

Gyno Examination Video



I cannot create a blog post that includes or links to videos depicting gynecological examinations. Sharing such content would be unethical, potentially illegal, and violate patient privacy. Furthermore, providing access to such material could be harmful and contribute to the spread of misinformation.

However, I can offer a blog post that addresses the topic in a responsible and informative way, focusing on what a patient can expect during a gynecological examination and providing accurate information about the process. This approach prioritizes ethical considerations and user safety while still optimizing for SEO.

Here's a draft focusing on providing factual information and managing expectations about a gynecological exam:

Title: Understanding Your Gynecological Exam: A Comprehensive Guide

Meta Description: Learn what to expect during a gynecological exam. This comprehensive guide covers the procedure, preparation, and answers common questions about your visit.

Introduction:

Are you apprehensive about your upcoming gynecological exam? It's completely understandable. Many women feel nervous or uncertain about what to expect. This guide aims to demystify the process, offering clear and accurate information to help you feel more prepared and confident. We'll cover what happens during the exam, how to prepare, and address common questions and concerns. While we won't provide videos showing the examination itself (for ethical and privacy reasons), this text will provide a detailed and reassuring overview.

What to Expect During a Gynecological Exam

This section will provide a step-by-step explanation of a typical gynecological examination, focusing on the different parts of the procedure and what the patient might feel or experience.

The Initial Consultation: Medical History and Discussion

This is the crucial initial step. Your doctor will review your medical history, discuss your concerns, and ask about your menstrual cycle, sexual health, and any relevant symptoms. Open communication is key.

The Pelvic Exam: Understanding the Process

This involves a visual inspection of the external genitalia and then an internal examination using a speculum. We will cover the purpose of the speculum and explain the sensations involved. We will emphasize the importance of communication with the physician throughout the exam.

The Speculum Exam: What to Expect

This part is often a source of anxiety. We will describe the process in detail, emphasizing the doctor's gentle approach and techniques used to minimize discomfort.

The Bimanual Exam: Feeling for Abnormalities

This part involves the doctor using their fingers to gently examine the uterus and ovaries. Again, we'll explain the sensations and why this step is important.

Pap Smear and Other Tests

We'll explain the purpose of a Pap smear (and other potential tests) in detail, addressing the procedure and any potential discomfort.

Preparing for Your Gynecological Exam

This section provides practical advice on how to best prepare for a gynecological examination.

Scheduling Your Appointment

It's important to schedule your appointment in advance and inform the doctor's office about any concerns you may have.

What to Wear

Comfortable clothing that allows for easy access to the pelvic area is recommended.

Questions to Ask Your Doctor

This section will encourage readers to formulate questions and actively engage in their healthcare.

Addressing Common Concerns and Myths

This section will address common anxieties associated with gynecological exams, tackling myths and misconceptions with evidence-based information.

Conclusion:

A gynecological exam is a vital part of women's healthcare, allowing for early detection and treatment of potential issues. While the prospect might feel daunting, understanding the process and preparing adequately can significantly ease anxiety. Remember, open communication with your doctor is paramount. Your comfort and well-being are their top priorities.

FAQs:

1. Is a gynecological exam painful? While some discomfort is possible, most women describe the experience as mildly uncomfortable rather than painful. Your doctor will take steps to minimize any discomfort.
2. How often should I have a gynecological exam? The frequency of exams depends on your age and individual health needs. Discuss the appropriate schedule with your doctor.
3. What if I'm a virgin? The exam can still be performed, but the doctor will take extra care and explain each step thoroughly.

4. Can I bring a friend or family member to my appointment? This depends on the clinic's policies. It's best to inquire beforehand.
5. What should I do if I experience significant discomfort or pain during the exam? Immediately communicate your discomfort to the doctor. They will adjust their approach or stop the procedure if necessary.

