

Sunrise Senior Living Online Training



Sunrise Senior Living Online Training: Empowering Caregivers for a Brighter Future

Are you passionate about providing exceptional care for seniors? Do you want to work for a company committed to innovation and professional development? Then understanding Sunrise Senior Living's online training programs is crucial. This comprehensive guide delves into the world of Sunrise Senior Living online training, exploring its benefits, content, access, and how it contributes to a rewarding career in senior care. We'll unpack everything you need to know, whether you're a seasoned caregiver looking to upskill or a new employee eager to begin your journey.

Understanding Sunrise Senior Living's Commitment to Training

Sunrise Senior Living recognizes that its employees are its greatest asset. They invest heavily in ongoing training and development, providing a robust online learning platform designed to equip caregivers with the knowledge and skills necessary to deliver the highest quality care. This commitment translates into better care for residents and a more fulfilling experience for employees.

The Benefits of Sunrise's Online Training Platform

Sunrise Senior Living's online training offers numerous advantages:

Flexibility: Learn at your own pace, anytime, anywhere, fitting training around your schedule.

Accessibility: Access a vast library of courses and resources from your computer or mobile device.

Convenience: No need for travel or scheduling conflicts associated with in-person training.

Continuous Learning: Stay up-to-date on best practices and industry advancements.

Career Advancement: Enhance your skills and increase your opportunities for promotion.

Improved Resident Care: Directly impacts the quality of care provided, resulting in improved resident outcomes.

Navigating the Sunrise Senior Living Online Training Portal

The specific access method and content available within the Sunrise Senior Living online training portal varies depending on your role and location. However, generally, you'll access the platform through a designated portal using your employee credentials.

Typical Course Content within the Platform:

Resident-centered care: Focuses on understanding individual resident needs and preferences.

Medication management: Covers safe and effective medication administration techniques.

Emergency procedures: Prepares caregivers to respond effectively to various emergency situations.

Infection control: Emphasizes the importance of hygiene and infection prevention protocols.

Communication skills: Enhances effective communication with residents, families, and colleagues.

Cultural sensitivity training: Promotes understanding and respect for diverse cultural backgrounds.

Dementia care: Provides specialized training for caregivers working with residents living with dementia.

Safety protocols: Focuses on maintaining a safe and secure environment for residents and staff.

Regulatory compliance: Ensures adherence to all relevant regulations and standards.

Accessing and Using the Online Training Modules

Once logged in, you'll typically find a user-friendly interface. The platform usually features:

Course Catalog: A searchable database of available training modules.

Progress Tracking: Monitors your progress in each course.

Assessment Tools: Evaluates your understanding of the material through quizzes and tests.

Interactive Modules: Engaging content incorporating videos, simulations, and interactive exercises.

Support Resources: Provides access to FAQs, help documents, and contact information for technical assistance.

Sunrise Senior Living Online Training: A Commitment to Excellence

Sunrise Senior Living's dedication to online training signifies a commitment to both its employees and the residents they serve. By providing accessible and comprehensive training resources, Sunrise empowers its caregivers to excel in their roles and deliver exceptional care. The ongoing investment in professional development contributes to a positive and supportive work environment, attracting and retaining talented individuals within the senior care industry. The result is a higher quality of life for residents and a more rewarding career path for caregivers.

Conclusion

Sunrise Senior Living's online training program is a valuable asset for caregivers, fostering continuous learning, improved skills, and a commitment to excellence in senior care. The accessibility and comprehensive nature of the platform ensure that caregivers are equipped to meet the diverse needs of residents, ultimately contributing to a brighter and more fulfilling experience for everyone involved.

Frequently Asked Questions (FAQs)

1. Is the Sunrise Senior Living online training mandatory for all employees? Generally, yes, at least for certain core modules related to safety, resident care, and compliance. Specific requirements may vary depending on your role and location. It's best to check with your manager or HR department for details.

