My Knight And Shining Armor



My Knight and Shining Armor: Finding Strength and Support in Relationships

Finding "my knight in shining armor" – that ideal partner who sweeps us off our feet and solves all our problems – is a common romantic fantasy. But the reality is far more nuanced and rewarding. This isn't about finding someone to rescue you, but about finding a partner who supports your strength and shares your journey. This post delves into the healthy and unhealthy aspects of this metaphor, exploring what it truly means to find strength and support in a relationship, and how to cultivate a partnership built on mutual respect and empowerment.

What Does "My Knight in Shining Armor" Really Mean?

The phrase "my knight in shining armor" evokes images of fairytale romance: a dashing hero who vanquishes dragons and saves the damsel in distress. While this romantic ideal holds a certain appeal, it's crucial to dissect the underlying message. The problematic aspect is the inherent power imbalance. It paints a picture of one person needing rescuing and another possessing all the power to rescue them. A healthy relationship is built on equality, not on one person being inherently weaker or needing constant saving.

Beyond the Fairytale: Redefining Support and Strength

Instead of seeking a knight to rescue you, focus on finding a partner who understands and respects your autonomy. This means:

Mutual Support: A true partner is someone who celebrates your victories and offers comfort during challenges. They are a teammate, not a savior. This involves sharing responsibilities, both big and small, and understanding that strength comes from collaborative effort.

Emotional Intelligence: A healthy relationship involves partners who can empathize, understand each other's emotional needs, and offer appropriate support. This goes beyond simply fixing problems; it's about actively listening, validating feelings, and offering comfort and understanding.

Shared Growth: The best partnerships are those where both individuals are striving for personal growth. They encourage each other's ambitions, support each other's dreams, and understand that personal evolution is a continuous process. A "knight" should be an encourager, not a controller.

Identifying Unhealthy Dynamics: When "Rescue" Becomes Control

The "knight in shining armor" fantasy can easily mask unhealthy relationship dynamics. Watch out for:

Rescuing Behaviors: If your partner constantly intervenes in ways that undermine your independence or problem-solving skills, it's a red flag. True support empowers you to find your own solutions.

Control and Manipulation: A partner who uses their perceived "strength" to control your decisions, choices, or interactions with others is not a supportive partner. This dynamic is often disguised as "protection" but is essentially a form of manipulation.

Lack of Reciprocity: Healthy relationships involve give-and-take. If the support is one-sided, with one person constantly giving and the other constantly receiving, the dynamic is unbalanced and unsustainable.

Finding Your True Partner: Cultivating Healthy Relationships

Instead of searching for a fairytale knight, focus on building a relationship based on:

Shared Values: Find someone who aligns with your core values and life goals. This shared foundation provides a strong base for mutual support and understanding.

Open Communication: Honest and open communication is the bedrock of any healthy relationship. This involves expressing your needs, listening to your partner's needs, and working together to address challenges.

Mutual Respect: Respect for each other's individuality, opinions, and boundaries is essential. A true partner respects your autonomy and empowers your growth.

Conclusion

The concept of "my knight in shining armor" can be a helpful starting point to identify your desire for support and partnership. However, it's essential to move beyond the fairytale and define what a healthy, supportive relationship truly means. Focus on building a partnership founded on mutual respect, shared growth, and open communication, where both individuals contribute equally to a strong and fulfilling connection. This approach will lead to a far more meaningful and empowering relationship than any fairytale could ever offer.

FAQs

- 1. Is it wrong to want support from a partner? No, wanting support is perfectly healthy. The key is to seek support that fosters your independence and growth, not support that undermines your autonomy.
- 2. How can I avoid falling into an unhealthy "knight in shining armor" dynamic? Be mindful of power imbalances and ensure you maintain your independence and agency in the relationship. Communicate openly about your needs and ensure your partner respects your boundaries.
- 3. What are some signs of a healthy supportive relationship? Look for mutual respect, open communication, shared values, and a balance of give-and-take. Both partners should feel empowered and supported in their individual growth.
- 4. How do I address unhealthy dynamics in my current relationship? Open communication is crucial. Express your concerns directly and respectfully. If the unhealthy dynamics persist despite your efforts, consider seeking professional help from a couples counselor.