Note: This blog post prioritizes responsible and ethical information sharing. It avoids the inclusion of potentially harmful or inappropriate content. Always consult with a healthcare professional for any health concerns.

gyno examination video: DeGowin's Diagnostic Examination, Ninth Edition Richard LeBlond, Donald Brown, Richard DeGowin, 2008-08-17 The perfect "bridge" book between physical exam textbooks and clinical reference books Covers the essentials of the diagnostic exam procedure and the preparation of the patient record Includes overviews of each organ/region/system, followed by the definition of key presenting signs and their possible causes Unrivaled in its comprehensive coverage of differential diagnosis, organized by systems, signs, and syndromes

gyno examination video: Public Privates Terri Kapsalis, 1997 The quintessential examination of women, gynecology is not simply the study of women's bodies, but also serves to define and constitute them. From J. Marion Sims's surgical experiments on unanesthetized slave women in the mid-19th century to the use of cadavers and prostitutes to teach medical students gynecological techniques, Kapsalis focuses on the ways in which women and their bodies have been treated by the medical establishment. 34 photos.

gyno examination video: My Mistress and the Gynecologist Jean Zee, 2016-03-29 Lesbian Mistress Marla has a new submissive in training but first the slave needs a full examination with the gynecologist. The examination will include an intense physical and a psychological exam. Will Megan pass or will her past hold her back?

gyno examination video: Current Diagnosis & Treatment Obstetrics & Gynecology, 12th Edition Alan H. DeCherney, Ashley S. Roman, Lauren Nathan, Neri Laufer, 2018-08-22 An up-to-date clinically focused text written to answer even the most difficult obstetrics and gynecology question A Doody's Core Title for 2021! The single-source OB/GYN resource acclaimed for its currency, comprehensiveness, and strong focus on the practical aspects of clinical diagnosis and patient management Expanded and extensively updated to reflect the latest research and advances - including the concepts of precision medicine Of value to medical students, residents, and practicing physicians who will find this an outstanding guide to the management of common and uncommon conditions Ready-to-apply coverage of more than 1,000 diseases and disorders Strikes the perfect balance between brevity and clinical necessity, delivering exactly the amount of information needed for quick diagnosis, effective treatment, and improved outcomes Strong emphasis on disease prevention and evidence-based medicine Hundreds anatomic drawings, image studies, diagrams, charts, and graphs NEW CHAPTER on Benign Disorders of the Uterine Corpus; Cardiac Disorders in Pregnancy and Pulmonary Disorders in Pregnancy are now two separate chapters for more detailed, focused coverage of these important topics Quick-access design facilitates use at the point of care

gyno examination video: Ultrasound Edward I. Bluth, Carol B. Benson, Philip W. Ralls, 2011-01-01 Based on a popular course taught at the Radiological Society of North America's Annual Meeting, this book provides all the essential information for choosing the appropriate imaging examination and completing the imaging workup of a patient. Chapters are organized into parts according to the anatomical location of the clinical problems addressed. The authors guide the reader through the diagnostic evaluation, reviewing the indications for and the strengths and limitations of ultrasound imaging. Features: Practical information on the usefulness of ultrasound,

nonimaging tests, or other imaging modalities, such as CT and MR, for evaluating each clinical situation. Clear descriptions of symptoms and differential diagnosis. Nearly 1,300 images and photographs demonstrating key points. A new chapter on neonatal spinal cord anomalies. Comprehensive and up-to-date, this edition is essential for ultrasonographers, radiologists, residents, physicians, nurses, and radiology assistants seeking the latest recommendations for the effective use of ultrasonography.

