Mann Assessment Of Swallowing Ability

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Mann Assessment of Swallowing Ability: A Comprehensive Guide

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Swallowing difficulties, or dysphagia, can significantly impact a person's quality of life, affecting nutrition, hydration, and even their overall health. Accurate assessment is crucial for effective intervention. This comprehensive guide delves into the Mann Assessment of Swallowing Ability, exploring its components, application, limitations, and overall importance in diagnosing and managing dysphagia. We'll provide a clear understanding of how this assessment works and its place within the broader field of swallowing disorders.

What is the Mann Assessment of Swallowing Ability?

The Mann Assessment of Swallowing Ability (MASA) is a widely used clinical tool designed to evaluate the oral phase of swallowing. Unlike some assessments that focus solely on the presence or absence of a swallowing problem, the MASA provides a more detailed, qualitative description of the patient's swallowing performance. It's particularly useful for clinicians working with patients experiencing a range of swallowing difficulties, from mild to severe. This assessment is not a standardized test with numerical scores, rather it is a structured observation tool providing descriptive data of the patient's oral preparatory and oral phases of swallowing.

Key Components of the Mann Assessment: A Step-by-Step Breakdown

The MASA focuses on observing the patient's performance across several crucial aspects of the oral phase of swallowing. These aspects are meticulously documented by the clinician to build a complete picture of the patient's swallowing capabilities. Key components include:

1. Oral Preparatory Phase:

This phase involves the intake of food or liquid into the mouth, its manipulation, and preparation for swallowing. The MASA assesses the following during this stage:

Lip closure: The ability to maintain closure to prevent spillage. Chewing ability: Effectiveness and efficiency of mastication. Bolus formation: The patient's skill in forming a cohesive bolus.

Tongue movements: Strength, coordination, and range of motion of the tongue.

2. Oral Phase:

This phase begins with the initiation of the swallow and encompasses the movement of the bolus from the mouth to the pharynx. Key observations within the MASA for this stage include:

Bolus propulsion: The efficiency and speed of bolus transit.

Tongue movement during swallowing: Assessment of coordinated lingual actions.

Presence of residue: Any food remaining in the oral cavity post-swallow.

Oral spillage: Any leakage of food or liquid during the swallow.

Advantages of Using the Mann Assessment

The MASA boasts several advantages, making it a preferred choice for clinicians:

Detailed Qualitative Data: It provides rich descriptive information, allowing for a nuanced understanding of the patient's swallowing challenges. This surpasses simple pass/fail assessments.

Ease of Use: The assessment is relatively straightforward to administer, requiring minimal specialized equipment.

Flexibility: It can be adapted to suit different patient populations and types of dysphagia. Observational Focus: It encourages detailed observation of the patient's swallowing patterns, enhancing understanding of the underlying mechanics.

Limitations of the Mann Assessment

While highly valuable, the MASA also possesses some limitations:

Subjectivity: The assessment relies on clinical observation, which can introduce some degree of subjectivity. Inter-rater reliability needs careful consideration.

Oral Phase Focus: It primarily focuses on the oral stage of swallowing, neglecting the pharyngeal phase which is often equally, if not more, crucial. Further assessments are needed for a complete picture.

Lack of Quantifiable Data: The absence of numerical scores can make it challenging to track progress objectively over time.

Integrating the Mann Assessment into a Broader Assessment Strategy

The MASA shouldn't be considered a stand-alone assessment. It's most effective when used in conjunction with other diagnostic tools, such as videofluoroscopic swallowing studies (VFSS) or fiberoptic endoscopic evaluation of swallowing (FEES). These instrumental techniques can provide a more objective view of the entire swallowing process, complementing the detailed observational data provided by the MASA.

Conclusion

The Mann Assessment of Swallowing Ability is a valuable tool in the clinician's arsenal for evaluating the oral phase of swallowing. Its descriptive nature provides detailed insights into the patient's swallowing mechanism, aiding in diagnosis and treatment planning. While it has limitations, particularly its focus on the oral phase and subjective nature, its use, in combination with other objective assessments, significantly contributes to a comprehensive understanding of dysphagia. Remember to always consult with a speech-language pathologist or other qualified healthcare professional for proper diagnosis and treatment of swallowing disorders.