5. Can I still feel the romanticism of the "knight in shining armor" metaphor in a healthy way? Absolutely! The romanticism lies in the unwavering support and unwavering love, not in one person's dependence on the other. It's about finding a partner who celebrates your strength and shares your journey, not one who rescues you from it.

my knight and shining armor: A Knight in Shining Armor Jude Deveraux, 2012-03-27 From a New York Times-bestselling author and today's most admired storyteller, here is an unforgettable tale of a most miraculous love affair: a meeting of passion, wit, and true romance between a thoroughly modern woman--and a man who lived 400 years before.

my knight and shining armor: Your Knight in Shining Armor P.B. Wilson, 2006-01-01 P.B. Wilson's Knight in Shining Armor (more than 150,000 copies sold) lets women know that if they desire true love, they need to prepare themselves mentally, physically, and emotionally...and God will bring their knight in shining armor to them. Readers will discover what they need to change and what should stay the same to make themselves attractive to godly men. Principles taught include—emotionally healthy women attract emotionally healthy men dating someone in hopes he'll change later is asking for trouble a potential knight's past reveals how he'll act in the future Practical and realistic, this book helps women break free from ineffective behaviors and attitudes to discover God's design for waiting, dating, and choosing a mate.

my knight and shining armor: Falling in Love with Jesus Gwendolyn Henry, 2019-10-30 As I write this book, under the guidance of the Holy Spirit and as you read this book, my prayer is that we will develop a deeper love for Jesus and began to love Him the way He wants to be loved. JESUS; My Knight- And Shining ArmorOne definition of A Knight - In Shining Armor is: Someone who saves you from a difficult or dangerous situation. Jesus is my Knight in Shining Armor. You see; it was Jesus who saved me from a difficult and dangerous situation. My situation was dangerous because I was lost and did not realize that I was lost. I thought that I was on the right road, but I was so lost. I now realize that If Jesus is not leading you, you are going the wrong way. Oh yes, I thought that I knew Jesus, saying that I love Him, but I did not love Jesus at all. Sure, I went to church, and my parents taught me many things about Jesus and how he died on the cross for my sins. So, I knew a lot about Jesus, but I did not have an Intimate Relationship with Jesus.

my knight and shining armor: <u>Knights in Shining Armor</u> Gail Gibbons, 2008-11-15 A look at the life of knights in the Middle Ages and a collection of tales about their adventures.

my knight and shining armor: My Knight in Shining Armor Turned Out to Be a Loser in Tin Foil Tiffany Elmquist, Stefani Stevenson, 2010-09 The world is full of lonely women, looking for love. They'll try anything: dating sites, speed dates at conference centers, blind dates ... the list goes on. It's not a bad thing to keep your eye out for Mr. Right or to be hopeful and optimistic about finding your very own Prince Charming. But it's also not a bad thing to know how to spot Mr. Wrong. My Knight in Shining Armor Turned out to Be a Loser in Tin Foil is a guidebook for the smart, single women out there-a weapon in your arsenal to protect you from the hidden players and losers on the dating scene. Authors Tiffany Elmquist and Stefani Stevenson review the list of the ten most common characteristics of a dating loser in detail; you won't want to miss a single page! They have compiled experiences from their own lives, designed to entertain and inform. Some of the stories may even relate to your own encounters in the dating world. My Knight in Shining Armor Turned out to Be a Loser in Tin Foil is not about bashing men-it's about the bad apples that make men look bad. Most importantly, it's about helping you avoid Mr. Wrong so you can finally find your own Mr. Right.

my knight and shining armor: My Knight in Shining Armour Turned Out to Be an Asshole Wrapped in Aluminum Foil Bfsc Publishing, 2019-10-10 This 6 X 9 100 page journal notebook is perfect for Valentines Day, Birthday, Christmas, break up gift for men, women, wife, husband, girlfriend, boyfriend, or coworker. Printed on high quality paper.

my knight and shining armor: Her Knight In Shining Armour Robyn Rychards, 2014-03-01 'A wonderful romance with a great HEA that two people really needed.' - Australian Romance

