

# Shadow Health Focused Exam Abdominal Pain Objective Data

## Focused Exam: Abdominal Pain Results | Turned In

Advanced Health Assessment - September 2019, 2019SEP NUR-516-NG001

[Return to Assignment](#)



### Your Results

Lab Pass

[Overview](#)

[Transcript](#)

[Subjective Data Collection](#)

[Objective Data Collection](#)

[Education & Empathy](#)

[Documentation](#)

[Self-Reflection](#)

### Documentation / Electronic Health Record

[Document: Vitals](#)

[Document: Provider Notes](#)

#### Document: Provider Notes

##### Student Documentation

###### Subjective

Ms. Park is a 78 year old Korean female.

HPI: Miss Park states that she has "pain in her belly...and I'm having difficulty going to the bathroom". She states that the pain began about 5 days ago when she started having trouble going to the bathroom. Her current pain level is 6/10. The pain is low in her belly. She describes the pain as dull, crampy and constant. Her pain increases when she moves around a lot or eats. Ms. Park has tried rest and taking small sips of warm water to ease the pain but she has gotten no relief. She denies recent fever or chills but states that she has low energy.

Social History: Ms. Park has two children. She has lived with her daughter for several years since her husband passed.

Ms. Park denies a history of smoking cigarettes. She also denies the use of recreational drugs. Ms. Park consumes one glass of dry white wine per week.

##### Model Documentation

Ms. Park's normal diet includes toast for breakfast, a for lunch and fish or chicken with rice for dinner. She has not eaten much in the last few days. Ms. Park states that she had a little chicken broth for dinner last night and toast this morning for breakfast.

## Shadow Health Focused Exam: Abdominal Pain Objective Data - A Comprehensive Guide

Are you a nursing student grappling with the intricacies of a virtual abdominal pain assessment using Shadow Health? Navigating the objective data collection within Shadow Health's focused

exam can feel overwhelming. This comprehensive guide will equip you with the knowledge and strategies to confidently document accurate and thorough objective data for abdominal pain cases, boosting your performance and understanding of patient assessment. We'll dissect the key areas to focus on, provide examples, and offer tips for navigating the Shadow Health platform effectively. By the end, you'll be proficient in recording objective data for abdominal pain, leading to improved virtual patient interactions and a stronger grasp of clinical assessment skills.

## Understanding the Shadow Health Focused Exam

Shadow Health's focused exam simulates a real-world clinical encounter, demanding a structured and systematic approach to data collection. Unlike a general assessment, the focused exam centers on a specific presenting complaint – in this case, abdominal pain. This necessitates a meticulous approach, concentrating on objective findings relevant to the patient's reported pain.

## Key Areas for Objective Data Collection in Abdominal Pain

The objective data you collect in Shadow Health for abdominal pain should be thorough and precise. Here's a breakdown of crucial areas:

### #### 1. Inspection: What You See

**General Appearance:** Note the patient's overall demeanor – are they restless, guarding their abdomen, diaphoretic (sweaty), or displaying any obvious distress? Document these observations clearly. For example, instead of "Patient seems uncomfortable," write "Patient appears diaphoretic, restless, and wincing occasionally."

**Abdominal Contour:** Describe the shape of the abdomen – flat, distended, scaphoid (sunken)? Quantify observations where possible. For instance, instead of "Distended abdomen," write "Abdomen distended, measuring 40cm at the umbilicus."

**Skin:** Inspect the skin for discoloration (jaundice, bruising), scars, striae (stretch marks), or any lesions. Precise documentation is crucial here. Note location and characteristics (size, color, texture).

**Visible Peristalsis:** Observe for any visible bowel movements. This is an uncommon finding but important to document if present.

### #### 2. Auscultation: What You Hear

**Bowel Sounds:** Listen in all four quadrants for bowel sounds. Document their character (normal, hypoactive, hyperactive, absent). Specify the duration of listening in each quadrant (e.g., "Bowel sounds normoactive × 1 minute in all four quadrants"). Absence of bowel sounds requires longer auscultation (at least 2-5 minutes per quadrant) before documenting this finding.

**Vascular Sounds (Bruit):** Listen for bruits over the abdominal aorta and renal arteries. Note the location and character of any bruits heard (blowing or swishing sound).

### #### 3. Palpation: What You Feel

**Light Palpation:** Assess for tenderness, muscle guarding, rigidity, or masses. Note the location and intensity of any tenderness (e.g., "Mild tenderness to palpation in the right lower quadrant").

**Deep Palpation:** This should only be performed if light palpation reveals no significant findings and after obtaining patient consent. Deep palpation helps identify masses or organomegaly (enlarged organs). Document the size, location, consistency, and mobility of any palpable masses.

**Rebound Tenderness:** This is a crucial assessment for peritonitis (inflammation of the peritoneum). Carefully assess for rebound tenderness by pressing gently and slowly releasing. Document any pain elicited upon release.

### #### 4. Percussion: What You Tap

**Tympany and Dullness:** Percuss the abdomen to assess for tympany (air-filled) or dullness (solid organ or fluid). Note the location and distribution of tympany and dullness. This helps to assess for distention or organ enlargement.

## Tips for Success in Shadow Health Abdominal Pain Assessments

**Practice Makes Perfect:** Use the practice cases to refine your skills before attempting graded assessments.

**Systematic Approach:** Follow a consistent order of assessment (inspection, auscultation, percussion, palpation).

**Precise Documentation:** Use precise and accurate language to describe your findings. Avoid vague terms.

**Utilize Shadow Health Resources:** Take advantage of the hints and feedback provided within the platform.

**Review Anatomy and Physiology:** A strong understanding of abdominal anatomy is vital for accurate data interpretation.