2. What if I have technical difficulties accessing the online training platform? Sunrise usually provides dedicated technical support to address any issues. Contact information is generally available within the online platform itself.
3. Are there certificates or credentials awarded upon completion of training modules? Completion certificates are often provided for specific courses, demonstrating competency in specific areas. This can be valuable for career advancement within Sunrise Senior Living and potentially other organizations.
4. Can I access the training modules on my mobile phone or tablet? Most Sunrise Senior Living online training platforms are designed to be responsive and accessible on various devices, including smartphones and tablets.
5. How often is the online training content updated? Sunrise regularly updates its training materials to reflect best practices, regulatory changes, and industry advancements. The frequency of updates varies depending on the specific modules.

sunrise senior living online training: *Assisted Living in the United States* Rosalie A. Kane, Keren Brown Wilson, 1993

sunrise senior living online training: *Stanford* , 2006

sunrise senior living online training: *Nursing Homes* , 2006

sunrise senior living online training: *Protecting Seniors Against Environmental Disasters* Michael R Greenberg, 2014-07-11 The baby boom generation were born between 1946 and 1964 and are the largest population cohort in US history. They should number about 90 million by mid-century, more than doubling their current size. The massive increase in seniors and relative decline of those of working age in the US is mirrored in almost all the world's most populous countries. This book connects the dots between the US baby boom generation and the marked increase in natural and human-caused disasters. It evaluates options available to seniors, their aids, for and not-for and for-profit organizations and government to reduce vulnerability to hazard events. These include coordinated planning, risk assessment, regulations and guidelines, education, and other risk management efforts. Using interviews with experts, cases studies, especially of Superstorm Sandy, and literature, it culls best practice and identify major gaps. It is original and successful in making the connection between the growing group of vulnerable US seniors, environmental events, and risk management practices in order to isolate the most effective lessons learned.

sunrise senior living online training: *Nursing Times* , 2008

sunrise senior living online training: *Becoming a Therapy Dog Team* Katha Miller-Winder, PH D, 2021-03-16 A book of guidance and advice about how to become a Therapy Dog team. It contains the tips and tricks the author has learned in a decade of Therapy Dog work. If you're ready to become a Therapy Dog team but are hesitant to dive into the unknown and just want someone to be there to guide you along the way, this book is for you. If you've always been a little curious what Therapy Dog work was all about and why people do it, this book is for you. If you're a trainer, veterinarian, groomer, or other dog professional who has people asking them about Therapy Dog work but you've had no idea how to help them find answers, this book is for you.

sunrise senior living online training: *Navigating the New Normal of Business With Enhanced Human Resource Management Strategies* Aquino Jr., Perfecto Gathbonton, Jalagat Jr., Revenio Cabanilla, 2022-02-11 Despite the ill effects of COVID-19 and the temporary closure of business operations worldwide, some organizations, such as the food and pharmaceutical industries, are still functioning, and their need to resume operations is dire. Managing the workforce and performing other functions of human resource management, such as recruitment and hiring, is a continuous

process, and today's organizations must be adaptive and careful in employing the practices of human resource management for any unforeseen events that trigger uncertainty and threats to the company's workforce performance and hinder organizational effectiveness. Navigating the New Normal of Business With Enhanced Human Resource Management Strategies shares effective strategies in human resource management from organizations worldwide to shed light and ideas on how existing organizations have managed to continue their operations in a post-COVID-19 world, as well as how they have enhanced their strategies and prospects for the future. Covering a range of topics such as employee rights, labor markets, and talent management, it is an ideal resource for instructors, administrators, managers, industry professionals, academicians, practitioners, researchers, and students.

sunrise senior living online training: *Nursing Times, Nursing Mirror* , 2008

sunrise senior living online training: **30 Summers More** Dwayne J. Clark, 2019-09-03