Readers Association She may not need a knight in shining armour to save her, but that doesn't mean she's going to look a gift knight in the visor... Paisley doesn't need a knight in shining armour to rescue her from her high-powered, abusive ex-husband. She's got it covered on her own: she's changed her name, liquidated her assets, and has a plan to disappear in the Rocky Mountain National Park. Psychiatrist Sterling James has absolutely no intention of being anyone's saviour. The only woman he has any time for is his sister. But circumstances change when Sterling finds Paisley in an unexpected and life-threatening situation. Brought in to the drama of her escape, Sterling finds himself invested, and he can't move on until he knows Paisley is going to be safe. It should be a simple enough exercise to get Paisley out of the park and into her new life. But nothing is ever as simple as it should be, and Sterling soon discovers that even if her ex-husband buys the set-up, he might not be able to watch Paisley go...

my knight and shining armor: Lady Knight Tamora Pierce, 2007-12-18 The stunning conclusion to the New York Times bestselling series from the fantasy author who is a legend herself: TAMORA PIERCE. Victory is not always what it seems. Keladry of Mindelan has finally achieved her lifelong dream of becoming a knight—but it's not quite what she imagined. In the midst of a brutal war, Kel has been assigned to oversee a refugee camp. She's sure it's because Lord Wyldon still doesn't see her as equal to the men. Nevertheless, she's learning the importance of caring for people who have been robbed of their homes, wealth, and self-respect. Perhaps this battle is as important as the war with Scanra? When Kel has a vision of the man behind the horrific killing devices that her friends are fighting without her, will she honor her sworn duty . . . or embark on a quest that could turn the tide of the war? More timely than ever, the Protector of the Small series is Anti-Bullying 101 while also touching on issues of bravery, friendship, and dealing humanely with refugees against a backdrop of an action-packed fantasy adventure. Tamora Pierce's books shaped me not only as a young writer but also as a young woman. She is a pillar, an icon, and an inspiration. Cracking open one of her marvelous novels always feels like coming home. —SARAH J. MAAS, #1 New York Times bestselling author Tamora Pierce didn't just blaze a trail. Her heroines cut a swath through the fantasy world with wit, strength, and savvy. Her stories still lead the vanguard today. Pierce is the real lioness, and we're all just running to keep pace. —LEIGH BARDUGO, #1 New York Times bestselling author

my knight and shining armor: Knight in Shining Suit Jerilee Kave, 2014-02-08 Sometimes, getting over pain and betrayal means Getting Up, Getting Even and Getting a Better Man! Astrid has planned out her perfect wedding. That is before she found out that her fiance, Bryan, is cheating on her with her cousin-slash-best-friend-slash-maid-of-honor, Geena. Worse, Bryan got Geena pregnant. Just when Astrid thought it couldn't get any worse, she received an invitation telling her that her Fairy Tale wedding will happen exactly the way she planned it. Except that she is no longer going to be the bride! So when her parents urged her to attend the wedding as family, she planned the perfect revenge. She hired Ryder, the smoking hot bartender she met, to pretend to be the perfect Prince Charming--rich, smart and totally in love with her. Ryder pulled off the role quite well. And soon, everybody thought Astrid was really with a smoking hot guy who wears expensive suits on a daily basis, drives a luxurious sports car, and is totally in love with her. Ryder pulled off the role quite well. And soon, everybody thought Astrid was really with a smoking hot guy who wears expensive suits on a daily basis, drives a luxurious sports car, and is totally in love with her. Astrid invented the perfect guy every girl would kill to date, and every ex-boyfriend would hate to be compared with. Or did she really just invent him? What if she really did kiss a frog and tamed a beast? And her guest for revenge was really the start of her happily ever after?

my knight and shining armor: <u>Knights and Armor Coloring Book</u> A. G. Smith, 1985-01-01 Tegninger, som kan farvelægges

my knight and shining armor: <u>Being Yours</u> Kristi Tailor, 2013-11-15 The first novel in a new interracial contemporary romance series After years of being emotionally tormented and physically abused by her husband, Logan Hedley, formerly known as Logan Reed, finally finds the courage to take her young son, Carter, away from Baltimore, Maryland to seek the comfort and solace of the

South. With two one-way tickets to Wake Forest, North Carolina, Logan is ready to start anew, but a new location doesn't necessarily mean easy street when she finds herself jobless, emotionally wrecked, and with dark secrets from her past that threaten to destroy the very foundation of the new life she worked so hard to build. Jackson Sparrow is a man who knows exactly what he wants and allows nothing to deter his path once he has his eye set on the prize, and in his mind Logan is more than he could have ever asked for, however, it soon becomes apparent that Logan has baggage that may be too heavy for even Jackson to carry, baggage that could cripple any chance they could potentially have at being together. Will the damaging inflictions from Logan's past be too much for Jackson to endure, or will he be the safe haven Logan so desperately needs during this time of turmoil? Is he willing to rise above the madness- to be her beacon of hope after years of suffering at the hands of the only man she ever loved? Only time will tell.

