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# Masa Swallowing Assessment: A Comprehensive Guide

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Are you concerned about a loved one's ability to swallow safely and effectively? Or perhaps you're a healthcare professional seeking a deeper understanding of masa swallowing assessment techniques? This comprehensive guide provides a detailed exploration of masa swallowing assessment, covering its purpose, methods, and implications. We'll delve into the various stages of the assessment process, discuss common challenges, and outline the crucial role this assessment plays in ensuring

optimal patient care. By the end of this article, you'll have a clear understanding of what a masa swallowing assessment entails and its significance in managing dysphagia.

## What is a Masa Swallowing Assessment?

A masa swallowing assessment, often referred to as a modified barium swallow study (MBSS) or videofluoroscopic swallowing study (VFSS), is a crucial diagnostic procedure used to evaluate the swallowing process. It's particularly important for identifying and characterizing dysphagia, a condition characterized by difficulty swallowing. Unlike other assessments, a masa swallowing assessment offers a dynamic, real-time visualization of the swallowing mechanism, providing invaluable insights into the precise nature and severity of swallowing difficulties. The term "masa" itself isn't a standard medical term; rather, it likely refers to the use of barium paste, a common contrast medium, in the assessment, allowing for clear visualization on X-ray.

#### **Purpose of the Assessment**

The primary purpose of a masa swallowing assessment is to identify the specific physiological impairments underlying swallowing difficulties. This involves observing the entire swallowing process, from the oral preparatory phase (food manipulation in the mouth) through the oral, pharyngeal, and esophageal phases, to pinpoint exactly where and why the swallowing mechanism is failing. This detailed information is vital for developing an effective and individualized treatment plan.

#### Who Needs a Masa Swallowing Assessment?

A masa swallowing assessment is often recommended for individuals experiencing various symptoms suggestive of dysphagia, such as:

Coughing or choking during or after eating or drinking.

Food sticking in the throat.

Difficulty initiating a swallow.

Recurring pneumonia or lung infections.

Unexplained weight loss.

Post-stroke or neurological conditions impacting swallowing.

Head and neck cancer treatment.

## The Stages of a Masa Swallowing Assessment

The assessment typically involves several stages:

#### 1. Patient History and Clinical Examination

This initial phase involves gathering a detailed patient history, including their medical history, current symptoms, and dietary habits. A thorough clinical examination assessing oral motor function, such as tongue strength and mobility, is also conducted.

#### 2. Barium Preparation and Administration

A barium-based contrast material (often a paste of varying consistencies) is prepared and given to the patient to consume. The consistency is carefully chosen based on the suspected nature of the swallowing problem.

#### 3. Videofluoroscopic Imaging

The patient's swallowing process is then observed using fluoroscopy, a type of real-time X-ray imaging. This allows the radiologist or speech-language pathologist to visualize the movement of the barium through the mouth, pharynx, and esophagus. The images provide a detailed picture of the swallowing mechanism and any abnormalities present.

#### 4. Image Analysis and Report Generation

Following the procedure, the images are meticulously analyzed to identify any swallowing impairments, such as reduced tongue strength, delayed initiation of the swallow, aspiration (food entering the airway), or esophageal dysfunction. A comprehensive report is then generated, detailing the findings and providing recommendations for treatment.

## **Interpreting the Results and Treatment Implications**

The findings from a masa swallowing assessment are crucial for determining an appropriate

treatment plan. The identified impairments directly influence the types of interventions recommended. These interventions may include:

Dietary modifications: Changes to food consistency and texture (e.g., pureed, thickened liquids).

Swallowing exercises: Targeted exercises to improve muscle strength and coordination.

Postural adjustments: Altering head and body positioning during eating. Compensatory strategies: Techniques to improve swallowing efficiency.

Surgical intervention: In some cases, surgery may be necessary to address anatomical abnormalities.

#### **Conclusion**

A masa swallowing assessment is an invaluable tool for diagnosing and managing dysphagia. Its dynamic nature allows for precise identification of swallowing impairments, leading to targeted and effective treatment plans. The detailed information obtained is crucial for improving patient outcomes, enhancing quality of life, and preventing potentially life-threatening complications such as aspiration pneumonia. Remember to always consult with a healthcare professional for any concerns regarding swallowing difficulties.