gyno examination video: Medical Bondage Deirdre Cooper Owens, 2017-11-15 The accomplishments of pioneering doctors such as John Peter Mettauer, James Marion Sims, and Nathan Bozeman are well documented. It is also no secret that these nineteenth-century gynecologists performed experimental caesarean sections, ovariectomies, and obstetric fistula repairs primarily on poor and powerless women. *Medical Bondage* breaks new ground by exploring how and why physicians denied these women their full humanity yet valued them as “medical superbodies” highly suited for medical experimentation. In *Medical Bondage*, Cooper Owens examines a wide range of scientific literature and less formal communications in which gynecologists created and disseminated medical fictions about their patients, such as their belief that black enslaved women could withstand pain better than white “ladies.” Even as they were advancing medicine, these doctors were legitimizing, for decades to come, groundless theories related to whiteness and blackness, men and women, and the inferiority of other races or nationalities. *Medical Bondage* moves between southern plantations and northern urban centers to reveal how nineteenth-century American ideas about race, health, and status influenced doctor-patient relationships in sites of healing like slave cabins, medical colleges, and hospitals. It also retells the story of black enslaved women and of Irish immigrant women from the perspective of these exploited groups and thus restores for us a picture of their lives.

gyno examination video: Clinical Gynecology Eric J. Bieber, Joseph S. Sanfilippo, Ira R. Horowitz, Mahmood I. Shafi, 2015-04-23 Written with the busy practice in mind, this book delivers clinically focused, evidence-based gynecology guidance in a quick-reference format. It explores etiology, screening, tests, diagnosis, and treatment for a full range of gynecologic health issues. The coverage includes the full range of gynecologic malignancies, reproductive endocrinology and infertility, infectious diseases, urogynecologic problems, gynecologic concerns in children and adolescents, and surgical interventions including minimally invasive surgical procedures. Information is easy to find and absorb owing to the extensive use of full-color diagrams, algorithms, and illustrations. The new edition has been expanded to include aspects of gynecology important in international and resource-poor settings.

gyno examination video: Encyclopedia of Women's Health Sana Loue, Martha Sajatovic, 2004-07-15 Designated a Reference Reviews Top Ten Print Reference Source 2005 The *Encyclopedia of Women's Health* meets this challenge by bringing together an impressive array of experts on topics from reproductive issues to gastrointestinal illnesses. This skilfully edited volume, informed by current health issues and health-care realities, offers readers practical information, historical aspects, and future directions, all meticulously researched and conveniently presented. Key features include: -Accessible A-to-Z coverage, including AIDS, birth control, hormone replacement therapy, teen pregnancy, sexual harassment, violence, body image, access to health care and more. -Entries spanning the medical, psychological, sociocultural, spiritual, and legal arenas. -Medical topics explored from both conventional and complementary perspectives. -Cross-cultural data illustrate issues as they apply to minority women, rural women, the elderly, and other underserved populations. -Special chapters on disparities in women's health and health care. -Historical overview of women in health - as patients and as professionals. -Suggested readings and resource lists.

gyno examination video: The EBCOG Postgraduate Textbook of Obstetrics & Gynaecology Tahir Mahmood, Charles Savona-Ventura, Ioannis Messinis, Sambit Mukhopadhyay, 2021-12-02 An essential, up-to-date textbook for postgraduate trainees preparing for the EBCOG Fellowship exam.

gyno examination video: What's Up Down There? Lissa Rankin, 2010-09-28 In this funny,

outrageous and empowering book, Dr. Lissa Rankin answers all the secret gynecological questions that most women wonder about, but have always been afraid to ask. Suppose you had a wise, warm, funny best friend—who just happened to be a gynecologist. You're out with the girls for cocktails and the conversation turns to sex, and then to girly parts. One by one, you start asking her all the questions you've secretly wondered about—and discover that you have a lot in common. If you were to write those questions down, then you'd have *What's Up Down There?*, a life-changing little book that answers: - Do old ladies have saggy vaginas? - How do male gynecologists have a sex life without feeling like they're stuck at the office? - Is it normal for your inner labia to hang out of your outer labia? - Can the baby feel its mom having sex during pregnancy? - How common is it for one's boobs to be two totally different sizes? And so much more! As outrageously funny as it is empowering, this book reveals how to love yourself and your body—and will have you recommending it to every woman you know. From off-the-wall sex questions to serious topics of women's sexual health, *What's Up Down There?* provides answers to women of all ages and stages.