my knight and shining armor: Where There's a Wheel, There's a Way Kyle Pease, 2015-07-17 Where There's a Wheel, There's a Way is a colorful, well illustrated children's book that tells the inspirational story of the life of triathlete and Ironman Kyle Pease. Kyle was born with cerebral palsy and despite spending his life seated in a wheelchair with limited use of his arms, Kyle lives a life filled with much enjoyment and an endless string of personal victories. Where There's a Wheel, There's a Way shares Kyle's story taking us from elementary school student, to high school basketball team manager to competitive athlete and even to Ironman and founder of a non-profit organization, The Kyle Pease Foundation. With the help of his older brother, Brent, Kyle competes in athletic competitions and has twice completed the 140.6 mile Ironman competition. Pease is a college graduate from Kennesaw State University, holds down four jobs and is founder of the Kyle Pease Foundation. The purpose of the Kyle Pease Foundation (KPF) is to create awareness and raise funds to promote success for persons with disabilities by providing assistance to meet their individual needs through sports. Programs may include scholarship opportunities, purchasing of medical equipment or adaptive sports equipment for others or contributing to other organizations that provide similar assistance to disabled persons as well as participating in educational campaigns to create awareness about Cerebral Palsy and other disabilities. KPF will provide these services directly to individuals as well as to partner with other existing non-profit organizations to achieve these goals. Direct benefits will be limited to persons with disabilities who need adaptive sports equipment, mobility devices or medical care.

my knight and shining armor: Remembrance Jude Deveraux, 1997-10 When a successful writer is told by a psychic about a past life in Edwardian England and she is hypnotized to remember her past, a mistake is made and she returns there.

my knight and shining armor: My Knight in Shining Armor Lynne Modranski, my knight and shining armor: Spit and Polish for Husbands Bryan Davis, 2004 Davis shares practical guidelines for men on how to show his wife the respect, the admiration, and the love that drew her to him in the first place. It is also a serious call to follow a biblical code of heroism, challenging men to put on the vestments of Christ--the armor of integrity, honor, and courage.

my knight and shining armor: Knights in Training Heather Haupt, 2017-05-30 Bringing chivalry back into our modern-day world, this book shows us how to inspire today's generation of young boys to pursue honor, courage, and compassion. In an age when respect and honor seem like distant and antiquated relics, how can we equip boys to pursue valor and courageously put the needs of others before their own? This book helps parents to inspire their boys by captivating their imagination and honoring their love for adventure. Heather Haupt explores how knights historically lived out various aspects of the knights' Code of Chivalry, as depicted in the French epic Song of Roland, and how boys can embody these same ideals now. When we issue the challenge and give boys the reasons why it is worth pursuing, we step forward on an incredible journey towards raising the kind of boys who, just like the knights of old, make an impact in their world now and for the rest of their lives.

my knight and shining armor: <u>Master in Shining Armor</u> Sparrow Beckett, 2018-08-21 The author of Finding Master Right returns to the Master Unleashed series with a new erotic romance

with an unexpected surprise. When Juliet Callahan's company lands a contract to renovate Catacombs, a mysterious private BDSM club, she's intrigued. The club's owner, William Ellis, is a bossy, dominant man who drives her up the wall. To find out what Catacombs needs, Juliet agrees to visit the club, never guessing she'll end up having a torrid night of submitting to Will's dominance. Will doesn't want a needy submissive he has to treat with kid gloves, but naïve and proper Juliet is too hard to resist. She responds to him beautifully, but after one scorching night, she runs scared. Before he can figure out what makes the interesting girl tick, an unexpected shock shows up on his doorstep. His ex's baby.

