

Infection Control Questions And Answers

Answer Sheet – Quiz One – 2019 Diagnostic Test NURS5081

1. Coughing or sneezing into your elbow instead of your hand is a recommended technique

- A. True
- B. False

2. Why do you think it is essential to maintain exemplary infection control practices in the healthcare arena?

- A. Because exposure to pathogens is increased in these settings.
- B. Because a happy patient is a content patient.
- C. Because it is our job as a nursing student.

3. If you wear gloves while providing care, hand hygiene is not required.

- A. True
- B. False

4. The best method to prevent the spread of infectious illness is by:

- A. Staying home when ill
- B. Using hand sanitizer on your hands after you sneeze or cough
- C. Washing your hands when contaminated
- D. All of the above

5. The following organisms can cause illness when transmitted through food, water and on hands:

- A. Bacteria (e.g. Salmonella, E. coli, Campylobacter)
- B. Virus (e.g. Norovirus, Hepatitis A)
- C. Parasites (e.g. Giardia, Ameoba, Cryptosporidium)
- D. All of the above

6. Hand sanitizer can be used effectively in place of hand washing when:

- A. You cough or sneeze into hands
- B. Hand wash facilities are not available
- C. After using the toilet
- D. Before or after handling food
- E. 1 and 2 of above

Infection Control Questions and Answers: A Comprehensive Guide

Infection control is paramount in healthcare settings, workplaces, and even our homes. Understanding the basics of preventing and managing infections can significantly improve health outcomes and safety. This comprehensive guide answers common infection control questions, providing clarity and empowering you to take proactive steps towards a healthier environment. We'll cover everything from hand hygiene to sterilization techniques, offering practical advice and actionable insights for both professionals and the general public.

H2: Understanding Basic Infection Control Principles

Before delving into specific questions, it's crucial to establish a foundational understanding of infection control principles. Infections spread through various routes – airborne, contact (direct or indirect), and droplet transmission. Breaking the chain of infection is key, and this involves interrupting the transmission route at any of its stages.

H3: What are the key elements of infection prevention and control?

The core elements include:

Hand Hygiene: This is the single most effective way to prevent infection spread. Proper handwashing with soap and water or using an alcohol-based hand rub is vital.

Personal Protective Equipment (PPE): Using appropriate PPE, such as gloves, gowns, masks, and eye protection, protects healthcare workers and patients from exposure to infectious agents.

Environmental Cleaning and Disinfection: Regular cleaning and disinfection of surfaces, equipment, and the environment helps reduce the microbial load.

Waste Management: Proper handling and disposal of medical waste prevent the spread of infection.

Isolation Precautions: Implementing appropriate isolation precautions for patients with infectious diseases limits the spread of infection to others.

Vaccination: Vaccinations protect individuals from contracting various infectious diseases.

H2: Common Infection Control Questions and Answers

H3: How often should I wash my hands?

You should wash your hands frequently, especially after using the restroom, before eating, after touching potentially contaminated surfaces, and after coughing or sneezing. The World Health Organization (WHO) recommends washing your hands for at least 20 seconds with soap and water.

H3: What is the difference between sterilization and disinfection?

Sterilization eliminates all forms of microbial life, including spores, while disinfection reduces the number of microorganisms to a safe level. Sterilization is typically achieved through autoclaving or other high-heat methods, while disinfection can be achieved through chemical agents.

H3: What are standard precautions?

Standard precautions are infection control practices used to prevent transmission of infectious agents in healthcare settings. They apply to all patients, regardless of their infection status, and include hand hygiene, the use of PPE, safe injection practices, and proper handling of contaminated items.

H3: How can I prevent the spread of airborne infections?

Airborne infections spread through tiny droplets that remain suspended in the air. Preventing their spread involves proper ventilation, using respirators (N95 masks), and practicing respiratory hygiene (covering coughs and sneezes).

H3: What is the importance of contact precautions?

Contact precautions are implemented for patients with infections that spread through direct or indirect contact. These precautions involve using gloves and gowns when interacting with the patient and their surroundings.

H2: Infection Control in Specific Settings

Infection control practices vary depending on the setting. Healthcare facilities have stringent protocols, while workplaces and homes require a different approach. Regardless of the setting, the fundamental principles remain the same: diligent hygiene, proper cleaning, and awareness of potential risks.