## Conclusion

Mastering the objective data collection for abdominal pain within Shadow Health requires a systematic approach, precise documentation, and a solid understanding of abdominal anatomy and physiology. By consistently practicing and meticulously documenting your findings, you'll not only enhance your performance in the virtual environment but also develop invaluable clinical assessment skills applicable to real-world patient care. Remember that accuracy and thoroughness are key to successful virtual patient encounters.

# FAQs

1. What if I miss a piece of objective data in Shadow Health? The platform usually provides feedback, allowing you to revisit and correct omissions. However, it's always best to strive for comprehensive data collection from the outset.
2. How much detail is necessary in my documentation? The more specific and detailed your documentation, the better. Instead of general terms, utilize quantifiable descriptors and precise anatomical locations.
3. Is there a specific order I should follow for the abdominal exam? While there's no single universally mandated order, a logical sequence is generally preferred: inspection, auscultation, percussion, and palpation (IAPP).
4. How do I handle unexpected findings during the virtual exam? Remain calm, document your findings accurately, and utilize the hints and resources available within Shadow Health. Unexpected findings often represent valuable learning opportunities.
5. What if I make a mistake in documenting objective data? Can I go back and correct it? Yes, you can typically go back and correct your documentation within Shadow Health, provided the case allows for it. Learn from your mistakes and aim for perfection in subsequent assessments.

**shadow health focused exam abdominal pain objective data: Emergency and Clinical Ultrasound Board Review** Alan Chiem, Vi Am Dinh, 2020-04-14 Emergency and Clinical Ultrasound Board Review is a comprehensive guide for preparing for the Advanced Emergency Medicine Ultrasonography or Critical Care Echocardiography board exams, and for residents preparing for in-training examinations in ultrasound. The text consists of over 500 multiple-choice questions, organized into 18 chapters covering ultrasound topics such as physics, eFAST, echocardiography, thoracic, aorta, hepatobiliary, renal, pregnancy, soft tissue, ocular, procedural, airway, ENT, DVT, testicular, abdominal, and musculoskeletal applications. This is a multi-specialty work, with contributors representing the fields of emergency medicine, internal medicine, cardiology, critical care, and radiology. Chapters include questions, answers with detailed explanations and references to primary or landmark articles to help better navigate a standardized exam. Questions are written in a case-based format that emulates the ABEM and NBE board exams, and are supplemented by over 800 figures, tables, boxes, and online videos.

**shadow health focused exam abdominal pain objective data: An Introduction to Clinical Emergency Medicine** S. V. Mahadevan, Gus M. Garmel, 2012-04-10 Fully-updated edition of this award-winning textbook, arranged by presenting complaints with full-color images throughout. For students, residents, and emergency physicians.

**shadow health focused exam abdominal pain objective data: The Moral Life** Louis P. Pojman, Lewis Vaughn, 2007 Featuring new selections chosen by coeditor Lewis Vaughn, the third edition of Louis P. Pojman's The Moral Life: An Introductory Reader in Ethics and Literature brings together an extensive and varied collection of ninety-one classical and contemporary readings on ethical theory and practice. Integrating literature with philosophy in an innovative way, the book uses literary works to enliven and make concrete the ethical theory or applied issues addressed in each chapter. Literary works by Camus, Hawthorne, Hugo, Huxley, Ibsen, Le Guin, Melville, Orwell, Styron, Tolstoy, and many others lead students into such philosophical concepts and issues as relativism; utilitarianism; virtue ethics; the meaning of life; freedom and autonomy; sex, love, and

marriage; animal rights; and terrorism. Once introduced, these topics are developed further through readings by philosophers including Plato, Aristotle, Kant, Nozick, Singer, and Sartre. This unique anthology emphasizes the personal dimension of ethics, which is often ignored or minimized in ethics texts. It also incorporates chapter introductions, study questions, suggestions for further reading, and biographical sketches of the writers. The third edition brings the collection up-to-date, adding selections by Jane English, William Frankena, Don Marquis, John Stuart Mill, Mary Midgley, Thomas Nagel, Judith Jarvis Thomson, and J.O. Urmson. It also features a new chapter on euthanasia with essays by Dan W. Brock, J. Gay-Williams, and James Rachels. Ideal for introductory ethics courses, *The Moral Life*, Third Edition, also provides an engaging gateway into personal and social ethics for general readers.

**shadow health focused exam abdominal pain objective data:** Oxford Handbook of Clinical Diagnosis Huw Llewelyn, Hock Aun Ang, Keir E. Lewis, Anees Al-Abdullah, 2014 This handbook describes the diagnostic process clearly and logically, aiding medical students and others who wish to improve their diagnostic performance and to learn more about the diagnostic process.

**shadow health focused exam abdominal pain objective data:** A Review of Methods for Detecting Soreness in Horses National Academies of Sciences Engineering and Medicine, Division on Earth and Life Studies, Board on Agriculture and Natural Resources, Committee on a Review of Methods for Detecting Soreness in Horses, 2021-10-13

**shadow health focused exam abdominal pain objective data:** **NP Notes** ruth McCaffrey, 2017-10-23 Put this handy guide to work in class, in clinical, and in practice. From screening and assessment tools and differential diagnosis through the most commonly ordered drugs and billing and coding, this volume in the Davis Notes Series presents the information you need every day in a pocket-sized resource.