my knight and shining armor: Zara Hossain Is Here Sabina Khan, 2021-04-06 Zara's family has waited years for their visa process to be finalized so that they can officially become US citizens. But it only takes one moment for that dream to come crashing down around them. Seventeen-year-old Pakistani immigrant, Zara Hossain, has been leading a fairly typical life in Corpus Christi, Texas, since her family moved there for her father to work as a pediatrician. While dealing with the Islamophobia that she faces at school, Zara has to lay low, trying not to stir up any trouble and jeopardize their family's dependent visa status while they await their green card approval, which has been in process for almost nine years. But one day her tormentor, star football player Tyler Benson, takes things too far, leaving a threatening note in her locker, and gets suspended. As an act of revenge against her for speaking out, Tyler and his friends vandalize Zara's house with racist graffiti, leading to a violent crime that puts Zara's entire future at risk. Now she must pay the ultimate price and choose between fighting to stay in the only place she's ever called home or losing the life she loves and everyone in it. From the author of the heart-wrenching yet hopeful (Samira Ahmed) novel, The Love and Lies of Rukhsana Ali, comes a timely, intimate look at what it means to be an immigrant in America today, and the endurance of hope and faith in the face of hate.

my knight and shining armor: The White Knight Syndrome: Rescuing Yourself from Your Need to Rescue Others Mary C. Lamia, Marilyn J. Krieger, 2021-08-01 Rescuing others, losing yourself. Are you a white knight? Are you attracted to needy, damaged, or helpless people? Do you feel like your love can heal your partner? Are you overly involved in your partner's problems? Are you hungry for constant reassurance in relationships? Do you make excuses for your partner? Do you try to save people from themselves? In legends and fairytales, the white knight rescues the damsel in distress, falls in love, and saves the day. Real-life white knights are men and women who enter into romantic relationships with damaged and vulnerable partners, hoping that love will transform their partner's behavior or life-a relationship pattern that seldom leads to a storybook ending. If this dynamic sounds familiar to you, you may be a white knight; hoping to receive admiration, validation, or love from your partners, but managing only to cheat yourself out of emotionally healthy relationships. It's time to come to your own rescue, and this book can help. With well-written analysis, engaging insight, and salient case studies, The White Knight Syndrome is a much-needed and well-executed guide to understanding and resolving the white knight syndrome in yourself.

my knight and shining armor: A Knight in Distress Barbara Russell, 2024-07-28 A knight in distress. A damsel in shining armor. A city to protect. Knights are supposed to rescue damsels. So when Nathair, a knight in training, is rescued by the princess he's supposed to protect, he's annoyed. And when the princess proves she can fight like a knight? Well, that's enough for a boy to think about a career change.

my knight and shining armor: Hard Day's Knight Katie MacAlister, 2005 The USA Today bestselling author of Men in Kilts and The Corset Diaries goes medieval. At a modern-day Renaissance faire, one woman is about to meet her knight in tarnished armor.

my knight and shining armor: Don't You Cry Mary Kubica, 2016-05-17 An electrifying tale of deceit and obsession from New York Times bestselling author of The Good Girl Mary Kubica In downtown Chicago, Esther Vaughan disappears from her apartment without a trace. A haunting letter addressed to My Dearest is found among her possessions, leaving her roommate Quinn Collins to question how well she really knew her friend. Meanwhile, in a small town an hour outside

Chicago, a mysterious woman appears in the quiet coffee shop where eighteen-year-old Alex Gallo works as a dishwasher. He is immediately drawn to her, but what starts as an innocent crush quickly spirals into something far more sinister. As Quinn searches for answers about Esther, and Alex is drawn further under the stranger's spell, master of suspense Mary Kubica takes readers on a taut and twisted thrill ride that builds to a stunning conclusion and shows that no matter how fast and far we run, the past always catches up with us. Don't miss Mary Kubica's chilling upcoming novel, She's Not Sorry, where an ICU nurse accidentally uncovers a patient's frightening past... And look for the new editions of The Good Girl, Every Last Lie, Pretty Baby and The Other Mrs. featuring brand new covers! More edge-of-your-seat thrillers by New York Times bestselling author Mary Kubica: Th Good Girl Pretty Baby Every Last Lie When the Lights Go Out Local Woman Missing Just The Nicest Couple The Other Mrs. She's not Sorry

my knight and shining armor: *She's My Knight 1* Saisou, 2021-03-30 Haruma Ichinose, 17, has been popular since he was born. So popular, in fact, that he figured no one could even come close...until he met Yuki Mogami. She's tall, cool, collected, and totally makes him crazy. He may just be in love...but can he deal with falling for someone even more dashing than himself?