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sunrise senior living online training: **The Penelope Project** Anne Basting, Maureen Towey, Ellie Rose, 2016-05-15 The Arts of Penelope: Art-Making and Making Artifacts, by Ellie Rose and Shannon Scrofano -- Who Is a Hero in Your Own Life?, by Jolene Hansen -- Mamie's Story, by Beth Meyer-Arnold -- On Playing the Suitors: In Dialogue, by Daniel Cohen and Rusty Tym -- On Playing Penelope: In Dialogue, by Joyce Heinrich and Nikki Zaleski -- Five Seconds after the Audience Left, by Anne Basting -- The Magic of the Movement, by Anne Basting and Leonard Cruz -- Finding an Ending, by Maureen Towey -- Excerpt from Finding Penelope, Scene 5, by Anne Basting -- Part Five: Evaluation and Evolution -- Beyond Penelope at Luther Manor, by Ellie Rose -- On the Challenges of Continuity in Civic Arts Projects: In Dialogue, by Michael Rohd and Anne Basting -- Making Structural Changes in the Curriculum through Penelope, by Robin Mello and Anne Basting -- What Did the Research Tell Us?, by Robin Mello and Julie Voigts -- The Essential Elements of Penelope, by Robin Mello and Julie Voigts -- The Landscape beyond Penelope, by Anne Basting, Ellie Rose, and Maureen Towey -- Appendices -- Appendix 1. Penelope Project Timeline -- Appendix 2. Penelope Project Team -- Appendix 3. Partnership Agreement -- Appendix 4. Prompts for Penelope Activities and Challenges -- Appendix 5. Storytelling and Playwriting Syllabus -- Appendix 6. A Note on the Program Evaluation, by Robin Mello -- Appendix 7. Funding Partners -- Appendix 8. Survey Questions -- Contributors -- Index

sunrise senior living online training: **Blueprint** Gene Guarino, 2020-03-03 Gene Guarino's easy-to-read guide reveals his secrets to successfully owning and operating a RAL business. With more than 20-years experience, his Blueprint can save you a lot of time, effort and money. In this 100-page comprehensive guide, he provides a complete A-Z overview of HOW TO Start a RAL business. Gene Guarino has built a national brand, recognition, and source for all things RAL. His Assisted Living Family of companies consist of RAL Academy, the nation's premiere 3-day accelerated course for owning, operating and investing in RAL homes. In addition, he is founder of the RAL National Association, Family Legacy Homes, and the annual RAL National Convention. He has trained thousands of people across the country how to turn single family homes into cash cows for financial freedom. Gene Guarino's Blueprint for residential assisted living is designed to promote quality care for seniors and opportunities for business owners, operators and investors. His business motto is Do Good and Do Well.

sunrise senior living online training: *School, Family, and Community Partnerships* Joyce L. Epstein, Mavis G. Sanders, Steven B. Sheldon, Beth S. Simon, Karen Clark Salinas, Natalie Rodriguez Jansorn, Frances L. Van Voorhis, Cecelia S. Martin, Brenda G. Thomas, Marsha D. Greenfeld, Darcy J. Hutchins, Kenyatta J. Williams, 2018-07-19 Strengthen programs of family and community engagement to promote equity and increase student success! When schools, families, and communities collaborate and share responsibility for students' education, more students succeed in school. Based on 30 years of research and fieldwork, the fourth edition of the bestseller *School, Family, and Community Partnerships: Your Handbook for Action*, presents tools and guidelines to help develop more effective and more equitable programs of family and community

engagement. Written by a team of well-known experts, it provides a theory and framework of six types of involvement for action; up-to-date research on school, family, and community collaboration; and new materials for professional development and on-going technical assistance. Readers also will find: Examples of best practices on the six types of involvement from preschools, and elementary, middle, and high schools Checklists, templates, and evaluations to plan goal-linked partnership programs and assess progress CD-ROM with slides and notes for two presentations: A new awareness session to orient colleagues on the major components of a research-based partnership program, and a full One-Day Team Training Workshop to prepare school teams to develop their partnership programs. As a foundational text, this handbook demonstrates a proven approach to implement and sustain inclusive, goal-linked programs of partnership. It shows how a good partnership program is an essential component of good school organization and school improvement for student success. This book will help every district and all schools strengthen and continually improve their programs of family and community engagement.

