

Max Hastings A Good Girls Guide



Max Hastings: A Good Girl's Guide to Understanding His Complex World

Are you intrigued by the controversial yet undeniably influential journalist and author, Max Hastings? His prolific career, marked by insightful analysis and often unflinching portrayals of

history and current events, has captivated and challenged readers for decades. This blog post serves as a guide, navigating the complexities of Hastings' work and providing a framework for understanding his unique perspective. We'll delve into his key themes, writing style, and the controversies that have shaped his reputation, helping you to engage with his substantial body of work more critically and thoroughly. This isn't just a summary; it's a key to unlocking the nuances of Max Hastings' writing and appreciating his enduring legacy.

H2: Deconstructing Max Hastings' Style: A Blend of History and Journalism

Hastings' writing isn't easily categorized. It blends the meticulous research of a historian with the sharp, often opinionated style of a seasoned journalist. He isn't afraid to express strong viewpoints, but he typically supports them with rigorous evidence drawn from archival research, interviews, and firsthand accounts. This blend sets him apart. While some might criticize his sometimes blunt pronouncements, his commitment to factual accuracy and comprehensive research makes his work compelling, even to those who disagree with his conclusions.

H3: The Importance of Context in Hastings' Writings

Understanding Max Hastings requires an understanding of his historical context. His reporting and analysis are deeply rooted in the events he's covering, acknowledging the complexities and nuances of historical situations. He doesn't shy away from the darker aspects of human nature or the morally ambiguous decisions made by historical figures. This attention to context is crucial for fully appreciating his work's impact and significance.

H4: Examples of Hastings' contextual approach: His works like *Catastrophe: Europe Goes to War, 1914* and *The World War: A New History* meticulously detail the political and social landscapes that led to the First World War, providing a profound understanding far beyond a simple recounting of battles.

H2: Key Themes in Max Hastings' Body of Work

Several recurring themes dominate Hastings' writings:

H3: The Inevitability of War and its Devastating Consequences: Hastings' exploration of war goes beyond mere descriptions of battles. He delves into the human cost, the political machinations, and the long-lasting impacts of conflict, leaving the reader with a profound sense of the devastation and futility of war.

H3: The Fallibility of Leadership and Political Decision-Making: Hastings frequently critiques leadership decisions, revealing the flaws and limitations of those in power. He presents a realistic view of political processes, highlighting the complexities and human frailties that often lead to catastrophic outcomes.

H3: The Importance of Understanding History to Shape the Present: He repeatedly emphasizes the lessons of history, arguing that understanding past mistakes is crucial for preventing future tragedies. His work often serves as a cautionary tale, reminding readers of the consequences of ignoring the lessons of the past.

H2: Navigating the Controversies Surrounding Max Hastings

Hastings' strong opinions and direct writing style have made him a controversial figure. Some critics argue that his viewpoints are overly simplistic or biased. However, this criticism often misses the point: Hastings aims to provoke thought, not simply provide an apolitical overview. He challenges conventional wisdom and forces readers to engage critically with his analyses. His willingness to express unconventional opinions, even if unpopular, is a testament to his intellectual independence.

H2: Max Hastings' Enduring Legacy

Despite the controversies, Max Hastings' impact on journalism and historical writing is undeniable. His commitment to rigorous research, his insightful analysis, and his willingness to challenge established narratives have earned him a respected, albeit occasionally contentious, place in the world of historical scholarship and current events commentary. His work continues to inspire debate and encourages readers to think critically about the world around them. He provides a lens through which to examine the past, understand the present, and perhaps, shape a better future.

Conclusion:

Understanding Max Hastings requires an appreciation for his unique approach to journalism and historical writing. By examining his style, key themes, and the controversies surrounding his work, readers can develop a more nuanced and comprehensive understanding of his significant contributions to the field. His work remains valuable for its rigorous research, sharp insights, and willingness to tackle difficult and sensitive subjects.

FAQs:

1. Is Max Hastings a reliable source? While his opinions are strong and sometimes controversial, Hastings consistently supports his claims with substantial evidence and research, making him a generally reliable source, though always requiring critical engagement.
2. What is Hastings' political leaning? While he often criticizes specific political decisions and leaders across the spectrum, his overall political leaning is difficult to definitively categorize. He prioritizes factual accuracy and critical analysis above strict ideological adherence.
3. Where can I find more of Max Hastings' work? His books are widely available through bookstores and online retailers. His articles and essays have also been published in numerous respected publications.
4. Is Max Hastings' writing suitable for all readers? Due to his frank discussions of war and political complexities, his works might be challenging for younger or less experienced readers.
5. What makes Max Hastings different from other historians and journalists? His unique blend of meticulous historical research and sharply opinionated journalistic style, combined with his willingness to tackle controversial topics, sets him apart from many other writers in the field.