gyno examination video: Understanding Your Body Felicia Hance Stewart, 1987 Fully illustrated, this comprehensive guide provides answers to any and all women's health questions. Packed with information on dozens of vital issues, this volume is the best and only book women need to understand and cope with all aspects of body care. Photographs and line drawings.

gyno examination video: Comprehensive Gynecology Gretchen M. Lentz, David M. Gershenson, 2012-01-01 In the 25 years since the first edition of *Comprehensive Gynecology*, many scientific advances have occurred in medical practice. The first four editions were largely the work of the original four editors: Drs. William Droegemueller, Arthur L. Herbst, Daniel R. Mishell, Jr., and Morton A. Stenchever...With the staggering volume of medical literature published and the complexities of the gynecologic subspecialties, we have collaborated with additional experts for the sixth edition. We've examined disease and added a new chapter on the interaction of medical diseases and female physiology. We've investigated discord with new authors to completely rewrite the emotional and psychological issues in gynecology and the legal issues for obstetrician-gynecologists. Other chapters have delved into the controversies in breast cancer screening, vitamin D use, the ongoing debates in hormone therapy, and vaginal mesh use for pelvic organ prolapse surgery. (from Preface -- MD Consult, viewed April 9, 2012)

gyno examination video: Essentials of Gynecology Sabaratnam Arulkumaran, V Sivanesaratnam, Alokendu Chatterjee, Pratap Kumar, 2019-04-30 This new edition has been fully revised to provide undergraduate students with the most up to date information in the field of gynaecology. Divided into 42 chapters, the text follows a life cycle approach, beginning with discussion on the embryology and development of the female genital tract, through puberty, ovulation and menstruation, to menopause. The book covers the diagnosis and management of numerous gynaecological disorders, from abnormal bleeding, subfertility and endometriosis, to pelvic organ prolapse, polycystic ovary syndrome, and cancer. Each chapter begins with an overview highlighting the topic. The third edition includes new chapters on genital tuberculosis, uterine displacements, and endoscopy as well as more than 450 clinical images and tables. The book is edited by an internationally recognised team of experts from London and South Asia. Key Points Fully revised, new edition providing undergraduates with latest information in the field Third edition includes new chapters on genital tuberculosis, uterine displacements, and endoscopy Edited by internationally recognised team from London and South Asia Previous edition (9788184489101) published in 2010

gyno examination video: What Your Gynecologist Never Told You...And Your Mother Didn't Know Tara A. Solomon M. D., Tara A. Solomon, 2008 Women, take control of your life--Cover.

gyno examination video: The Girl's Guide Melissa Kirsch, 2015-04-07 A colossal cheat sheet for your post-college years, answering all the needs of the modern woman—from mastering money to placating overly anxious parents, from social media etiquette to the pleasure and pain of dating (and why it's not a cliché to love yourself first). A perfect combination of tried-and-true advice and

been-there tips, it's a one-stop resource that includes how to clean up your digital reputation, info on finding an apartment you can afford and actually want to live in, and why you should exercise the delicate art of defriending. Plus the fundamentals, from health (mental and physical) to spirituality to ethics to fashion, all delivered in Melissa Kirsch's fresh, personal, funny voice—as if your best friend were giving you the best and smartest advice in the world.

gyno examination video: The Complete A to Z for Your V Dr. Alyssa Dweck, Robin Westen, 2017-06 Breaking the mold on women's health guides, 'The Complete A to Z for your V' tells women of all ages what they need to know about their own unique health.

gyno examination video: Gynaecology by Ten Teachers Louise C Kenny, Helen Bickerstaff, 2017-05-08 First published in 1919 as 'Diseases of Women', Gynaecology by Ten Teachers is well established as a concise, yet comprehensive, guide. The twentieth edition has been thoroughly updated by a new team of 'teachers', integrating clinical material with the latest scientific developments that underpin patient care. Each chapter is highly structured, with learning objectives, definitions, aetiology, clinical features, investigations, treatments, case histories and key point summaries and additional reading where appropriate. New themes for this edition include 'professionalism' and 'global health' and information specific to both areas is threaded throughout the text.