**shadow health focused exam abdominal pain objective data:** **Wound Care** Carrie Sussman, Barbara M. Bates-Jensen, 2007 Designed for health care professionals in multiple disciplines and clinical settings, this comprehensive, evidence-based wound care text provides basic and advanced information on wound healing and therapies and emphasizes clinical decision-making. The text integrates the latest scientific findings with principles of good wound care and provides a complete set of current, evidence-based practices. This edition features a new chapter on wound pain management and a chapter showing how to use negative pressure therapy on many types of hard-to-heal wounds. Technological advances covered include ultrasound for wound debridement, laser treatments, and a single-patient-use disposable device for delivering pulsed radio frequency.

**shadow health focused exam abdominal pain objective data:** Treatment of Chronic Pain by Interventional Approaches Timothy R. Deer, Michael S. Leong, Asokumar Buvanendran, Philip S. Kim, Sunil J. Panchal, 2014-12-08 From reviews of Deer, eds., *Comprehensive Treatment of Chronic Pain by Medical, Interventional, and Integrative Approaches: Comprehensive Treatment of Chronic Pain by Medical, Interventional, and Integrative Approaches* is a major textbook... [I]t should be a part of all departmental libraries and in the reference collection of pain fellows and pain practitioners. In fact, this text could be to pain as Miller is to general anesthesia. *Journal of Neurosurgical Anesthesiology* Edited by master clinician-experts appointed by the American Academy of Pain Medicine, this is a soft cover version of the Interventional sections of the acclaimed Deer, eds., *Comprehensive Treatment of Chronic Pain by Medical, Interventional, and Integrative Approaches*. It is intended as a primary reference for busy clinicians who seek up-to-date and authoritative information about interventional approaches to treating chronic pain. State-of-the-art coverage of full range of techniques: neural blockades, neurolysis blocks, and neurostimulation Review of clinically relevant anatomy and physiology Key Points preview contents of each chapter

**shadow health focused exam abdominal pain objective data:** *Pain Imaging* Maria Assunta Cova, Fulvio Stacul, 2019-03-06 This book addresses all pain imaging aspects related to both the central nervous system and the body (thorax, abdomen and pelvis), thus updating the international literature on the topic. By adopting a clinical-radiological approach and offering a comprehensive differential diagnosis for a number of painful syndromes (many of which can mimic one other), the

work aims to support and enhance the diagnostic management of these patients, suggesting the most appropriate diagnostic algorithm. The book is divided into separate sections for each anatomical macro-area, and the chapters cover the respective topics from both clinical and radiological perspectives. Further, the book includes extensive electronic supplementary material. As such, it offers an invaluable tool for radiologists, neuroradiologists and clinicians working in internal medicine, surgery and neurology, and could also be used in residency programs for these groups.

**shadow health focused exam abdominal pain objective data: Evidence-based Physical Diagnosis** Steven R. McGee, 2007 Clinical reference that takes an evidence-based approach to the physical examination. Updated to reflect the latest advances in the science of physical examination, and expanded to include many new topics.

**shadow health focused exam abdominal pain objective data: Oxford American Handbook of Clinical Examination and Practical Skills** Elizabeth Burns, Kenneth Korn, James Whyte, 2011-06-03 Over 200 color figures and concise, readable text guide students through the steps to perform a thorough and effective clinical examination and perform basic practical skills.

**shadow health focused exam abdominal pain objective data: Crossing the Quality Chasm** Institute of Medicine, Committee on Quality of Health Care in America, 2001-07-19 Second in a series of publications from the Institute of Medicine's Quality of Health Care in America project Today's health care providers have more research findings and more technology available to them than ever before. Yet recent reports have raised serious doubts about the quality of health care in America. Crossing the Quality Chasm makes an urgent call for fundamental change to close the quality gap. This book recommends a sweeping redesign of the American health care system and provides overarching principles for specific direction for policymakers, health care leaders, clinicians, regulators, purchasers, and others. In this comprehensive volume the committee offers: A set of performance expectations for the 21st century health care system. A set of 10 new rules to guide patient-clinician relationships. A suggested organizing framework to better align the incentives inherent in payment and accountability with improvements in quality. Key steps to promote evidence-based practice and strengthen clinical information systems. Analyzing health care organizations as complex systems, Crossing the Quality Chasm also documents the causes of the quality gap, identifies current practices that impede quality care, and explores how systems approaches can be used to implement change.

**shadow health focused exam abdominal pain objective data: Handbook of Clinical Diagnostics** Xue-Hong Wan, Rui Zeng, 2019-08-26 The book covers basic theories, basic knowledge and basic skills on clinical diagnosis, basic requirements for doctors' ethical conduct, clinical reasoning and documentation of medical records during the process of making a diagnosis. It consists of six parts, including 'Symptoms', 'History Taking', 'Physical Examination', 'Supplementary Examination', 'Common Clinical Diagnosis Techniques', and 'Diagnostic Process and Clinical Reasoning'. A vocabulary index is included for easy reference at the end of the book. This book is compiled by authors of 14 Chinese medical schools and universities, whose years of experience in clinical diagnostics, rich overseas learning and working experiences. This book is included in the first round of English textbooks series for clinical medicine major of China's higher medical colleges; and is among 13th Five-Year planning textbooks of National Health Commission of the People's Republic of China. It is also an ideal textbook for MBBS (Bachelor of Medicine and Bachelor of Surgery) student It is a co-publication book with People's Medical Publishing House (PMPH). The ISBN of PMPH version in China is 978-7-117-23852-6.