max hastings a good girls guide: A Good Girl's Guide to Murder Holly Jackson, 2020-02-04
THE MUST-READ MULTIMILLION BESTSELLING MYSTERY SERIES—COMING SOON TO NETFLIX! • This is the story about an investigation turned obsession, full of twists and turns and

with an ending you'll never expect. Everyone in Fairview knows the story. Pretty and popular high school senior Andie Bell was murdered by her boyfriend, Sal Singh, who then killed himself. It was all anyone could talk about. And five years later, Pip sees how the tragedy still haunts her town. But she can't shake the feeling that there was more to what happened that day. She knew Sal when she was a child, and he was always so kind to her. How could he possibly have been a killer? Now a senior herself, Pip decides to reexamine the closed case for her final project, at first just to cast doubt on the original investigation. But soon she discovers a trail of dark secrets that might actually prove Sal innocent . . . and the line between past and present begins to blur. Someone in Fairview doesn't want Pip digging around for answers, and now her own life might be in danger. And don't miss the sequel, *Good Girl, Bad Blood!* The perfect nail-biting mystery. —Natasha Preston, #1 New York Times bestselling author

max hastings a good girls guide: *As Good as Dead* Holly Jackson, 2021-09-28 THE MUST-READ MULTIMILLION BESTSELLING MYSTERY SERIES • The final book in the *A Good Girl's Guide to Murder* series that reads like your favorite true crime podcast or show. By the end, you'll never think of good girls the same way again... Pip is about to head to college, but she is still haunted by the way her last investigation ended. She's used to online death threats in the wake of her viral true-crime podcast, but she can't help noticing an anonymous person who keeps asking her: Who will look for you when you're the one who disappears? Soon the threats escalate and Pip realizes that someone is following her in real life. When she starts to find connections between her stalker and a local serial killer caught six years ago, she wonders if maybe the wrong man is behind bars. Police refuse to act, so Pip has only one choice: find the suspect herself—or be the next victim. As the deadly game plays out, Pip discovers that everything in her small town is coming full circle . . . and if she doesn't find the answers, this time she will be the one who disappears. . . And don't miss Holly Jackson's next thriller, *Five Survive!*

max hastings a good girls guide: *The Good Girl's Guide to Being Bad* Cookie O'Gorman, 2020-02-17 Seventeen-year-old Sadie is tired of being a good girl. Her Career Aptitude Test results say she's ideally suited for a career in the clergy (aka a nun), and on top of that, she receives yet another rejection. An aspiring dancer/choreographer, Sadie dreams of being featured on *Dancer's Edge*—but they say she's too sweet, needs more life experience. Her BFF, Kyle, and her oldest friend, 79-year-old Betty, agree: Sadie is in desperate need of a life makeover. But she'll need a coach. Sadie doesn't lie, cheat or steal—heck she doesn't even curse (part of the reason she hasn't checked off anything on her *Carpe Diem* List). Sadie doesn't know the first thing about being bad. But Kyle's twin brother, Colton, does. And he's willing to teach Sadie on one condition: she has to do everything he says for the next month. A dazzling first kiss, two smokin' hot brothers and a bet that changes everything. In this enemies-to-more YA romance, Sadie learns: Breaking the rules can be fun—especially when it leads to happily-ever-after.

max hastings a good girls guide: *The Football Girl* Thatcher Heldring, 2017-04-04 For every athlete or sports fanatic who knows she's just as good as the guys. This is for fans of *The Running Dream* by Wendelin Van Draanen, *Grace, Gold, and Glory* by Gabrielle Douglass and *Breakaway: Beyond the Goal* by Alex Morgan. The summer before Caleb and Tessa enter high school, friendship has blossomed into a relationship . . . and their playful sports days are coming to an end. Caleb is getting ready to try out for the football team, and Tessa is training for cross-country. But all their structured plans derail in the final flag game when they lose. Tessa doesn't want to end her career as a loser. She really enjoys playing, and if she's being honest, she likes it even more than running cross-country. So what if she decided to play football instead? What would happen between her and Caleb? Or between her two best friends, who are counting on her to try out for cross-country with them? And will her parents be upset that she's decided to take her hobby to the next level? This summer Caleb and Tessa figure out just what it means to be a boyfriend, girlfriend, teammate, best friend, and someone worth cheering for. “A great next choice for readers who have enjoyed Catherine Gilbert Murdock's *Dairy Queen* and Miranda Kenneally's *Catching Jordan*.”—SLJ “Fast-paced football action, realistic family drama, and sweet romance...[will have] readers looking

for girl-powered sports stories...find[ing] plenty to like.”—Booklist “Tessa's ferocious competitiveness is appealing.”—Kirkus Reviews “[The Football Girl] serve[s] to illuminate the appropriately complicated emotions both of a young romance and of pursuing a dream. Heldring writes with insight and restraint.”—The Horn Book

max hastings a good girls guide: *The Secret War* Max Hastings, 2016-05-10 Monumental. --New York Times Book Review NEW YORK TIMES BESTSELLER From one of the foremost historians of the period and the acclaimed author of *Inferno* and *Catastrophe: 1914*, *The Secret War* is a sweeping examination of one of the most important yet underexplored aspects of World War II—intelligence—showing how espionage successes and failures by the United States, Britain, Russia, Germany, and Japan influenced the course of the war and its final outcome. Spies, codes, and guerrillas played unprecedentedly critical roles in the Second World War, exploited by every nation in the struggle to gain secret knowledge of its foes, and to sow havoc behind the fronts. In *The Secret War*, Max Hastings presents a worldwide cast of characters and some extraordinary sagas of intelligence and resistance, to create a new perspective on the greatest conflict in history.

max hastings a good girls guide: *ILLBORN* Daniel T. Jackson, 2021-05-28 Long ago, The Lord Aiduel emerged from the deserts of the Holy Land, possessed with divine powers. He used these to forcibly unify the peoples of Angall, before His ascension to heaven.