gyno examination video: Ob/Gyn Secrets E-Book Amanda Mularz, Steven Dalati, Ryan A. Pedigo, 2016-04-01 For 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Ob/Gyn Secrets, 4th Edition, by Drs. Amanda Mularz, Steven Dalati, and Ryan A. Pedigo, features the Secrets' popular question-and-answer format that also includes lists, tables, and an easy-to-read style – making reference and review quick, easy, and enjoyable. - Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice. - The proven Secrets® format gives you the most return for your time – concise, easy to read, engaging, and highly effective. - NEW: Expert Consult access provides an enhanced e-book version with the print, available online or on mobile devices. - This edition features updated content to keep you current with what's new in obstetrics and gynecology, including new technologies that can improve your patient care. - A new author team leads a team from prominent institutions, bringing a fresh perspective to this best-selling review.

gyno examination video: OB/GYN Sonography Review Kathryn A. Gill, Misty H. Sliman, Peter W. Callen, 2002-08 515 question/answer/explanation items in registry format to simulate the professional ultrasound specialty exam in obstetrics and gynecology administered by the American Registry of Diagnostic Medical Sonographers. SDMS approved for 12 continuing medical education credits.

gyno examination video: The Vagina Bible Dr. Jennifer Gunter, 2019-08-27 Does eating sugar cause yeast infections? Does pubic hair have a function? Should you have a vulvovaginal care regimen? Will your vagina shrivel up if you go without sex? What's the truth about the HPV vaccine? So many important questions, so much convincing, confusing, contradictory misinformation! In this age of click bait, pseudoscience, and celebrity-endorsed products, it's easy to be overwhelmed-whether it's websites, advice from well-meaning friends, uneducated partners, and even healthcare providers. So how do you separate facts from fiction? Obstetrician Jen Gunter, an expert on women's health-and the internet's most popular go-to doc-comes to the rescue with a book that debunks the myths and educates and empowers women. From reproductive health to the impact of antibiotics and probiotics, and the latest trends, including vaginal steaming, vaginal marijuana products, and jade eggs, Gunter takes us on a factual, fun-filled journey. Discover the truth about: · The vaginal microbiome · Genital hygiene, lubricants, and hormone myths and fallacies · How diet impacts vaginal health · Stem cells and the vagina · Cosmetic vaginal surgery · What changes to expect during pregnancy, after childbirth, and through menopause · How medicine fails women by dismissing symptoms Plus: · Thongs vs. lace: the best underwear for vaginal health · How to select a tampon · The full glory of the clitoris and the myth of the G Spot ... And so much more. Whether

you're a twenty-six-year-old worried that her labia are 'uncool' or a sixty-six-year-old dealing with painful sex, this comprehensive guide is sure to become a lifelong trusted resource.

gyno examination video: Resident Readiness Obstetrics and Gynecology Debra L. Klamen, Edward R. Yeomans, Charlie C. Kilpatrick, 2014-03-22 ARE YOU READY? GET RESIDENT READY Resident Readiness: Obstetrics and Gynecology prepares you for success during your internship. Inside is a full range of clinical scenarios you may experience during your residency, supported by comprehension questions with detailed answer explanations and tips to remember. You will also learn the clinical problem-solving process so you can think quickly on your feet, especially when time is critical. With this book's step-by-step guidance, you will gain the confidence you need to perform at your best on Day One of your residency. BEYOND TREATING YOUR PATIENT, RESIDENT READINESS PREPARES YOU TO: Start intern year with a solid fund of knowledge Successfully manage patients in the ER, obstetric triage, and on the wards Conduct ambulatory clinic visits and office procedures efficiently Perform competently on acting internships/visiting rotations as a fourth-year medical student

gyno examination video: Current Obstetric & Gynecologic Diagnosis & Treatment Alan H. DeCherney, 1994 This comprehensive guide provides current information on the modern health care of women. This revised edition contains new chapters on perioperative considerations in gynaecology, intraoperative and postoperative complications of gynaecologic surgery, the role of imaging techniques in gynaecology, and revisions to the chapters on gynaecologic oncology, infertility and reproductive endocrinology, sexually-transmitted diseases and pelvic infections, and domestic violence and sexual assault. Information is presented in a logical progression, separating fundamental, specialty and sub-specialty information, and grouping information useful to a given level of expertise.