**shadow health focused exam abdominal pain objective data: Diseases of the Abdomen and Pelvis** G.K.von Schultess, C.L. Zollikofer, 2012-12-06 This syllabus provides a wide overview of the latest developments in diagnostic work and intervention in diseases of the abdomen and pelvis. In addition to conventional diagnostic radiology, special procedures such as US, CT, MRI, nuclear medicine and interventional techniques are discussed.

**shadow health focused exam abdominal pain objective data: Health Literacy in Nursing**

Terri Ann Parnell, 2014-08-18 Print+CourseSmart

**shadow health focused exam abdominal pain objective data:** *Adult and Family Nurse Practitioner Certification Examination* Jill E. Winland-Brown, Lynne M. Hektor Dunphy, 2009-01-01 The authors provide some excellent tools for teaching a venipuncture class though small, is complete in its coverage of topics related to phlebotomy. The unit on blood collection and venipuncture equipment is very thorough. . . Respiratory Care, review of the 1st Edition. Perfect for intensive one- or two-day phlebotomy courses! This user-friendly text concentrates on the crucial skills of blood specimen collection. . . making it a cost-effective, compact learning tool for cross training and continuing education.

**shadow health focused exam abdominal pain objective data: Hepato-Pancreato-Biliary and Transplant Surgery** Quyen D Chu, 2018-01-08 This unique textbook provides a concise and practical approach to clinical dilemmas involving the liver, pancreas, and biliary tree. Six major sections encompass (1) Hepatic, (2) Biliary, (3) Pancreas, (4) Transplantation, (5) Trauma, and (6) Innovative Technology. Each topic is written by recognized experts from an experiential viewpoint combined with evidence-based medicine. The book contains over 170 chapters and over 350 contributors. It is relevant to Surgical Oncologists, Hepato-Pancreato-Biliary (HPB) Surgeons, Transplant Surgeons, Traumatologists, HPB Interventionalists, General Surgeons, and trainees and students. The title of each chapter is in a form of a clinical scenario and each chapter begins with a Case Scenario and ends with Salient Points. Special debates are included in each section. There are numerous compelling images, detailed illustrations, comprehensive tables, thorough algorithms, and other adjunctive tools that enhance learning. The authors emanate from different corners of the world. The book is a valuable resource for faculty, students, surgical trainees, fellows, and all health care providers in the HPB/Trauma/Transplant/Oncology fields.

**shadow health focused exam abdominal pain objective data:** Equity, Social Determinants and Public Health Programmes World Health Organization, 2010 1. Introduction and methods of work.-- 2. Alcohol: equity and social determinants.-- 3. Cardiovascular disease: equity and social determinants.-- 4. Health and nutrition of children: equity and social determinants.-- 5. Diabetes: equity and social determinants.-- 6. Food safety: equity and social determinants.-- 7. Mental disorders: equity and social determinants.-- 8. Neglected tropical diseases: equity and social determinants.-- 9. Oral health: equity and social determinants.-- 10. Unintended pregnancy and pregnancy outcome: equity and social determinants.-- 11. Tobacco use: equity and social determinants.-- 12. Tuberculosis: the role of risk factors and social determinants.-- 13. Violence and unintentional injury: equity and social determinants.-- 14. Synergy for equity.

**shadow health focused exam abdominal pain objective data: OSCEs for Medical Finals** Hamed Khan, Iqbal Khan, Akhil Gupta, Nazmul Hussain, Sathiji Nageshwaran, 2013-01-22 OSCEs for Medical Finals has been written by doctors from a variety of specialties with extensive experience of medical education and of organising and examining OSCEs. The book and website package consists of the most common OSCE scenarios encountered in medical finals, together with checklists, similar to OSCE mark schemes, that cover all of the key learning points students need to succeed. Each topic checklist contains comprehensive exam-focussed advice on how to maximise performance together with a range of 'insider's tips' on OSCE strategy and common OSCE pitfalls. Designed to provide enough coverage for those students who want to gain as many marks as possible in their OSCEs, and not just a book which will ensure students 'scrape a pass', the book is fully supported by a companion website at [www.wiley.com/go/khan/osces](http://www.wiley.com/go/khan/osces), containing: OSCE checklists from the book A survey of doctors and students of which OSCEs have a high chance of appearing in finals in each UK medical school

**shadow health focused exam abdominal pain objective data: Reflective Practice in Nursing** Lioba Howatson-Jones, 2016-02-27 Would you like to develop some strategies to manage knowledge deficits, near misses and mistakes in practice? Are you looking to improve your reflective writing for your portfolio, essays or assignments? Reflective practice enables us to make sense of, and learn from, the experiences we have each day and if nurtured properly can provide skills that will you

come to rely on throughout your nursing career. Using clear language and insightful examples, scenarios and case studies the third edition of this popular and bestselling book shows you what reflection is, why it is so important and how you can use it to improve your nursing practice. Key features:

- Clear and straightforward introduction to reflection directly written for nursing students and new nurses
- Full of activities designed to build confidence when using reflective practice
- Each chapter is linked to relevant NMC Standards and Essential Skills Clusters