## **FAQs**

- 1. Is a masa swallowing assessment painful? No, the procedure itself is generally painless, although some patients may experience mild discomfort from the barium contrast.
- 2. How long does a masa swallowing assessment take? The entire process, including preparation, imaging, and analysis, usually takes between 30 and 60 minutes.
- 3. What are the risks associated with a masa swallowing assessment? Risks are minimal, but potential side effects include mild nausea or allergic reactions to the barium contrast. These are rare.
- 4. Who performs a masa swallowing assessment? The assessment is typically performed by a team of healthcare professionals, including a radiologist and a speech-language pathologist specializing in dysphagia.
- 5. What is the difference between a masa swallowing assessment and a FEES study (Fiberoptic Endoscopic Evaluation of Swallowing)? While both assess swallowing function, a masa swallowing assessment uses X-ray imaging, offering a dynamic view of the entire swallowing process, while a FEES study uses a flexible endoscope to visualize the pharynx and larynx. Each method has its advantages and disadvantages.

masa swallowing assessment: Masa Giselle Mann, 2002-02-05 Designed for use in bedside evaluations of patients referred for swallowing function assessment. The Mann Assessment of Swallowing Ability is a quick and reliable tool. It is an efficient and cost-effective assessment tool allowing clinicians to evaluate patients and determine which ones are true candidates for more involved instrumental evaluation. This tool may also be utilized for monitoring swallowing skills over time. The manual will include a technical manual as well as step-by-step user's guide. The user's guide section will also include information on how to use the instrument for outcomes data collection, monitoring patient status, and other clinical applications other than its primary purpose.

masa swallowing assessment: Cd for Mann's Masa Giselle Mann, 2002-02-05 masa swallowing assessment: MASA Giselle Mann, 2002 Designed for use in bedside evaluations of patients referred for swallowing function assessment. The Mann Assessment of Swallowing Ability is a quick and reliable tool. It is an efficient and cost-effective assessment tool allowing clinicians to evaluate patients and determine which ones are true candidates for more involved instrumental evaluation. This tool may also be utilized for monitoring swallowing skills over time. The manual will include a technical manual as well as step-by-step user's guide. The user's guide section will also include information on how to use the instrument for outcomes data collection, monitoring patient status, and other clinical applications other than its primary purpose.

masa swallowing assessment: The Yale Swallow Protocol Steven B. Leder, Debra M. Suiter, 2014-05-14 The Yale Swallow Protocol is an evidence-based protocol that is the only screening instrument that both identifies aspiration risk and, when passed, is able to recommend specific oral diets without the need for further instrumental dysphagia testing. Based upon research by Drs. Steven B. Leder and Debra M. Suiter, an easily administered, reliable and validated swallow screening protocol was developed and can be used by speech-language pathologists, nurses, otolaryngologists, oncologists, neurologists, intensivists and physicians assistants. In addition, the protocol can be used in a variety of environments, including acute care, rehabilitation and nursing homes. The Yale Swallow Protocol meets all of the criteria necessary for a successful screening test, including being simple to administer, cross-disciplinary, cost effective, acceptable to patients and able to identify the target attribute by giving a positive finding when aspiration risk is present and a negative finding when aspiration risk is absent. Additionally, early and accurate identification of aspiration risk can significantly reduce health-care costs associated with recognized prandial aspiration.

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laboratory values and medications in chapters three and four and how they can impact dysphagia adds another layer of uniqueness to this guide. Recurring clinician's note and research to practice boxes are based on the current research and provide practical and useful tips for clinicians. The Adult Dysphagia Pocket Guide is a quick reference that answers the need for a practical guide that new clinicians, graduate students, and even seasoned clinicians can carry with them and readily access while they are completing their evaluations. It is a must-have resource for any speech-language pathologist treating dysphagia. KEY FEATURES: Compact, yet portable designSuccinct, yet thorough evidence based informationClinically relevant charts and tables make information easy to find

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an end-of-book glossary \*Clinical tips, clinician's roles, areas of emphasis, and key learning points highlighted in boxes throughout the chapters \*8 appendices featuring helpful tests and tools for clinicians \*NEW full clinical swallowing examination record form included in appendix Disclaimer: Please note that ancillary content (such as documents, audio, and video, etc.) may not be included as published in the original print version of this book.

