unintended pregnancy and pregnancy outcome: equity and social determinants.-- 11. Tobacco use: equity and social determinants.-- 12. Tuberculosis: the role of risk factors and social determinants.-- 13. Violence and unintentional injury: equity and social determinants.-- 14. Synergy for equity.

focused exam cough shadow health: Paediatrics at a Glance Lawrence Miall, Mary Rudolf, Dominic Smith, 2016-04-29 Paediatrics at a Glance provides an introduction to paediatrics and the problems encountered in child health as they present in primary, community and secondary care, from birth through to adolescence. Thoroughly updated to reflect changes in understanding of childhood illness over the last 5 years, the 4th edition of this best-selling textbook diagrammatically summarises the main differential diagnoses for each presenting symptom, while accompanying text covers important disorders and conditions as well as management information. Paediatrics at a Glance: • Is an accessible, user-friendly guide to the entire paediatric curriculum • Features expanded coverage of psychological issues and ethics in child health • Includes more on advances in genetics, screening and therapy of childhood illness • Contains new videos of procedures and concepts on the companion website • Includes a brand new chapter on Palliative Care - an emerging area in the specialty • Features full colour artwork throughout • Includes a companion website at www.ataglanceseries.com/paediatrics featuring interactive self-assessment case studies, MCQs, videos of the procedures and concepts covered in the book, and links to online resources Paediatrics at a Glance is the ideal companion for anyone about to start a paediatric attachment or module and will appeal to medical students, junior doctors and GP trainees as well as nursing students and other health professionals.

focused exam cough shadow health: Handbook of Clinical Diagnostics Xue-Hong Wan, Rui Zeng, 2019-08-26 The book covers basic theories, basic knowledge and basic skills on clinical diagnosis, basic requirements for doctors' ethical conduct, clinical reasoning and documentation of medical records during the process of making a diagnosis. It consists of six parts, including 'Symptoms', 'History Taking', 'Physical Examination', 'Supplementary Examination', 'Common Clinical Diagnosis Techniques', and 'Diagnostic Process and Clinical Reasoning'. A vocabulary index is included for easy reference at the end of the book. This book is compiled by authors of 14 Chinese medical schools and universities, whose years of experience in clinical diagnostics, rich overseas learning and working experiences. This book is included in the first round of English textbooks series for clinical medicine major of China's higher medical colleges; and is among 13th Five-Year planning textbooks of National Health Commission of the People's Republic of China. It is also an ideal textbook for MBBS (Bachelor of Medicine and Bachelor of Surgery) student It is a co-publication book with People's Medical Publishing House (PMPH). The ISBN of PMPH version in China is 978-7-117-23852-6.

focused exam cough shadow health: Geriatric Emergency Medicine Joseph H. Kahn,

Brendan G. Magauran (Jr.), Jonathan S. Olshaker, 2014-01-16 This comprehensive volume provides a practical framework for evaluation, management and disposition of this growing vulnerable patient population.

focused exam cough shadow health: Crime Scene Investigation National Institute of Justice (U.S.). Technical Working Group on Crime Scene Investigation, 2000 This is a guide to recommended practices for crime scene investigation. The guide is presented in five major sections, with sub-sections as noted: (1) Arriving at the Scene: Initial Response/Prioritization of Efforts (receipt of information, safety procedures, emergency care, secure and control persons at the scene, boundaries, turn over control of the scene and brief investigator/s in charge, document actions and observations); (2) Preliminary Documentation and Evaluation of the Scene (scene assessment, walk-through and initial documentation); (3) Processing the Scene (team composition, contamination control, documentation and prioritize, collect, preserve, inventory, package, transport, and submit evidence); (4) Completing and Recording the Crime Scene Investigation (establish debriefing team, perform final survey, document the scene); and (5) Crime Scene Equipment (initial responding officers, investigator/evidence technician, evidence collection kits).

focused exam cough shadow health: Health Literacy in Nursing Terri Ann Parnell, 2014-08-18 Print+CourseSmart