**shadow health focused exam abdominal pain objective data:** The ASCRS Manual of Colon and Rectal Surgery David E. Beck, John L. Rombeau, Michael J. Stamos, Steven D. Wexner, 2009-06-12 The ASCRS Textbook of Surgery of the Colon and Rectum offers a comprehensive textbook designed to provide state of the art information to residents in training and fully trained surgeons seeking recertification. The textbook also supports the mission of the ASCRS to be the world's authority on colon and rectal disease. The combination of junior and senior authors selected from the membership of the ASCRS for each chapter will provide a comprehensive summary of each topic and allow the touch of experience to focus and temper the material. This approach should provide the reader with a very open minded, evidence based approach to all aspects of colorectal disease. Derived from the textbook, The ASCRS Manual of Surgery of the Colon and Rectum offers a "hands on" version of the textbook, written with the same comprehensive, evidence-based approach but distilled to the clinical essentials. In a handy pocket format, readers will find the bread and butter information for the broad spectrum of practice. In a consistent style, each chapter outlines the condition or procedure being discussed in a concise outline format - easy to read, appropriately illustrated and referenced.

**shadow health focused exam abdominal pain objective data:** *Applied Ethics in Animal Research* John P. Gluck, Tony DiPasquale, F. Barbara Orlans, 2002 This volume is a collection of chapters all contributed by individuals who have presented their ideas at conferences and who take moderate stands with the use of animals in research. Specifically the chapters bear of the issues of: notions of the moral standings of animals, history of the methods of argumentation, knowledge of the animal mind, nature and value of regulatory structures, how respect for animals can be converted from theory to action in the laboratory. The chapters have been tempered by open discussion with individuals with different opinions and not audiences of true believers. It is the hope of all, that careful consideration of the positions in these chapters will leave reader with a deepened understanding--not necessarily a hardened position.

**shadow health focused exam abdominal pain objective data:** *Introduction to Sports Biomechanics* Roger Bartlett, 2002-04-12 First published in 1996. Routledge is an imprint of Taylor & Francis, an informa company.

**shadow health focused exam abdominal pain objective data:** **The Ultimate Guide To Choosing a Medical Specialty** Brian Freeman, 2004-01-09 The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

**shadow health focused exam abdominal pain objective data:** **Medical Imaging Systems** Andreas Maier, Stefan Steidl, Vincent Christlein, Joachim Hornegger, 2018-08-02 This open access book gives a complete and comprehensive introduction to the fields of medical imaging systems, as designed for a broad range of applications. The authors of the book first explain the foundations of system theory and image processing, before highlighting several modalities in a dedicated chapter. The initial focus is on modalities that are closely related to traditional camera systems such as endoscopy and microscopy. This is followed by more complex image formation processes: magnetic resonance imaging, X-ray projection imaging, computed tomography, X-ray phase-contrast imaging,



nuclear imaging, ultrasound, and optical coherence tomography.

**shadow health focused exam abdominal pain objective data:** *Clinical Emergency Medicine* Scott C. Sherman, Joseph W. Weber, Michael Schindlbeck, Rahul Patwari, 2014-01-10 Ninety-eight of the chief complaints and disorders you're most likely to encounter in the ED! A clear, concise guide for clinicians new to the Emergency Department A Doody's Core Title for 2015! Written by authors who are practicing emergency physicians and emergency medicine educators, *Clinical Emergency Medicine* distills the entire content of the emergency medicine curriculum into less than one hundred succinct, clinically relevant chapters. This unique book is intended to guide you through what you must know and be able to do during an actual shift and give you a better understanding of the issues and problems you will face while working in the Emergency Department. Featuring a consistent, find-it-now design, *Clinical Emergency Medicine* delivers concise, must-know information on ninety-eight chief complaints and disorders, ranging from asthma and chest pain to fever and poisoning. Each chapter begins with Key Points, followed by an Introduction, Clinical Presentation (History and Physical Examination), Diagnostic Studies, Medical Decision Making, Treatment and Disposition, and Suggested Reading. Whenever possible, the authors provide practical advice on drug dosing, the medical decision-making thought process, treatment plans, and dispositions that will be of value in a clinical environment. Numerous diagnostic algorithms simplify the problem and point you towards a solution. Valuable to medical students, physician assistants, nurse practitioners, and junior level residents, *Clinical Emergency Medicine* teaches you things that may not have been covered in medical or physician assistant school, but have an important bearing on patient outcomes.

**shadow health focused exam abdominal pain objective data:** *Evidence-Based Geriatric Nursing Protocols for Best Practice* Marie Boltz, PhD, RN, GNP-BC, FGSA, FAAN, Elizabeth Capezuti, PhD, RN, FAAN, Terry T. Fulmer, PhD, RN, FAAN, DeAnne Zwicker, DrNP, APRN, BC, 2016-03-28 This new edition of one of the premier references for geriatric nurses in hospital, long-term, and community settings delivers current guidelines, real-life case studies, and evidence-based protocols developed by master educators and practitioners. With a focus on improving quality of care, cost-effectiveness, and outcome, the fifth edition is updated to provide the most current information about care of common clinical conditions and issues in older patients. Several new expert contributors present current guidelines about hip fractures, frailty, perioperative and postoperative care, palliative care, and senior-friendly emergency departments. Additionally, chapters have been reorganized to enhance logical flow of content and easy information retrieval. Protocols, systematically tested by more than 300 participating NICHE (Nurses Improving Care for Health system Elders) hospitals, are organized in a consistent format and include an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, protocols are embedded within chapter text, providing the context and detailed evidence for each. Chapter objectives, annotated references, and evidence ratings for each protocol are provided along with resources for additional study. New to the Fifth Edition: Reorganized to enhance logical flow of information and ease of use Updated and revised Includes new contributions from expert educators and practitioners Provides new chapters on perioperative and postoperative care, general surgical care, care of hip fracture, palliative care, and the senior-friendly emergency department Key Features: Includes PowerPoints and a test bank for instructors Delivers evidence-based, current guidelines and protocols for care of common clinical conditions in the older person Illustrates the application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known geriatric leaders who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles

**shadow health focused exam abdominal pain objective data:** *Neeb's Fundamentals of Mental Health Nursing* Linda M Gorman, Robynn Anwar, 2014-02-12 Here's the must-know information LPN/LVN students need to care for patients with mental health disorders where they'll encounter them—in general patient care settings. An easy-to-read, conversational writing style

shows you how to recognize and respond to the most important mental health issues. You'll also explore important communication techniques to use with your patients, ethical and legal issues, and alternative and complementary treatments.

**shadow health focused exam abdominal pain objective data:** *Emergency Surgery* Adam Brooks, Bryan A. Cotton, Nigel Tai, Peter F. Mahoney, 2010-02-12 *Emergency Surgery* provides both a practical guide and an understanding of the issues that need to be considered in the management of emergency surgery patients. It presents a clear account of the key issues involved in the assessment, investigation, resuscitation and surgical management of patients who present to the on-call emergency team. It considers the full breadth of issues encountered in these patients including anaesthesia, pre-op resuscitation/optimization, and initial post-operative care including preliminary high dependency/critical care, as well as the complications and acute issues found in acute surgical patients on the ward. It is ideal for surgical trainees as well as trainees from other specialties involved in the care of these complex and challenging patients. This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from Google Play or the MedHand Store.

**shadow health focused exam abdominal pain objective data: Imaging Non-traumatic Abdominal Emergencies in Pediatric Patients** Vittorio Miele, Margherita Trinci, 2016-11-17 This book provides up-to-date, comprehensive, and accurate information on the diagnostic imaging of nontraumatic abdominal emergencies in pediatric patients. All of the most common neonatal and pediatric emergencies are covered, with separate discussion of diseases that occur more commonly in newborns and those typically encountered later in childhood. For each condition, the main signs observed using the various imaging techniques – X-ray, Ultrasonography, Computed Tomography, and Magnetic Resonance – are described and illustrated with the aid of a wealth of images. Attention is drawn to those features of particular relevance to differential diagnosis, and the prognostic value of diagnostic imaging is also explained. The final section addresses topics of special interest, including the acute onset of abdominal neoplasms, the problems associated with radiation protection in the emergency setting, and medicolegal issues and informed content. The book will be of value for all radiologists working in emergency settings in which pediatric patients (newborn and children accessing the emergency department) are regularly examined.

**shadow health focused exam abdominal pain objective data: Pediatric Hepatology and Liver Transplantation** Lorenzo D'Antiga, 2019-04-29 This book is the first to provide balanced examination of both pediatric liver disease and liver transplantation – two topics that are inherently related, given that most chronic liver disorders eventually require organ replacement. The different forms of liver disease encountered in the pediatric age group are first discussed in a series of disease-specific chapters that have a reader-friendly, uniform structure covering pathophysiology, diagnostic and treatment algorithms, clinical cases, and transition to adult care. Key topics in the field of liver transplantation are then addressed. Examples include indications and contraindications, surgical techniques and complications, immunosuppression, in pediatric liver transplantation, acute and chronic rejection and allograft dysfunction, and CMV and EBV infection in transplant recipients, long-term graft injury and tolerance. A section on pediatric hepatology across the world includes chapters presenting the features and management of pediatric liver disease in South-America, Africa and Asia. A closing section considers what the future holds for pediatric liver disease and its management, including novel genetic testing, cell therapy and gene therapy. *Pediatric Hepatology and Liver Transplantation* will be of value for a range of practitioners, from residents making their first approach to pediatric liver disease through to specialists working in transplantation centers.

**shadow health focused exam abdominal pain objective data:** *The Emperor of All Maladies* Siddhartha Mukherjee, 2011-08-09 Winner of the Pulitzer Prize and a documentary from Ken Burns on PBS, this New York Times bestseller is “an extraordinary achievement” (The New Yorker)—a magnificent, profoundly humane “biography” of cancer—from its first documented appearances thousands of years ago through the epic battles in the twentieth century to cure, control, and conquer it to a radical new understanding of its essence. Physician, researcher, and award-winning

science writer, Siddhartha Mukherjee examines cancer with a cellular biologist's precision, a historian's perspective, and a biographer's passion. The result is an astonishingly lucid and eloquent chronicle of a disease humans have lived with—and perished from—for more than five thousand years. The story of cancer is a story of human ingenuity, resilience, and perseverance, but also of hubris, paternalism, and misperception. Mukherjee recounts centuries of discoveries, setbacks, victories, and deaths, told through the eyes of his predecessors and peers, training their wits against an infinitely resourceful adversary that, just three decades ago, was thought to be easily vanquished in an all-out “war against cancer.” The book reads like a literary thriller with cancer as the protagonist. Riveting, urgent, and surprising, *The Emperor of All Maladies* provides a fascinating glimpse into the future of cancer treatments. It is an illuminating book that provides hope and clarity to those seeking to demystify cancer.