FAQs

- 1. Can the Mann Assessment be used with all patients experiencing swallowing difficulties? While adaptable, the MASA may be challenging for patients with severe cognitive impairments or limited cooperation.
- 2. What are some common signs that a patient might need a Mann Assessment? Difficulty chewing, choking, coughing during or after meals, and food residue in the mouth are all potential indicators.
- 3. How long does a Mann Assessment typically take? The duration varies depending on the patient's needs and cooperation but generally ranges from 15 to 30 minutes.
- 4. Is the Mann Assessment painful? No, the assessment is non-invasive and should not cause any pain.
- 5. What types of interventions might be recommended following a Mann Assessment? Depending on the findings, interventions might include dietary modifications, swallowing exercises, or compensatory strategies.

mann assessment of swallowing ability: <u>Masa</u> Giselle Mann, 2002-02-05 Designed for use in bedside evaluations of patients referred for swallowing function assessment. The Mann Assessment of Swallowing Ability is a quick and reliable tool. It is an efficient and cost-effective assessment tool allowing clinicians to evaluate patients and determine which ones are true candidates for more involved instrumental evaluation. This tool may also be utilized for monitoring swallowing skills over time. The manual will include a technical manual as well as step-by-step user's guide. The user's guide section will also include information on how to use the instrument for outcomes data collection, monitoring patient status, and other clinical applications other than its primary purpose.

mann assessment of swallowing ability: Cd for Mann's Masa Giselle Mann, 2002-02-05 mann assessment of swallowing ability: MASA Giselle Mann, 2002 Designed for use in bedside evaluations of patients referred for swallowing function assessment. The Mann Assessment of Swallowing Ability is a quick and reliable tool. It is an efficient and cost-effective assessment tool allowing clinicians to evaluate patients and determine which ones are true candidates for more involved instrumental evaluation. This tool may also be utilized for monitoring swallowing skills over time. The manual will include a technical manual as well as step-by-step user's guide. The user's guide section will also include information on how to use the instrument for outcomes data collection, monitoring patient status, and other clinical applications other than its primary purpose.

mann assessment of swallowing ability: The Yale Swallow Protocol Steven B. Leder, Debra M. Suiter, 2014-05-14 The Yale Swallow Protocol is an evidence-based protocol that is the only screening instrument that both identifies aspiration risk and, when passed, is able to recommend specific oral diets without the need for further instrumental dysphagia testing. Based upon research by Drs. Steven B. Leder and Debra M. Suiter, an easily administered, reliable and validated swallow screening protocol was developed and can be used by speech-language pathologists, nurses, otolaryngologists, oncologists, neurologists, intensivists and physicians assistants. In addition, the protocol can be used in a variety of environments, including acute care, rehabilitation and nursing homes. The Yale Swallow Protocol meets all of the criteria necessary for a successful screening test, including being simple to administer, cross-disciplinary, cost effective, acceptable to patients and able to identify the target attribute by giving a positive finding when aspiration risk is present and a negative finding when aspiration risk is absent. Additionally, early and accurate identification of

aspiration risk can significantly reduce health-care costs associated with recognized prandial aspiration.

mann assessment of swallowing ability: Dysphagia Following Stroke Stephanie K. Daniels, Maggie-Lee Huckabee, Kristin Gozdzikowska, 2019-01-24 Now with videos! Dysphagia Following Stroke, Third Edition is a practical and easy-to-use resource for clinicians treating swallowing disorders in the stroke population. The authors bridge the gap between academic and clinical practice with up-to-date research and clinical case examples throughout. In addition to a thorough overview of dysphagia diagnosis and management, this text focuses heavily on evaluation and management of stroke. Key topics include neural underpinnings of normal and disordered swallowing, swallowing screening, the clinical swallowing examination including cough reflex testing, the expanding array of instrumental swallowing modalities, and the rehabilitation of swallowing including strength training, non-invasive brain stimulation, and skill training. While geared toward practicing clinicians, Dysphagia Following Stroke is also useful for students in professional training programs. New to the Third Edition: A third author, Kristin Gozdzikowska, bring a fresh perspective as a young clinician and researcher with particular expertise in high resolution manometry and various cutting-edge treatment techniquesNew larger 6 x 9 trim sizeUpdated chapters on assessment to include new and emerging instrumental technologies, including high resolution manometry, impedance, and ultrasoundUpdated chapters on management to include the newly described International Dysphagia Diet Standardization InitiativeNew and expanded framework for rehabilitation, with a shift from peripherally focused rehabilitation to neuromodulation of cortical swallowing controlNew and updated research and trends in clinical practice throughout Includes videos This thoroughly updated and enhanced edition of Dysphagia Following Stroke is sure to remain a valued resource for clinicians working with stroke patients in all settings. Disclaimer: Please note that ancillary content (such as documents, audio, and video, etc.) may not be included as published in the original print version of this book.