max hastings a good girls guide: *Get Dirty* Gretchen McNeil, 2015-06-16 Now streaming on Netflix and BBC iPlayer! The Breakfast Club meets *Pretty Little Liars* in Gretchen McNeil's sharp and thrilling sequel to *Get Even*. Perfect for fans of E. Lockhart, Karen M. McManus, and Maureen Johnson. The members of *Don't Get Mad* aren't just mad anymore . . . they're afraid. And with Margot in a coma and Bree under house arrest, it's up to Olivia and Kitty to try to catch their deadly tormentor. But just as the girls are about to go on the offensive, Ed the Head reveals a shocking secret that turns all their theories upside down. The killer could be anyone, and this time he—or she—is out for more than just revenge. The girls desperately try to discover the killer's identity as their own lives are falling apart: Donté is pulling away from Kitty and seems to be hiding a secret of his own, Bree is sequestered under the watchful eye of her mom's bodyguard, and Olivia's mother is on an emotional downward spiral. The killer is closing in, the threats are becoming more personal, and when the police refuse to listen, the girls have no choice but to confront their anonymous “friend” . . . or die trying.

max hastings a good girls guide: *You Were Made to Make a Difference* Max Lucado, Jenna Lucado Bishop, 2010-09-14 This adaptation of *Outlive Your Life* for teens offers practical tips youth can take out into their community to make a difference, plus real-life stories about those who have done just that.

max hastings a good girls guide: *The Guns at Last Light* Rick Atkinson, 2013-05-14 #1 NEW YORK TIMES BESTSELLER The magnificent conclusion to Rick Atkinson's acclaimed *Liberation Trilogy* about the Allied triumph in Europe during World War II It is the twentieth century's unrivaled epic: at a staggering price, the United States and its allies liberated Europe and vanquished Hitler. In the first two volumes of his bestselling *Liberation Trilogy*, Rick Atkinson recounted how the American-led coalition fought through North Africa and Italy to the threshold of victory. Now, in *The Guns at Last Light*, he tells the most dramatic story of all—the titanic battle for Western Europe. D-Day marked the commencement of the final campaign of the European war, and Atkinson's riveting account of that bold gamble sets the pace for the masterly narrative that follows. The brutal fight in Normandy, the liberation of Paris, the disaster that was Operation Market Garden, the horrific Battle of the Bulge, and finally the thrust to the heart of the Third Reich—all these historic events and more come alive with a wealth of new material and a mesmerizing cast of characters. Atkinson tells the tale from the perspective of participants at every level, from presidents and generals to war-weary lieutenants and terrified teenage riflemen. When Germany at last surrenders, we understand anew both the devastating cost of this global conflagration and the enormous effort required to win the Allied victory. With the stirring final volume of this monumental trilogy, Atkinson's accomplishment is manifest. He has produced the definitive chronicle of the war

that unshackled a continent and preserved freedom in the West. One of The Washington Post's Top 10 Books of the Year A Kirkus Reviews Best Nonfiction Book of 2013

max hastings a good girls guide: No Rules Rules Reed Hastings, Erin Meyer, 2020-09-08
The New York Times bestseller Shortlisted for the 2020 Financial Times & McKinsey Business Book of the Year Netflix cofounder Reed Hastings reveals for the first time the unorthodox culture behind one of the world's most innovative, imaginative, and successful companies There has never before been a company like Netflix. It has led nothing short of a revolution in the entertainment industries, generating billions of dollars in annual revenue while capturing the imaginations of hundreds of millions of people in over 190 countries. But to reach these great heights, Netflix, which launched in 1998 as an online DVD rental service, has had to reinvent itself over and over again. This type of unprecedented flexibility would have been impossible without the counterintuitive and radical management principles that cofounder Reed Hastings established from the very beginning. Hastings rejected the conventional wisdom under which other companies operate and defied tradition to instead build a culture focused on freedom and responsibility, one that has allowed Netflix to adapt and innovate as the needs of its members and the world have simultaneously transformed. Hastings set new standards, valuing people over process, emphasizing innovation over efficiency, and giving employees context, not controls. At Netflix, there are no vacation or expense policies. At Netflix, adequate performance gets a generous severance, and hard work is irrelevant. At Netflix, you don't try to please your boss, you give candid feedback instead. At Netflix, employees don't need approval, and the company pays top of market. When Hastings and his team first devised these unorthodox principles, the implications were unknown and untested. But in just a short period, their methods led to unparalleled speed and boldness, as Netflix quickly became one of the most loved brands in the world. Here for the first time, Hastings and Erin Meyer, bestselling author of *The Culture Map* and one of the world's most influential business thinkers, dive deep into the controversial ideologies at the heart of the Netflix psyche, which have generated results that are the envy of the business world. Drawing on hundreds of interviews with current and past Netflix employees from around the globe and never-before-told stories of trial and error from Hastings's own career, *No Rules Rules* is the fascinating and untold account of the philosophy behind one of the world's most innovative, imaginative, and successful companies.

max hastings a good girls guide: Strengthening Forensic Science in the United States
National Research Council, Division on Engineering and Physical Sciences, Committee on Applied and Theoretical Statistics, Policy and Global Affairs, Committee on Science, Technology, and Law, Committee on Identifying the Needs of the Forensic Sciences Community, 2009-07-29 Scores of talented and dedicated people serve the forensic science community, performing vitally important work. However, they are often constrained by lack of adequate resources, sound policies, and national support. It is clear that change and advancements, both systematic and scientific, are needed in a number of forensic science disciplines to ensure the reliability of work, establish enforceable standards, and promote best practices with consistent application. *Strengthening Forensic Science in the United States: A Path Forward* provides a detailed plan for addressing these needs and suggests the creation of a new government entity, the National Institute of Forensic Science, to establish and enforce standards within the forensic science community. The benefits of improving and regulating the forensic science disciplines are clear: assisting law enforcement officials, enhancing homeland security, and reducing the risk of wrongful conviction and exoneration. *Strengthening Forensic Science in the United States* gives a full account of what is needed to advance the forensic science disciplines, including upgrading of systems and organizational structures, better training, widespread adoption of uniform and enforceable best practices, and mandatory certification and accreditation programs. While this book provides an essential call-to-action for congress and policy makers, it also serves as a vital tool for law enforcement agencies, criminal prosecutors and attorneys, and forensic science educators.