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sunrise senior living online training: **Hoover's Handbook of Private Companies** Hoover's Business Press, 2008-12 Hoover's Handbook of Private Companies covers 900 nonpublic U.S. enterprises including large industrial and service corporations.

sunrise senior living online training: **Self-Reg** Dr. Stuart Shanker, 2016-06-21 There's no such thing as a bad kid. That's what a lifetime of experience has taught Dr. Stuart Shanker. No matter how difficult, out of control, distracted, or exhausted a child might seem, there's a way forward: self-regulation. Overturning decades of conventional wisdom, this radical new technique allows children and the adults who care for them to regain their composure and peace of mind. Self-Reg is a groundbreaking book that presents an entirely new understanding of your child's emotions and behavior and a practical guide for parents to help their kids engage calmly and successfully in learning and life. Grounded in decades of research and working with children and parents by Dr. Shanker, Self-Reg realigns the power of the parent-child relationship for positive change. Self-regulation is the nervous system's way of responding to stress. We are seeing a generation of children and teens with excessively high levels of stress, and, as a result, an explosion of emotional, social, learning, behavior, and physical health problems. But few parents recognize the "hidden stressors" that their children are struggling with: physiological as well as social and emotional. An entrenched view of child rearing sees our children as lacking self-control or willpower, but the real basis for these problems lies in excessive stress. Self-regulation can dramatically improve a child's mood, attention, and concentration. It can help children to feel empathy, and to cultivate the sorts of virtues that most parents know are vital for their child's long-term wellbeing. Self-regulation brings about profound and lasting transformation that continues throughout life. Dr. Shanker translates decades of his findings from working with children into practical, prescriptive advice for parents, giving them concrete ways to develop their self-regulation skills and teach their children to do the same and engage successfully with life for optimal learning, social, and emotional growth.

sunrise senior living online training: I Love Jesus, But I Want to Die Sarah J. Robinson, 2021-05-11 A compassionate, shame-free guide for your darkest days "A one-of-a-kind book . . . to read for yourself or give to a struggling friend or loved one without the fear that depression and suicidal thoughts will be minimized, medicalized or over-spiritualized."—Kay Warren, cofounder of Saddleback Church What happens when loving Jesus doesn't cure you of depression, anxiety, or suicidal thoughts? You might be crushed by shame over your mental illness, only to be told by well-meaning Christians to "choose joy" and "pray more." So you beg God to take away the pain, but nothing eases the ache inside. As darkness lingers and color drains from your world, you're left wondering if God has abandoned you. You just want a way out. But there's hope. In *I Love Jesus, But I Want to Die*, Sarah J. Robinson offers a healthy, practical, and shame-free guide for Christians struggling with mental illness. With unflinching honesty, Sarah shares her story of battling depression and fighting to stay alive despite toxic theology that made her afraid to seek help outside

the church. Pairing her own story with scriptural insights, mental health research, and simple practices, Sarah helps you reconnect with the God who is present in our deepest anguish and discover that you are worth everything it takes to get better. Beautifully written and full of hard-won wisdom, *I Love Jesus, But I Want to Die* offers a path toward a rich, hope-filled life in Christ, even when healing doesn't look like what you expect.

sunrise senior living online training: Plunkett's Real Estate & Construction Industry Almanac 2007: Real Estate & Construction Industry Market Research, Statistics, Trends & Leading Companies Jack W. Plunkett, 2007-06 Provides an analysis and statistics of various facets of the real estate and construction industry, including architecture, engineering, property management, finance, operations, mortgages, REITs, brokerage, construction and development. This book includes profiles of nearly 400 firms.