mann assessment of swallowing ability: Neurogenic Dysphagia Tobias Warnecke, Rainer Dziewas, Susan Langmore, 2021-03-05 This book is a clinical manual that covers the whole spectrum of swallowing and its disorders. It starts with physiology of swallowing, pathophysiology of disordered deglutition, diagnostic methods (clinical and instrumental) and ends with an in-depth's and up-to-date presentation of current treatment options. The clinically most relevant topics of dysphagia management on the stroke unit and the intensive care unit are dealt with in separate chapters. Also the closely intertwined issue of nutritional management is specifically addressed. Most importantly, the book covers all obligatory topics of the Flexible Endoscopic Evaluation of Swallowing (FEES)-curriculum, an educational initiative that started in Germany in 2014 and is currently being extended to other European and non-European countries. The book is richly illustrated and an online video section provides a number of typical patient cases. FEES is probably the most commonly chosen method for the objective assessment of swallowing and its disorders. It is used in stroke units, intensive care facilities, geriatric wards but also in rehabilitation clinics and within dedicated outpatient services. This book on neurogenic dysphagia therefore addresses a wide range of different medical disciplines, such as neurologists, geriatricians, intensive care physicians, rehabilitation physicians, gastroenterologists, otolaryngologists, phoniatrists and also speech-language pathologists.

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disorder, provide the latest information about the interaction of nutrition with these conditions, and review the potential routes and mechanisms for clinical intervention. Timely and authoritative, Handbook of Clinical Nutrition and Aging, Second Edition is a unique, comprehensive resource and will prove a valuable guide to all nutritionists, physicians, nurses, dietitians, and speech-language and occupational therapists who provide care for the rapidly expanding aging population.

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mann assessment of swallowing ability: Facial-Oral Tract Therapy (F.O.T.T.) Ricki Nusser-Müller-Busch, Karin Gampp Lehmann, 2020-11-07 The book offers a comprehensive approach to the assessment and treatment of disturbances in facial expression, oral movement, swallowing, breathing, voice and speech production caused by developmental and acquired neurological conditions. The principles outlined are used in patients with different etiologies (e.g. stroke, tumors, traumas). F.O.T. T., developed by Kay Coombes, is a hands-on approach based on an understanding of neurological functions and the way we learn from experience. The approach aims to give the patient experience of physiological posture and movement using facial-oral functions in normal activities of daily living (ADL). Rather than mere "exercises", F.O.T.T involves meaningful

activities aiming to promote participation, according to ICF criteria. Four main areas are covered: nutrition, oral hygiene, nonverbal communication and speech. Each chapter summarises the problems of severely ill patients and shows the clinical reasoning behind the solutions offered. Separate chapters discuss tracheostomy management and the training of the carers involved, including relatives. The chapter authors are experienced specialists (physio-, occupational- and speech-language therapists and physicians), whose contributions aim to provide interdisciplinary perspectives and translate latest research into clinical practice.

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updated, this popular text emphasizes evidence-based practice, multidisciplinary team management, swallowing safety, nutrition, behavioral treatments, and management following surgical options. Authored by two speech-language pathologists and an otolaryngologist for a multidisciplinary approach, the Fifth Edition continues to be easy-to-understand text for students and also serves as an up-to-date reference for practicing clinicians who treat swallowing disorders in hospitals, rehabilitation centers, nursing homes, and private outpatient clinics. New to the Fifth Edition *New chapter on the aging population *The Anatomy and Physiology chapter has been thoroughly updated and 15 beautiful, new full color illustrations have been added *More images and enhanced figures, including additional FEES and fluoroscopy video studies of swallowing disorders in head and neck cancer and stroke patients *Many new references, easy-to-read tables, and "treatment hints" *Information on pediatric feeding and swallowing has been updated and expanded *Evidence-based practice methods have been updated *Content has been edited to be more concise, applicable, and reader friendly The text features numerous pedagogical aids to reinforce student understanding *Case study inserts in many chapters and 9 extended case studies in the final chapter *32 videos *Discussion questions and answers for each chapter *Bolded and boxed key terms throughout with an end-of-book glossary *Clinical tips, clinician's roles, areas of emphasis, and key learning points highlighted in boxes throughout the chapters *8 appendices featuring helpful tests and tools for clinicians *NEW full clinical swallowing examination record form included in appendix Disclaimer: Please note that ancillary content (such as documents, audio, and video, etc.) may not be included as published in the original print version of this book.