my knight and shining armor: A Day of Fire Kate Quinn, Stephanie Dray, Ben Kane, Eliza Knight, Sophie Perinot, Vicky Alvear, 2023-08-08 From six bestselling authors, including New York Times bestseller Kate Quinn, comes a vividly imagined novel following the lives of those in ancient Pompeii on the fateful day Mount Vesuvius erupts. Pompeii was a lively resort flourishing in the shadow of Mount Vesuvius at the height of the Roman Empire. When Vesuvius erupted in an explosion of flame and ash, the entire town would be destroyed. Some of its citizens died in the chaos, some escaped the mountain's wrath . . . and these are their stories: A boy loses his innocence in Pompeii's flourishing streets. An heiress dreads her wedding day, not knowing it will be swallowed by fire. An ex-legionary stakes his entire future on a gladiator bout destined never to be finished. A crippled senator welcomes death, until a tomboy on horseback comes to his rescue. A young mother faces an impossible choice for her unborn child as the ash falls. A priestess and a prostitute seek redemption and resurrection as the town is buried. Six authors bring to life overlapping stories of patricians and slaves, warriors and politicians, villains and heroes who cross each other's paths during Pompeii's fiery end. But who will escape, and who will be buried for eternity?

my knight and shining armor: Psycho Billionaire: A Dark Romance Kashmira Kamat, 2019-10 Kiara Reeves is a down-on-her-luck waitress struggling to make ends meet. After a particularly boring night, she is pushed into a situation that could scar her for life, or worse, end up with her deceased body in a dumpster somewhere. That is, until a handsome knight in shining armor, Jasper Lockhart saves her from this horrific fate. With his intense blue eyes, dark hair, and seductive aura, it doesn't take long for Kiara to fall for her savior. As their relationship slowly progresses, Kiara finds that the mysterious billionaire may be more than what she bargained for. As his calm and cool facade slowly peels off, she soon learns that Jasper Lockhart's true self may be more than what meets the eye . . .

my knight and shining armor: The Knight and the Dragon Tomie dePaola, 1998-02-03 What happens when a sheepish knight and a not-so-fierce dragon fight for the very first time? Well, it's no ordinary battle since the knight has to go to the castle library to learn about dragon-fighting and the dragon must dig through his ancestor's things to find out how to fight a knight! Spontaneity of line and feeling are backed by zesty colors and a jovial, tongue-in-cheek tone to which children can relate—a top springtime choice. —Booklist There's a swirl of good-humored life to the book. —The New York Times Book Review

my knight and shining armor: Nerd in Shining Armor Vicki Lewis Thompson, 2003 Stranded on a desert island after their plane crashes, Genevieve Terrance finds herself attracted to the man who saved her life, shy computer geek Jack Farley, as they are threatened by their boss, handsome Nick Brogan.

my knight and shining armor: Sir Gawain and the Green Knight (A New Verse

Translation), 2008-11-17 One of the earliest great stories of English literature after ?Beowulf?, ?Sir Gawain? is the strange tale of a green knight on a green horse, who rudely interrupts King Arthur's Round Table festivities one Yuletide, challenging the knights to a wager. Simon Armitrage, one of Britain's leading poets, has produced an inventive and groundbreaking translation that helps] liberate ?Gawain ?from academia (?Sunday Telegraph?).

my knight and shining armor: True Love Sarah Gerard, 2020-07-07 A Glamour Best Book of 2020 • A Bustle Best Books of 2020 • Winner of an Audiofile Earphones Award • An Entertainment Weekly 30 Hottest Book of the Summer • A Refinery29 25 Book You'll Want To Read This Summer Selection • A Chicago Review of Books 10 Must-Read Books of the Month • A LitHub Most Anticipated Book of the Year • A The Millions Most Anticipated Book of the Year • A Shondaland 15 Hot Books for Summer One of today's most provocative literary writers—the author of the critically-acclaimed Sunshine State and the Los Angeles Times First Fiction Award finalist Binary Star—captures the confused state of modern romance and the egos that inflate it in a dark comedy about a woman's search for acceptance, identity, and financial security in the rise of Trump. Nina is a struggling writer, a college drop-out, a liar, and a cheater. More than anything she wants love. She deserves it. From the burned-out suburbs of Florida to the anonymous squalor of New York City, she eats through an incestuous cast of characters in search of it: her mother, a narcissistic lesbian living in a nudist polycule; Odessa, a single mom with even worse taste in men than Nina; Seth, an artist whose latest show is comprised of three Tupperware containers full of trash; Brian, whose roller-coaster affair with Nina is the most stable "relationship" in his life; and Aaron, an aspiring filmmaker living at home with his parents, with whom Nina begins to write her magnum opus. Nina's quest for fulfillment is at once darkly comedic, acerbically acute, and painfully human—a scathing critique of contemporary society, and a tender examination of our anguished yearning for connection in an era defined by detachment.