sunrise senior living online training: *Business Week*, 1997

sunrise senior living online training: To Light Their Way Kayla Craig, 2021-10 Prayers to guide your journey of raising kids in a complicated world. In an age of distraction and overwhelm, finding the words to meaningfully pray for our children--and for our journey as parents--can feel impossible. Written with warmth and welcome, *To Light Their Way* gives voice to your prayers when words won't come. Filled with more than 100 modern liturgies, this book guides you into an intentional conversation with God for your children and the world they live in. From everyday struggles like helping your child find friends or thrive in school to larger issues like praying for a brighter world rooted in peace and truth, these pleas and petitions act as a gentle guide, reminding us that while our words may fail, God never does. At the core of *To Light Their Way* is the deepest of prayers: that our children will experience the love of God so deeply that their lives will be an outpouring of love that lights up the world.

sunrise senior living online training: Oakland County Telephone Directories, 2007

sunrise senior living online training: Illinois 2021 Rules of the Road State of Illinois, 2021-07-19 Illinois 2021 Rules of the Road handbook, drive safe!

sunrise senior living online training: *Ninja Selling* Larry Kendall, 2017-01-03 2018 Axiom Business Book Award Winner, Gold Medal Stop Selling! Start Solving! In *Ninja Selling*, author Larry Kendall transforms the way readers think about selling. He points out the problems with traditional selling methods and instead offers a science-based selling system that gives predictable results regardless of personality type. *Ninja Selling* teaches readers how to shift their approach from chasing clients to attracting clients. Readers will learn how to stop selling and start solving by asking the right questions and listening to their clients. *Ninja Selling* is an invaluable step-by-step guide that shows readers how to be more effective in their sales careers and increase their income-per-hour, so that they can lead full lives. *Ninja Selling* is both a sales platform and a path to personal mastery and life purpose. Followers of the *Ninja Selling* system say it not only improved their business and their client relationships; it also improved the quality of their lives.

sunrise senior living online training: The Washington Post Index, 2009

sunrise senior living online training: *Ann Arbor Business Directory & Business Buyer's Guide* Ann Arbor Area Chamber of Commerce, 2007

sunrise senior living online training: *Strala Yoga* Tara Stiles, 2021-11-09 In *Strala Yoga*, Tara Stiles explains the origin and philosophy of this feelings-based style of yoga, which is spreading like wildfire around the world—from New York City to Barcelona to Singapore. Focusing on the power of combining movement with intuition, Tara walks readers through the importance of moving with ease and creating space in their lives. *Strala* isn't about strict poses; it's about your body and your abilities. By moving how it feels good to move, readers will not only get a great workout but also release stress, free up space in their minds, and open themselves up to creativity. Tara lays out simple, step-by-step information on everything from how to use the breath in movement, to how to create ease, to how to set up a home practice. More than ten routines—each illustrated with clear, instructional photos—offer both easy and more difficult tracks, appealing to beginners and seasoned yogis alike, and aim to help readers dissolve stress, get better sleep, gain energy, or even wind down

after a tough day. Tara also offers up both a 7-day jumpstart and a 30-day program to help readers bring yoga—and its varied benefits—easily into their lives. My goal is to help you feel connected and gain strength, calm, clarity, and ease from the inside out. Get ready to feel amazing, and enjoy the ride! —Tara