max hastings a good girls guide: A Moral Reckoning Daniel Jonah Goldhagen, 2007-12-18
With his first book, *Hitler's Willing Executioners*, Daniel Jonah Goldhagen dramatically revised our

understanding of the role ordinary Germans played in the Holocaust. Now he brings his formidable powers of research and argument to bear on the Catholic Church and its complicity in the destruction of European Jewry. What emerges is a work that goes far beyond the familiar inquiries—most of which focus solely on Pope Pius XII—to address an entire history of hatred and persecution that culminated, in some cases, in an active participation in mass-murder. More than a chronicle, *A Moral Reckoning* is also an assessment of culpability and a bold attempt at defining what actions the Church must take to repair the harm it did to Jews—and to repair itself. Impressive in its scholarship, rigorous in its ethical focus, the result is a book of lasting importance.

max hastings a good girls guide: Unlikely Allies Joel Richard Paul, 2010-11-02 From the author of *Without Precedent and Indivisible*, the gripping true story of how three men used espionage, betrayal, and sexual deception to help win the American Revolution. *Unlikely Allies* is the story of three remarkable historical figures. Silas Deane was a Connecticut merchant and delegate to the Continental Congress as the American colonies struggled to break with England. Caron de Beaumarchais was a successful playwright who wrote *The Barber of Seville* and *The Marriage of Figaro*. And the flamboyant and mysterious Chevalier d'Éon—officer, diplomat, and sometime spy—was the talk of London and Paris. Is the Chevalier a man or a woman? When Deane is sent to France to convince the French government to support the revolutionary cause, he enlists the help of Beaumarchais. Together, they successfully smuggle weapons, ammunition, and supplies to New England just in time for the crucial Battle of Saratoga, which turned the tide of the American Revolution. And the catalyst for Louis XVI's support of the Americans against England was the Chevalier d'Éon, whose decision to declare herself a woman helped to lead to the Franco-American alliance. These three people spin a fascinating web of political intrigue and international politics that stretches across oceans as they ricochet from Versailles to Georgian London to the Pennsylvania State House (now Independence Hall) in Philadelphia. Each man has his own reasons for wanting to see America triumph over the British, and each contends daily with the certainty that no one is what they seem. The line between friends and enemies is blurred, spies lurk in every corner, and the only way to survive is to trust no one. An edge-of-your-seat story full of fascinating characters and lavish with period detail and sense of place, *Unlikely Allies* is Revolutionary history in all of its juicy, lurid glory.

max hastings a good girls guide: Red Plenty Francis Spufford, 2012-02-14 Spufford cunningly maps out a literary genre of his own . . . Freewheeling and fabulous. —The Times (London) Strange as it may seem, the gray, oppressive USSR was founded on a fairy tale. It was built on the twentieth-century magic called the planned economy, which was going to gush forth an abundance of good things that the lands of capitalism could never match. And just for a little while, in the heady years of the late 1950s, the magic seemed to be working. *Red Plenty* is about that moment in history, and how it came, and how it went away; about the brief era when, under the rash leadership of Khrushchev, the Soviet Union looked forward to a future of rich communists and envious capitalists, when Moscow would out-glimmer Manhattan and every Lada would be better engineered than a Porsche. It's about the scientists who did their genuinely brilliant best to make the dream come true, to give the tyranny its happy ending. *Red Plenty* is history, it's fiction, it's as ambitious as Sputnik, as uncompromising as an Aeroflot flight attendant, and as different from what you were expecting as a glass of Soviet champagne.

max hastings a good girls guide: The New Zealand Project Max Harris, 2017-04-11 By any measure, New Zealand must confront monumental issues in the years ahead. From the future of work to climate change, wealth inequality to new populism – these challenges are complex and even unprecedented. Yet why does New Zealand's political discussion seem so diminished, and our political imagination unequal to the enormity of these issues? And why is this gulf particularly apparent to young New Zealanders? These questions sit at the centre of Max Harris's 'New Zealand project'. This book represents, from the perspective of a brilliant young New Zealander, a vision for confronting the challenges ahead. Unashamedly idealistic, *The New Zealand Project* arrives at a time of global upheaval that demands new conversations about our shared future.

max hastings a good girls guide: Cry Korea Reginald Thompson, 2009 A classic piece of war reportage. Challenging, and full of unsavory revelation.

max hastings a good girls guide: *The Adventures of Dr. McNinja Volume 1: Night Powers* Christopher Hastings, 2007-05-15 What's better than an evil unicorn motorcycle, monster gang wars, a tennis match against a god of destruction, and bandidos on velociraptors? Yeah, we couldn't think of anything, either! Award-winning cartoonist Chris Hastings teams up with Dark Horse Books to bring his smash-hit webcomic to print with the first three full-color story arcs of Dr. McNinja, as well as an exclusive story by Benito Cereno and Les McClaine. * Collects Monster Mart, Death Volley, and Doc Gets Rad (previously published at drmcninja.com), and the new, exclusive-to-print story Winter Wonderdome. * Drmcninja.com receives up to 200,000 unique visitors on update days.