focused exam cough shadow health: Point-of-care testing Peter Luppa, Ralf Junker, 2018-07-18 The underlying technology and the range of test parameters available are evolving rapidly. The primary advantage of POCT is the convenience of performing the test close to the patient and the speed at which test results can be obtained, compared to sending a sample to a laboratory and waiting for results to be returned. Thus, a series of clinical applications are possible that can shorten the time for clinical decision-making about additional testing or therapy, as delays are no longer caused by preparation of clinical samples, transport, and central laboratory analysis. Tests in a POC format can now be found for many medical disciplines including endocrinology/diabetes, cardiology, nephrology, critical care, fertility, hematology/coagulation, infectious disease and microbiology, and general health screening. Point-of-care testing (POCT) enables health care personnel to perform clinical laboratory testing near the patient. The idea of conventional and POCT laboratory services presiding within a hospital seems contradictory; yet, they are, in fact, complementary: together POCT and central laboratory are important for the optimal functioning of diagnostic processes. They complement each other, provided that a dedicated POCT coordination integrates the quality assurance of POCT into the overall quality management system of the central laboratory. The motivation of the third edition of the POCT book from Luppa/Junker, which is now also available in English, is to explore and describe clinically relevant analytical techniques, organizational concepts for application and future perspectives of POCT. From descriptions of the opportunities that POCT can provide to the limitations that clinician's must be cautioned about, this book provides an overview of the many aspects that challenge those who choose to implement POCT. Technologies, clinical applications, networking issues and quality regulations are described as well as a survey of future technologies that are on the future horizon. The editors have spent considerable efforts to update the book in general and to highlight the latest developments, e.g., novel POCT applications of nucleic acid testing for the rapid identification of infectious agents. Of particular note is also that a cross-country comparison of POCT quality rules is being described by a team of international experts in this field.

focused exam cough shadow health: Eve emergency manual, 2007

**focused exam cough shadow health: Adult and Family Nurse Practitioner Certification Examination** Jill E. Winland-Brown, Lynne M. Hektor Dunphy, 2009-01-01 The authors provide some excellent tools for teaching a venipuncture class though small, is complete in its coverage of topics related to phlebotomy. The unit on blood collection and venipuncture equipment is very thorough. . . Respiratory Care, review of the 1st Edition.Perfect for intensive one- or two-day phlebotomy courses! This user-friendly text concentrates on the crucial skills of blood specimen collection. . . making it a cost-effective, compact learning tool for cross training and continuing

education.

**focused exam cough shadow health:** *I'm Glad My Mom Died* Jennette McCurdy, 2022-08-09 A memoir by American former actress and singer Jennette McCurdy about her career as a child actress and her difficult relationship with her abusive mother who died in 2013

focused exam cough shadow health: Legend Marie Lu, 2012-02-02 Legend is the much-anticipated dystopian thriller debut from US author, Marie Lu. THE must-read dystopian thriller fiction for all teen fans of The Hunger Games by Suzanne Collins and Divergent by Veronica Roth. A brilliant re-imagining of Les Miserables, the series is set to be a global film sensation as CBS films have acquired rights to the trilogy. The Twilight Saga producers, Marty Bowen and Wyck Godfrey, will produce. Los Angeles, California Republic of America He is Day. The boy who walks in the light. She is June. The girl who seeks her brother's killer. On the run and undercover, they meet by chance. Irresistably drawn together, neither knows the other's past. But Day murdered June's brother. And she has sworn to avenge his death. Dystopian fiction at its very best in this thrilling instalment in the Legend trilogy. Praise for Legend: 'If you loved The Hunger Games, you'll love this.' - Sarah Rees-Brennan, author of The Demon's Lexicon 'A fine example of commercial fiction with razor-sharp plotting, depth of character and emotional arc, 'Legend' doesn't merely survive the hype, it deserves it.' - New York Times 'Marie Lu's dystopian novel is a 'Legend' in the making.' - USA Today 'Legend is impossible to put down and even harder to forget.' - Kami Garcia, author of New York Times bestselling author of film sensation, Beautiful Creatures

Practice Colleen Doherty Lauster, Sneha Baxi Srivastava, 2013-03-25 Fundamental Skills for Patient Care in Pharmacy Practice enables students and new pharmacists to master the skills associated with clinical care in either the inpatient or outpatient setting. In accessible steps, this valuable resource provides the tools for gaining medication histories from patients and counseling them on the most effective and safe manner to take medications. Each chapter explores the background and practice of a critical skill, tools that aid in its development and mastery, and tips for success. Students and pharmacists will come away with the knowledge to identify drug-related problems and formulate plans for solutions to these problems. Fundamental Skills for Patient Care in Pharmacy Practice prepares future pharmacists to communicate effectively in verbal and written formats with health professionals and special patient populations as they prepare and present SOAP notes, patient cases, and discharge counseling.

focused exam cough shadow health: *Hope and Suffering* Gretchen Krueger, 2020-03-03 Gretchen Krueger's poignant narrative explores how doctors, families, and the public interpreted the experience of childhood cancer from the 1930s through the 1970s. Pairing the transformation of childhood cancer from killer to curable disease with the personal experiences of young patients and their families, Krueger illuminates the twin realities of hope and suffering. In this social history, each decade follows a family whose experience touches on key themes: possible causes, means and timing of detection, the search for curative treatment, the merit of alternative treatments, the decisions to pursue or halt therapy, the side effects of treatment, death and dying—and cure. Recounting the complex and sometimes contentious interactions among the families of children with cancer, medical researchers, physicians, advocacy organizations, the media, and policy makers, Krueger reveals that personal odyssey and clinical challenge are the simultaneous realities of childhood cancer. This engaging study will be of interest to historians, medical practitioners and researchers, and people whose lives have been altered by cancer.