masa swallowing assessment: Neurogenic Dysphagia Tobias Warnecke, Rainer Dziewas, Susan Langmore, 2021-03-05 This book is a clinical manual that covers the whole spectrum of swallowing and its disorders. It starts with physiology of swallowing, pathophysiology of disordered deglutition, diagnostic methods (clinical and instrumental) and ends with an in-depth's and up-to-date presentation of current treatment options. The clinically most relevant topics of dysphagia management on the stroke unit and the intensive care unit are dealt with in separate chapters. Also the closely intertwined issue of nutritional management is specifically addressed. Most importantly, the book covers all obligatory topics of the Flexible Endoscopic Evaluation of Swallowing (FEES)-curriculum, an educational initiative that started in Germany in 2014 and is currently being extended to other European and non-European countries. The book is richly illustrated and an online video section provides a number of typical patient cases. FEES is probably the most commonly chosen method for the objective assessment of swallowing and its disorders. It is used in stroke units, intensive care facilities, geriatric wards but also in rehabilitation clinics and within dedicated outpatient services. This book on neurogenic dysphagia therefore addresses a wide range of different medical disciplines, such as neurologists, geriatricians, intensive care physicians, rehabilitation physicians, gastroenterologists, otolaryngologists, phoniatrists and also speech-language pathologists.

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disciplines and sources into one convenient resource. Information on measurement in the fields of voice, speech, and swallowing is now readily available for training doctoral students and guidance of clinicians incorporating instrumental assessment into their practice.

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content. - Emphasis on evidence-based practice prepares you to make and then properly support your diagnostic and treatment decisions. - Case histories promote critical thinking in realistic clinical situations. - Critical thinking questions help you assess your knowledge and reinforce understanding of the material. - Video clips on the Evolve companion website depict a range of swallowing disorders. - NEW! Aging and Dysphagia chapter examines the increasing evidence that older persons living at home may be at risk for dysphagia without any overt underlying disease. - UPDATED! Treatment for Adults chapter is thoroughly revised. - NEW! Clinical Pearls highlight key information that you need to know to prepare for the clinical setting. - UPDATED content and references throughout reflect the latest research in the field.

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increasingly older society, it would be prudent for health care providers to better prepare for such changes. By including physiology, disease, nutrition, pharmacology, pathology, radiology and other relevant associated topics, Geriatric Gastroenterology fills the void in the literature for a volume devoted specifically to gastrointestinal illness in the elderly. This unique volume includes provision of training for current and future generations of physicians to deal with the health problems of older adults. It will also serve as a comprehensive guide to practicing physicians for ease of reference. Relevant to the geriatric age group, the volume covers epidemiology, physiology of aging, gastrointestinal physiology, pharmacology, radiology, pathology, motility disorders, luminal disorders, hepato-biliary disease, systemic manifestations, neoplastic disorders, gastrointestinal bleeding, cancer and medication related interactions and adverse events, all extremely common in older adults; these are often hard to evaluate and judge, especially considering the complex aging physiology. All have become important components of modern medicine. Special emphasis is be given to nutrition and related disorders. Capsule endoscopy and its utility in the geriatric population is also covered. Presented in simple, easy to read style, the volume includes numerous tables, figures and key points enabling ease of understanding. Chapters on imaging and pathology are profusely illustrated. All chapters are written by specialists and include up to date scientific information. Geriatric Gastroenterology is of great utility to residents in internal medicine, fellows in gastroenterology and geriatric medicine as well as gastroenterologists, geriatricians and practicing physicians including primary care physicians caring for older adults.

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disorder, provide the latest information about the interaction of nutrition with these conditions, and review the potential routes and mechanisms for clinical intervention. Timely and authoritative, Handbook of Clinical Nutrition and Aging, Second Edition is a unique, comprehensive resource and will prove a valuable guide to all nutritionists, physicians, nurses, dietitians, and speech-language and occupational therapists who provide care for the rapidly expanding aging population.