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on the instruments and measures commonly used for assessing and treating persons with disorders of voice, speech, and swallowing for clinical practice, research studies, and conducting clinical trials. New developments in electrical and magnetic stimulation for noninvasive stimulation of nerves, muscles, and the brain are provided for augmenting treatment benefits for persons with voice, speech, and swallowing disorders. Other new techniques included are electromyography, articulography, transcranial magnetic stimulation, functional MRI, fNIRS, DTI, and transcranial direct current stimulation for treatment applications. The text includes methods for recording and analyzing speech, acoustics, imaging and kinematics of vocal tract motion, air pressure, airflow, respiration, clinical evaluation of voice and swallowing disorders, and functional and structural neuroimaging. Many of the methods are applicable for use in clinical practice and clinical research. Key Features: More than 250 full-color imagesSummary tables to guide selection of instruments and measures for various applications Each chapter begins and ends with an overview and conclusion for review of contentAppendices of measurement standards Clinical investigators and clinicians wanting to measure voice, speech, and swallowing functions for clinical documentation will benefit from this book, as will students and professors. Measuring Voice, Speech, and Swallowing in the Clinic and Laboratorypulls together the necessary information on methods of measurement from different disciplines and sources into one convenient resource. Information on measurement in the fields of voice, speech, and swallowing is now readily available for training doctoral students and guidance of clinicians incorporating instrumental assessment into their practice.

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mann assessment of swallowing ability: A Guide to Clinical Assessment and **Professional Report Writing in Speech-Language Pathology** Cyndi Stein-Rubin, Renee Fabus,

2024-06-01 Learning to assess speech and language disorders and write diagnostic reports may be an overwhelming experience, especially when most texts don't cover both topics at once. With that in mind, A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology, Second Edition combines the latest assessment protocols and diagnostic techniques with vital diagnostic report writing tools into a single definitive guide. Cyndi Stein-Rubin, Renee Fabus, and their contributors recognize that clinical assessment is inextricably linked to report writing and have updated this Second Edition to synthesize the two. Following the introductory chapters, which discuss the basics of assessment and report writing, each subsequent chapter focuses on a particular disorder, provides in-depth assessment tools, and presents a corresponding sample report. Key Features: An inventory and explanation of formal and informal assessment measures A glossary of key vocabulary Sample case histories with assessment tools Relevant and useful interview questions Each disorder's background and characteristics Assessment parameters A differential diagnosis section A model report The accessible format of A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology, Second Edition will help students learn how to assess and document speech and language disorders and will also make for a perfect reference for them as clinicians for years to come.

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pathology, otolaryngology and radiology through contributions of 28 innovators, and master clinicians for the benefit of patients and providers alike. It concisely organizes the wealth of knowledge that exists in each of the contributing disciplines into one comprehensive information platform. Manual of Diagnostic and Therapeutic Techniques for Disorders of Deglutition provides a one-stop destination for members of all specialties to obtain state-of-the-knowledge information on advanced diagnostic modalities and management. It is an essential reference for all deglutologists.

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Kenneth W. Altman, 2013-12-28 Information on Dysphagia for Otolaryngolotists in this issue of
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and Special Educator Gozdziewski, 2018-01-12 Geared for undergraduate and graduate students, Goal Writing for the Speech-Language Pathologist and Special Educator details different types of goals, essential elements of goals, how to establish goals from information garnered from evaluations, and how to write continuing goals for the field of Speech-Language Pathology and Communication Sciences. It is written for students in a Clinical Methods/Clinical Practicum course who are about to being their clinical experience in SLP. Real-world exercises are provided throughout in order to provide realistic examples of what students may encounter in speech and hearing clinics, hospitals, and schools. Goal writing is practiced by SLPs on a daily basis, and understanding how to turn diagnostic information into therapy is a difficult, yet crucial, task. This important subject is not covered in depth in other clinical methods titles yet is a skill all students and clinicians must master.

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