max hastings a good girls guide: *The Truth about Keeping Secrets* Savannah Brown, 2020-04-07 From beloved poet and YouTuber Savannah Brown comes this riveting young adult LGBTQ suspense debut, hailed as Both ominous and deliciously twisted (Booklist) and Visceral, pitch-perfect...A captivatingly moody, introspective drama. (Kirkus Reviews) Sometimes it's safer for the truth to stay a secret. Sydney's dad is the only psychiatrist for miles in their small Ohio town. He knows everybody's secrets. Which is why it's so shocking when he's killed in an accident. Grief-stricken Sydney can't understand why the police have no explanation for what happened the night of her dad's car crash. And when June Copeland, the homecoming queen whose life seems perfect, shows up at the funeral, Sydney's confusion grows. Sydney and June grow closer in the wake of the accident, but it's clear that not everyone is happy about their new friendship. What is picture-perfect June hiding? And does Sydney even want to know? This winding mystery of complex grief, imperfect friendships, and burning secrets is perfect for fans of Sadie and Natasha Preston.

max hastings a good girls guide: Proofiness Charles Seife, 2010-09-23 The bestselling author of Zero shows how mathematical misinformation pervades-and shapes-our daily lives. According to MSNBC, having a child makes you stupid. You actually lose IQ points. Good Morning America has announced that natural blondes will be extinct within two hundred years. Pundits estimated that there were more than a million demonstrators at a tea party rally in Washington, D.C., even though roughly sixty thousand were there. Numbers have peculiar powers-they can disarm skeptics, befuddle journalists, and hoodwink the public into believing almost anything. Proofiness, as Charles Seife explains in this eye-opening book, is the art of using pure mathematics for impure ends, and he reminds readers that bad mathematics has a dark side. It is used to bring down beloved government officials and to appoint undeserving ones (both Democratic and Republican), to convict the innocent and acquit the guilty, to ruin our economy, and to fix the outcomes of future elections. This penetrating look at the intersection of math and society will appeal to readers of Freakonomics and the books of Malcolm Gladwell.

max hastings a good girls guide: *Blood River* Tim Butcher, 2008 'Blood River' is a readable account of an African country now virtually inaccessible to the outside world and what is perhaps one of the most daring and adventurous journeys a journalist has made.

max hastings a good girls guide: *The Age of Gold* H. W. Brands, 2008-12-10 From the two-time Pulitzer Prize finalist, bestselling historian, and author of *Our First Civil War*—the epic story of the California Gold Rush, “a fine, robust telling of one of the greatest adventure stories in history (David McCullough, Pulitzer Prize-winning author of *John Adams*). The California Gold Rush inspired a new American dream—the “dream of instant wealth, won by audacity and good luck.” The discovery of gold on the American River in 1848 triggered the most astonishing mass movement of peoples since the Crusades. It drew fortune-seekers from the ends of the earth, accelerated America’s imperial expansion, and exacerbated the tensions that exploded in the Civil War. H.W. Brands tells his epic story from multiple perspectives: of adventurers John and Jessie Fremont, entrepreneur Leland Stanford, and the wry observer Samuel Clemens—side by side with prospectors, soldiers, and scoundrels. He imparts a visceral sense of the distances they traveled, the suffering they endured, and the fortunes they made and lost. Impressive in its scholarship and overflowing with life, *The Age of Gold* is history in the grand traditions of Stephen Ambrose and

David McCullough.

max hastings a good girls guide: *My New Roots* Sarah Britton, 2015-03-31 Holistic nutritionist and highly-regarded blogger Sarah Britton presents a refreshing, straight-forward approach to balancing mind, body, and spirit through a diet made up of whole foods. Sarah Britton's approach to plant-based cuisine is about satisfaction--foods that satiate on a physical, emotional, and spiritual level. Based on her knowledge of nutrition and her love of cooking, Sarah Britton crafts recipes made from organic vegetables, fruits, whole grains, beans, lentils, nuts, and seeds. She explains how a diet based on whole foods allows the body to regulate itself, eliminating the need to count calories. *My New Roots* draws on the enormous appeal of Sarah Britton's blog, which strikes the perfect balance between healthy and delicious food. She is a whole food lover, a cook who makes simple accessible plant-based meals that are a pleasure to eat and a joy to make. This book takes its cues from the rhythms of the earth, showcasing 100 seasonal recipes. Sarah simmers thinly sliced celery root until it mimics pasta for Butternut Squash Lasagna, and whips up easy raw chocolate to make homemade chocolate-nut butter candy cups. Her recipes are not about sacrifice, deprivation, or labels--they are about enjoying delicious food that's also good for you.

max hastings a good girls guide: *The Silent Companions* Laura Purcell, 2017-10-05 LAURA PURCELL'S THRILLING NEW NOVEL THE WHISPERING MUSE IS OUT NOW Winner of the W H Smith Thumping Good Read Award As featured on the Radio 2 Book Club and the Zoe Ball ITV Book Club '[An] extraordinary, memorable and truly haunting book' Jojo Moyes '[It] shone, for originality for the sheer quality of the writing, the characters and some masterly chills' Peter James Some doors are locked for a reason... Newly married, newly widowed Elsie is sent to see out her pregnancy at her late husband's crumbling country estate, The Bridge. With her new servants resentful and the local villagers actively hostile, Elsie only has her husband's awkward cousin for company. Or so she thinks. For inside her new home lies a locked room, and beyond that door lies a two-hundred-year-old diary and a deeply unsettling painted wooden figure - a Silent Companion - that bears a striking resemblance to Elsie herself...