**shadow health focused exam abdominal pain objective data:** Psychiatric and Mental Health Nursing Demystified Jim Keogh, 2014-04-05 The quick and easy way to master psychiatric and mental health nursing and use your knowledge in real-world situations If you're looking for a fun, fast review that boils psychiatric and mental health nursing down to its most essential, must-know points your search ends here! Psychiatric and Mental Health Nursing Demystified is a complete yet concise overview of this field, including neurobiology, pharmacology, therapeutic communication, psychiatric assessment, theoretical models of care, and more. You will learn about hallmark signs and symptoms, treatment, and nursing intervention so you have the knowledge to help your patients as a student and as a nurse once you start your career. This fast and easy guide features: Learning objectives at the beginning of each chapter A foundation in psychiatric and mental health nursing topics A final exam at the end of the book A time-saving approach to performing better on an exam or at work Simple enough for a student, but comprehensive enough for a professional, Psychiatric and Mental Health Nursing Demystified is your shortcut to mastering this critical topic.

**shadow health focused exam abdominal pain objective data:** Abdominal Ultrasound Jane A. Bates, 2004 As more and more practitioners are relying on ultrasound as an accepted, safe, and cost-effective diagnostic tool in everyday practice, its use in diagnosing abdominal problems is quickly increasing. This up-to-date edition includes coverage of basic anatomy, technique, and ultrasound appearances, in addition to the most common pathological processes. It serves as both a practical, clinically relevant manual and resource for professionals, as well as an invaluable textbook for students entering the field.

**shadow health focused exam abdominal pain objective data:** Practical Research Paul D. Leedy, Jeanne Ellis Ormrod, 2013-07-30 For undergraduate or graduate courses that include planning, conducting, and evaluating research. A do-it-yourself, understand-it-yourself manual designed to help students understand the fundamental structure of research and the methodical process that leads to valid, reliable results. Written in uncommonly engaging and elegant prose, this text guides the reader, step-by-step, from the selection of a problem, through the process of conducting authentic research, to the preparation of a completed report, with practical suggestions based on a solid theoretical framework and sound pedagogy. Suitable as the core text in any introductory research course or even for self-instruction, this text will show students two things: 1) that quality research demands planning and design; and, 2) how their own research projects can be executed effectively and professionally.

**shadow health focused exam abdominal pain objective data:** *Communicating with the Patient* Philip Ley, Michael Stanway Spelman, 1967

**shadow health focused exam abdominal pain objective data:** Air Force Handbook 10-644 Survival Evasion Resistance Escape Operations, 27 March 2017 United States Government Us Air Force, 2017-06-06 Air Force Handbook 10-644 Survival Evasion Resistance Escape (SERE) Operations 27 March 2017 This handbook describes the various environmental conditions affecting human survival, and describes isolated personnel (IP) activities necessary to survive during successful evasion or isolating events leading to successful recovery. It is the fundamental reference document providing guidance for any USAF service member who has the potential to become

isolated; deviations require sound judgment and careful consideration. This publication provides considerations to be used in planning and execution for effective mission accomplishment of formal USAF Survival, Evasion, Resistance, and Escape (SERE) training, environmentally specific SERE training, and combat survival continuation training programs. The tactics, techniques, and procedures in this publication are recognized best practices presenting a solid foundation to assist USAF service members to maintain life and return with honor from isolating events.

**shadow health focused exam abdominal pain objective data:** An Introduction to Human Factors Engineering Christopher D. Wickens, John Lee, Sallie E. Gordon, Yili Liu, 2014 For undergraduate courses in Human-Factors Engineering, Human-Computer Interaction, Engineering Psychology, or Human-Factors Psychology. Offering a somewhat more psychological perspective than other human factors books on the market, this text describes the capabilities and limitations of the human operator-both physical and mental-and how these should be used to guide the design of systems with which people interact. General principles of human-system interaction and design are presented, and included are specific examples of successful and unsuccessful interactions. It links theories of human performance that underlie the principles with real-world experience, without a heavy engineering-oriented perspective.

**shadow health focused exam abdominal pain objective data:** **Essentials of Nursing Leadership and Management** Ruth M. Tappen, Sally A. Weiss, Diane K. Whitehead, 2004-01 This new edition focuses on preparing your students to assume the role as a significant member of the health-care team and manager of care, and is designed to help your students transition to professional nursing practice. Developed as a user-friendly text, the content and style makes it a great tool for your students in or out of the classroom. (Midwest).

**shadow health focused exam abdominal pain objective data:** *Health Assessment for Nursing Practice* Susan Fickertt Wilson, Jean Giddens, 2009 'An Introduction to Television Studies' is a comprehensive introduction to the field. It provides resources for thinking about key aspects and introduces institutional, textual, cultural, economic, production and audience-centred ways of looking at television.

*Miter Saw - laser vs shadow line? | The International Association of ...*

Dec 5, 2003 · Hi Jeff, I have a Bosch saw that came with no laser or light. I added an aftermarket laser because it didn't require any modifications. I used it initially, but have since pretty much stopped (after the battery died). I considered adding a shadow line light, but haven't figured out any kind of mounting system yet. Although I haven't used one yet, I think the shadow line ...

*Lynn's Floating Pen - The International Association of Penturners*

Mar 17, 2004 · Here is a brief tutorial for adding a drop shadow using Jasc Paint Shop Pro version 8. It turned out to be a 12 step program for some reason. Step 1: Photograph your pen using a high contrast solid background. A sheet of white paper works well for many pens. Download image to your computer and open with PSP 8. Step 2: Adjust photo brightness as ...