masa swallowing assessment: Scientific Basis for Ayurvedic Therapies Lakshmi C. Mishra, 2003-09-29 Arguably the oldest form of health care, Ayurveda is often referred to as the Mother of All Healing. Although there has been considerable scientific research done in this area during the last 50 years, the results of that research have not been adequately disseminated. Meeting the need for an authoritative, evidence-based reference, Scientific Basis for Ayurvedic Therapies is the first book to analyze and synthesize current research supporting Ayurvedic medicine. This book reviews the latest scientific information, evaluates the research data, and presents it in an easy to use format. The editor has carefully selected topics based on the availability of scientific studies and the prevalence of a disease. With contributions from experts in their respective fields, topics include Ayurvedic disease management, panchkarma, Ayurvedic bhasmas, the current status of Ayurveda in India, clinical research design, and evaluation of typical clinical trials of certain diseases, to name just a few. While there are many books devoted to Ayurveda, very few have any in-depth basis in scientific studies. This book provides a critical evaluation of literature, clinical trials, and biochemical and pharmacological studies on major Ayurvedic therapies that demonstrates how they are supported by scientific data. Providing a natural bridge from Ayurveda to Western medicine, Scientific Basis for Ayurvedic Therapies facilitates the integration of these therapies by health care providers.

masa swallowing assessment: Communication and Swallowing Changes in Healthy Aging Adults Angela N. Burda, 2010-05-01 Communication and Swallow Changes in Healthy Aging Adults compiles and presents the available research on healthy aging adults' performance and abilities in the following areas: auditory comprehension, reading comprehension, speaking, writing, voice and motor speech abilities, cognition, and swallowing. This text also presents principles from the World Health Organization's International Classification of Functioning, Disability and Health and its applications to aging adults. One of the first texts to cover these principles, this book will address the need for a comprehensive view of communication and swallow issues in aging for students of speech-language pathology. Speech-language pathologist students will learn how to fully compare what would be considered normal for their elderly patients rather than overestimating or underestimating what aging adults are capable of doing. Knowing what would be considered within the spectrum of normal, will help speech-language pathologists to address therapy as effectively as possible. Having this information at hand is particularly important as the nation's population is aging at a rapid rate and there is a need for evidence-based practice in speech-language pathology. Written in an easy to follow format, Communication and Swallow Changes in Healthy Aging Adults includes original research data, discussion questions and a list of Quick Facts at the end of each chapter to summarize key points. This text will serve as a useful resource as students see elderly clients in on-campus speech and hearing clinics and when they intern at hospitals and long-term care facilities. Instructor Resources: PowerPoint Slides and an Image Bank Testimonial: "Communication and Swallowing Changes in Healthy Aging Adults is a handy text, portable, and logically organized. The information is easy to follow complimented by information presented in tables/charts. This text would be helpful to a practicing therapist when making a differential diagnosis between a normal vs. atypical aging process. Communication and Swallowing Changes in Healthy Aging Adults would be an appropriate text for courses in Communications Disorders Departments for graduate students in a neuro course or a neurogenic communication disorders course, and in lifespan development courses as in the field of Psychology and Gerontology." ~ Susan Durnford, M.S., CCC-SLP, Clinical Assistant Professor, Department of Speech-Language Pathology & Audiology, Ithaca College

masa swallowing assessment: Swallowing - Physiology, Disorders, Diagnosis and Therapy

Gauri Mankekar, 2015-05-23 Swallowing difficulty or dysphagia is a common disorder and affects all age groups from the newborn to the elderly. Several medical conditions like lack of dentition, gastroesophageal reflux disease, eosinophilic esophagitis, cardiomegaly and strokes can cause dysphagia. It can also follow head -neck surgeries. It is important to diagnose and treat dysphagia, otherwise it can lead to malnutrition and dehydration. Improved understanding of the physiology of swallowing, advances in endoscopic and radiological techniques along with an increasing elderly population has resulted in development of a separate swallowing disorders discipline. This book would be an aid for clinicians, educators and trainees from the fields of speech language pathology, pediatrics, otolaryngology, gastroenterology, oncology, neurology, geriatrics and rehabilitation, all of who form a part of the multidisciplinary swallowing team.