max hastings a good girls guide: *The Deluge* Adam Tooze, 2015-12 A searing and highly original analysis of the First World War and its anguished aftermath—from the prizewinning economist and author of *Shutdown*, *Crashed* and *The Wages of Destruction* Winner of the Los Angeles Times Book Prize - History Finalist for the Kirkus Prize - Nonfiction In the depths of the Great War, with millions dead and no imaginable end to the conflict, societies around the world began to buckle. The heart of the financial system shifted from London to New York. The infinite demands for men and matériel reached into countries far from the front. The strain of the war ravaged all economic and political assumptions, bringing unheard-of changes in the social and industrial order. A century after the outbreak of fighting, Adam Tooze revisits this seismic moment in history, challenging the existing narrative of the war, its peace, and its aftereffects. From the day the United States enters the war in 1917 to the precipice of global financial ruin, Tooze delineates the world remade by American economic and military power. Tracing the ways in which countries came to terms with America's centrality—including the slide into fascism—*The Deluge* is a chilling work of great originality that will fundamentally change how we view the legacy of World War I.

max hastings a good girls guide: *Love, Lucas* Chantele Sedgwick, 2015-05-05 A 2015 Whitney Award Nominee! A powerful story of loss, second chances, and first love, reminiscent of Sarah Dessen and John Green. When Oakley Nelson loses her older brother, Lucas, to cancer, she thinks she'll never recover. Between her parents' arguing and the battle she's fighting with depression, she feels nothing inside but a hollow emptiness. When Mom suggests they spend a few months in California with Aunt Jo, Oakley isn't sure a change of scenery will alter anything, but she's willing to give it a try. In California, Oakley discovers a sort of safety and freedom in Aunt Jo's beach house. Once they're settled, Mom hands her a notebook full of letters addressed to her—from Lucas. As Oakley reads one each day, she realizes how much he loved her, and each letter challenges her to be better and to continue to enjoy her life. He wants her to move on. If only it were that easy. But then a surfer named Carson comes into her life, and Oakley is blindsided. He makes her feel again.

As she lets him in, she is surprised by how much she cares for him, and that's when things get complicated. How can she fall in love and be happy when Lucas never got the chance to do those very same things? With her brother's dying words as guidance, Oakley knows she must learn to listen and trust again. But will she have to leave the past behind to find happiness in the future? Sky Pony Press, with our Good Books, Racehorse and Arcade imprints, is proud to publish a broad range of books for young readers—picture books for small children, chapter books, books for middle grade readers, and novels for young adults. Our list includes bestsellers for children who love to play Minecraft; stories told with LEGO bricks; books that teach lessons about tolerance, patience, and the environment, and much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

max hastings a good girls guide: *Wicked Girls* Stephanie Hemphill, 2010-06-29 From the acclaimed Printz Honor winner author Stephanie Hemphill comes this powerful fictionalized account of the Salem witch trials from the point of view of three of the real young women living in Salem in 1692. Ann Putnam Jr. is the queen bee. When her father suggests a spate of illnesses in the village is the result of witchcraft, she puts in motion a chain of events that will change Salem forever. Mercy Lewis is the beautiful servant in Ann's house who inspires adulation in some and envy in others. With her troubled past, she seizes her only chance at safety. Margaret Walcott, Ann's cousin, is desperately in love. She is torn between staying loyal to her friends and pursuing a life with her betrothed. With new accusations mounting against the men and women of the community, the girls will have to decide: Is it too late to tell the truth?

max hastings a good girls guide: *Retribution* Max Hastings, 2009-03-10 By the summer of 1944 it was clear that Japan's defeat was inevitable, but how the drive to victory would be achieved remained unclear. The ensuing drama—that ended in Japan's utter devastation—was acted out across the vast theater of Asia in massive clashes between army, air, and naval forces. In recounting these extraordinary events, Max Hastings draws incisive portraits of MacArthur, Mao, Roosevelt, Churchill, Stalin, and other key figures of the war in the East. But he is equally adept in his portrayals of the ordinary soldiers and sailors caught in the bloodiest of campaigns. With its piercing and convincing analysis, *Retribution* is a brilliant telling of an epic conflict from a master military historian at the height of his powers.

max hastings a good girls guide: *Kill Joy* Holly Jackson, 2023-02-28 You're invited to the murder mystery party of the year! Fans of the hit series *A Good Girl's Guide to Murder* will love Pip's final detective case in this mystery novella from #1 New York Times bestselling author Holly Jackson. Six suspects. Three hours. One murder... Pip is not in the mood for her friend's murder mystery party. Especially one that involves 1920's fancy dress and pretending that their town is an island called Joy. But when the game begins, Pip finds herself drawn into the make-believe world of intrigue, deception and murder. But as Pip plays detective, teasing out the identity of the killer clue-by-clue, the murder of the fictional Reginald Remy isn't the only case on her mind ...

max hastings a good girls guide: *The Exact Opposite of Okay* Laura Steven, 2019-06-11 "Laura Steven simultaneously destroyed the patriarchy and made me laugh so hard I choked. I will protect Izzy O'Neill with my life." —Becky Albertalli, author of *SIMON VS. THE HOMO SAPIENS AGENDA* Bitingly funny and shockingly relevant, *The Exact Opposite of Okay* is a bold, brave, and necessary read for fans of Louise O'Neill and Jennifer Mathieu. Eighteen-year-old Izzy O'Neill knows exactly who she is—a loyal friend, an aspiring comedian, and a person who believes that milk shakes and Reese's peanut butter cups are major food groups. But after she's caught in a compromising position with the son of a politician, it seems like everyone around her is eager to give her a new label: slut. Izzy is certain that the whole thing will blow over and she can get back to worrying about how she doesn't reciprocate her best friend Danny's feelings for her and wondering how she is ever going to find a way out of their small town. Only it doesn't. And while she's used to laughing her way out of any situation, as she finds herself first the center of high school gossip and then in the middle of a national scandal, it's hard even for her to find humor in the situation. Izzy may be determined

not to let anyone else define who she is, but that proves easier said than done when it seems like everyone has something to say about her.