sunrise senior living online training: *One Degree Revolution* Coby Kozlowski, 2020-01-07 Innovative, accessible, and easily implemented, One Degree Revolution is acclaimed yoga educator and leadership coach Coby Kozlowski's holistic program for self-inquiry and personal transformation. Her philosophy is deeply connected to living yoga—not just doing yoga. In fact, readers don't need to have ever attended a yoga class to dive into this book: her thoughtful teachings are for anybody interested in learning to navigate the waves of life more skillfully and gracefully. Imagine sailing a boat with a course set for a lifetime. If that route changes by just one navigational degree, what would happen to the journey? How far from the original trajectory would we be in one year? Five years? Ten years? Twenty years? Well, we would end up in a totally different place. In much the same way, we can change the course of our life by making a one degree shift. In other words, we don't have to change everything about ourselves or our world to make a difference. Coby inspires readers to dig deep, to ask powerful questions and to dive into the insights, experiments, and inquiries of living yoga: how can I best be with life? How can the teachings of yoga direct us to see the most aligned choices, let go of past hurts, and discover deep and meaningful connections? And what are the most skillful ways we can learn to savor all that life presents? These yoga philosophies are infused with practical strategies for creating the life you truly want and having a positive impact on the world. One Degree Revolution will guide readers to: -access infinite personal possibilities -celebrate their authentic selves and start listening to their calling -find meaning and purpose -learn to let go and trust the unfolding of life -value taking a pause and making a fresh start when needed -challenge long-held beliefs and foster transformational change -get comfortable with being uncomfortable, and -develop their community One degree at a time.

sunrise senior living online training: *The Things They Carried* Tim O'Brien, 2009-10-13 A classic work of American literature that has not stopped changing minds and lives since it burst onto the literary scene, *The Things They Carried* is a ground-breaking meditation on war, memory, imagination, and the redemptive power of storytelling. *The Things They Carried* depicts the men of Alpha Company: Jimmy Cross, Henry Dobbins, Rat Kiley, Mitchell Sanders, Norman Bowker, Kiowa, and the character Tim O'Brien, who has survived his tour in Vietnam to become a father and writer at the age of forty-three. Taught everywhere—from high school classrooms to graduate seminars in creative writing—it has become required reading for any American and continues to challenge readers in their perceptions of fact and fiction, war and peace, courage and fear and longing. *The Things They Carried* won France's prestigious Prix du Meilleur Livre Etranger and the Chicago Tribune Heartland Prize; it was also a finalist for the Pulitzer Prize and the National Book Critics Circle Award.

sunrise senior living online training: *A Soft Voice in a Noisy World* Karl Robb, 2012-11 A compilation of insights, practical tools and inspirational suggestions for improving mind-body connection and empowering healing.

sunrise senior living online training: *Dementia with Dignity* Judy Cornish, 2019-01-22 The revolutionary how-to guidebook that details ways to make it easier to provide dementia home care for people experiencing Alzheimer's or dementia. Alzheimer's home care is possible! *Dementia with Dignity* explains the groundbreaking new approach: the DAWN Method(R), designed so families and caregivers can provide home care. It outlines practical tools and techniques to help your loved one feel happier and more comfortable so that you can postpone the expense of long-term care. In this book you'll learn: -The basic facts about Alzheimer's and dementia, plus the skills lost and those not lost; -How to recognize and respond to the emotions caused by Alzheimer's or dementia, and avoid dementia-related behaviors; -Tools for working with an impaired person's moods and changing sense of reality; -Home care techniques for dealing with hygiene, safety, nutrition and exercise issues; -A greater understanding and appreciation of what someone with Alzheimer's or dementia is

experiencing, and how your home care can increase home their emotional wellbeing. Wouldn't dementia home care be easier if you could get on the same page as your loved one? When we understand what someone experiencing Alzheimer's or dementia is going through, we can truly help them enjoy more peace and security at home. This book will help you recognize the unmet emotional needs that are causing problems, giving you a better understanding and ability to address them. The good news about dementia is that home care is possible. There are infinitely more happy times and experiences to be shared together. Be a part of caring for, honoring, and upholding the life of someone you love by helping them experience Alzheimer's or dementia with dignity. Judy Cornish is the author of *The Dementia Handbook-How to Provide Dementia Care at Home*, founder of the Dementia & Alzheimer's Wellbeing Network(R) (DAWN), and creator of the DAWN Method. She is also a geriatric care manager and elder law attorney, member of the National Association of Elder Law Attorneys (NAELA) and the American Society on Aging (ASA).