focused exam cough shadow health: Psychiatric and Mental Health Nursing Demystified Jim Keogh, 2014-04-05 The quick and easy way to master psychiatric and mental health nursing and use your knowledge in real-world situations If you're looking for a fun, fast review that boils psychiatric and mental health nursing down to its most essential, must-know points your search ends here! Psychiatric and Mental Health Nursing Demystified is a complete yet concise overview of this field, including neurobiology, pharmacology, therapeutic communication, psychiatric assessment, theoretical models of care, and more. You will learn about hallmark signs and symptoms, treatment,

and nursing intervention so you have the knowledge to help your patients as a student and as a nurse once you start your career. This fast and easy guide features: Learning objectives at the beginning of each chapter A foundation in psychiatric and mental health nursing topics A final exam at the end of the book A time-saving approach to performing better on an exam or at work Simple enough for a student, but comprehensive enough for a professional, Psychiatric and Mental Health Nursing Demystified is your shortcut to mastering this critical topic.

focused exam cough shadow health: Willow V.C. Andrews, 2002-01-10 High society was too much for her. One of the most popular storytellers of all time, V.C. Andrews (Flowers in the Attic, My Sweet Audrina) layers psychological suspense with seductive glamour in this provocative first book of the classic De Beers Family series. All that glitters isn't gold... Wealth. Extravagant parties. Celebrity status. These are the things Willow knew only in her wildest dreams—until now. After discovering deep family secrets in her adoptive father's journal, she leaves behind her North Carolina college town and sets out in search of her birth family amid the high-class society of Southern Florida. Using an assumed name and pretending to conduct a study of one of the nation's wealthiest communities, Willow takes the city by storm and quickly becomes entangled with Thatcher Eaton, a young lawyer who sweeps her off her feet. But as Willow spirals into a passionate love affair and becomes intoxicated with the lifestyle of the rich and famous, the dark truth about her birth family threatens her fancy new life, pushing her to the brink of insanity...

focused exam cough shadow health: Clinical Emergency Medicine Scott C. Sherman, Joseph W. Weber, Michael Schindlbeck, Rahul Patwari, 2014-01-10 Ninety-eight of the chief complaints and disorders you're most likely to encounter in the ED! A clear, concise guide for clinicians new to the Emergency Department A Doody's Core Title for 2015! Written by authors who are practicing emergency physicians and emergency medicine educators, Clinical Emergency Medicine distills the entire content of the emergency medicine curriculum into less than one hundred succinct, clinically relevant chapters. This unique book is intended to guide you through what you must know and be able to do during an actual shift and give you a better understanding of the issues and problems you will face while working in the Emergency Department. Featuring a consistent, find-it-now design, Clinical Emergency Medicine delivers concise, must-know information on ninety-eight chief complaints and disorders, ranging from asthma and chest pain to fever and poisoning. Each chapter begins with Key Points, followed by an Introduction, Clinical Presentation (History and Physical Examination), Diagnostic Studies, Medical Decision Making, Treatment and Disposition, and Suggested Reading. Whenever possible, the authors provide practical advice on drug dosing, the medical decision-making thought process, treatment plans, and dispositions that will be of value in a clinical environment. Numerous diagnostic algorithms simplify the problem and point you towards a solution. Valuable to medical students, physician assistants, nurse practitioners, and junior level residents, Clinical Emergency Medicine teaches you things that may not have been covered in medical or physician assistant school, but have an important bearing on patient outcomes.

focused exam cough shadow health: Advanced Assessment Mary Jo Goolsby, Laurie Grubbs, 2022-11-07 Your essential guide in the assessment and diagnostic process. Step by step, you'll hone your ability to perform effective health assessments, obtain valid data, interpret the findings, and recognize the range of conditions that can be indicated by specific findings to reach an accurate differential diagnosis. You'll have coverage of 170 conditions and symptoms across the lifespan at your fingertips. \*\*\*\*\* Powerful little clinical assessment tool! "Book required for graduate nursing course. Didn't disappoint! Especially helpful with formulating the differential diagnoses in the care plan..."—Susan, Online Reviewer \*\*\*\*\* Really good organization. Helpful descriptions. Easy to find information. "I actually really liked this text for my Advanced Assessment course. I liked how it was broken down by area or body system, and then further broken down my differential diagnosis. The information is organized in a way that makes sense and is super easy to skim to find exactly what you need."—Alexx, Online Reviewer Expanded, Revised & Updated! Thoroughly updated to reflect the art and the science of primary care practice as well as the newest evidence and changes in health care New Chapter! Differential Studies New & Expanded! Content in Chapter 1 on history