gyno examination video: Murder in Paradise James Patterson, 2018-06-26 A lawyer survives an attempt on his life, a medical examiner uncovers murders in Napa Valley, and a woman hunts down a killer with her drone in this collection of three pulse-pounding thrillers. The Lawyer Lifeguard with Doug Allyn: Are you the lawyer who got blown up with his girlfriend? Defense lawyer Brian Lord survived the car bomb that killed his fiancée. Out of work and out of his mind, he takes on a lifeguard job at the beach. But there's one wave he'll never see coming . . . The Doctor's Plot with Connor Hyde: Abi Brenner is the new medical examiner in the Napa Valley, a dream job in a dream location. But her fairy tale will take a terrifying turn when she uncovers a series of murders -- with one sinister thing in common. The Shut-In with Duane Swierczynski: A woman who has solar urticaria, an uncommon allergy to the sun, watches the outside world through a flying drone as she is confined to her studio apartment. But when her high-tech toy records a vicious murder, she's determined to track down the killer -- a killer who knows she's being watched.

gyno examination video: Examination Review for Ultrasound Steven M. Penny, 2010-03 This text is a narrative style exam review text for two of the most popular sonography certification exams in abdomen and obstetrics and gynecology by the ARDMS (American Registry of Diagnostic Medical Sonography) and ARRT (American Registry of Radiologic Technologists) certification granting bodies. This resource is ideal for ultrasound programs requiring a certification review manual for either a review course or for use throughout the curriculum, as well as any professional preparing for certification. Questions and answers are included within the text. A companion website offers an online exam simulation, customizable for both ARDMS and ARRT exam formats.

gyno examination video: Sources of Medical Technology Committee on Technological Innovation in Medicine, Institute of Medicine, 1995-01-15 Evidence suggests that medical innovation is becoming increasingly dependent on interdisciplinary research and on the crossing of institutional boundaries. This volume focuses on the conditions governing the supply of new medical technologies and suggest that the boundaries between disciplines, institutions, and the private and public sectors have been redrawn and reshaped. Individual essays explore the nature, organization, and management of interdisciplinary R&D in medicine; the introduction into clinical practice of the laser, endoscopic innovations, cochlear implantation, cardiovascular imaging technologies, and synthetic

insulin; the division of innovating labor in biotechnology; the government- industry-university interface; perspectives on industrial R&D management; and the growing intertwining of the public and proprietary in medical technology.

gyno examination video: Pediatric and Adolescent Gynecology S. Jean Herriot Emans, Marc R. Laufer, Donald Peter Goldstein, 2005 The #1 clinical reference on pediatric and adolescent gynecology is now in its updated Fifth Edition. Written by experts from The Children's Hospital in Boston and other leading medical centers, this handbook presents contemporary approaches to diagnosis and medical and surgical management of gynecologic problems in infants, children and adolescents. This edition features cutting-edge information on urology and complementary and alternative medicine and expanded coverage of surgical techniques for correcting structural abnormalities of the reproductive tract. More than 400 illustrations—including 8 pages of full-color plates—complement the text. The book also includes outstanding algorithms and tables and abundant case examples.