masa swallowing assessment: Head and Neck Cancer Rehabilitation - E-BOOK Adrian Cristian, 2024-06-20 Edited by cancer rehabilitation specialist Dr. Adrian Cristian, Head and Neck Cancer Rehabilitation provides clinicians with a concise and accessible resource covering the holistic rehabilitation of head and neck cancer patients. This book begins with the epidemiology, genetics and pathophysiology of cancer in this region and moves into clinical assessment and treatment options before providing comprehensive coverage of rehabilitation. Featuring practical information, best practices, and the latest advances and research, this book provides a valuable reference for physical medicine and rehabilitation physicians and residents, as well as occupational therapists, physical therapists, and ENT specialists. - Provides a clear understanding of the current medical, surgical and radiation treatments for head and neck cancer. - Covers the whole spectrum of head and neck cancer rehabilitation, including the role of physical and occupational therapy, the treatment of anxiety and depression, integrative care, nutritional rehabilitation, and more. - Offers a timely and convenient resource written by leading experts in both head and neck cancer and rehabilitation.N/A

masa swallowing assessment: Stroke Recovery and Rehabilitation Richard L. Harvey, MD, Richard F. Macko, MD, Joel Stein, MD, Carolee J. Winstein, Phd, PT, Richard D. Zorowitz, MD, 2008-11-20 A Doody's Core Title 2012 Stroke Recovery and Rehabilitation is the new gold standard comprehensive guide to the management of stroke patients. Beginning with detailed information on risk factors, epidemiology, prevention, and neurophysiology, the book details the acute and long-term treatment of all stroke-related impairments and complications. Additional sections discuss psychological issues, outcomes, community reintegration, and new research. Written by dozens of acknowledged leaders in the field, and containing hundreds of tables, graphs, and photographic images, Stroke Recovery and Rehabilitation features: The first full-length discussion of the most commonly-encountered component of neurorehabilitation Multi-specialty coverage of issues in rehabilitation, neurology, PT, OT, speech therapy, and nursing Focus on therapeutic management of stroke related impairments and complications An international perspective from dozens of foremost authorities on stroke Cutting edge, practical information on new developments and research trends Stroke Recovery and Rehabilitation is a valuable reference for clinicians and academics in rehabilitation and neurology, and professionals in all disciplines who serve the needs of stroke survivors.

masa swallowing assessment: Geriatric Rehabilitation K. Rao Poduri, 2017-03-16 Geriatric Rehabilitation addresses the fact that this is an age in which individuals have increasing longevity, better health care, education and expectations of health care which present new, increasing and even radical challenges to health care providers. The care of our older patients in rehabilitation settings demands the broad understanding of the key differences in strategies to care for older adults. The combined skills embraced in rehabilitation and geriatrics are presenting unprecedented opportunities for both fields to make substantive and even ground-breaking improvements in the lives of millions of older adults who entrust their lives to us. Rarely in one's medical career are such opportunities so evident and achievable. Geriatric Rehabilitation edited by Dr. K. Rao Poduri, MD. FAAPMR draws on a distinguished group of authors who are the front-line providers of care to the older adults. This book presents the full spectrum of the unique care needs of older patients who

need the combined skills of physical medicine and geriatrics. It provides an easily accessible means of acquiring and improving these new skills for all those involved in geriatric care.

masa swallowing assessment: Stroke Rehabilitation, An Issue of Physical Medicine and Rehabilitation Clinics of North America 26-4 John Chae, 2016-01-07 This issue of Physical Medicine & Rehabilitation Clinics will focus on stroke rehabilitation and will include articles such as: Mechanisms of stroke recovery, Insights from basic sciences, Stroke recovery and predictors of rehabilitation outcomes, Upper limb motor impairments, Post-stroke spasticity, Communication disorders and dysphagia, Neuropharmacology of Recovery, Robotic therapy, and many more.

masa swallowing assessment: Handbook of Crisis Intervention and Developmental Disabilities Derek D. Reed, Florence D. DiGennaro Reed, James K. Luiselli, 2013-04-05 The Handbook of Crisis Intervention and Developmental Disabilities synthesizes a substantive range of evidence-based research on clinical treatments as well as organizational processes and policy. This comprehensive resource examines the concept of behavioral crisis in children and adults with special needs and provides a data-rich trove of research-into-practice findings. Emphasizing continuum-of-care options and evidence-based best practices, the volume examines crisis interventions across diverse treatment settings, including public and private schools, nonacademic residential settings as well as outpatient and home-based programs. Key coverage includes: Assessment of problem behaviors. Co-occurring psychiatric disorders in individuals with intellectual disabilities. Family members' involvement in prevention and intervention. Intensive treatment in pediatric feeding disorders. Therapeutic restraint and protective holding. Effective evaluation of psychotropic drug effects. The Handbook of Crisis Intervention and Developmental Disabilities is a must-have resource for researchers, scientist-practitioners, and graduate students in clinical child, school, developmental, and counseling psychology, clinical social work, behavior therapy/analysis, and special education as well as other related professionals working across a continuum of service delivery settings.