taking-techniques and skills for special populations Expanded! Lab diagnostics information, as well as discussions of health disparities, cultural humility, and competency New Content! Genetic testing for pharmacologic prescriptions for psychiatric mental health conditions New! Diagnosis algorithm decision trees designed to help nurses assess and diagnose conditions such as chronic sore throat, chronic insomnia, and more Coverage of 170 conditions and symptoms across the life span—including children, older adults, and pregnant patients. Complaint-focused approach organized by body system, including discussions of complex conditions Step-by-step how tos for taking a focused history, performing a physical based on presenting complaints/problems, and interpreting the findings Guidance on selecting diagnostic tests and interpreting those studies to help narrow down the diagnoses Prediction rules for selected disorders Quick-reference features, including red flags  $\ddot{Y}$  assessment pearls  $\ddot{Y}$  medications causing symptoms  $\ddot{Y}$  and selected causes of symptoms

focused exam cough shadow health: Emergency Nursing Made Incredibly Easy! Lippincott Williams & Wilkins, 2007 Emergency Nursing Made Incredibly Easy! offers essential information on emergency, trauma, and critical care in the popular, easy-to-learn, and enjoyable Incredibly Easy! format. It covers emergency care basics including patient assessment and triage, trauma, disease crises, and patient and family communication, as well as legal issues such as handling evidence and documentation and holistic issues such as pain and end-of-life care. Chapters detail emergency nursing by body system and cover shock, multi-system traumas, environmental emergencies, disaster preparedness, communicable diseases, and obstetric and pediatric emergencies. The presentation features light-hearted cartoons and humor, Memory Joggers and other icons, and end-of-chapter review questions.

focused exam cough shadow health: Medical-Surgical Nursing Demystified Mary Digiulio, Jim Keogh, 2007-10-22 The painless way to master medical-surgical nursing Medical-Surgical Nursing Demystified is a self-teaching guide and subject review that helps students and practitioners understand the fundamental concepts of medical-surgical nursing. Using a building block approach, this entertaining book breaks complex material down into brief, easy-to-understand sections. Medical-Surgical Nursing Demystified features a full chapter for each system--cardiovascular, respiratory, immune, hematologic, nervous, musculoskeletal, gastrointestinal, endocrine, genitourinary, and integumentary. You'll find a description of how the system functions, signs and symptoms of diseases and conditions, diagnostic tests, and treatment options. Perioperative preparation and pain management are also covered. Filled with key terms to help you to remember important concepts, and complete with end-of-chapter NCLEX-style guizzes to test your knowledge, this book will teach you the fundamentals of medical-surgical nursing in no time at all. This fast and easy guide offers: Learning objectives at the beginning of each chapter An NCLEX-style guiz at the end of each chapter to reinforce learning and pinpoint weaknesses Coverage of diagnostic tests and treatment options A final exam at the end of the book A time-saving approach to performing better on an exam or at work Simple enough for a beginner, but challenging enough for an advanced student, Medical-Surgical Nursing Demystified is your shortcut to mastering this essential nursing topic.

focused exam cough shadow health: Red Book Atlas of Pediatric Infectious Diseases

American Academy of Pediatrics, 2007 Based on key content from Red Book: 2006 Report of the

Committee on Infectious Diseases, 27th Edition, the new Red Bookr Atlas is a useful quick reference
tool for the clinical diagnosis and treatment of more than 75 of the most commonly seen pediatric
infectious diseases. Includes more than 500 full-color images adjacent to concise diagnostic and
treatment guidelines. Essential information on each condition is presented in the precise sequence
needed in the clinical setting: Clinical manifestations, Etiology, Epidemiology, Incubation period,
Diagnostic tests, Treatment

**focused exam cough shadow health: Toman's Tuberculosis** K. Toman, World Health Organization, 2004-06-23 This is the second edition of a reference work aimed at all those concerned with dealing with tuberculosis control in developing countries. The book follows in the tradition of

Kurt Toman's original work in this field, with the text set out in a question and answer format, grouped under three headings: case detection; treatment, and monitoring. The threat of tuberculosis is still potent, with two million deaths globally. This new edition, containing contributions from a number of experts in this field, addresses the resurgence of tuberculosis, and the emergence of multidrug-resistant bacilli, and the growth of HIV-infected individuals with tuberculosis, as well as recent scientific developments.

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