Magical Skew | The International Association of Penturners

Aug 11, 2016 · I saw an ad for a Magical Skew made by T. Shadow & CO (DELUXE MAGICAL SKEW - T. Shadow & Co. LLC). I'm interested in hearing from anyone who's used it or who knows where I can find videos of it or something.

**T-Shadow vs Benson Pace rotary jig for NEJE Master**

Feb 15, 2018 · T Shadow makes one and so does Benson Pace. I need it to be accurate enough to make multiple passes if I need more depth. Does anybody have any experience with either of these. I know that Nancy who is a member here is the ...

**Shadow box | The International Association of Penturners**

Dec 8, 2005 · I finished this shadow box for a friend of mine that's retiring in a week or so. I delivered it this morning, he's very happy with it! I also made him a pen from Honduran Mahogany, and had it engraved by Mike and Jen. He at first said he couldn't accept it, until I said he didn't have a...

#### Neje rotary jig. - The International Association of Penturners

Jul 2, 2009 · Another rotary jig is sold by Bob Marquis (Magic Bob here on IAP) t-shadow. [www.tshadow.com](http://www.tshadow.com). Right now the T Shadow jig doesn't do closed-end items. I PM'd MagicBob several days ago and he said they're working on developing one. As far as photos for the Bob (Benson) Pace jig, he's requested that nobody post photos or videos of his v2.0 style jig.

#### Problems with Engraving Pen Blanks with Neje and Rotary Jig

Feb 8, 2015 · I have my new Neje 1500 up and running and would like to thank all those whose generous help got me around a couple of obstacles. Now I would like to enlist some more help this time for engraving pen blanks with the rotary jig from T. Shadow. I have been trying to burn the 2nd Amendment as...

#### Drilling Antlers - The International Association of Penturners

Apr 30, 2008 · A neat trick is to mount the piece in question between centers, and spin it at med speed and look down at it, you will be able to see a "shadow" of the solid parts as it spins, the narrowest part of that shadow is the maximum size cylinder you can turn from that piece USING THOSE CENTERS. Move the centers around to maximize the size of the shadow.

#### **Neje Master 3500 Rotary Jig | The International Association of ...**

Dec 4, 2006 · Trying here as well - I got a Neje Master 3500 gifted to me with a Rotary Jig made by T. Shadow and Co based on the original Mike Shortness design according to the labels on the boxes. Some parts missing - especially the bearing holders for the roller and some lifts. I have a 3D printer and...

#### *Easy Wood or Woodpecker's UltraShear Turning Tools*

Jun 8, 2021 · In addition, for shear cuts as has been discussed, I bought one of Magicbob's (T. Shadow & Co.) Magical Skews and added an extension to make the tool longer (more comparable to the Mid-Sized Easy Wood Tools lengths). I simply inserted a forester bit extender between the handle and the tool to extend the length.

#### Miter Saw - laser vs shadow line? | The International Association of ...

Dec 5, 2003 · Hi Jeff, I have a Bosch saw that came with no laser or light. I added an aftermarket laser because it didn't require any modifications. I used it initially, but have since pretty much ...

#### **Lynn's Floating Pen - The International Association of Penturners**

Mar 17, 2004 · Here is a brief tutorial for adding a drop shadow using Jasc Paint Shop Pro version 8. It turned out to be a 12 step program for some reason. Step 1: Photograph your pen using a ...

#### *Magical Skew | The International Association of Penturners*

Aug 11, 2016 · I saw an ad for a Magical Skew made by T. Shadow & CO (DELUXE MAGICAL SKEW - T. Shadow & Co. LLC). I'm interested in hearing from anyone who's used it or who ...

#### **T-Shadow vs Benson Pace rotary jig for NEJE Master**

Feb 15, 2018 · T Shadow makes one and so does Benson Pace. I need it to be accurate enough to make multiple passes if I need more depth. Does anybody have any experience with either ...

### *Shadow box | The International Association of Penturners*

Dec 8, 2005 · I finished this shadow box for a friend of mine that's retiring in a week or so. I delivered it this morning, he's very happy with it! I also made him a pen from Honduran ...

### Neje rotary jig. - The International Association of Penturners

Jul 2, 2009 · Another rotary jig is sold by Bob Marquis (Magic Bob here on IAP) t-shadow. www.tshadow.com. Right now the T Shadow jig doesn't do closed-end items. I PM'd MagicBob ...

### **Problems with Engraving Pen Blanks with Neje and Rotary Jig**

Feb 8, 2015 · I have my new Neje 1500 up and running and would like to thank all those whose generous help got me around a couple of obstacles. Now I would like to enlist some more help ...

### **Drilling Antlers - The International Association of Penturners**

Apr 30, 2008 · A neat trick is to mount the piece in question between centers, and spin it at med speed and look down at it, you will be able to see a "shadow" of the solid parts as it spins, the ...

### *Neje Master 3500 Rotary Jig | The International Association of ...*

Dec 4, 2006 · Trying here as well - I got a Neje Master 3500 gifted to me with a Rotary Jig made by T. Shadow and Co based on the original Mike Shortness design according to the labels on ...

### *Easy Wood or Woodpecker's UltraShear Turning Tools*

Jun 8, 2021 · In addition, for shear cuts as has been discussed, I bought one of Magicbob's (T. Shadow & Co.) Magical Skews and added an extension to make the tool longer (more ...

[Back to Home](#)