masa swallowing assessment: Human Machine Interface-based Neuromodulation Solutions for Neurorehabilitation Jing Wang, Haoyong Yu, Jinhua Zhang, 2022-10-06

masa swallowing assessment: Dysphagia in Adults and Children, An Issue of Otolaryngologic Clinics of North America Mausumi Syamal, Eileen Raynor, 2024-07-02 In this issue of Otolaryngologic Clinics, guest editors Drs. Mausumi Syamal and Eileen Raynor bring their considerable expertise to the topic of Dysphagia in Adults and Children. Top experts with both pediatric and adult expertise cover topics such as assessing dysphagia in both the adult and the child; oral and pharyngeal dysphagia in adults; oral structural dysphagia in children; laryngeal structural dysphagia in children; esophageal dysphagia in adults: when it sticks; pediatric esophageal dysphagia; and more. - Contains 18 relevant, practice-oriented topics including dysphagia in the aging population; dysphagia in the pediatric population; neurological dysphagia in adults; neurological dysphagia in children; zebras in adult dysphagia work up: where to look when you think you have looked everywhere; inflammatory causes of dysphagia in children; and more. - Provides in-depth clinical reviews on dysphagia in adults and children, offering actionable insights for clinical practice. - Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field. Authors synthesize and distill the latest research and practice guidelines to create clinically significant, topic-based reviews.

**masa swallowing assessment:** *Dysphagia* Julie A. Y. Cichero, Bruce E. Murdoch, 2006-07-11 This book offers a concise, readable explanation of the theory of dysphagia and bridges that with material on clinical application. Covering both adult and paediatric swallowing assessment, treatment and management, the book will provide clinicians with common clinical presentations of dysphagia and a framework for a problem based learning approach.

masa swallowing assessment: Nutritional Assessment Tools for Identification and Monitoring of Malnutrition in Patients with Chronic Disease Lilia Castillo-Martinez, Eloisa Colin-Ramirez, 2022-04-08

masa swallowing assessment: Goal Writing for the Speech-Language Pathologist and Special Educator Gozdziewski, Renee Fabus, Jeanne Lebowski, Julia Yudes-Kuznetsov, 2018-01-12 Geared

for undergraduate and graduate students, Goal Writing for the Speech-Language Pathologist and Special Educator details different types of goals, essential elements of goals, how to establish goals from information garnered from evaluations, and how to write continuing goals for the field of Speech-Language Pathology and Communication Sciences. It is written for students in a Clinical Methods/Clinical Practicum course who are about to being their clinical experience in SLP. Real-world exercises are provided throughout in order to provide realistic examples of what students may encounter in speech and hearing clinics, hospitals, and schools. Goal writing is practiced by SLPs on a daily basis, and understanding how to turn diagnostic information into therapy is a difficult, yet crucial, task. This important subject is not covered in depth in other clinical methods titles yet is a skill all students and clinicians must master.

masa swallowing assessment: Facial-Oral Tract Therapy (F.O.T.T.) Ricki Nusser-Müller-Busch, Karin Gampp Lehmann, 2020-11-07 The book offers a comprehensive approach to the assessment and treatment of disturbances in facial expression, oral movement, swallowing, breathing, voice and speech production caused by developmental and acquired neurological conditions. The principles outlined are used in patients with different etiologies (e.g. stroke, tumors, traumas). F.O.T. T., developed by Kay Coombes, is a hands-on approach based on an understanding of neurological functions and the way we learn from experience. The approach aims to give the patient experience of physiological posture and movement using facial-oral functions in normal activities of daily living (ADL). Rather than mere "exercises", F.O.T.T involves meaningful activities aiming to promote participation, according to ICF criteria. Four main areas are covered: nutrition, oral hygiene, nonverbal communication and speech. Each chapter summarises the problems of severely ill patients and shows the clinical reasoning behind the solutions offered. Separate chapters discuss tracheostomy management and the training of the carers involved, including relatives. The chapter authors are experienced specialists (physio-, occupational- and speech-language therapists and physicians), whose contributions aim to provide interdisciplinary perspectives and translate latest research into clinical practice.