my knight and shining armor: Prince and Knight Daniel Haack, 2020-06

my knight and shining armor: Gracie the Ghost Eater Steven Symes, 2012-09-20 Gracie has an unusual appetite for ghosts, which she has kept secret from everyone she knows, even her parents. Despite her hunger, she only feasts on ghosts that try to scare her as she lays in her bed at night. After Gracie's parents move to a new house located directly across the street from an old cemetery, her late-night eating habits spin so out of control that the ghosts have had enough. The infamously corrupt Ghost Council takes her by force to the underworld where she faces severe punishment for her crimes against the dead. The only chance she has to make it back to the land of the living is to complete three seemingly impossible tasks, which have been chosen by the ghosts, and they are not about to make things easy on her! Gracie must rely on all of her cunning and the help of a few unexpected friends to return home safely, learning along the way that she truly is stronger than she believes.

my knight and shining armor: History of Armour 1100-1700 Paul F Walker, 2013-03-01 The History of Armour 1100 - 1700 offers a detailed account of how armour developed through the Medieval, Tudor, Elizabethan and Civil War eras, carefully itemizing the subtle changes over a six hundred year period. Each chapter focuses on an individual area of body protection, charting the evolution of each piece over time, from helmets and chest protection to arm guards, gauntlets, leg guards and sabatons. The book also encompasses the use of weaponry and its evolution, including protection for the horse. With the aid of the author's superb photographs and illustrations, the book looks at how fashions, as well as its protective qualities, influenced the style of armour. Valuable information has been acquired through the study of effigies over a number of years, and using these existing artifacts, supplemented by the author's meticulous illustrations and practical knowlege of armour construction, it has been possible to reconstruct the design and appearance of a wide range of armour. A meticulous study of the development of the knight's protective armour and weaponry over a six hundred year period. Through the study of effigies over a number of years, the author has been able to reconstruct the design of a wide range of armour. An invaluable resource for historians, re-enactors, collectors and all those with an interest in military or medieval history. Superbly

illustrated with 275 colour photographs and illustrations. Paul Walker gives lectures in armour and weapons for English Heritage and has a lifelong interest in historical warfare.

my knight and shining armor: The Knight in Rusty Armor Robert Fisher, 2017-09-10 The Knight in Rusty Armor is a 1987 novella by Robert Fisher. It tells the tale of a knight obsessed with being a knight, so much so that he spends all his time in his armor and completely alienates his family. One day, he discovers that he cannot take his armor off, not even able to lift his visor for meals. He learns that the wizard Merlin may be able to help him, so he sets out to find him.

my knight and shining armor: The Black Lyon Jude Deveraux, 2011-11-29 A Classic Love Story of a Fearless Lordand the Woman Who Tamed Him Darkly handsome and rich beyond imagining, the boldEnglish conqueror was called "the Black Lyon" for hislionlike ferocity. He had no match among enemies,or women . . . until he met Lyonene, the green-eyedbeauty whose fiery spirit equaled his own. Through a whirlwind romance andstormy marriage, she endured every perilto be by his side, until vicious lies andjealousy drove her into danger. Now only the fierce Black Lyon cansave her—for he alone has thecourage to destroy the ruthlessplot threatening to shatterthe bond of love the Lyon and his ladyvowed would neverbe broken . . .

my knight and shining armor: God - My Knight in Shining Armor Marianne Kurtz, 2013-12-24 This book has a unique way of how letting God be your everything can eliminate the rejection that is caused by false expectations that are set from childhood. Because I am a woman it is mostly geared towards woman and girls but can still be read by anyone.