H2: Staying Informed and Up-to-Date

Infection control is an evolving field, with new guidelines and best practices constantly emerging. Staying updated through reputable sources like the CDC and WHO is essential for maintaining optimal infection prevention.

Conclusion:

Effective infection control is a shared responsibility. By understanding the principles and practicing good hygiene habits, we can significantly reduce the risk of infection, protecting ourselves, our families, and our communities. Remember that consistent vigilance and adherence to best practices are key to preventing the spread of infectious diseases.

FAQs:

1. Q: What is the best way to dispose of used needles? A: Used needles should always be disposed of in a designated sharps container to prevent accidental needlesticks.
2. Q: How can I effectively clean and disinfect frequently touched surfaces? A: Use appropriate disinfectants following the manufacturer's instructions. Pay attention to surfaces like doorknobs, light switches, and countertops.
3. Q: Are there any specific guidelines for infection control in childcare settings? A: Yes, childcare facilities have specific guidelines focusing on frequent handwashing, proper diaper changing techniques, and stringent cleaning protocols.
4. Q: What are the signs and symptoms of a healthcare-associated infection (HAI)? A: Signs and symptoms vary widely depending on the type of infection but can include fever, chills, redness, swelling, pain, and drainage at the site of infection.
5. Q: Where can I find more detailed information on infection control? A: Reputable sources for detailed information include the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO) websites.

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Linda Caveney, Barbara Jones, Kimberly Ellis, 2011-08-17 Veterinary Infection Prevention and Control is a practical guide to infection surveillance and control in the veterinary setting. Outlining the steps for designing and implementing an infection control plan, the book offers information on both nosocomial infections and zoonotic diseases to aid the veterinary team in ensuring that veterinary practices and hospitals are safe for both the animal patients and their human caregivers. Veterinary Infection Prevention and Control provides guidelines to creating standard operating procedures for effective and efficient infection control in any veterinary practice. With background information on pathogens, bacteria, and disease transmission, the book focuses on specific infection prevention strategies, including disinfection, sterilization, and isolation. A companion website provides review questions and the figures from the book in PowerPoint. Veterinary Infection Prevention and Control gives practicing veterinarians, technicians, and practice managers in both small and large animal facilities the tools they need to successfully develop an infection-control program.

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Questions and Answers Robert D. Ficalora, 2013-07-08 This question-and-answer companion to Mayo Clinic Internal Medicine Board Review, 10th Edition, tests physicians and physicians-in-training on all relevant material related to the goals set forth by ABIM to ensure the success of internal medicine clinicians. By dividing each chapter according to a major subspecialty and with every question structured as a mock clinical interview, Mayo Clinic Internal Medicine Board Review: Questions and Answers is the perfect study tool for physicians-in-training and practicing clinicians preparing themselves for board examinations in internal medicine.

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Volatile Substances National Health and Medical Research Council (Australia), 2011 These guidelines provide recommendations that outline the critical aspects of infection prevention and control. The recommendations were developed using the best available evidence and consensus methods by the Infection Control Steering Committee. They have been prioritised as key areas to prevent and control infection in a healthcare facility. It is recognised that the level of risk may differ according to the different types of facility and therefore some recommendations should be justified by risk assessment. When implementing these recommendations all healthcare facilities need to consider the risk of transmission of infection and implement according to their specific setting and circumstances.

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Hospitals Julia S. Garner, 1983

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infection control questions and answers: Guidelines on Core Components of Infection Prevention and Control Programmes at the National and Acute Health Care Facility Level World Health Organization, 2017-01-31 Health care-associated infections (HAI) are one of the most common adverse events in care delivery and a major public health problem with an impact on morbidity, mortality and quality of life. At any one time, up to 7% of patients in developed and 10% in developing countries will acquire at least one HAI. These infections also present a significant economic burden at the societal level. However, a large percentage are preventable through effective infection prevention and control (IPC) measures. These new guidelines on the core components of IPC programmes at the national and facility level will enhance the capacity of Member States to develop and implement effective technical and behaviour modifying interventions. They form a key part of WHO strategies to prevent current and future threats from infectious diseases such as Ebola, strengthen health service resilience, help combat antimicrobial resistance (AMR) and improve the overall quality of health care delivery. They are also intended to support

countries in the development of their own national protocols for IPC and AMR action plans and to support health care facilities as they develop or strengthen their own approaches to IPC. These are the first international evidence-based guidelines on the core components of IPC programmes. These new WHO guidelines are applicable for any country and suitable to local adaptations, and take account of the strength of available scientific evidence, the cost and resource implications, and patient values and preferences.