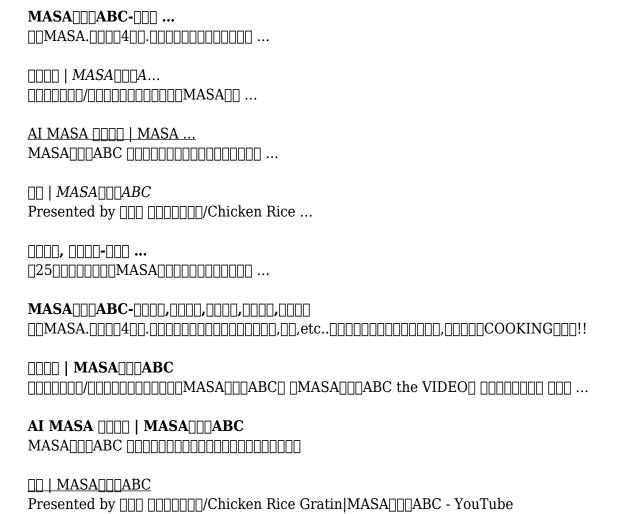
masa swallowing assessment: Clinical Care and Rehabilitation in Head and Neck Cancer Philip C. Doyle, 2019-03-21 Malignancies involving structures of the head and neck frequently impact the most fundamental aspects of human existence, namely, those functions related to voice and speech production, eating, and swallowing. Abnormalities in voice production, and in some instances its complete loss, are common following treatment for laryngeal (voice box) cancer. Similarly, speech, eating, and swallowing may be dramatically disrupted in those where oral structures (e.g., the tongue, jaw, hard palate, pharynx, etc.) are surgically ablated to eliminate the cancer. Consequently, the range and degree of deficits that may be experienced secondary to the treatment of head and neck cancer (HNCa) are often substantial. This need is further reinforced by the Centers for Disease Control and Prevention who have estimated that the number of individuals who will be newly diagnosed with HNCa will now double every 10 years. This estimate becomes even more critical given that an increasing number of those who are newly diagnosed will be younger and will experience the possibility of long-term survival post-treatment. Contemporary rehabilitation efforts for those treated for HNCa increasingly demand that clinicians actively consider and address multiple issues. Beyond the obvious concerns specific to any type of cancer (i.e., the desire for curative treatment), clinical efforts that address physical, psychological, communicative, and social consequences secondary to HNCa treatment are essential components of all effective rehabilitation programs. Comprehensive HNCa rehabilitation ultimately seeks to restore multiple areas of functioning in the context of the disabling effects of treatment. In this regard, rehabilitation often focuses on restoration of function while reducing the impact of residual treatment-related deficits on the individual's overall functioning, well-being, quality of life (QOL), and ultimately, optimize survivorship. Regardless of the treatment method(s) pursued for HNCa (e.g., surgery, radiotherapy, chemoradiation, or combined methods), additional problems beyond those associated with voice, speech, eating and swallowing frequently exist. For example, post-treatment changes in areas such as breathing, maintaining nutrition, limitations in physical capacity because surgical reconstruction