my knight and shining armor: The Life-Changing Magic of Not Giving a F**k Sarah Knight, 2015-12-31 The word-of-mouth bestseller * Published in more than 30 countries * 3 million copies sold worldwide Are you stressed out, overbooked and underwhelmed by life? Fed up with pleasing everyone else before you please yourself? Finding it hard working from home? Then it's time to stop giving a f**k, and care less to get more. This irreverent and practical book explains how to rid yourself of unwanted obligations, shame, and guilt - and give your f**ks instead to people and things that make you happy. From family dramas to having a bikini body, the simple 'NotSorry Method' for mental decluttering will help you unleash the power of not giving a f**k and will free you to spend your time, energy and money on the things that really matter. 'The anti-guru' Observer 'Absolutely blinding. Read it. Do it.' Mail on Sunday 'Genius' Cosmopolitan 'I love Knight's book even before I start reading . . . Works a charm' Sunday Times Magazine 'Life-affirming . . . The key practice she advocates is devising for yourself a fuck budget . . . It's a beautiful way of streamlining your psyche' Lucy Mangan, Guardian ALSO AVAILABLE FROM SARAH KNIGHT: YOU DO YOU: how to be who you are and use what you've got to get what you want AND Get Your Sh*t Together - the New York Times bestseller helping you organise the f**ks you want and need to give

my knight and shining armor: *Rom Vs. Transformers: Shining Armor* Christos Gage, John Barber, 2018 Originally published as Rom vs. the Transformers: shining armor issues #1-5--Title page verso.

my knight and shining armor: Beat by Beat Kaylee Ryan, 2021-09-04 Wren Being a single mom is not how I envisioned life would turn out. But after my happily ever after ended way too soon, I'm doing my best and taking each day as it comes. Life is full of surprises, though, both good and bad... like Marshall Riggins coming to my rescue in the pharmacy line. The gorgeous Riggins brother has a heart of gold and looks mighty fine as a knight in shining armor, but I don't need a handout nor the distraction. Too bad my heart doesn't get the memo. Suddenly he's everywhere I am. With his stubborn smile and dark blue eyes, he sees way more than I wish he would. He looks beyond the broken fragments of my being and still wants me. I can't help but think maybe he's my second chance at a happy ending. Marshall After watching my brothers find their magic and settling down, it's time to admit I want what they have. It's not just about the passion but the soul connection. The beautiful brunette fumbling through her purse in front of me in line doesn't just catch my attention. She steals my heart. Wren Wheeler is as stubborn as the day is long. The gorgeous single mom doesn't want to accept my help... or my friendship. But her adorable baby girl doesn't agree. In fact, she loves me. And the longer I spend with both of them, I know walking away isn't an option. She's

afraid of having her heart broken again, but I'm not going anywhere. I've slowly fallen for Wren. And beat by beat, I think she's falling too.

my knight and shining armor: A Knight in Tarnished Armor David Oldakowski, 2022-11-11 A Knight in Tarnished Armor is a collection of memoirs, song lyrics, and poems. It spans over 5 decades and is a representation of my life story. Many people throughout my life have told me that I should write a book and well this is it. It was next to impossible to recall all the dates so this book is in alphabetical order rather than chronological. The two longest poems I ever wrote are on pg.62 and 82 where this one was produced as a song. My first world-wide publication is on pg.27 as it was published in the Alcoholics Anonymous Grapevine monthly magazine both nationally and in many other countries and languages around the world. The poem on pg.110 won a prestigious Emily Dickenson National Society of Poetry award. The song Ready for War right after the Dedication at the opening of this book was written, recorded, and produced on YouTube by Ean Leppin who is my general manager at the radio station where I work. I hope you find something of value for yourself on the pages within!

my knight and shining armor: America Caleb Garraway, 2013-09-01 The inception of the United States is an incredible tale of how the hand of God was directly involved in the formulation of this nation. Unfortunately today, America has forgotten how it was founded. Our history has been rewritten, and our heritage has been erased from the public square. The Judeo-Christian principles on which this nation was built are not a matter of personal opinion, but rather are a matter of public record. Through America: A Journey of Faith & Freedom, you will clearly see that America's faith is what bore America's freedom and made it a reality. The two are inseparable! America would have never become the great and free nation that it is today, if our Founding Fathers did not have faith in the providence, protection, and provision of Almighty God, along with a firm belief in His Word.

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