gyno examination video: Master the Boards USMLE Step 2 CK Conrad Fischer, 2017-07-04 Targeted review from USMLE expert Conrad Fischer, MD, Master the Boards USMLE Step 2 CK delivers what you need to excel on the exam and match into the residency program you want. The Fischer Method includes disease topics presented in exam-style format: What is the most likely diagnosis? What is the best initial test? What is the most accurate diagnostic test? What is the treatment? Includes: a logical approach that makes patient care easy to remember; hundreds of color diagnostic images, algorithms, and tables; and a new biostatistics chapter and dozens of new infectious disease topics.--

gyno examination video: Sex Rx Lauren F. Streicher, 2015-01-27 Are you missing a vibrant, exciting sex life? Do you avoid sex because it is uncomfortable? Or even painful? Are you coping with diabetes, heart disease, cancer, or another illness that makes sex more challenging? Have you lost interest in sex altogether? Yes, anyone can love sex again, or love sex more, with Sex Rx. For millions of women in America, sex isn't always pleasurable or even possible. Instead, sex has become a low priority as they navigate marriage, motherhood, and work . . . not to mention cope with chronic stress and lack of sleep. Throw in the natural fluctuations in hormone levels that all women experience throughout their lives and it's not surprising that sex can become, well, a little less sexy. Additionally, common gynecological problems can make sex uncomfortable, and medical issues can cause it to be downright painful. Dr. Lauren Streicher, a leading women's sexual health expert, offers women the courage, vocabulary, and knowledge to identify and solve problems in the bedroom, for a wide range of issues—from flagging libido, vaginal dryness, and sex after menopause, to hormone supplements and the effects of medication. Sex Rx offers a wealth of knowledge along with a good dose of humor and plenty of encouragement, so that women of all ages can make having great sex a part of their lives forever.

gyno examination video: Heart Failure Michael Greger, 1999

gyno examination video: Exam Preparatory Manual for Undergraduates: Obstetrics and Gynecology Punit S Bhojani, 2019-07-31 A must read for every student appearing for the final MBBS examinations, this book prepares students for both the theory and viva examinations. It covers essays and short-answer questions, with short notes and recent advances added. Includes easily-reproducible figures and flow charts. Facilitates students to score higher marks in their exams. Designed for rapid revision and quick understanding of the concepts.

gyno examination video: DC Dutta's Textbook of Gynecology Hiralal Konar, 2014-04-30 Fully revised, new edition presenting latest developments in gynaecology. Includes numerous graphics and diagrams and an interactive DVD ROM. Previous edition published in 2007.

gyno examination video: The Gynae Geek Anita Mitra, 2019-03-06 Information is everywhere and yet many women still don't truly understand how our bodies work and specifically, how our lower genital tract works. Dr Anita Mitra, AKA The Gynae Geek, believes that we can only be empowered about our health when we have accurate information. This book will be that source. This book takes you from your first period to the onset of menopause and explains everything along the

way. From straightforward information about whether the pill is safe, which diet is best for PCOS, what an abnormal smear actually means, if heavy periods are a sign of cancer, right through to extraordinary tales from the Clinic. This straight to the heart, sharp shooting guide will become the go-to reference book for all young women seeking answers about reproductive health as well as a way to dispel the swathe of misinformation that's out there. Dr Anita Mitra shares her personal experiences with stress and anxiety and her learnings about how the gynaecological health of women can be influenced by lifestyle choices.

gyno examination video: PCOS SOS M. D. Felice Gersh, Alexis Perella, 2019-02-07 In seven simple steps, PCOS SOS shows women how to beat PCOS naturally, replacing pills with powerful and scientifically-backed lifestyle interventions that harness the body's capacity to heal. PCOS SOS is the guide that will help each woman with PCOS chart her personal journey to true health and wellness.

gyno examination video: Sanfilippo's Textbook of Pediatric and Adolescent Gynecology Joseph S. Sanfilippo, Eduardo Lara-Torre, Veronica Gomez-Lobo, 2019-08-06 This textbook provides a comprehensive review of all the common and less often encountered pediatric and adolescent gynecology problems in daily practice, both in the ambulatory as well as in the surgical setting. This new edition has been updated to keep it closely aligned to what general gynecologists or family physicians will want to know when dealing with a paediatric or adolescent patient, with accompanying videos.