sunrise senior living online training: *The Validation Breakthrough* Naomi Feil, Vicki de Klerk-Rubin, 2012 *The Validation Breakthrough* is an essential resource for all settings providing dementia care including assisted living facilities, nursing homes, skilled nursing facilities, hospice, home health care, adult day services, family care settings, and more.

sunrise senior living online training: *Awake in the Wild* Mark Coleman, 2010-10-18 "Nature deficit disorder" has become an increasingly challenging problem in our hypermodern world. In *Awake in the Wild*, Mark Coleman shows seekers how to remedy this widespread malady by reconnecting with nature through Buddhism. Each short (two to three pages) chapter includes a concrete nature meditation relating to such topics as Attuning to the Natural World, Reflecting the Rhythms of Nature, Walking with Compassion, Releasing the Inner Noise, Freeing the Animal Within, Coming into the Peace of Wild Things, Weathering the Storms of Life, and more. Incorporating anecdotes from the author's many nature retreats, Buddhist wisdom and teachings, important nature writings by others, and nature itself, the book invites readers to participate in, not just observe, nature; develop a loving connection with the earth as a form of environmental activism; decrease urban alienation through experiencing nature; embody nature's peaceful presence; and connect with ancient spiritual wisdom through nature meditations.

sunrise senior living online training: *Sunset Tai Chi* Ramel Rones, David Silver, 2011 A comprehensive introduction to using Tai Chi for stress relief. Uses restorative poses from yoga, and purifying movements and meditations from qigong, followed by the tai chi stances, drills, and a short Sunset Tai Chi form that can be practiced sitting or standing. This mind/body program teaches you to calm down and recuperate from the stress of the day, preventing stress-related illness. Learn to use the energy of the setting sun to release impurities and tension.

sunrise senior living online training: *Fast Food Nation* Eric Schlosser, 2012 An exploration of the fast food industry in the United States, from its roots to its long-term consequences.

sunrise senior living online training: *The Little Black Book of Scams* Industry Canada, Competition Bureau Canada, 2014-03-10 The Canadian edition of *The Little Black Book of Scams* is a compact and easy to use reference guide filled with information Canadians can use to protect themselves against a variety of common scams. It debunks common myths about scams, provides contact information for reporting a scam to the correct authority, and offers a step-by-step guide for scam victims to reduce their losses and avoid becoming repeat victims. Consumers and businesses can consult *The Little Black Book of Scams* to avoid falling victim to social media and mobile phone scams, fake charities and lotteries, dating and romance scams, and many other schemes used to defraud Canadians of their money and personal information.

sunrise senior living online training: *The Nonviolent Communication Training Course* Marshall Rosenberg, Ph.D., 2006-04-27 Marshall Rosenberg's remarkable process of Nonviolent Communication™ has gained worldwide recognition as a tool for turning even the most volatile situations into a natural interchange of compassion, generosity, and mutual enrichment. Modeled after this visionary peacemaker's nine-day international intensive retreats, *The Nonviolent Communication Training Course* presents the first ever self-guided curriculum for putting

Rosenberg's transformative ideas into everyday practice—whether you're at the office, at the dinner table, in a parent-teacher conference—any situation where you want to honor what is alive in yourself and others. Join the pioneering creator of NVC for more than nine hours of in-depth instruction that includes: Nine immersive CDs that teach you how to use NVC to discuss difficult emotions, deepen intimate relationships, mediate impossible conflicts, and much more Workbook with more than 50 exercises to strengthen your ability to successfully apply NVC in the field Seven Nonviolent Communication training cards you can use on the spot to express yourself and listen to others Course objectives: Identify the four steps of the Nonviolent Communication process Employ the four-step Nonviolent Communication process in every dialogue you engage in Utilize empathy to safely confront anger, fear, and other powerful emotions Discover how to overcome the blocks to compassion, and open to our natural desire to enrich the lives of those around us