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Tests are divided into the following categories: General Chairside (360 questions total/120 questions per test); Radiation Health and Safety (300 questions total/100 questions per test); Infection Control (300 questions total/100 questions per test). For added convenience, each question is repeated in the answer key with the rationale for the correct choice so the results can be checked.-- From the preface.

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Debbie Weston, 2013-07-03 Reviews of first edition: "This book tells every healthcare professional all they need to know about infection control... A user-friendly, valuable source of knowledge on a subject that can be confusing and complicated." Nursing Standard "A valuable contribution within any health or social environment. Journal of Community Nursing Infection prevention and control is an essential component of nursing care, and a crucially important subject area for both nursing students and qualified nurses. Fundamentals of Infection Prevention and Control gives readers a firm grasp of the principles of infection control, how they relate to clinical practice and the key issues surrounding the subject. It provides a comprehensive guide to the prevention, management and control of healthcare associated infections, and the basic elements of microbiology, immunology and epidemiology that underpin them. Thoroughly revised in line with current policy, this new edition contains brand-new chapters on a range of topics including the role of the Infection Prevention and Control Team, audit and surveillance, and the management of outbreaks. Also incorporating a range of case studies and examples as well as additional online content, it is essential reading for all nursing students as well as qualified nursing and healthcare professionals. Explores both principles and practice of a crucial subject area Accessible and user-friendly, with a range of features to help study including key definitions, links back to clinical practice, and chapter learning outcomes and summaries Accompanied by an online resource centre featuring MCQs, weblinks, case scenarios and downloadable fact sheets Features an increased clinical focus, with more application to practice This title is also available: as a Wiley E-Text, powered by VitalSource: an interactive digital version of the book featuring downloadable text and images, highlighting and note-taking facilities, book-marking, cross-referencing, in-text searching, and linking to references and glossary terms instantly on CourseSmart at www.coursesmart.co.uk/9781118306659. CourseSmart offers extra functionality, as well as an immediate way to review the text. For more details, visit www.coursesmart.com/instructors or www.coursesmart.com/students

infection control questions and answers: *Infection Control and Management of Hazardous Materials for the Dental Team*
Chris H. Miller, BA, MS, PhD, 2013-02-08
Emphasizing patient safety and infection prevention in the dental office, *Infection Control and Management of Hazardous Materials for the Dental Team*, 5th Edition, covers everything from basic concepts in microbiology to protocols for clinical asepsis. Clear, step-by-step instructions make it easy for you to perform safety procedures and use the supplies and equipment needed to prevent the spread of infectious disease. New to this edition are full-color photographs and four new chapters on emerging topics. Written by oral biology and infection control expert Chris Miller, this resource is a must read for every member of the dental team. Comprehensive coverage follows dental assisting and dental hygiene curricula requirements for infection control, ensuring that you learn essential principles and procedures for clinical competence. Easy-to-follow, step-by-step procedures are provided for skills that dental team members must master, each presented with a goal, materials, chronological steps, and rationales for the performance of each step. Key terms begin each chapter and are highlighted within text discussions and defined in a back-of-book glossary. Summary tables and boxes make study easier by highlighting key concepts and procedures. Review questions ensure your comprehension of the material with 5 to 20 multiple-choice questions at the end of each chapter. Practical appendices offer easy access to the most significant regulatory agency rules and recommendations for infection control. Student resources on the Evolve companion website include practice exercises plus review questions and quizzes. NEW! Full-color photographs show the latest equipment, supplies, and procedures and accurately depict concepts in microbiology and the nature of infectious disease. Four NEW chapters cover changing and emerging topics and trends in

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organizations and scientific cooperation in halting the spread of SARS. The report provides an illuminating survey of findings from the epidemic, along with an assessment of what might be needed in order to contain any future outbreaks of SARS or other emerging infections.

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infection control questions and answers: *Tough Questions, Great Answers* Robin Wright, 1997 Tough Questions, Great Answers offers specific guidance for responding to difficult patient questions, such as: How do you set your fees? Do you guarantee your work? Do you treat AIDS patients? How long can this treatment wait? Robin Wright describes how to turn a challenging conversation into a chance to build patient satisfaction with your dental practice. Based on research with U.S. dental professionals, this book gives great answers to nearly one hundred of the most common questions patients have. An excellent resource for the whole dental team.

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