max hastings a good girls guide: Killing Hitler Roger Moorhouse, 2007-03-27 For the first time in one enthralling book, here is the incredible true story of the numerous attempts to assassinate Adolf Hitler and change the course of history. Disraeli once declared that "assassination never changed anything," and yet the idea that World War II and the horrors of the Holocaust might have been averted with a single bullet or bomb has remained a tantalizing one for half a century. What historian Roger Moorhouse reveals in *Killing Hitler* is just how close—and how often—history came to taking a radically different path between Adolf Hitler's rise to power and his ignominious suicide. Few leaders, in any century, can have been the target of so many assassination attempts, with such momentous consequences in the balance. Hitler's almost fifty would-be assassins ranged from simple craftsmen to high-ranking soldiers, from the apolitical to the ideologically obsessed, from Polish Resistance fighters to patriotic Wehrmacht officers, and from enemy agents to his closest associates. And yet, up to now, their exploits have remained virtually unknown, buried in dusty official archives and obscure memoirs. This, then, for the first time in a single volume, is their story. A story of courage and ingenuity and, ultimately, failure, ranging from spectacular train derailments to the world's first known suicide bomber, explaining along the way why the British at one time declared that assassinating Hitler would be "unsporting," and why the ruthless murderer Joseph Stalin was unwilling to order his death. It is also the remarkable, terrible story of the survival of a tyrant against all the odds, an evil dictator whose repeated escapes from almost certain death convinced him that he was literally invincible—a conviction that had appalling consequences for millions.

max hastings a good girls guide: *The Age of Walls* Tim Marshall, 2019-10-15 Tim Marshall, the New York Times bestselling author of *Prisoners of Geography*, offers "a readable primer to many of the biggest problems facing the world" (Daily Express, UK) by examining the borders, walls, and boundaries that divide countries and their populations. The globe has always been a world of walls, from the Great Wall of China to Hadrian's Wall to the Berlin Wall. But a new age of isolationism and economic nationalism is upon us, visible in Trump's obsession with building a wall on the Mexico border, in Britain's Brexit vote, and in many other places as well. China has the great Firewall, holding back Western culture. Europe's countries are walling themselves against immigrants, terrorism, and currency issues. South Africa has heavily gated communities, and massive walls or fences separate people in the Middle East, Korea, Sudan, India, and other places around the world. In fact, more than a third of the world's nation-states have barriers along their borders. Understanding what is behind these divisions is essential to understanding much of what's going on in the world today. Written in Tim Marshall's brisk, inimitable style, *The Age of Walls* is divided by geographic region. He provides an engaging context that is often missing from political discussion and draws on his real life experiences as a reporter from hotspots around the globe. He examines how walls, borders, and barriers have been shaping our political landscape for hundreds of years, and especially since 2001, and how they figure in the diplomatic relations and geo-political events of today. "Marshall is a skilled explainer of the world as it is, and geography buffs will be pleased by his latest" (Kirkus Reviews). "Accomplished, well researched, and pacy...*The Age of Walls* is for anyone who wants to look beyond the headlines and explore the context of some of the biggest challenges facing the world today, it is a fascinating and fast read" (City AM, UK).

max hastings a good girls guide: *Proust's Duchesses* Caroline Weber, 2019-11-26 From the author of the acclaimed *Queen of Fashion*--a brilliant look at the glittering world of turn-of-the-century Paris through the first in-depth study of the three women Proust used to create his supreme fictional character, the Duchesse de Guermantes. Geneviève Halévy Bizet Straus; Laure de Sade, Comtesse de Adhéaume de Cheigné; and Élisabeth de Riquet de Caraman-Chimay, the Comtesse Greffulhe--these were the three superstars of fin-de-siècle Parisian high society who, as Caroline Weber says, transformed themselves, and were transformed by those around them, into living legends: paragons of elegance, nobility, and style. All well but unhappily married, these

women sought freedom and fulfillment by reinventing themselves, between the 1870s and 1890s, as icons. At their fabled salons, they inspired the creativity of several generations of writers, visual artists, composers, designers, and journalists. Against a rich historical backdrop, Weber takes the reader into these women's daily lives of masked balls, hunts, dinners, court visits, nights at the opera or theater. But we see as well the loneliness, rigid social rules, and loveless, arranged marriages that constricted these women's lives. Proust, as a twenty-year-old law student in 1892, would worship them from afar, and later meet them and create his celebrated composite character for *The Remembrance of Things Past*.

max hastings a good girls guide: The Churchill Sisters Dr. Rachel Trethewey, 2021-12-07 As complex in their own way as their Mitford cousins, Winston and Clementine Churchill's daughters each had a unique relationship with their famous father. Rachel Trethewey's biography, *The Churchill Sisters*, tells their story. Bright, attractive and well-connected, in any other family the Churchill girls – Diana, Sarah, Marigold and Mary – would have shone. But they were not in another family, they were Churchills, and neither they nor anyone else could ever forget it. From their father – 'the greatest Englishman' – to their brother, golden boy Randolph, to their eccentric and exciting cousins, the Mitford Girls, they were surrounded by a clan of larger-than-life characters which often saw them overlooked. While Marigold died too young to achieve her potential, the other daughters lived lives full of passion, drama and tragedy. Diana, intense and diffident; Sarah, glamorous and stubborn; Mary, dependable yet determined – each so different but each imbued with a sense of responsibility toward each other and their country. Far from being cosseted debutantes, these women were eyewitnesses at some of the most important events in world history, at Tehran, Yalta and Potsdam. Yet this is not a story set on the battlefields or in Parliament; it is an intimate saga that sheds light on the complex dynamics of family set against the backdrop of a tumultuous century. Drawing on previously unpublished family letters from the Churchill archives, *The Churchill Sisters* brings Winston's daughters out of the shadows and tells their remarkable stories for the first time.