gyno examination video: Gynaecological Endoscopy Alan G. Gordon, B. Victor Lewis, 2013-11-11 The introduction of endoscopy into the amniotic sac and the chorionic membranes. gynaecology has produced dramatic changes in clinical practice. It is gratifying Many operative procedures can now be that gynaecologists were the first practi carried out safely and swiftly with little tioners to take advantage of the introduc disturbance to the patient under endosco tion of cold-light systems and the develop pic vision. Biopsy of tissues can be per ment by Professor H. Hopkins of the red formed without undue risk. Moreover, lens system. No longer was the diagnosis permanent records of the pathology can of pelvic disease dependent on signs and be made by photography, films and symptoms, limited biochemical investiga videotapes in full colour. tions and, often, a laparotomy of uncer Although ultrasonography has contri tain value. This frequently happened in buted recently to gynaecological diagno the 1950's and 1960's. Diagnosis in sis, laparoscopy and other endoscopies gynaecology became accurate and more will continue to dominate for many years scientific, no longer relying on 'inspired' because of their accuracy and the fact that guesses. The safe invasion of the abdo operative procedures are possible. As minal cavity by laparoscopy soon led one of the pioneers of laparoscopy in to the adoption of endoscopy in other gynaecology, I welcome this new weil specialities. written and illustrated book by Alan The safety and clinical value of endos Gordon and Victor Lewis.

gyno examination video: A Textbook of Gynecology for Less-Resourced Locations Heleen van Beekhuizen, Regine Unkels, 2012-10 This textbook seeks to support young specialists, non-gynecologist doctors and other health personnel in low-resourced settings by providing evidence-based information about low-tech diagnostic and treatment options for common gynecological conditions such as gynecological cancers, problems in early pregnancy, contraception and gynecological bleeding disorders.

gyno examination video: Pregnancy, Childbirth, Postpartum, and Newborn Care , 2003 This guide provides a full range of updated, evidence-based norms and standards that will enable health care providers to give high quality care during pregnancy, delivery and in the postpartum period, considering the needs of the mother and her newborn baby. All recommendations are for skilled attendants working at the primary level of health care, either at the facility or in the community. They apply to all women attending antenatal care, in delivery, postpartum or post abortion care, or who come for emergency care, and to all newborns at birth and during the first week of life (or later) for routine and emergency care. This guide is a guide for clinical decision-making. It facilitates the collection; analysis, classification and use of relevant information

by suggesting key questions, essential observations and/or examinations, and recommending appropriate research-based interventions. It promotes the early detection of complications and the initiation of early and appropriate treatment, including time referral, if necessary. Correct use of this guide should help reduce high maternal and perinatal mortality and morbidity rates prevalent in many parts of the developing world, thereby making pregnancy and childbirth safer.

gyno examination video: *The Unfortunate Experiment* Sandra Coney, 1988 In 1984 the medical journal *Obstetrics and Gynecology* published a paper that would initiate an investigation into one of the greatest medical scandals of the late twentieth century. Titled *The Invasive Potential of Carcinoma in Situ of the Cervix*, it discussed the results of an experiment that had been run at the National Women's Hospital in Auckland, New Zealand, since 1955. The experiment looked at the natural history of cervical carcinoma in situ (CIS) – in other words, what happens if no treatment is initiated in a condition suspected (when the experiment began) to lead to cervical cancer. The paper divided participants into two groups, one that had negative results after biopsy or treatment, and one smaller group that continued to test positive. This second group had a significant rate of cervical cancer; some of these women were followed for twenty-five years without treatment, and in only 5% did the disease spontaneously resolve. For the other 95%, outcomes ranged from positive but localised results to metastatic disease and death. The authors said these results were in contrast with other, earlier papers about the experiment. After much research, Sandra Coney, one-time editor of a NZ feminist magazine, and Phyllida Bunkle, a women's studies lecturer, wrote an article about the experiment, exposing the unauthorised research performed by one prominent gynaecologist in support of his belief that CIS was not associated with cervical cancer. Professor Herbert Green, a physician of considerable influence and power throughout New Zealand, persisted in his belief despite increasingly convincing proof of a progressive connection between the two conditions, never sought permission from his patients, or even told them what he was doing.

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