sunrise senior living online training: The Compassionate Equestrian Allen Schoen, Susan Gordon, 2015-08-17 This marvelous book, borne of a unique collaboration between Dr. Allen Schoen—a world-renowned veterinarian and author—and trainer and competitor of many years Susan Gordon, introduces the 25 Principles of Compassionate Equitation. These Principles, conceived by Dr. Schoen and Gordon, are a set of developmental guidelines, encouraging a level of personal awareness that may be enacted not only through the reader's engagement with horses, but can be extended to all humans and sentient beings he or she encounters. The 25 Principles share stories and outline current, peer-reviewed studies that identify and support methods of training, handling, and caring for horses that constitute a safe, healthy, non-stressful, and pain-free environment. Through their Compassionate Equestrian program, the authors encourage all involved in the horse industry to approach training and handling with compassion and a willingness to alleviate suffering. By developing deeper compassion for their own horses, and subsequently, all equines, equestrians transcend their differences in breed preferences, riding disciplines, and training methodologies. This leads to the ability to empathize and connect more closely with the “global collective” of horses and horse people. In doing so, a worldwide community of compassionate equine practitioners and horse owners will emerge, which will not only benefit the horses: People involved with horses are found in many influential segments of society and have the potential to affect wide circles of friends, acquaintances, and co-workers from every walk of life. These are simple changes any horse person can make that can have a vast impact on the horse industry and society as a whole.

sunrise senior living online training: Kettlebell: A Simple Guide to Learn Kettlebell Exercises (The Ultimate Kettlebell Workouts for a Shredded Body) Bobbie Wright, 2022-01-13 The great thing about the kettlebell is that it allows you to perform resistance cardio. This means you are using cardiovascular training that increases your heart rate and helps you to burn fat. At the same time though, you are also lifting weight, which protects your muscle from breakdown and increases the challenge, thereby increasing the amount of calories burned and the amount of effort involved. What you will learn in this guide: · The benefits of kettlebells · How to purchase the right kettlebell · How to make your own kettlebell cheaply · The top kettlebell exercises that give you the best results · Learn the best workouts that provide high intensity that will make you a kettlebell machine! Enter kettlebell training. In this book, you'll learn how it can help you get ripped and shredded and, more importantly, how to start with the right set of kettlebells, i.e., the right quality and weight. By the end of this short book, you'll be in a great position to start going for that ripped and shredded body you've always dreamed of using kettlebells. You have a great tool in your hands now. It's up to you if you'll use it to the hilt.

sunrise senior living online training: The Coventrys Stuart Miller, 1869

sunrise senior living online training: Learning Science in Informal Environments National Research Council, Division of Behavioral and Social Sciences and Education, Center for Education, Board on Science Education, Committee on Learning Science in Informal Environments, 2009-05-27 Informal science is a burgeoning field that operates across a broad range of venues and envisages learning outcomes for individuals, schools, families, and society. The evidence base that

describes informal science, its promise, and effects is informed by a range of disciplines and perspectives, including field-based research, visitor studies, and psychological and anthropological studies of learning. Learning Science in Informal Environments draws together disparate literatures, synthesizes the state of knowledge, and articulates a common framework for the next generation of research on learning science in informal environments across a life span. Contributors include recognized experts in a range of disciplines-research and evaluation, exhibit designers, program developers, and educators. They also have experience in a range of settings-museums, after-school programs, science and technology centers, media enterprises, aquariums, zoos, state parks, and botanical gardens. Learning Science in Informal Environments is an invaluable guide for program and exhibit designers, evaluators, staff of science-rich informal learning institutions and community-based organizations, scientists interested in educational outreach, federal science agency education staff, and K-12 science educators.

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At Sunrise, success isn't just about best-in-class training for your current position, but planning for the next promotion and how to get you there. We believe potential has no limits and that our ...

Online Caregiver Training Courses | Sunrise Services

Our online training is available for student's to take 24 hours a day, as the student's schedule allows. Students can finish as little, or as much as you want at a time.

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