such as deficits in shoulder functioning, concerns specific to cosmetic alterations and associated disfigurement, and deficits in body image are common. Those treated for HNCa also may experience significant pain, depression, stigma and subsequent social isolation. Concerns of this type have led clinicians and researchers to describe HNCa as the most emotionally traumatic form of cancer. It is, therefore, essential that clinicians charged with the care and rehabilitation of those treated for HNCa actively seek to identify, acknowledge, and systematically address a range of physical, psychological, social, and communication problems. Efforts that systematically consider this range of post-treatment sequelae are seen as critical to any effort directed toward enhanced rehabilitation outcomes. Actively and purposefully addressing post-treatment challenges may increase the likelihood of both short- and long-term rehabilitation success in this challenging clinical population. Current information suggests that successful clinical outcomes for those with HNCa are more likely to be realized when highly structured, yet flexible interdisciplinary programs of care are pursued. Yet contemporary educational resources that focus not only on management of voice, speech, eating, and swallowing disorders, but also address issues such as shoulder dysfunction due to neck dissection, the significant potential for cosmetic alterations can offer a much broader perspective on rehabilitation. Contemporary surgical treatment frequently involves reconstruction with extensive procedures that require donor sites that include both soft tissue from a variety of locations (e.g., forearm, thigh, etc.), as well as bone (e.g., the scapula). Collectively, resources that address these issues and many other concerns and the resultant social implications of HNCa and its treatment can serve to establish a comprehensive framework for clinical care. Consequently, providing a highly specialized and comprehensive educational resource specific to HNCa rehabilitation is currently needed. The proposed edited book is designed to address this void in a single authoritative resource that is also accessible to the clinical readership. Integral to this proposed book is information that guides clinical approaches to HNCa rehabilitation, in addition to offering emphasis on the direct impact of changes in voice, speech, and swallowing and the impact of such losses on outcomes. Finally, while several other published sources currently exist (see attached list), the emphasis of these books is directed either toward the identification and diagnosis of malignant disease, clinical and surgical pathology, associated efforts directed toward biomedical aspects of cancer and its treatment, or those with a focus on a single clinical problem or approach to rehabilitation. Therefore, the content of the proposed multi-chapter text centers on delivering a systematically structured, comprehensive, and clinically-oriented presentation on a range of topics that will provide readers at a variety of levels with a strong, well-integrated, and empirically driven foundation to optimize the clinical care of those with HNCa. The primary audience for this textbook is undergraduate and graduate-level students in Speech-Language Pathology, as well as practitioners, especially hospital-based practitioners, in Speech-Language Pathology; other key audiences include junior and senior level otolaryngology residents and fellows, translational researchers in head and neck cancer, related medical specialists (e.g., radiation oncology), oncology nurses, and potentially other rehabilitation professionals such as occupational therapists, counseling psychologists, social workers, and rehabilitation counselors.

masa swallowing assessment: Textbook of Neural Repair and Rehabilitation: Volume 2, Medical Neurorehabilitation Michael Selzer, Stephanie Clarke, Leonardo Cohen, Pamela Duncan, Fred Gage, 2006-02-16 In two freestanding but linked volumes, Textbook of Neural Repair and Rehabilitation provides comprehensive coverage of the science and practice of neurological rehabilitation. This volume, Medical Neurorehabilitation, can stand alone as a clinical handbook for neurorehabilitation. It covers the practical applications of the basic science principles presented in volume 1, provides authoritative guidelines on the management of disabling symptoms, and describes comprehensive rehabilitation approaches for the major categories of disabling neurological disorders. Emphasizing the integration of basic and clinical knowledge, this book and its companion are edited and written by leading international authorities. Together they are an essential resource for neuroscientists and provide a foundation for the work of clinical neurorehabilitation professionals .

masa swallowing assessment: Color Atlas of Oral Diseases George Laskaris, 1994 For the third edition, the text has been thoroughly revised to keep pace with new concepts in oral medicine. The structure of the text has been clarified and made more practically useful, with references to etiology, clinical images, differential diagnosis, laboratory diagnostic tests, and therapy guidelines. Also new in the third edition: four new chapters, and more than 240 new, exquisite illustrations of lesions and pathologic conditions affecting the oral cavity.

masa swallowing assessment: A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology Cyndi Stein-Rubin, Renee Fabus, 2024-06-01 Learning to assess speech and language disorders and write diagnostic reports may be an overwhelming experience, especially when most texts don't cover both topics at once. With that in mind, A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology, Second Edition combines the latest assessment protocols and diagnostic techniques with vital diagnostic report writing tools into a single definitive guide. Cyndi Stein-Rubin, Renee Fabus, and their contributors recognize that clinical assessment is inextricably linked to report writing and have updated this Second Edition to synthesize the two. Following the introductory chapters, which discuss the basics of assessment and report writing, each subsequent chapter focuses on a particular disorder, provides in-depth assessment tools, and presents a corresponding sample report. Key Features: An inventory and explanation of formal and informal assessment measures A glossary of key vocabulary Sample case histories with assessment tools Relevant and useful interview questions Each disorder's background and characteristics Assessment parameters A differential diagnosis section A model report The accessible format of A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology, Second Edition will help students learn how to assess and document speech and language disorders and will also make for a perfect reference for them as clinicians for years to come.



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