max hastings a good girls guide: The Never Hero T. Ellery Hodges, 2014-09-12 What if when you died, no one would ever know you were all that stood between man and the enemy? When Jonathan Tibbs awakes in a puddle of his own blood, there isn't a scratch on him to explain it. In the weeks to follow, he comes to find he's been drafted for a war with a violent otherworldly species. A war that only he can remember. Now, the man Jonathan imagined himself becoming is no longer the man who can endure his future. The first installment in this science fiction action adventure series, *The Never Hero* is a gritty and honest look at the psychological journey of a man forced to forge himself into a weapon. Abandoned with little guidance, and at the mercy of a bargain struck far outside his reach, Jonathan races to unlock the means to surmount the odds, and understand the mystery behind a conflict raging outside of time and memory. In the end, the real question is what Jonathan is willing to become to save a planet that will never see his sacrifice.

max hastings a good girls guide: Henry 'Chips' Channon: The Diaries (Volume 1) Chips Channon, 2024-03-21 The Sunday Times bestselling edition of Chips Channon's remarkable diaries. 'The greatest British diarist of the 20th century. An astonishing achievement. By turns frivolous and profound.' Ben Macintyre, *The Times* 'Wickedly entertaining. Genuinely shocking, and still revelatory.' Andrew Marr, *New Statesman* 'An irresistible, saucy read . . . One of the most impressive editions of our time.' *The Telegraph* 'They're among the most glittering and enjoyable diaries ever written' *Observer* _____ Born in Chicago in 1897, 'Chips' Channon settled in England after the Great War, married into the immensely wealthy Guinness family, and served as Conservative MP for Southend-on-Sea from 1935 until his death in 1958. His career was unremarkable. His diaries are quite the opposite. Elegant, gossipy and bitchy by turns, they are the unfettered observations of a man who went everywhere and who knew everybody. Whether describing the antics of London society in the interwar years, or the growing scandal surrounding his close friends Edward VIII and Wallis Simpson during the abdication crisis, or the mood in the House of Commons in the lead up to the Munich crisis, his sense of drama and his eye for the telling detail are unmatched. These are diaries that bring a whole epoch vividly to life.

'Fascinating and sometimes a key historical record. And the man could write.' Daily Mirror 'Fascinating stuff.' The Spectator 'Gripping reading.' The Sunday Times 'Chips perfectly embodied the qualities vital to the task: a capacious ear for gossip, a neat turn of phrase, a waspish desire to tell all, and easy access to the highest social circles across Europe.' Jesse Norman, Financial Times 'A masterpiece of storytelling and character assassination.' Guardian

max hastings a good girls guide: Embers of War Fredrik Logevall, 2012 A history of the four decades leading up to the Vietnam War offers insights into how the U.S. became involved, identifying commonalities between the campaigns of French and American forces while discussing relevant political factors.

max hastings a good girls guide: Happy Valley Nicholas Best, 1979 The story of the English in Kenya began in 1883 when the Scottish explorer Joseph Thomson reached the shores of Lake Victoria, discovering Mount Kenya on the way. It continued with the building of the Mombasa railway; the settling of the White Highlands; and the Mau Mau emergency. Mau Mau was destroyed, but within a few years Kenya became independent under the premiership of Kenyatta. However, the late Kenyatta's plea for tolerance has been heeded and today Kenya has a truly multi-racial society.

max hastings a good girls guide: Sleeping with Strangers David Thomson, 2020-01-14 In this wholly original work of film criticism, David Thomson, celebrated author of *The Biographical Dictionary of Film*, probes the many ways in which sexuality has shaped the movies—and the ways in which the movies have shaped sexuality. Exploring the tangled notions of masculinity, femininity, beauty, and sex that characterize our cinematic imagination—and drawing on examples that range from advertising to pornography, *Bonnie and Clyde* to *Call Me by Your Name*—Thomson illuminates how film as art, entertainment, and business has historically been a polite cover for a kind of erotic séance. In so doing, he casts the art and the artists we love in a new light, and reveals how film can both expose the fault lines in conventional masculinity and point the way past it, toward a more nuanced understanding of what it means to be a person with desires.

max hastings a good girls guide: You Should Have Seen This Coming Shani Michelle, 2022-04-12 Hayden has visions of the past, using her ability to extract justice and cash from her classmates, and Cassie has visions of the future, helplessly watching her boyfriend fall in love with someone else and seeing her own kidnapping--so when Cassie disappears, can Hayden save her in time?

max hastings a good girls guide: Motorcycles & Sweetgrass Drew Hayden Taylor, 2021-06-01 A story of magic, family, a mysterious stranger . . . and a band of marauding raccoons. Otter Lake is a sleepy Anishnawbe community where little happens. Until the day a handsome stranger pulls up astride a 1953 Indian Chief motorcycle - and turns Otter Lake completely upside down. Maggie, the Reserve's chief, is swept off her feet, but Virgil, her teenage son, is less than enchanted. Suspicious of the stranger's intentions, he teams up with his uncle Wayne - a master of aboriginal martial arts - to drive the stranger from the Reserve. And it turns out that the raccoons are willing to lend a hand.

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